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## Life and Ways of a 21st Century Warrior: Personal Thoughts and Principles for Living Peacefully in the New Millennium

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By Robert Seavey

Outskirts Press, United States, 2011. Paperback. Book Condition: New. 198 x 124 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A single word can have the power of life or death You need to defend yourself! Self-protection has always been necessary to live safely freely and peacefully. Life challenges us daily in every way. Forces are at work in the world and within us that want to take control of our minds, bodies, and spirits. We either submit to the forces that would enslave us or we consciously and intentionally take responsibility for our lives, safety, and freedom. A warrior is one who chooses to live with integrity, principles, and self-determination. A warrior is one who lives life on the edge - fully engaging mind, body, and spirit. A warrior accepts change as part of growth. What isn't moving and growing is becoming hardened, dry, and dies. The term warrior best describes the person who possesses the courage to pursue the path to freedom, safety, and growth in the direction they choose, not the course the world would choose for them. The principles and ways expressed in this book are not merely philosophical but ones from the writer...



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