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THE LITTER PATROL WORKOUT: STAYING FIT WHILE DOING GOOD



Firinn Taisdeal, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.There are many ways of getting exercise, but nearly all of them involve doing no other good in the process. For instance, at the gym you can move some levers back and forth that accomplish nothing, pick up a weight and then put it down, or run on a machine that guarantees you don t even go...

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- Authored by Firinn Taisdeal
- Released at 2015



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