

# Welome Home

The next best thing to home is for sure another home offered by caring and decent people. Especially, if it is a well prepared, safe and comfortable one. Considering our residents' possible needs, we built our home with wheel chair accessible showers, wide doors and hallways, flip-up hand bars in the bathrooms, smoke detectors, safety alarms and smooth floors with no tripping hazards. We give personalized care by focusing on the whole person. Despite health issues or age related hardships, our residents enjoy themselves doing arts, crafts, and physical activities, playing games, listening to music, socializing on the deck, gardening in the yard, getting involved with cooking if they like, celebrating holidays and meeting their loved ones at home.



We are a dedicated and experienced care team in a beautiful home which was built for our six residents, and got licensed by DSHS. We offer private bedrooms with private bathrooms and provide housekeeping, laundry, home cooked meals, and personalized care around the clock. The commons and all our rooms have big windows looking at the beautiful yard and get a lot of sunshine. Elegant paintings on the walls and skylights complete the serene atmosphere.



**MINDFUL SENIOR  
CARE**

## Contact Us

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# Mindful **Senior** Care

**"Where Care  
Feels Like Home"**





## COMFORTABLE AND SAFE HOME ENVIRONMENT

- Private rooms with bathrooms, TV, Wi-fi, optional in-room phone, and central A/C
- Wheelchair accessible showers
- Flip-up hand bars in the bathrooms
- Safety alarms, call buttons, smoke detectors
- No tripping or any other health hazards



## Our CARE EXPERTISE

Memory Care (Dementia and Alzheimer's)

CVA / Stroke

Cardiac issues

Diabetes

Parkinson's

COPD

Hospice

Wound, ostomy, and Foley catheter

Incontinence and mobility related needs

## Our CARE TEAM

- Owner and Manager with healthcare and hospital management background
- CNA and HCA certified caregivers with long term experience and compassion
- On call nurse and visiting physician

## EXCEPTIONAL SERVICE

- 24/7 personalized care for six residents, with 1:3 caregiver to resident ratio
- Assistance with different levels of need for medicine management, mobility, eating, bathing, dressing, and personal hygiene.
- In-home visits by nurse, physician, hair dresser, therapist, and other professionals
- Appointment management and transportation with an accompanying caregiver to phy



Home cooked delicious meals prepared daily from fresh ingredients, and served in an enjoyable atmosphere.

## Why Choose Us?

- ✓ Personalized Care: Tailored plans to meet individual needs.
- ✓ Experienced Caregivers: Compassionate professionals dedicated to seniors.
- ✓ Peace of Mind: Trustworthy support for families seeking quality care.