



Eating Myself

By Candida Crewe

Bloomsbury Publishing PLC, United Kingdom, 2007. Paperback.
Book Condition: New. New edition. 193 x 127 mm. Language: N/A. Brand New Book. Candida Crewe's relationship with food is anxiety-ridden. In fact, is there anything normal about any woman's relationship with their weight? Most women, even those who have never had any kind of eating disorder, hover on the edge. They are keenly aware of what they eat, and think they would be happier if they were a bit thinner, or quite a lot thinner. Eating Myself is a wise, witty and often disturbing memoir, charting one woman's uneasy struggle to face her demons.



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