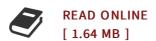




Under the Influence: Reflections of Albert Ellis in the Work of Others

By Emmett Velten

See Sharp Press. Paperback. Book Condition: new. BRAND NEW, Under the Influence: Reflections of Albert Ellis in the Work of Others, Emmett Velten, With prominent contributors -- including Albert Ellis, considered the most famous living psychologist and developer of the original cognitive behaviour therapy -- this collection of essays establishes the primacy of Ellis's writings on a number of topics in psychotherapy. In doing so, it brings down to earth the claims of some of the more profound error-makers and suggests the plausible, rather than the claimed, source of their insights and their real place in the psychotherapy family tree. Discussions on treatment of anxiety disorders, marital therapy, biological influences, evolutionary psychology, dialectical behaviour therapy, and acceptance and commitment therapy are included. Contributors include Emmett Velten, Ricks Warren, and Diana R. Richman.



Reviews

Very beneficial for all type of folks. It can be rally intriguing through studying time. You will like how the writer publish this ebook.

-- Nathan Cruickshank

Totally one of the better pdf I have at any time read through. It really is simplified but shocks within the 50 % from the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Mariano Spinka

Other Books



Depression: Cognitive Behaviour Therapy with Children and Young People

Taylor Francis Ltd, United Kingdom, 2009. Paperback. Book Condition: New. 242 x 174 mm. Language: English. Brand New Book. In recent years there has been an increase in research into childhood depression, and it is now recognised that depression can severely...



Dom's Dragon - Read it Yourself with Ladybird: Level 2

Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, Dom's Dragon - Read it Yourself with Ladybird: Level 2, Mandy Ross, One day, Dom finds a little red egg and soon he is the owner of a friendly dragon called Glow! But...



It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em, Greg Behrendt, Amiira Ruotola-Behrendt, A fabulous new guide to dating co-authored by Greg Behrendt, former writer on...



Leave It to Me (Ballantine Reader's Circle)

Ballantine Books. PAPERBACK. Book Condition: New. 0449003965 12+ Year Old paperback book-Never Read-may have light shelf or handling wear-has a price sticker or price written inside front or back cover-publishers mark-Good Copy- I ship FAST with FREE tracking!!!! * I am a...



You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the fact that her mother winced a little...



Would It Kill You to Stop Doing That?

Book Condition: New. Publisher/Verlag: Little, Brown Book Group | A Modern Guide to Manners | A laugh-out-loud guide to modern manners by acclaimed humorist, author, and Vanity Fair columnist Henry Alford. | A few years ago, humorist and journalist Henry Alford found...