



Stop Smoking For Dummies

cB# yaB# uL lew# y, kv# FkduF

zthi #UkuB#yi v# ti e# Sv#ki Kuv#ki nvtp v#2008.#youFPy^m
cttntbti vKSti G# uL.#V#k#24# p.#yi nDynuG#i naeh#e Fyi v
: uL#ettm#/, uFBti u#ni tL e#yPtDS#Shu#Flen#yi v#/#kueyue
yeet^kySuv#L Ksh#p t nki nv#t E#L hk^h#ShuFu#Fu#p yi B#k^aDvk nC
aDi n#yi ^uFv#yFvkt, ye^DayF#/#kueyue#up ohBeup yv#y#eht FSuF#Eu
uxou^Syi ^B#yi v#ki ^Fuyev#Flen#t E#huyFSy#Sy^ne#yi v#eStmuv#t
i yp u#y#EuL.#p t nki n#y#et #^y#p e#yFtDi v#14000#k ue#k #Shu
KV#y#^h#BuyF#/#guPFdyFB#200f5#u) Dk yai S#t #, uF#300#/#uyShe#y
vyB#gtF#p yi B#butoau#p t nki n#e#eui #yeyi #yv#k^Sti #ShyS
ShuB#DeS#yi #St, uF^tp u#y#i v#Et F#Sh#Fuyeti #yi v#p yi B#t ShuFev
Shu#u#lakti #St #) D#St#yF#Ftp #y#yeDy#t i u.# St o# p t nki n#gt F
r Dp p kue#Shu#yue#L yB#t #eSt o#p t nki nj#yi v#eSyB#eSt oouv-
! hke#hyi v#B#ot ^mu#jeduv#Dkru#t EuFe#Bt D#y#e#Fykh#t FL yFw
oFy^Sk#yab#yi #St #huo#Bt D#eSt o#p t nki nv#yi v#L yane#Bt D
ShFtDnh#u, uFB#eSynu#t E#Shu#) D#KSi n#oFt ^uej#Ftp #eSDP#ki n#t DS
Bt DF#y#eS#knyFuSuv#t #Ei vk n#y#eDoot FS#Ft Do#yi v#y, tkvk n
Fuyoeu.# St o# p t nki n#gt F# Dp p kue#y#et #FySDFue#k Et Fp ySti
ti #hBoi t ShuFyoB#t ni K#k u#Puhy, kt DFya#ShuFyoB#yi v# uDFTj
ai nD#eSk^#oFtnFyp p ki nv#t #Bt D#^yi #eSyB#p t Sk ySuv#yi v#Euua
^ti Bvui S#hySBt D#Fu#huSk n#Shu#Pue#eDoot FS#t e#kPa.



R7Ar #O: 11: 7

[# .23#] c #6

Ru, kuL e

J uFuB# t #L tFve#St #eoua#t DS#St#e#yp ti neS#Shu#p teStyL uetp u#oDPa#ySti #h#hy, u#Fuyv.#M#DF#t#u#eoyi #L ka#kmaB#Pu
Fyi e#tFp #y#e#t ti #y#eBt D#eDa#Fuyvki n#Sh#e#Pttm
jj#l yF, ki #OmDi u, y

btp oauSuB#yp ti n#Shu#Pue#eDoot ySti #h#hy, u#nt Sy#y#i B#p u#nt #hFtDnh.#h#hy, u#nt S#ht #hFtDnh#yi v#et #y#p #^ti Bvui S
ShySk#L ka#kmaB#t #Fuyv#ynki #ti ^u#p tFu#tL i #Shu#Ftyv.#St#e#ux#Fup uB#k#l k'Da#St #uy, u#K#PuEtFu#^ti ^aDvk nv#t i ^u#Bt D
Punk#t #Fuyv#Shu#Pttm
jj#Ny ^huFB#l uFSd

Other Books



Oi #M DF#byeuGA#btp oFuhui ek uw#btp oyeekt i ySu#(yi v#Oi aB# a#nhSaB#c t eeB5
lunya#HDkvu#Et F#, uFB# Synu# E#J t p yi #E# kEu

' yFouBotaki e# DPachufei ^K i Kuv# SySue#201~.# youFPy^m#c t t m bti vKSt i G# uL .#RuoFki S
203#x#132#p p .# yi nDynuG7i naeh#.#cFyi v# uL #c t t m#btp ouaki n.##.#A#p DeS Fuyv#Et F#yaa
L t p ui .# uu#J t t v FDE# uL #M Fm# kp ue#PueSeuaki n#yDSht F# E# uFeu^SB#p ouFeu^SA# kEu...



Oi #M DF#byeuGA#btp oFuhui ek uw#btp oyeekt i ySu#(yi v#Oi aB# a#nhSaB#c t eeB5
lunya#HDkvu#Et F#, uFB# Synu# E#J t p yi #E# kEu' yFvPy^m5

' yFouBotaki e# DPachufei ^K i Kuv# SySue#201f.# yFvPy^m#c t t m bti vKSt i G# uL .#22G#x#fW
p p .# yi nDynuG7i naeh#.#cFyi v# uL #c t t m#btp ouaki n.##.#A#p DeS Fuyv#Et F#yaaL t p ui .# uu
U t t v FDE# uL #M Fm# kp ue#PueSeuaki n#yDSht F# E# uFeu^SB#p ouFeu^SA# kEu#i ...



! Fki k#uuGM D#Fu# u, uF#St # p yaaSt # t #HFuyS# hki ne

bFuySueoy^u#li vuoui vui S#TDPachki n#TaySet Fp #K i Kuv# SySue#2013.#TyouFPy^m#c t t m
bti vKSt i G# uL .#21~#x#21~#p p .# yi nDynuG7i naeh#.#cFyi v# uL #c t t m#9999#Fki S#i # up yi v
99999.bhkvFui #c t t m#Fki k#uuAi #yFvB# uyfi ki n#unk i uF#RuyvufA#Di v#hBp ki n#hkvFui #
Pttm..



r uoFueekt i Gbt ni KSk u#c uhy, kt DF# huFyoB#L KSh#bhkvFui #yi v#M Di n#ut oau

!yBt F#yfi ^e# Sv#K i Kuv#ki nvtp v#200G.#TyouFPy^m#c t t m bti vKSt i G# uL .#242#x#V#p p .
l yi nDynuG7i naeh#.#cFyi v# uL #c t t m#i #Fu^ui S#BuyFo#ShuFu#hye#Puui #yi #i ^Fuyeu#i #FueuyF'h
ki St #hkv#ht tv#uoFueekt i #yi v#KSt # t L #Fu^t ni keuv#hyS#uoFueekt i #yi #e, uFuB...



ouym#Ko#yi v#HuS#Aati n-G# uyfi #Shu#J knhSB#J knhS# ht DnhS#bht ov#yi v#J t Fu
! t t a#St # ymu#yFui vew# St o# uyekei nv#yi v#guua#Ht tv#yPt DS#M DFeua#

gFuu#oKRS# DPachki n#i ^K. .# youFPy^m#c t t m bti vKSt i G# uL .#RA: r # 7U#ouym
Ko#yi v#HuS#Aati n-G# uyfi #Shu# knhSB# knhS# ht DnhS#bht ov#yi v#J t Fu#t t a#St # ymu#yFui vew
St o# uyekei nv#yi v#guua#Ht tv#yPt DS#M DFeua# ^t SS#btt ouF#hyS#kEu, uFB#kv...



Hyp ue#L KSh#c t t me#G28#E#Shu#c ueS#bhkvFui e#c t t me#yi v# t L #St #K eu# hup #St
' uao#M DF#bhkv# uyfi #yFt p #Fue^h t t aSt # hkFv#HFyv

c t t m bti vKSt i G#Fyi v# uL .#c t t m bti vKSt i G#Fyi v# uL .