



## Your Reiki Treatment: How to Get the Most Out of it

By Fran Stiene, Bronwen Stiene

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Your Reiki Treatment: How to Get the Most Out of it, Fran Stiene, Bronwen Stiene, This is the first title to look at Reiki from the client's perspective. Whether you are searching for relaxation, healing, or spiritual growth, a Reiki treatment can be a revelation. Find out how to make the most of your Reiki treatment experience. Learn how to prepare for your treatment, what to expect during it, and how to continue furthering your personal growth after the treatment is finished. Divided into three parts: Pre-Treatment, The Treatment, and Post-Treatment, each part contains approximately 25 chapters that span two pages each. This consistent format ensures that by flicking through the book there is easy access to the chapter of your choice. Chapters also include an information box with either a case study, Reiki research, experiment, or hint for the client. "Your Reiki Treatment" is an excellent guide to everything about Reiki treatments for both clients and professional practitioners. Included are explanatory case studies, tips and research in an "easy to find" format.



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