



The Zero Footprint Baby: How to Save the Planet While Raising a Healthy Baby

By Keya Chatterjee

Ig Publishing, United States, 2013. Paperback. Book Condition: New. New.. 208 x 137 mm. Language: English . Brand New Book. In our culture, pregnancy, birth, and childrearing are deeply connected to consumption and resource use. From the baby shower to the minivan and the larger apartment or first house, the baby-raising years are the most hyper-consumptive of our lives, and can set a family on an unsustainable track for years to come. The Zero Footprint Baby: How to Save the Planet While Raising a Healthy Baby shows how to raise a child with little to no carbon footprint. This timely book covers every issue new parents face, including pregnancy (what kind of birth has the lowest impact?); what to feed your baby (breastfeed, formula, or both?); childcare (who should take care of the baby, and how?); and of course, diapering. Using a mix of personal anecdotes, summarized research, and clear guidance on how to pursue the most sustainable baby-rearing options, environmental expert and new mom Keya Chatterjee has authored the ultimate resource for all new parents with green inclinations.



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