



Sexuality and Addiction: Making Connections, Enhancing Recovery

By Raven Lynn James

Praeger. Hardcover. Book Condition: New. Hardcover. 246 pages. This book presents a broad overview of sexual health issues that documents the links between sexuality and substance abuse, and describes how counselors can help individuals who have been impacted by negative sexual experiences can find a way out of the pain that leads them to addiction or back to substance abuse. Using the sexual health model as a framework for discussion, author Raven L. James, PhD, explains how sexual health and substance abuse are often connected, provides examples of real-life experiences, and identifies issues to consider in adopting healthier attitudes and sexual behaviors as well as effective methods for achieving them. Each chapter provides focused content followed by an explanation of the subjects connection to substance abuse. Tips for counselors, sample lesson plans and ideas, tangible tools to use in sexual health groups, and related resources area also included. Whether the reader is personally afflicted, a helper, or a loved one, the information in Sexuality and Addiction: Making Connections, Enhancing Recovery will provide a new perspective on how to help clients improve their sexual self-esteem, find ways to improve sexual relationships with themselves and others, and most of all, to restore...



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