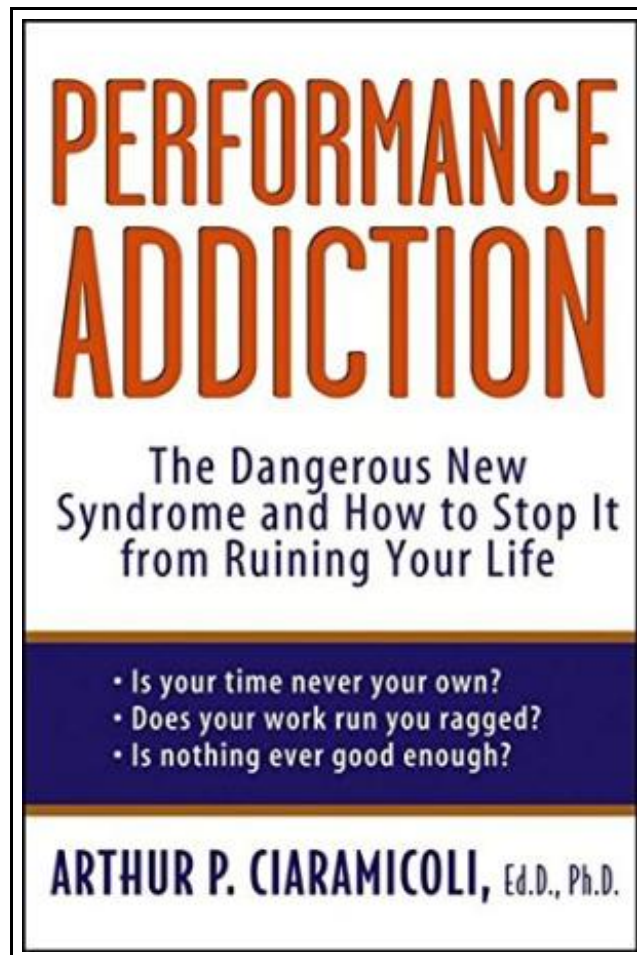


## Performance Addiction: The Dangerous New Syndrome and How to Stop It from Ruining Your Life



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