Heartbeat Alteration Using AI Selected Music:
User Guide

Purpose Of This Document:

The purpose of this document is to provide an overview of all of the applications features and provide step by step instructions for using each of the features within the application. If you wish for a guide on how to start the application, please refer to the Readme file.
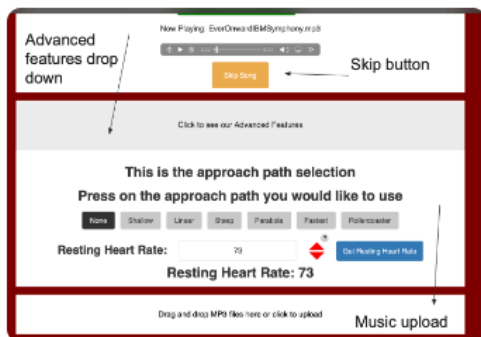
User Guide:

Reference Guide

Navigation Bar - The navbar can take you to the user-guide.

Target Heart Rate - The target heart rate will be set for the user at 70.

+/- - The up and down arrows move in intervals of 10. They allow the user to change the heart rate.

Start - The start button is what the user presses, when they are ready to get their music choice.

Audio player - The audio player will play the song and display the song name.

Advanced Features

This the advanced features part of our web application. Here you can choose an approach path to alter your heart rate. Depending on how you want to alter your heart rate you can either go slow or really fast.

You can also press the get resting Heart rate button, to get your live resting heart rate. Once you press the button, the resting heart rate will be displayed on screen and fill in the box.