Serenity Senior Care AFH is a residential care facility dedicated to providing personalized, compassionate care in a safe and nurturing environment. We work with skilled healthcare professionals for on-call visits and focus on mental and memory stimulation, ensuring our residents lead fulfilling lives with dignity and independence. Our mission is to create a home where every resident feels valued, supported, and truly cared for.





Owner/Lead Consultant -Dr. Phoebe K. Mugo



Phone - 253-401-0437 Fax -253-409-2378



info@serenityseniorcareafh.com



serenityseniorcareafh.com

## **Our Vision**

To be a trusted sanctuary where seniors thrive in dignity, comfort, and community, fostering a life of purpose, joy, and exceptional care.





## SERENITY SENIOR CARE AFH

"Your Comfort, Our Commitment."



## **OUR SERVICES**

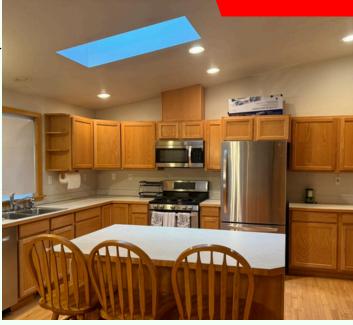
- Daily assistance with bathing, grooming, dressing, toileting, and walking.
- Escorts and assistance with walking and transfers.
- Medication assistance and management.
- Continence care and management.
- Behavior management, including reminders and redirection.
- A variety of delicious meals and snacks, with dining assistance and special diets.
- Housekeeping and laundry services.
- Social and recreational activities.
- Health promotion and exercise programs.
- Our caregivers follow Physical Therapist's discharge orders to ensure ongoing care.

At Serenity Senior Care AFH, we are committed to enriching the lives of our residents through a variety of engaging activities. Our programs are thoughtfully designed to promote social interaction, creativity, and overall well-being, ensuring residents enjoy a fulfilling and vibrant lifestyle in a supportive community.

## **ACTIVITIES**

- Gardening and summer barbecues
- Outdoor walks and scenic drives
- · Arts and crafts
- Pet therapy
- Live music therapy and sing-alongs
- Holiday celebrations
- Library visits and reading current events
- Classic movies
- Outdoor and table games
- Exercise programs
- Planned outings





We focus on meeting each resident's unique needs by developing personalized care plans upon their arrival. These plans ensure comprehensive support for physical, emotional, social, and health needs, promoting the highest quality of life. Alongside exceptional care, we offer a diverse and thoughtfully curated menu that caters to various tastes and dietary requirements, ensuring residents enjoy nutritious and satisfying meals every day.

