



## 30 Day Spending Detox: The Simple Plan to Save Money Get Out of Debt in One Month

By Tracey Edwards

Createspace, United States, 2011. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.30 Day Spending Detox: The Simple Plan To Save Money and Get Out Of Debt in Just One Month Could you go thirty days without spending any money? Author Tracey Edwards did just that and teaches you how to survive your own 30 Day Spending Detox and save money in the process to help you get out of debt or save for something special in just one month. - You ll learn the rules of the 30 Day Spending Detox and what you can and can t buy during the month. - Understand how much of a debt to spending disconnect that most consumers have today and why that s contributing to our increasing debt levels. - How to save money on everything from groceries and entertainment to those unexpected expenses. Ways to make extra money to help boost your income. - What to do with the money that you save during the month including starting a simple budget to paying off credit cards and even investing it to build your wealth. - If you are ready to...



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