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A Dictionary of Dreams and What They Mean: Find Out What Dreams Can Say About Your Hopes, Fears and Everyday Experiences

By Richard Craze

Anness Publishing. Hardback. Book Condition: new. BRAND NEW, A Dictionary of Dreams and What They Mean: Find Out What Dreams Can Say About Your Hopes, Fears and Everyday Experiences, Richard Craze, This title helps you find out what dreams can say about your hopes, fears and everyday experiences. It is an exploration of the unique way dreams can offer a new perspective into the subconscious. You can unlock the secret symbolism of your own dreams, and come to understand and appreciate what they say about your anxieties, desires and preoccupations. It provides a lexicon of dream themes, showing how dreams are full of symbolic messages that may not be immediately apparent. You can learn how to remember the detail of your own dreams, decide what their significance is, and take charge of your sleeping world. It is beautifully designed and lavishly illustrated with over 400 photographs of common and surreal dream symbols. We have been fascinated by dreams for centuries. Are they communications from the gods or visions of the future? Why are they so complex, and where do the images come from? These questions have been asked by philosophers, priests and psychologists through the ages, and perhaps now, with...



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