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THE RAINBOW JUICE CLEANSE: LOSE WEIGHT, BOOST ENERGY, AND SUPERCHARGE YOUR HEALTH



Running Press. Hardback. Book Condition: new. BRAND NEW, The Rainbow Juice Cleanse: Lose Weight, Boost Energy, and Supercharge Your Health, D. C. Ginger Southhall, The Rainbow Juice Cleanse is a revolutionary program that employs the nutritious, healing properties of a rainbow of vegetables to kick start weight loss and improve overall health. While most juicing books include recipes for high-sugar fruits, Dr. Ginger explains that most fruits can actually ruin a detox for people looking to lose weight or for...

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- Authored by D. C. Ginger Southhall
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