



Dream Drawings to Color: 400 More Pencil Sketches - A Coloring Book for All Ages

By Marti McGinnis

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Just Add Color! In this second volume of pencil sketches, artist Marti McGinnis continues inspiring smiles through the 400 fresh ideas she brings to the drawing table. The drawings in her first series entitled "400 Mornings: Artist Dreams - Pencil Sketches" inspired people of all ages to add their own artistic vision by coloring in them and this book offers several hundred new pages for creative expression. Children know almost naturally know what to do when they're faced with a black and white drawing - they reach for the box of crayons and have at it! Adults, too, with a little bit of encouragement find just as much satisfaction adding their own artistic voice to a line drawing with crayons, colored pencils, markers or paints. Its meditative and relaxing. Coloring for adults is very popular in Europe; in France they call it Art-Thérapie and it is catching on in the USA too. Some call coloring books for adult "de-stress books". The practice generates wellness, quietness and also stimulates brain areas related to motor skills, the senses...



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Reviews

This publication is definitely worth buying. It can be loaded with wisdom and knowledge I am easily could possibly get a satisfaction of looking at a composed publication.

-- **Rhiannon Steuber**

Very helpful to all type of individuals. It really is rally interesting throgh looking at time. Its been designed in an extremely basic way which is just soon after i finished reading this pdf through which basically modified me, change the way i believe.

-- **Tyshawn Brekke**