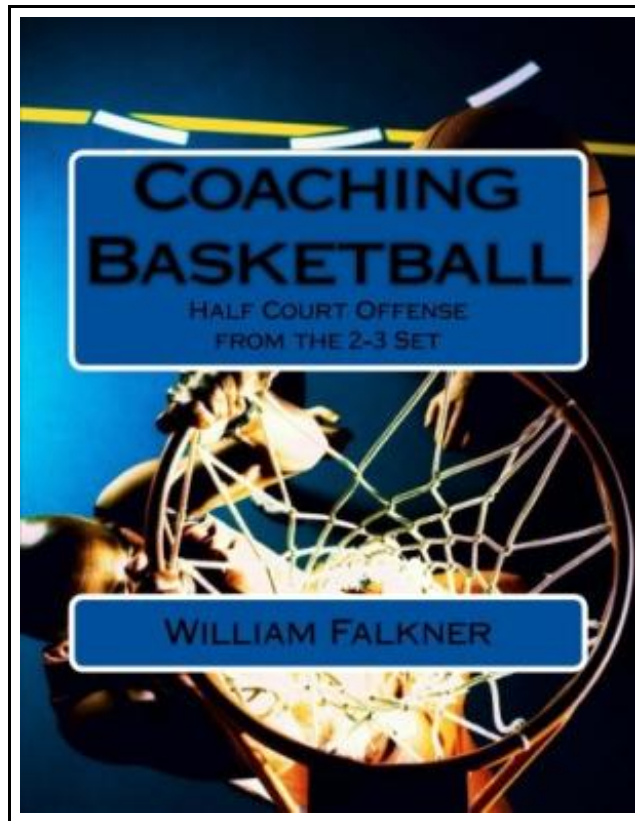


Coaching Basketball: Half Court Offense from the 2-3 Set



Filesize: 9.08 MB

Reviews

Thorough information! Its such a good study. Sure, it is perform, still an amazing and interesting literature. Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Evie Emmerich)

COACHING BASKETBALL: HALF COURT OFFENSE FROM THE 2-3 SET



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Createspace, United States, 2013. Paperback. Book Condition: New. 274 x 210 mm. Language: English . Brand New Book ***** Print on Demand *****.One of the most effective offensive systems ever designed for the sport of basketball is half court offense from the 2-3 set. This offense allows a team to take advantage of man-to-man pressure defenses with a variety of back cuts, post and wing entries, and fundamental movements guaranteed to increase your offensive efficiency and output! This book covers all aspects of half court offense from the 2-3 set with comprehensive text and detailed play diagrams covering the following topics: Base sets and alignments for the 2-3 offense - entries into the 2-3 offense - individual position-by-position rules and responsibilities for the 2-3 offense - a variety of effective plays and continuity series for the 2-3 offense - how to defeat man-to-man defense with the 2-3 offense - back cuts and back screens for the 2-3 offense - coaching keys and progressions - resets for the 2-3 offense - how to implement all phases of the 2-3 offense - and more! Score more points and win more games with Half Court Offense from the 2-3 Set! Appropriate for all levels of basketball including youth, junior high school, high school, and college!.



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