



Problem solving in Physics

Energy

Work = Force × distance

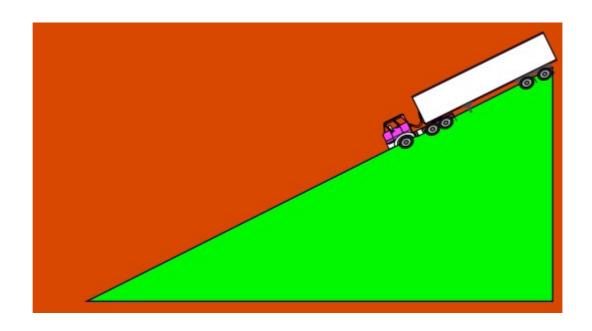
Energy is the ability to do work

Gravitational force has potential energy associated with it. Can simplify calculation.

I am moving a book of mass m up with a constant velocity v, for time t. I am exerting a force F on the book with my hand during that time. What is the amount of work I am doing?

- A) mgvt
- B) (F+mg)vt
- C) no work is done
- D) Neither of the above

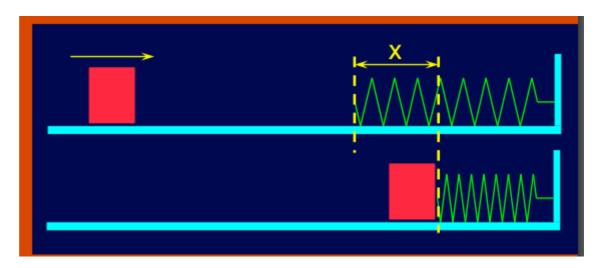
A truck, initially at rest, rolls down a frictionless hill and attains a speed of 20 m/s at the bottom. To achieve a speed of 40 m/s at the bottom, how many times higher must the hill be?



- A) 50 % higher
- B) sqrt(2) times higher
- C) twice higher
- D) 4 times higher

Elasticity is an example for a force with potential energy

A box sliding on a frictionless flat surface runs into a fixed spring, which compresses a distance x to stop the box. If the initial speed of the box were doubled, how much would the spring compress in this case?



- **A)** 50 % more
- B) sqrt(2) times more
- C) twice as much
- D) 4 times as much

Because of dissipative forces, like kinetic friction, energy can be lost to the environment.

Static friction can also do work, e.g., accelerating a car

Coin is sitting on a uniformly rotating record player, held in place by static friction. The work done by the friction force on the coin is...

- A) positive
- B) negative
- C) zero
- D) depends on the direction of rotation (clockwise vs counterclockwise)

Power = work / time

I am holding a heavy weight with a force 300 N above my head for 10 seconds. The power I am outputting here is...

- **A)** 3000 J
- **B)** 3000 W
- **C)** 30 W
- **D)** 0 W

Can static friction force do positive work? And kinetic friction?

- A) Static yes, kinetic no
- B) Static no, kinetic yes
- C) Both yes
- D) Both no

Summary

- Work and energy are scalar quantities.
- Power is the rate at which work is done.
- Gravitational potential energy is the energy stored in a mass based on its separation from the surface of Earth.
- Kinetic energy is the energy of a mass because of its motion.
- Elastic potential energy is stored in a spring that has been either compressed or stretched.
- The law of conservation of energy states that the total energy of a system remains the same.
- Mechanical energy refers to the sum total of potential energy and kinetic energy.
- Work done by friction converts mechanical energy into heat energy.

A car going with 130 km/h is watched by Alice, sitting in an Austrian train going with 160 km/h. What velocity does she assign to the car = what is the car's velocity in Alice's reference frame?

- A) 30 km/h
- **B)** -30 km/h
- C) 290 km/h
- none of the above

A car going with 130 km/h is watched by Alice, sitting in an Hungarian train going with 100 km/h. What velocity does she assign to the car = what is the car's velocity in Alice's reference frame?

- A) 30 km/h
- **B)** -30 km/h
- C) 290 km/h
- D) none of the above

Potential energy depends on the reference frame (0 of height). Kinetik

- A) 30 km/h
- **B)** -30 km/h
- **C)** 290 km/h
- D) none of the above

I am holding a heavy weight with a force 300 N above my head for 10 seconds. The power I am outputting here is...

- **A)** 3000 J
- **B)** 3000 W
- **C)** 30 W
- **D)** 0 W

I am holding a heavy weight with a force 300 N above my head for 10 seconds. The power I am outputting here is...

- **A)** 3000 J
- **B)** 3000 W
- **C)** 30 W
- **D)** 0 W