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## Schizophrenia: My 35-Year Battle

By Jack Bragen

Lulu.com, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book contains bits and pieces from the life of a man who was diagnosed with schizophrenia at age eighteen, and who didn't give up on life. The book shows a struggle against adverse events and adverse people. This book illustrates how someone with schizophrenia doesn't have to give up on life or on his or her mind. Mr Bragen worked in electronics, pizza delivery, and custodial jobs in his twenties and early thirties. Later in life, he became an author, was published in the Street Spirit Newspaper, the Berkeley Daily Planet, Bewildering Stories, and a number of other periodicals. In 2012, Bragen won a community service award from the Alameda County Mental Health Commission for the stigma busting column in the Berkeley Daily Planet called On Mental Illness, that has appeared weekly for the past five years. Jack has been married to his wife, Joanna for nineteen years and lives in Martinez, California.



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### Reviews

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