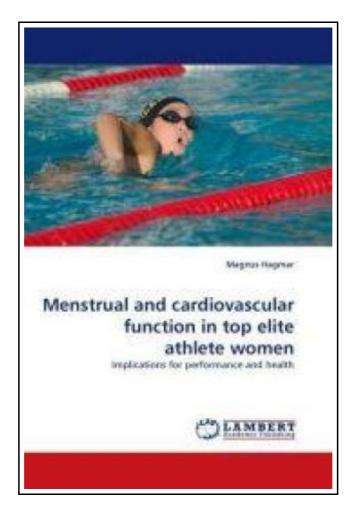
Menstrual and cardiovascular function in top elite athlete women



Filesize: 1.43 MB

Reviews

This publication is very gripping and intriguing. It is among the most awesome book we have go through. You can expect to like how the author compose this book.

(Dr. Malika Bechtelar II)

MENSTRUAL AND CARDIOVASCULAR FUNCTION IN TOP ELITE ATHLETE WOMEN



LAP Lambert Acad. Publ. Jan 2010, 2010. Taschenbuch. Book Condition: Neu. 220x150x4 mm. This item is printed on demand - Print on Demand Neuware - Female athletes run an elevated risk of developing chronic energy deficiency, with ensuing severe medical consequences. However, little is known about these issues in top elite sportswomen. This book summarizes four studies performed on athletes at the utmost elite level. Strikingly, the resuts challenge the contemporary concept that reproductive dysfunction in sportswomen is typically a consequence of caloric deficit. Olympic athletes were found to have an anabolic body composition and biomarkers of energy availability within the normal ranges, and indications of having adopted healthier nutritional practices than the men. The single most frequent underlying cause of menstrual disturbances was the hyperandrogenic disorder PCOS. Furthermore, enhanced long-term cardiovascular function was seen in former elite athlete women. This book is also a review of contemporary female endocrine and cardiovascular sports medicine. It should be particularly interesting for professionals and scientists in athletic medicine, as well as for doctors, coaches and athletes interested in optimizing the health of sportswomen 60 pp. Englisch.



Read Menstrual and cardiovascular function in top elite athlete women Online Download PDF Menstrual and cardiovascular function in top elite athlete women

See Also



DK Readers Day at Greenhill Farm Level 1 Beginning to Read

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.8in. x 5.7in. x 0.2in.This Level 1 book is appropriate for children who are just beginning to read. When the rooster crows, Greenhill Farm springs...

Save ePub »



Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications.

Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English. Brand New Book ***** Print on Demand *****. This historic book may have numerous typos and missing text. Purchasers can usually...

Save ePub »



Oxford Reading Tree Read with Biff, Chip and Kipper: Phonics: Level 2: A Yak at the Picnic (Hardback)

Oxford University Press, United Kingdom, 2014. Hardback. Book Condition: New. Mr. Nick Schon (illustrator). 177 x 148 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UKs best-selling...

Save ePub »



Young and Amazing: Teens at the Top High Beginning Book with Online Access (Mixed media product)

CAMBRIDGE UNIVERSITY PRESS, United Kingdom, 2014. Mixed media product. Book Condition: New. 204 x 140 mm. Language: English. Brand New Book. Cambridge Discovery Education Interactive Readers are the next generation of graded readers -...

Save ePub »



The Tale of Jemima Puddle-Duck - Read it Yourself with Ladybird: Level 2

Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, The Tale of Jemima Puddle-Duck - Read it Yourself with Ladybird: Level 2, This is a gentle adaptation of the classic tale by Beatrix Potter. Jemima...

Save ePub »