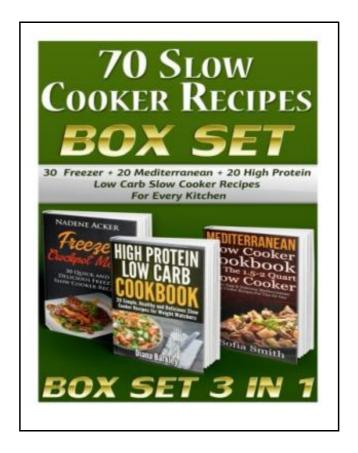
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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. Combined. 279 x 216 mm. Language: English . Brand New Book ****** Print on Demand *****.70 Slow Cooker Recipes BOX SET 3 IN 1. 30 Freezer + 20 Mediterranean + 20 High Protein Low Carb Slow Cooker Recipes For Every Kitchen! BOOK #1: Top 30+ Freezer Slow Cooker Meals For Every Kitchen That Everyone Will Love Do you often not have enough time during the week to even prepare a slow cooker meal in the morning for that night s dinner? Perhaps you re a busy mom or just someone who goes to work too early to have to chop vegetables and toss some meat into their slow cooker in the morning, but there s a solution! Prepare your meals and freeze them over the weekend or even a month ahead of time so that you can pull out the bag from the freezer and dump the contents into your slow cooker. It Il take you less than ten minutes! In this book, you Il find 30+ recipes for poultry, beef, pork, and even vegetarian. Take a look at all the delicious recipes you can prepare ahead of time and freeze. BOOK #2: 20 High Fat Low Carb Slow Cooker Recipes for Weight Watchers It is well documented that reducing the amount of refined carbohydrates in your diet is a good way to support weight loss. We also know that it is healthier, cheaper and better for you to cook all of your meals from scratch, rather than relying on prepackaged food. But many people are too tired at the end of a working day to be able to come home, then face cooking a healthy evening meal, or may not have the time in the evenings to stand...

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