

SHAHZEEN KHOWAJA

N u r s e

PROFILE

Caring, compassionate, and goal directed professional, seeking for a position in nursing career at a hospital or any other relevant organization, where I can grow professionally and contribute my skills and experience in patient care settings through assessment, intervention and follow up.

CONTACT

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LANGUAGES

English

Urdu

Hindi

Sindhi

Arabic (Basic)

Portuguese (Basic)

WORK EXPERIENCE

Staff Nurse; Mubarak Al Kabeer Hospital, Ministry of Health, Kuwait

June 24, 2021- October 12, 2023 (48 hours/week)

Responsibilities:

- Application of nursing care process: assessment, planning, interventions, health education and evaluation.
- Provide holistic care to the patient and their families by following International patient safety goals.
- Document all finding regarding patient care and unit issues.
- Administer safe medication and Intravenous cannulation.

Supervisor; Clinicare Private Hospital Maputo, Mozambique

March 3rd, 2020 – March 2nd, 2021 (40 hours/week)

Responsibilities:

- Performing daily clinical rounds with Head Nurse and Bed site nursing whenever needed.
- Participation in clinical decisions and monthly unit based meetings.
- Checking clinical supplies and distribution.
- Organizing workflow and ensuring that employees understand their duties or delegated tasks.
- Monitoring employee productivity and providing constructive feedback and coaching
- Receive complaints and resolve problems.
- Pass on information from upper management to employees and vice versa.
- Provides quality service by enforcing quality and customer service standards.
- Contributes to team effort by accomplishing related results as needed.

Clinical Nurse Coordinator; The Aga Khan University Hospital, Pakistan

Dec 2018 – Jan 2019

Responsibilities:

- Perform clinical rounds with physician and resident doctors' team.
- Care planning, advising patients' and care givers for home care arrangement, educating essential nursing care, physiotherapy, speech therapy, performing certain nursing assessment for patients with swallowing difficulty.
- Other documentation task as per hospital policy.

Advanced Cardiovascular Life Support (ACLS) Instructor; The Aga Khan University Hospital Karachi, Pakistan

Oct 2017 – Oct 2019

Responsibilities:

- Provide comprehensive, curriculum-based information within an active learning environment.

AWARDS AND PARTICIPATIONS

2022: Certificate of appreciation for participation in Ramadan games April/May, 2022 by Youth and Sports, Kuwait

2022: Certificate of appreciation for participation in the Talent Competition for International Women's Day, from Kuwait Women's Portfolio

2015: Appreciation letter from AKUSONAM on participation in Sindh Festival at Mithi, Tharr. Sindh, Pakistan

2012: Participation Certificate for World Heart Day from Department of Cardiology, Tabba Heart Institute, Karachi, Pakistan

2011: Participated as a player of women's cricket team in "Intra- University Tape Ball Tournament" organized by Aga Khan University, Sports & Rehabilitation Centre. Karachi, Pakistan

2011: Participated in "Badminton Tournament" organized by AKUSONAM.

VOLUNTARY SERVICES

June, 2021 to date:

Volunteer at local community Health Board, Kuwait

December, 2019 to February 2021:

Aga Khan Health Portfolio team member, Maputo, Mozambique

August 11-14, 2019:

Kaleidoscope Camp Maputo, Mozambique

2017 –2018: Time and Knowledge Nazrana Service, AKDN

2014- 2016: Member of Platinum Security committee, Platinum Ismaili Community Center, Karachi, Pakistan

2013 – 2015: Co-opt

Member of Aga Khan Health Board, Karachi, Pakistan

2011- 2012: Assistant Teacher at Platinum Religious Education Center

- Work closely with students, providing coaching and feedback.
- Validate skills practice sessions, testing students and providing remediation.
- Other documentation task as per hospital policy.

Nurse Instructor, Aga Khan University Hospital, Pakistan (JCIA)

March 2017 – Jan 2019 (42.5 hours/week)

Responsibilities:

- Plan and Conduct in-service educational sessions.
- Train Novice Nurses and nominate them for specialty-based courses.
- Maintain unit incident logs; Code Blue (Medical Emergencies) and Patient Expiry log, monitor unit-based indicators and report timely to the higher management.
- Played a role as an Infection Control Link Nurse (ICLN) for assigned unit; to make sure safe infection and prevention practices.

Assistant Head Nurse, The Aga Khan University Hospital, Pakistan

Jan 2016 – Feb 2017 (42.5 hours/week)

Responsibilities:

- Nursing administrative work and Assist Head Nurse in monthly report along with bed site nursing (RN responsibilities).
- Conducting educational sessions, coordinating and dealing regular shift concerns.
- Training Novice nurses (Preceptor; September, 2016).

Registered Nurse, The Aga Khan University Hospital, Pakistan (JCIA)

Oct 2011 – Jan 2016 (42.5 hours/week)

Responsibilities:

- Application of nursing process: assessment, planning, interventions, and evaluation.
- Provide holistic care to the patient and their families by following International patient safety goals.
- Document all finding regarding patient care and unit issues.
- Administer safe medication and Intravenous cannulation.
- Manage staffing during staff crises as a team leader.

EDUCATION

- MSc Healthcare Leadership (Nursing) from BPP University, London, Shepherd's Bush (November-2023 to November-2024) **In progress**
- Post RN **B.Sc. Nursing** from Aga Khan University School of Nursing and Midwifery, Karachi, Pakistan (January-2014 to November-2015)
- Diploma in Post Basic Cardiac Nursing (Dip. Card) from Tabba Heart Institute, Karachi, Pakistan (August 2012 to September-2013)
- Diploma in Nursing from Aga Khan University School of Nursing and Midwifery, Karachi, Pakistan (September,2008 to September, 2011)
- (HSSC) Intermediate from Govt. Degree College for Girls, Dist. Thatta, Pakistan (August,2006 to May,2008)
- (SSC) Matriculation from Govt. Girls High School, Ghulamullah Dist. Thatta, Pakistan (April,2004 to April,2006)

HOBBIES

Travelling
Cooking
Henna Art
Listening Music and Novels

REFERENCES: References available on request.

TRAINING AND CERTIFICATIONS

- Certificate of completion of Mind Control: Managing Your Mental Health During COVID-19 from University of Toronto, September 2, 2020 (Online)
- Certificate of Achievement for “COVID-19 Tackling the Novel Coronavirus” from, London School of Hygiene & Tropical Medicine, April 13, 2020. (Online/Distant Learning)
- “Staff Development Educators’ Retreat” at the Aga Khan University Hospital, Karachi December 14, 2018.
- Workshop on Infection Control Link Nurses/staff (ICLN), World Health Organization (WHO) Hand Hygiene (HH) & Prevention and Control of Infection (PCI) Auditor Training, October, 2018.
- Certification of appreciation for making a valuable contribution towards a successful Joint Commission International Re- Accreditation of the Aga Khan University Hospital, Karachi, Pakistan from 3rd to 7th September 2018.
- Basic Infection Control Certification (BICC) held at Aga Khan University, Karachi, Pakistan on August 3, 2018.
- 14th Neurology Certificate Course and National Neurology Conference, from the Aga Khan University, Karachi, Pakistan from January 4 to March 8, 2018.

Other additional 21 certifications and trainings between 2011 and 2014.