



## The Brain Trust Planner - 4th Quarter 2016 Supplement

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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. Supplement. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.If you've completed your Comprehensive Life Achievement System (sold separately on Amazon), you've got your plan and set your goals! Now, let your quarterly planner help you track, monitor, and continue to move towards your goals in a way customized around you. Each Quarterly Planner Supplement contains: Easy to use exercises to track your progress Tools to help you get organized and turn your To Do's into To Done's Space to record moments of gratitude and the life experiences that nourish your mind and body Monthly calendars (each month is a 2-page spread) Weekly appointment calendars (6 am - 10 pm) with plenty of room to write, plan, and schedule Easy to use check-ins to record your mood, personal outlooks, weight, exercise, whatever is meaningful to your journey 8 x 10 bound format with 150 pages per quarterly planner Your daily planning can be accomplished in about 10 minutes a day. It keeps everything that is important to you in achieving your goals in one place. Plus, it's like...



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