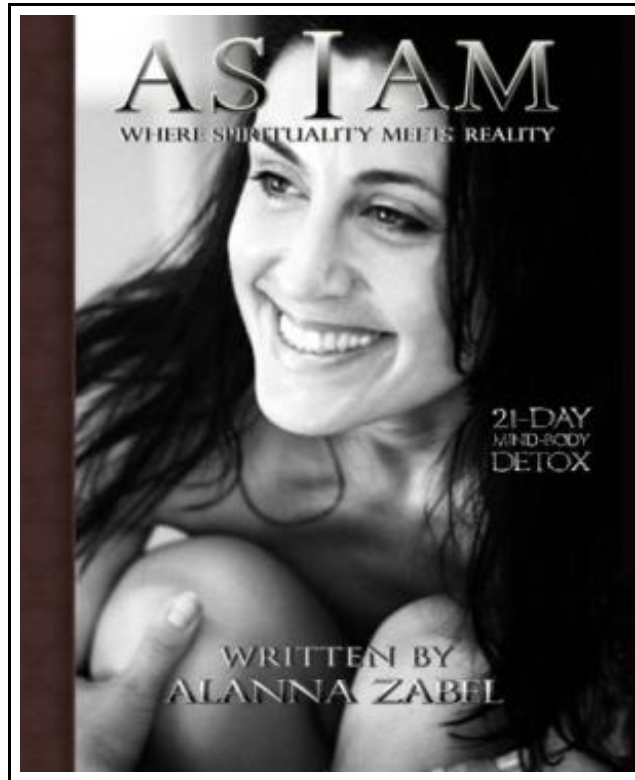


As I Am: Where Spirituality Meets Reality



Filesize: 9.61 MB

Reviews

*Excellent electronic book and helpful one. I could comprehend everything out of this published e book. I discovered this pdf from my i and dad suggested this book to discover.
(Dr. Daphnee Homenick II)*

AS I AM: WHERE SPIRITUALITY MEETS REALITY



To download **As I Am: Where Spirituality Meets Reality** eBook, you should refer to the hyperlink under and save the file or gain access to other information which might be related to AS I AM: WHERE SPIRITUALITY MEETS REALITY book.

Aziam, Inc., United States, 2013. Paperback. Book Condition: New. 244 x 188 mm. Language: English . Brand New Book ***** Print on Demand *****.As I Am sheds light on deeper aspects of spirituality, psychology and yoga. Included in the book is a twenty-one day program practicing daily meditation, yoga, self-care treatments, journal and Mirror Theory exercises and a full menu plan for a mind-body-spirit detox. This program, The Dharma Zone, will reveal the practitioner's true self by dissolving past conditioning while re-connecting one's awareness with organic truth and reality - living As I Am. Everything in our existence is an expression of our collective and individual energies. Alanna's Mirror Theory illustrates how the subconscious mind seeks to translate new experiences according to imprinted perceptions from past experiences. The mind is translating reality at every moment according to existing programs in the subconscious mind. Chapter 2: Hypnotic Existence, details the hypnotic and contagious nature of our existence and Universe. Using her Child Development education, Alanna highlights how one's early childhood relationships can greatly affect one's ability to initiate self-awareness. Chapter 3: The Real Secret, defines the four factors that affect one's dharma, and how to re-align one's life in accordance with it.



[Read As I Am: Where Spirituality Meets Reality Online](#)



[Download PDF As I Am: Where Spirituality Meets Reality](#)

You May Also Like



[PDF] Dog on It! - Everything You Need to Know about Life Is Right There at Your Feet

Access the web link beneath to download and read "Dog on It! - Everything You Need to Know about Life Is Right There at Your Feet" document.

[Save Book »](#)



[PDF] California Version of Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package

Access the web link beneath to download and read "California Version of Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package" document.

[Save Book »](#)



[PDF] Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package

Access the web link beneath to download and read "Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version - - Access Card Package" document.

[Save Book »](#)



[PDF] Who am I in the Lives of Children? An Introduction to Early Childhood Education

Access the web link beneath to download and read "Who am I in the Lives of Children? An Introduction to Early Childhood Education" document.

[Save Book »](#)



[PDF] Who Am I in the Lives of Children? an Introduction to Early Childhood Education with Enhanced Pearson Etext -- Access Card Package

Access the web link beneath to download and read "Who Am I in the Lives of Children? an Introduction to Early Childhood Education with Enhanced Pearson Etext -- Access Card Package" document.

[Save Book »](#)



[PDF] Owen the Owl's Night Adventure: A Bedtime Illustration Book Your Little One Will Adore (Goodnight Series 1)

Access the web link beneath to download and read "Owen the Owl's Night Adventure: A Bedtime Illustration Book Your Little One Will Adore (Goodnight Series 1)" document.

[Save Book »](#)