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Wombology: Healing the Primordial Memories and Wounds Your Grandmothers Daughter Gave to You

By Psyd C. J. Johnson

iUniverse. Paperback. Book Condition: New. Paperback. 124 pages. Dimensions: 8.8in. x 5.9in. x 0.4in. Imagine for a minute that there could be an undeniable connection between the prenatal environment and emotional issues that occur during adulthood. Wombology presents the innovative concept that a pregnant womans deep emotional state can shape her childs consciousness throughout his or her life span. As a clinical psychologist, Dr. CJ Johnson has studied the fascinating dynamics shared between generations of mothers and children and explores a theory that the hidden influences of the prenatal environment may subconsciously and indefinitely shape the development of temperament, personality, and character of her unborn child. Dr. CJ discusses how a mothers diet can influence a childs favorite food choices, how an unwed mother shunned by society can pass on her negative emotions to her baby, and how birth order makes a difference in how expectations are set for each child. Worksheets, treatments, and techniques are included that will help lead others on a journey to healing the deep wounds received in utero. Now is the time to stop making excuses for not living a full life. Wombology opens the door to a new and exciting theory that will allow generations...



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