



Ginkgo Biloba: Storey Country Wisdom Bulletin, A-231

By Stephan Brown

Workman Pub Co, United Kingdom, 2000. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book. Ginkgo biloba has been proven to improve short-term memory, alleviate allergies, relieve depression, and boost circulation. In Ginkgo Biloba, ginkgo farmer Stephan Brown shows you how to successfully grow ginkgo as a cash crop or for your own use. He also shares his recipes for making a range of healing remedies, from teas, tinctures, and tonics to a hearty and delicious Ginkgo Chicken Stew, which helps the immune system fight off colds and flus.

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