

MEDICAL HISTORY	PHYSICAL EXAMINATION
HEENT N Y/R <input type="checkbox"/> Epilepsy/Convulsion N Y/R <input type="checkbox"/> Severe headache/dizziness N Y/R <input type="checkbox"/> Visual disturbance N Y/R <input type="checkbox"/> Yellowish discoloration N Y/R <input type="checkbox"/> Enlarged thyroid	Blood Pressure: _____ Height: _____ Weight: _____ Blood Type: _____ CONJUNCTIVA N Y/R <input type="checkbox"/> Pale N Y/R <input type="checkbox"/> Yellowish
CHEST/HEART N Y/R <input type="checkbox"/> Severe chest pain N Y/R <input type="checkbox"/> Shortness of breath and easy fatigability N Y/R <input type="checkbox"/> Breast/axillary masses N Y/R <input type="checkbox"/> Nipple discharge (blood or pus) N Y/R <input type="checkbox"/> Systolic of 140 and above N Y/R <input type="checkbox"/> Diastolic of 90 and above N Y/R <input type="checkbox"/> Family history of CVA (strokes), hypertension, asthma, rheumatic heart disease	NECK N Y/R <input type="checkbox"/> Enlarged Thyroid N Y/R <input type="checkbox"/> Enlarged lymph nodes BREAST N Y/R <input type="checkbox"/> Mass N Y/R <input type="checkbox"/> Nipple discharge N Y/R <input type="checkbox"/> Skin-orange-peel or dimpling N Y/R <input type="checkbox"/> Enlarged axillary lymph nodes THORAX N Y/R <input type="checkbox"/> Abnormal heart sounds/cardiac rate N Y/R <input type="checkbox"/> Abnormal health sounds/respiratory rate
ABDOMEN N Y/R <input type="checkbox"/> Mass in the abdomen N Y/R <input type="checkbox"/> History of gallbladder disease N Y/R <input type="checkbox"/> History of liver disease N Y/R <input type="checkbox"/> Previous surgical operation	ABDOMEN _____ Fundic height in cms. _____ Fetal heart tone (if applicable by AOG) _____ Fetal movement
EXTREMITIES N Y/R <input type="checkbox"/> Severe varicosities N Y/R <input type="checkbox"/> Deformities N Y/R <input type="checkbox"/> Swelling of severe pain in the legs not related to injuries	LEOPOLD'S MANEUVER _____. fetal part in the fundus _____. position of fetal back _____. presenting part _____. status of the presenting part _____ Uterine Activity
SKIN N Y/R <input type="checkbox"/> Yellowish discoloration	PELVIC EXAMINATION <u>Perineum</u> N Y/R <input type="checkbox"/> Scars N Y/R <input type="checkbox"/> Warts/mass N Y/R <input type="checkbox"/> Laceration N Y/R <input type="checkbox"/> Severe varicosities
HISTORY OF ANY OF THE FF: N Y/R <input type="checkbox"/> Smoking N Y/R <input type="checkbox"/> Allergies N Y/R <input type="checkbox"/> Drug intake N Y/R <input type="checkbox"/> Drug abuse and alcoholism N Y/R <input type="checkbox"/> STD, multiple partners N Y/R <input type="checkbox"/> Bleeding tendencies, anemia N Y/R <input type="checkbox"/> Diabetes/congenital anomalies	<u>Vagina</u> N Y/R <input type="checkbox"/> Bartholin's cyst N Y/R <input type="checkbox"/> Warts/Skene's gland discharge N Y/R <input type="checkbox"/> Cystocele/rectocele N Y/R <input type="checkbox"/> Purulent discharge/bleeding N Y/R <input type="checkbox"/> Erosion/polyp/foreign body
OBTETRICAL HISTORY 0 1/R 2 3 4 and above/R/H ___ _ Fullterm ___ _ Preterm ___ _ Abortion ___ _ Living Children - - Date of last delivery (M/D/YR) - - Type of last delivery - - Past Menstrual Period - - Last Menstrual Period ___ Age of gestation in weeks (AOG) - Expected Date of Confinement (EDC)	INTERNAL EXAMINATION <u>Cervix</u> - Consistency - firm or soft - Dilatation - Palpable presenting part - Status of bag of water
HISTORY OF ANY OF THE FF: N Y/R <input type="checkbox"/> Previous Cesarean Section N Y/R <input type="checkbox"/> 3 Consecutive Miscarriages N Y/R <input type="checkbox"/> Ectopic Pregnancy/H.mole N Y/R <input type="checkbox"/> Postpartum hemorrhage N Y/R <input type="checkbox"/> Forceps delivery N Y/R <input type="checkbox"/> Pregnancy Induced Hypertension N Y/R <input type="checkbox"/> Weight of baby > 4kgs	<u>IMPRESSION:</u> <u>PLANS (Procedure/Treatment/Referral/Return Visit):</u> <div style="text-align: right;">_____ Signature of Service Provider</div>
Legend R Refer to Back-up Physician for clearance R/H Refer to a Hospital	N No/Absent Y Yes/Present

Birth and Emergency Plan

I know that any complication can develop during delivery and I know that I should deliver in a health facility.

I will be attended at delivery by _____.

I plan to deliver at _____.

This is a PhilHealth accredited facility ☐ Yes ☐ No

The estimated cost of the maternity package in this facility is _____.

The mode of payment is cash.

The available transport is _____.

I have contacted _____ to bring me to the hospital/health center.

I will be accompanied by _____.

_____ will take care of my children/home while I am in the health facility.

In case of a need for blood transfusion, my possible donors are:

○ _____

○ _____

In case of complications, I will be referred right away to:

Person to notify in case of emergency:

Name and Relationship: _____

Address: _____

Contact Number/s: _____

Patient's Signature Over Printed Name