



Babas Kitchen: Ukrainian Soul Food with Stories from the Village

By Raisa Stone

Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 384 pages. Dimensions: 9.0in. x 6.0in. x 0.9in. What do Ukrainians want In a rollicking, entertaining read, Babas Kitchen will lead you into the complex soul of Eastern Europe's Indigenous people. Ukrainian author Raisa Stone spent 50 years collecting heart wrenching and hilarious stories and 190 recipes from survivors of Soviet and Nazi terror, including her family. Raisa's narrator, Baba (Grandma), is a composite of these invincible souls. Ukraine has been continuously inhabited by civilized, immensely inventive people for 44,000 years. What we see in Ukraine's recent events is resistance to hundreds of years of oppression. For excerpts, audio clips and more, visit: www.ukrainiansoulfood.ca Ukrainians: first tamed horses, invented pants (for riding!), the bow and arrow, built homes from mammoth bone and pyramids older than Egypt's, and created Europe's first democratic constitution. Shamanic practices that sparked the original werewolf and Amazon legends (the latter documented by Greek physician Hippocrates) combine with recipes and customs reaching back to the Neolithic era. 1 Bestseller in European and Ukrainian Cooking 1 Bestseller in Ukrainian Culture 4 Bestseller in Ukrainian Books, of 13,000 titles! Amazon Compared to erotic games...



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