

# Idea

As a user I want to add my nutritional values and preferred ingredients into the app and get a recipe suggestion based on my rating history.

Build a recipe suggestion for the user according to the individual-defined nutritional goals that fit the rating history and fulfill their requested ingredients.

## User flow

User has an active profile on food.com with a rating history

User enters nutritional preference into the app.

Nutritional distribution in %:  
carbs (default 50%)  
proteins (20%)  
fats (30%)

User adds ingredients to the app.

Ingredients field:  
to type in ingredients (only the ones listed in the data)

User fills out filters (if wanted).

Filters:  
vegetarian  
vegan  
lactose-free  
gluten-free  
(high protein  
low carb)

Machine recommends recipe(s) satisfying the nutritional values and including the requested ingredients based on ratings of users with similar food profiles.

## Technical Explanation

recipe suggestion:  
based on nutrition values: recipes with fitting nutrition (according to individual distribution) are recommended highest  
based on ingredients: recipes with entered ingredients are recommended  
based on rating: recipes that were rated high by users with similar rating history should be recommended first  
default nutritional distribution should be set when set

Prediction value  
fitting recipe of more than 75% fit

## Baseline model

Recipe-percentage-fit: We assume that we can provide each request with a minimum of one recipe that satisfies the preset criteria. We assume that a user with a similar rating history shares a similar taste.

High protein model: We assume that the high protein model will predict better fits for a user that has chosen filter: high protein.

## Additional models

Low carb model: We assume that the Low Carb model will predict better fits for a user that has chosen filter: low carb.

KNN for similar recipes/  
Collaborative Filtering

github  
repo

ngone/fork-it

GitHub - kiliangone/fork-it  
Contribute to kiliangone/fork-it development by creating an account on GitHub.

Diet recommendation system preprocessing

Explore and run machine learning code with Kaggle Notebooks | Using data from Food.com - Recipes and Reviews

Recommendation system based on nutrition specific  
Uses different algorithms to classify recipes

Food recipe - Association rules

Explore and run machine learning code with Kaggle Notebooks | Using data from Food.com - Recipes and Reviews

Searching for rules in dataset  
Most frequent ingredients, cleaning ingredients column

Recipe Recommender

Explore and run machine learning code with Kaggle Notebooks | Using data from Food.com - Recipes and Reviews

Recipe recommendation based on nutrition facts  
Knn for similar recipes (based on nutrition)

filtering data recipe and reviews

Explore and run machine learning code with Kaggle Notebooks | Using data from Food.com - Recipes and Reviews

Investigation about reviewers

Sentiment Analysis

Explore and run machine learning code with Kaggle Notebooks | Using data from Food.com - Recipes and Reviews

Sentiments analysis  
Cleaning of review data

data\_literacy\_project\_data\_preprocessing

Explore and run machine learning code with Kaggle Notebooks | Using data from multiple data sources

Data Preprocessing  
Merging datasets based on recipe ID

recipe\_preprocessing

Explore and run machine learning code with Kaggle Notebooks | Using data from Food.com - Recipes and Reviews

Recipe preprocessing with focus on reviews  
Finding recipes  
based on ingredient input according to rating

Collaborative Filtering - Matrix Factorization

Explore and run machine learning code with Kaggle Notebooks | Using data from Food.com - Recipes and Reviews

Matrix Factorization

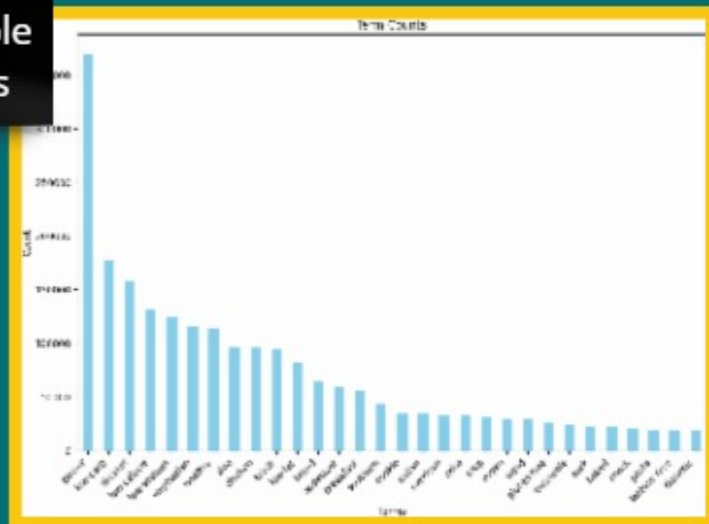
Matrix factorization flow

How to Design and Build a Recommendation System...  
YouTube | Updated 05-02-2024 @ 15:37 GMT+01:00

Modeling

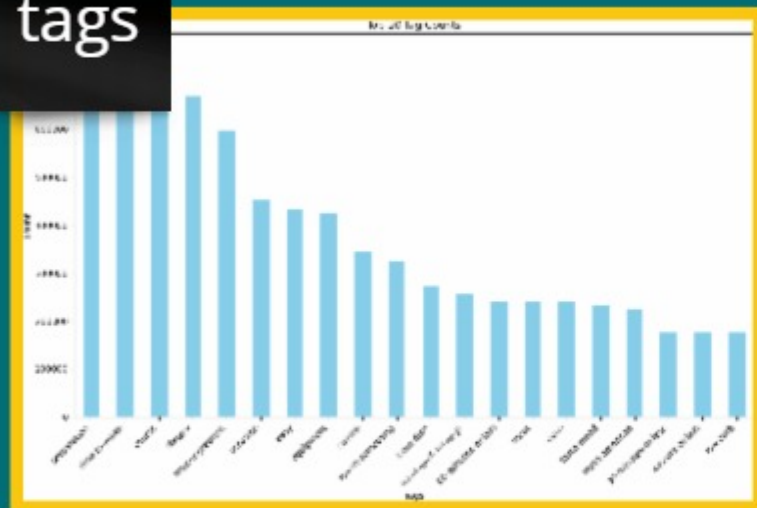
EDA

our  
possible  
filters



final filters:  
vegetarian  
vegan  
gluten-free  
lactose-free

tags







ReviewId	RecipeId	AuthorId	AuthorName	Rating	Review	DateSubmitted	DateModified
0	2	992	2008	gayg msft	5	better than any you can get at a restaurant!	2000-01-25T21:44:00Z
1	7	4384	1634	Bill Hilbrich	4	I cut back on the mayo, and made up the differ...	2001-10-17T16:49:59Z
2	9	4523	2046	Gay Gilmore ckpt	2	i think i did something wrong because i could ...	2000-02-25T09:00:00Z
3	13	7435	1773	Malarkey Test	5	easily the best i have ever had. juicy flavor...	2000-03-13T21:15:00Z
4	14	44	2085	Tony Small	5	An excellent dish.	2000-03-28T12:51:00Z

```
recipe = df_recipe()
recipe = recipe %>% select(recipe_id, author_id, rating)
recipe = recipe %>% filter(rating >= 5)
recipe = recipe %>% filter(author_id >= 1000)
recipe = recipe %>% filter(recipe_id >= 1000)
recipe = recipe %>% filter(recipe_id >= 1000)
```

Excluding  
recipes under  
10 ratings +  
users under  
5 ratings

RecipeId	AuthorId	Rating
21	780	2312
45	4366	2178
130	3596	3794
151	480	4036
153	4807	2695

AuthorId	1533	1535	1634	1676	1792
RecipeId					
44	0	0	0	0	0
49	0	0	0	0	0
54	0	0	0	0	0
56	0	0	0	0	0
62	0	0	0	0	0
...	...	...	...	...	...
530645	0	0	0	0	0
533699	0	0	0	0	0
533997	0	0	0	0	0
534900	0	0	0	0	0
535779	0	0	0	0	0
AuthorId	1891	2148	2178	2310	2312
RecipeId					
44	0	0	0	0	0
49	0	0	0	0	0
54	0	0	0	0	0
56	0	0	0	0	0
62	0	0	0	0	0
...	...	...	...	...	...
530645	0	0	0	0	0
533699	0	0	0	0	0
533997	0	0	0	0	0
...	...	...	...	...	...
534900	0	0	0	0	0
535779	0	0	0	0	0

[23356 rows x 16431 columns]

Next models:

Singular Value  
Decomposition (SVD) ? -  
similar to NMF

K-nearest Neighbors (KNN)

potential model:  
using sentiment

Research paper  
how adjectives  
can be used for  
recommendation  
system!

Deep Dive Into  
Content-Based  
Recommender  
Systems: Unveiling the  
Power of Attribute-  
Based...

Popular recommender  
system models &  
techniques

How to use  
Knn on  
movies  
+ tags

Sentiment Analysis on  
Amazon Reviews using  
TF-IDF Approach.

How to use  
Knn on  
movies  
+ tags

Using Reviews to  
Create a  
Recommender System  
That Works

3-) Text-based  
Similarities

NLP: Gaining insights  
from text reviews

Product tag extraction  
from customer review

Content Based  
Recommender System  
in Python

How To Create Simple  
Keyword-based Movie  
Recommender Models  
From Scratch

1-) A Gentle  
Introduction  
Recommendation  
Engines

low  
carb

20% carbs,  
40%  
protein,  
40% fat

low  
fat

75% carbs,  
15%  
protein,  
10% fat

high  
protein

25% carbs,  
40%  
protein,  
35% fat.

Keto

5% carbs,  
25%  
protein,  
70% fat

Add  
tolerance  
of 5%

Lactose  
Free

Vegan

Gluten  
Free

Veg

Vegan

Ingredients