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Illusion

By Carly M Sotas

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 246 x 189 mm.

Language: English . Brand New Book ***** Print on Demand

*****.How different is the version of ourselves we put on the cover for others to see from the person we are inside?

Photoshopping doesn't just happen in magazines: it is a major part of how we live our lives. We cut away and conceal parts of who we are, while keeping the truth hidden inside. Sharing courageous stories of determination and personal growth, Carly Sotas uncovers lies about confidence and success while discussing her own struggles with self-esteem, fear, and failure. Instead of speaking as an authority or expert, she offers the perspective of a relatable twenty-year old, letting young people know they are not alone in the challenges they face and in their desire to live extraordinary lives.



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