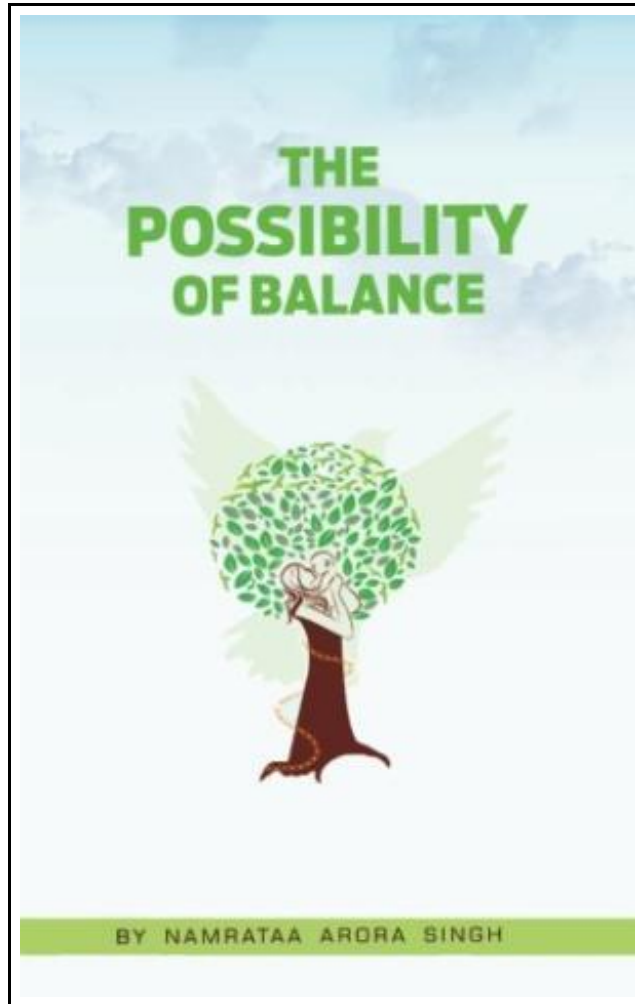


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Reviews

This is the finest book i have got go through right up until now. I have got read and i also am confident that i am going to planning to read once again yet again in the future. You will not truly feel monotony at at any time of the time (that's what catalogs are for about if you check with me).
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Partridge India, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.The Possibility of Balance is a distillation of the experiences and learning of South East Asian working women on managing their work and personal lives. Inspired by her own journey into motherhood and the narratives of working moms who lost their mojo along the journey, Namrataa has created a practical reference guide and a means of initiating powerful reflection. Using the Wheel of Life, a commonly used Life Coaching Tool as the foundation, the author has articulated top issues concerning today's working urban woman. From focusing on one's health to managing one's home to the often not discussed subject of relationships, to parenting, to managing the changing scenario at work, Namrataa has brought to fore common causes for stress in the life of a working mom. Mapping the priorities of working moms along the five dimensional construct used in this book, Namrataa has underscored the most often forgotten aspect of a working mom's life - herself. A must read for all working moms, especially those who feel the pressure of living up to the image of a superwoman, this book is a reader's retreat and provides for that much needed opportunity to pause and self reflect.

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