



I Release Create the Life That Makes Your Heart Sing

By Hugh Smith

iUniverse, Inc. Paperback. Book Condition: New. Paperback. 170 pages. Dimensions: 8.9in. x 6.0in. x 0.5in.Voge and Hugh have written a very practical handbook for releasing the limiting fears and beliefs from your past and living more authentically and lovingly in the here and now. -Dr. Gerald Jampolsky M. D. Best-selling author of Love Is Letting Go of FearFor several years Ive known of the potent healing work Voge and Hugh have provided for their clients. The wisdom, insight and life transforming exercises they offer in their workshops and private sessions are now available in their book, I Release. I heartily recommend it!-Lee GlicksteinFounder, Speaking Circles International Author, Be Heard Now! Tap Into Your Inner Speaking and Communicate with EaseThis book is a gem! It illuminates the multi-faceted path on the journeytoward wholeness and joy. Its assistance in understanding as well as itsspiritual guidance in the business of being human are both simple and utterly profound. Thanks, Voge and Hugh, for the myriad gifts to me personally, as well as the commitment to extend your clarity and great encouragement to all who will read these blessed pages. -Fay Freed, Co-Founder, Womens Leadership ProgramThere is no pain in your life that cannot be...



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