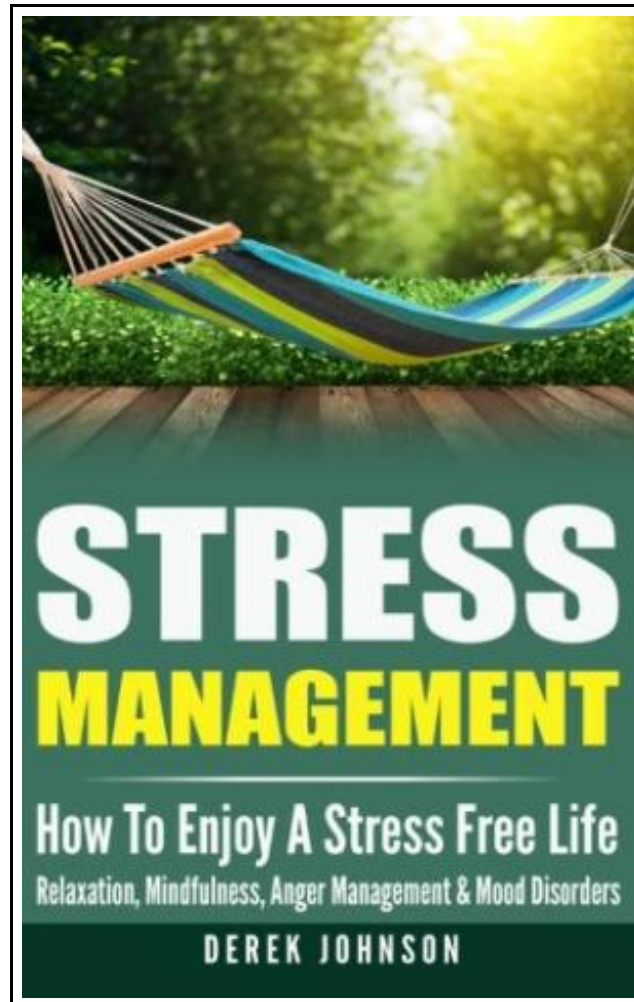


## Stress Management: How to Enjoy a Stress Free Life - Relaxation, Mindfulness, Anger Management Mood Disorders



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