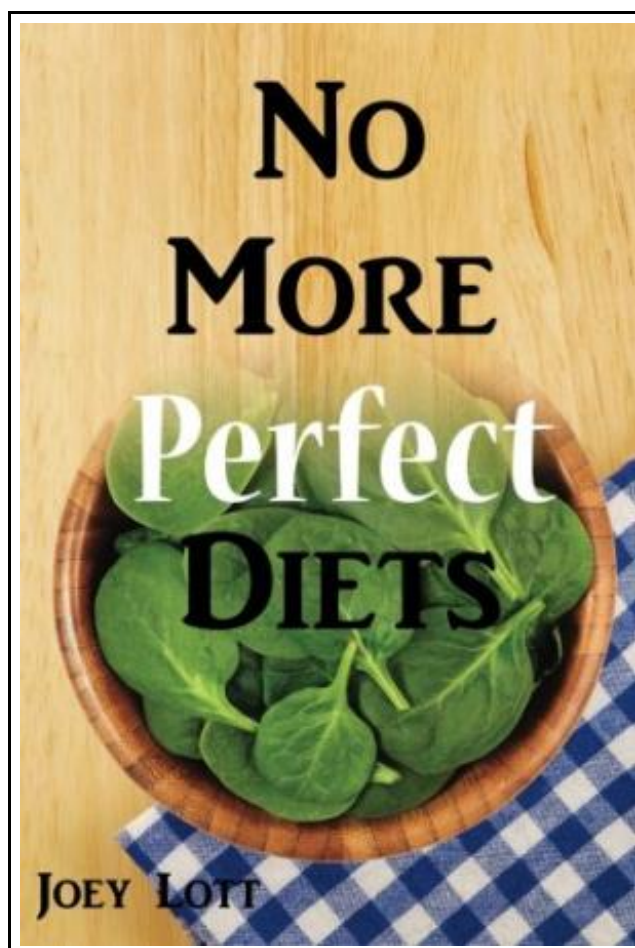


No More Perfect Diets: My Experience with the Search for Perfect Health



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