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Sports Physiology Test Book

By Mohammad Soleimani Farsani, Zahra Hemati Farsani,
Majid Soleimani Farsani

Createspace, United States, 2015. Paperback. Book Condition: New. 244 x 170 mm. Language: Persian-Farsi . Brand New Book ***** Print on Demand *****. Sports Physiology Test Book has been written based on two books, Fundamental Principles of Exercise Physiology with PowerWeb: Health Human Performance by Robert A. Robegs and Scott Roberts and translated by Dabidi Roshan and Abasali Kaeini and the other one, Physiology of Sport and Exercise by Willmore and Costill (translated by 5 professors). The current book presents a categorized collection of multiple tests in 6 chapters. Chapters discuss Metabolism, nerves and muscles, cardiovascular system, respiration, hormones and nutrition, respectively. At the end of the book, keys of all chapters are provided. This book is recommended to students of BA and MA level. Through studying the main sources, they can answer the tests of this book and evaluate their learning and performance.



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