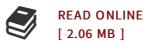




Breaking Free from Critical Addiction: Our #1 Social Disease

By Kalie Marino

Balboa Press, United States, 2012. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Critical addiction, a social disease we catch from others, is the underlying cause of all addictions and most social problems. Yet it sweeps our world unnoticedcreating an epidemic of immense proportion and leaving chaos in its wake. The roots of critical addiction are perpetuated through our Inner Critic, who finds fault with others and ourselves. Breaking Free from Critical Addiction clearly explains causes and symptoms of critical addiction. Using the Four Steps to Freedom, it then offers relief from your Inner Critic s tyranny. This mental detox prepares you to create a life you enjoy. After all, you can t brew good coffee in a dirty pot! That s the real secret. Kalie Marino s masterpiece paves the route to dissolve individual and global self-defeating ways with stories, physics, and age-old wisdom set to the tune of inner and external peace. Be prepared for your Inner Critic to be transformed into an Inner Coach with a new set of songs, all in the key of gratitude. Perhaps you are very familiar with your Inner Critic, but the...



Reviews

Comprehensive information! Its this sort of excellent go through. It is packed with knowledge and wisdom You may like just how the author publish this book.

-- Mustafa McGlynn

Complete guideline! Its this kind of great read through. It is probably the most incredible pdf i actually have read through. Its been developed in an extremely straightforward way and it is simply soon after i finished reading this book through which actually modified me, affect the way i really believe.

-- Beryl Labadie I