



Surviving Adolescents: The Must-have Manual for All Parents

By Michael Carr-Gregg

Penguin Books Australia, Australia, 2009. Paperback. Book Condition: New. Ron Tandberg (illustrator). 166 x 144 mm. Language: English . Brand New Book. Young people today enter puberty earlier than ever before and leave home later. The good news is that teenagers aren't impossible to live with, especially if parents adopt the common-sense strategies set out in this book. Dr Michael Carr-Gregg is one of Australia's leading authorities on teenage behaviour. Surviving Adolescents is a clear and very down-to-earth manual, drawing on his wealth of experience and wisdom. It has advice on all the thorny issues that confront families with teenagers - sexuality, risky behaviours, laziness, school and study problems, and much more. And it is full of practical tips for everyday survival, including: communicating effectively with young people defusing family conflict setting limits keeping the stress of parenting at bay avoiding common mistakes like fighting over things that don't matter. Surviving Adolescents is the sensible, sanity-saving guide every household needs.



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Reviews

An extremely wonderful book with lucid and perfect information. It is one of the most awesome publication i have read. Your life period will probably be enhance the instant you total looking at this pdf.

-- Prof. Dan Windler MD

It is really an amazing publication i actually have at any time read. It is really simplistic but unexpected situations inside the 50 percent of your pdf. Its been written in an exceptionally simple way in fact it is just right after i finished reading this ebook where actually transformed me, alter the way i really believe.

-- Dr. Celestino Spinka III