



## Dr Dawn's Guide to Your Baby's First Year

By Dawn Harper

SPCK Publishing, United Kingdom, 2016. Paperback. Book Condition: New. 210 x 150 mm. Language: English . Brand New Book. Book 9 in a comprehensive health series by this popular media doctor. A new baby presents many firsts, from first nappy change, feed and bath, to first smile along with the first of many sleepless nights! As GP and mother of three, Dr Dawn takes you through the steep learning curve that presents when you become a parent, taking you through the basics of feeding, changing and bathing. This reassuring book tells you what to expect, covering everything from nappy rash and sore nipples to premature babies, twins and emergencies. Other topics include: \* New mother - taking care of yourself \* Sleeping \* Travelling with your baby \* Teething \* Developmental checks and milestones \* Vaccinations and the diseases they protect against \* Infant ailments \* Medicines and first aid \* Safety in and around the home.



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