



## Under the Influence: Reflections of Albert Ellis in the Work of Others

By Emmett Velten

See Sharp Press. Paperback. Book Condition: new. BRAND NEW, Under the Influence: Reflections of Albert Ellis in the Work of Others, Emmett Velten, With prominent contributors -- including Albert Ellis, considered the most famous living psychologist and developer of the original cognitive behaviour therapy -- this collection of essays establishes the primacy of Ellis's writings on a number of topics in psychotherapy. In doing so, it brings down to earth the claims of some of the more profound error-makers and suggests the plausible, rather than the claimed, source of their insights and their real place in the psychotherapy family tree. Discussions on treatment of anxiety disorders, marital therapy, biological influences, evolutionary psychology, dialectical behaviour therapy, and acceptance and commitment therapy are included. Contributors include Emmett Velten, Ricks Warren, and Diana R. Richman.



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### Reviews

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### **Depression: Cognitive Behaviour Therapy with Children and Young People**

Taylor Francis Ltd, United Kingdom, 2009. Paperback. Book Condition: New. 242 x 174 mm. Language: English . Brand New Book. In recent years there has been an increase in research into childhood depression, and it is now recognised that depression can severely...



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Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, Dom's Dragon - Read it Yourself with Ladybird: Level 2, Mandy Ross, One day, Dom finds a little red egg and soon he is the owner of a friendly dragon called Glow! But...



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HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em, Greg Behrendt, Amiira Ruotola-Behrendt, A fabulous new guide to dating co-authored by Greg Behrendt, former writer on...



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Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the fact that her mother winced a little...



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