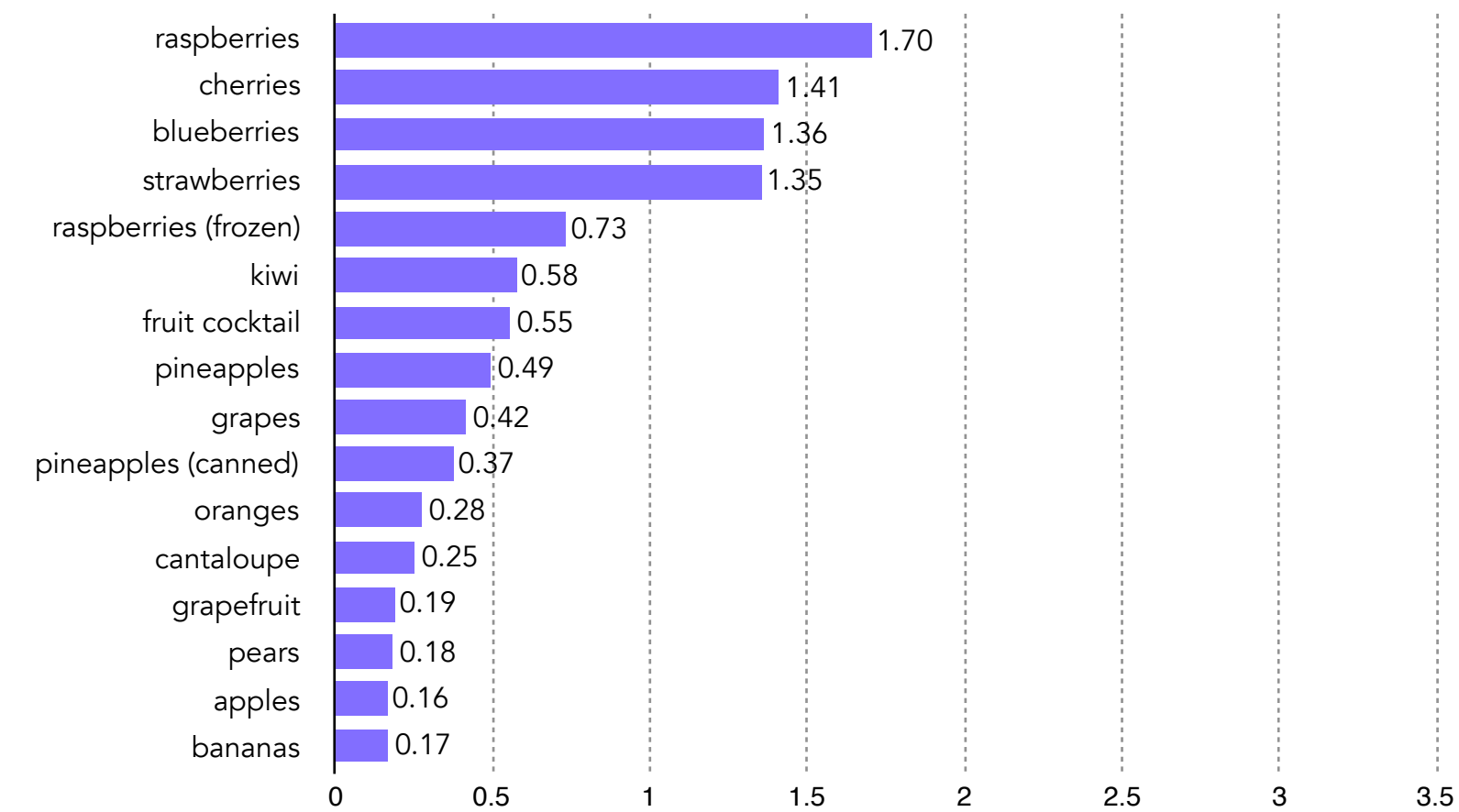


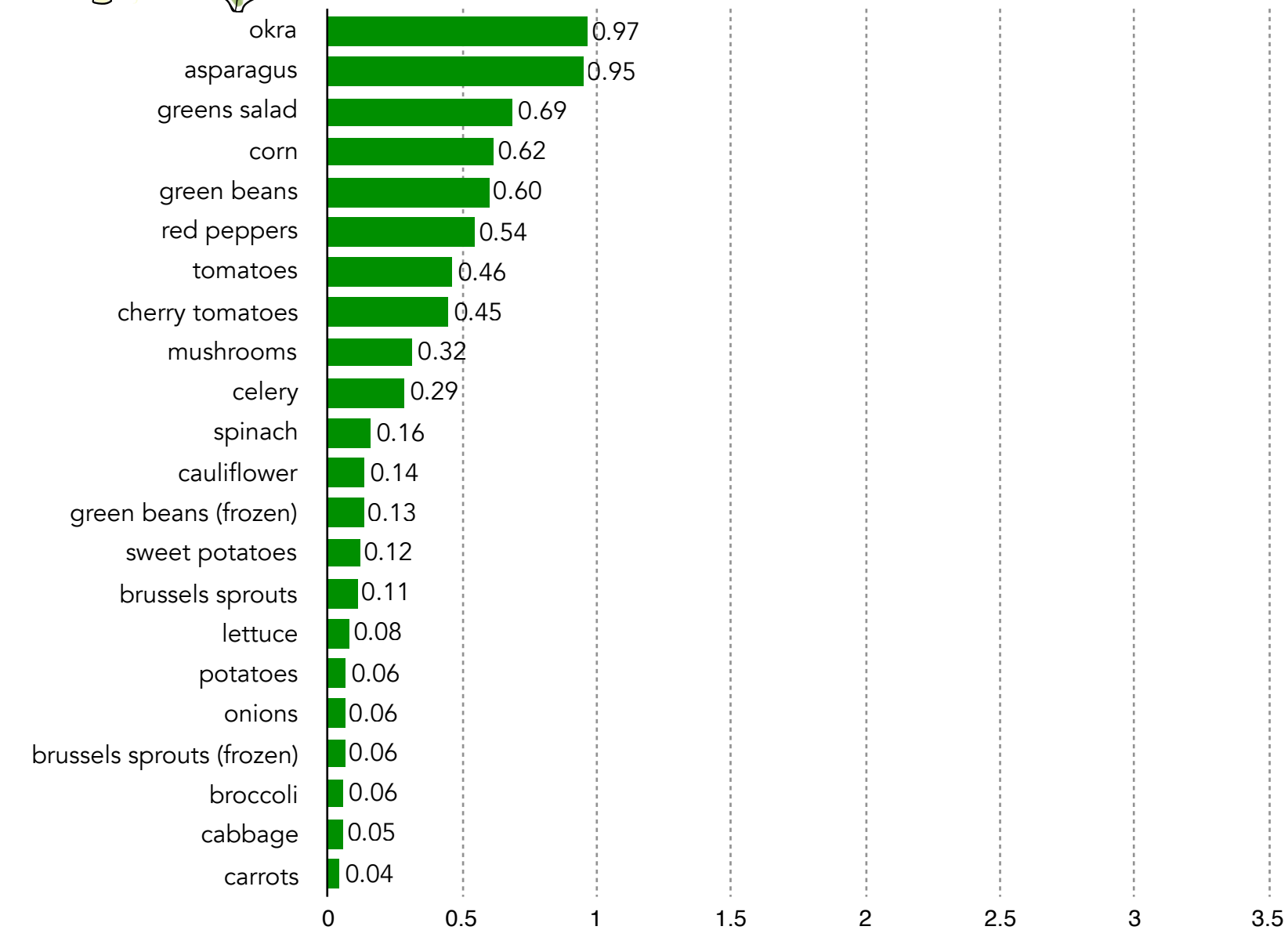
Fruits

eco impact per ½ edible cup



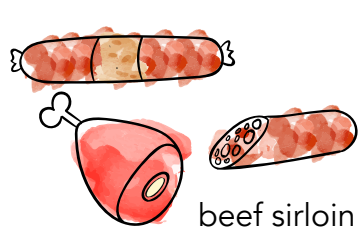
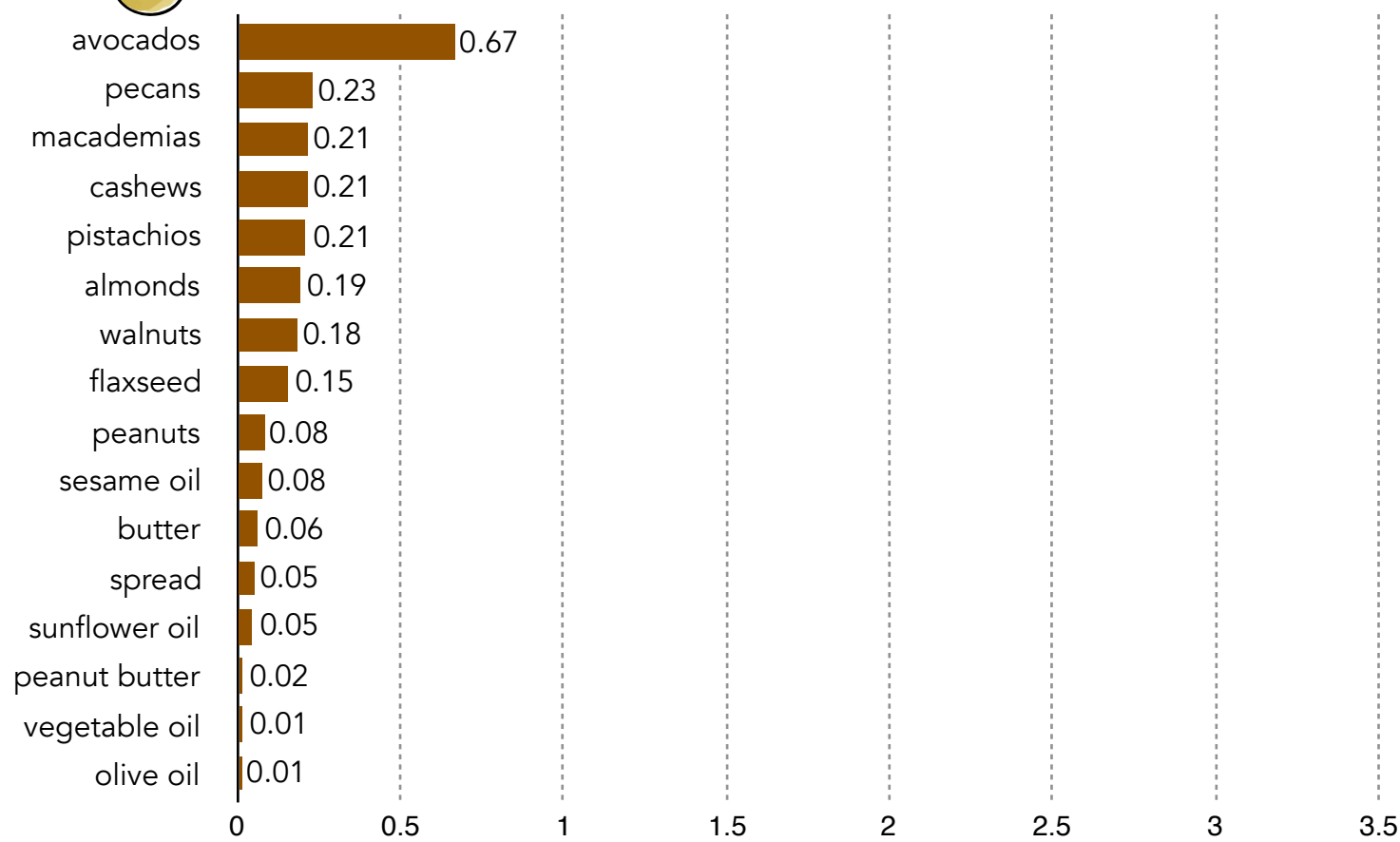
Vegetables

eco impact per ½ edible cup



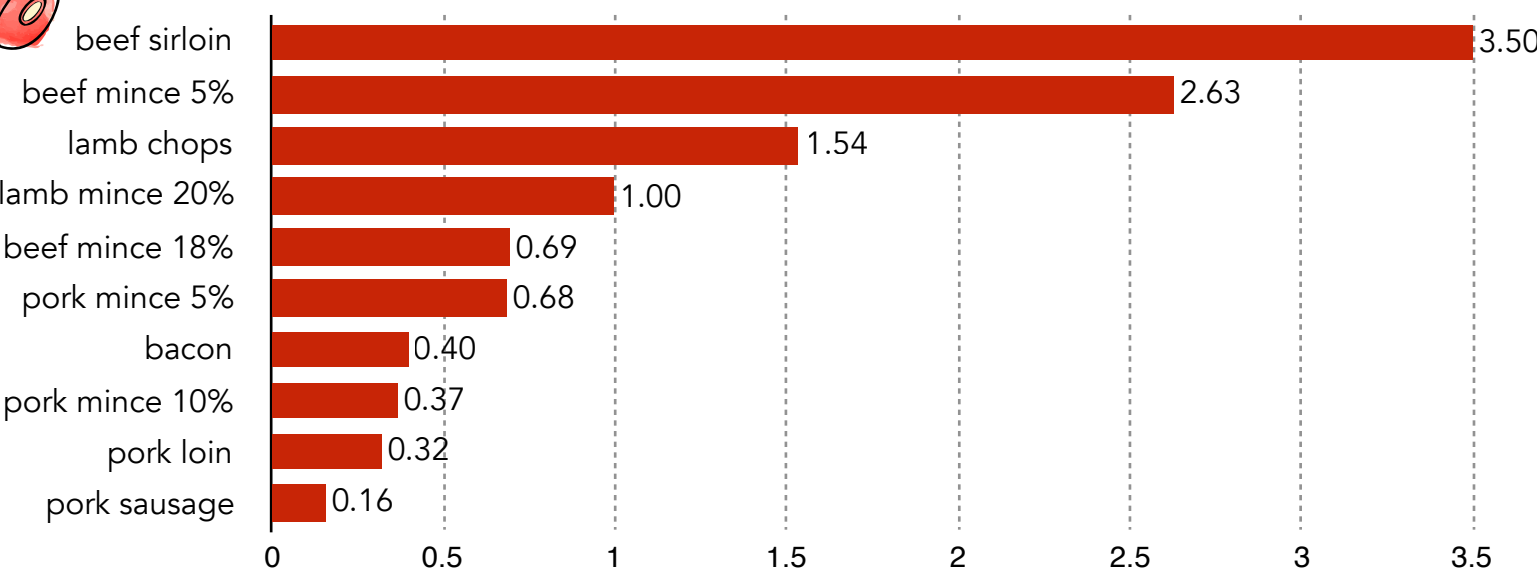
Fats, Nuts, and Seeds

eco impact per 100 kcal



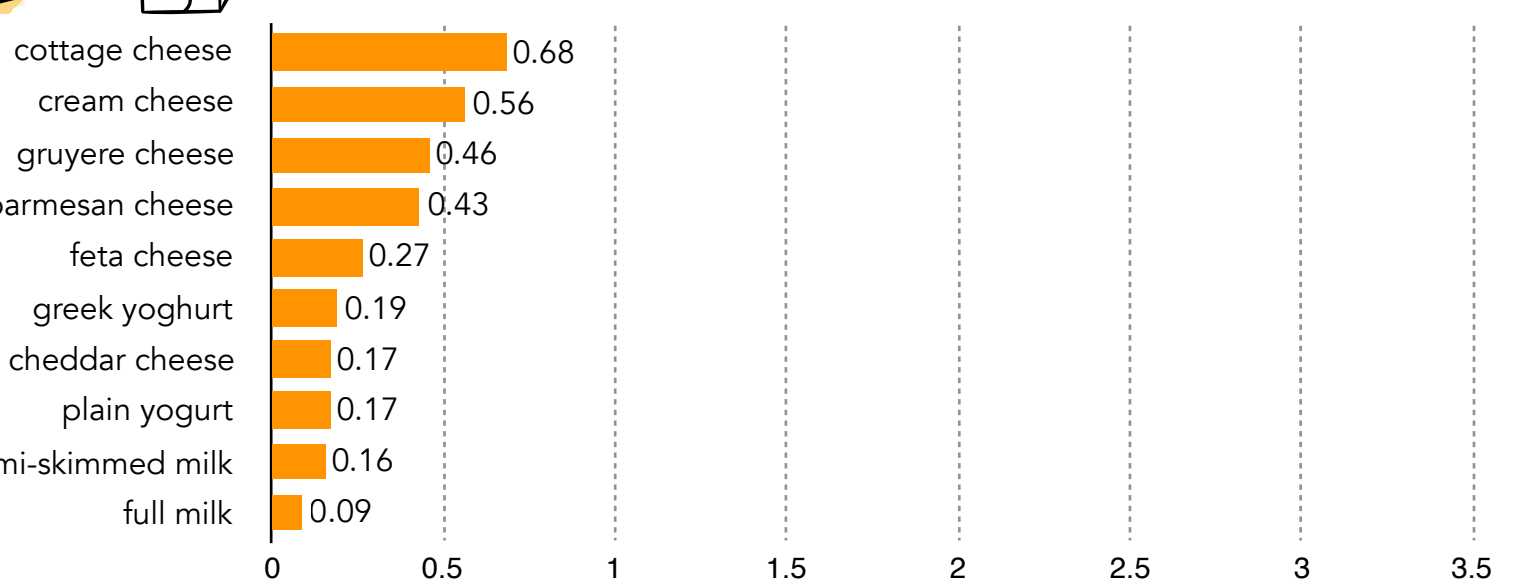
Red Meat

eco impact per 100 kcal



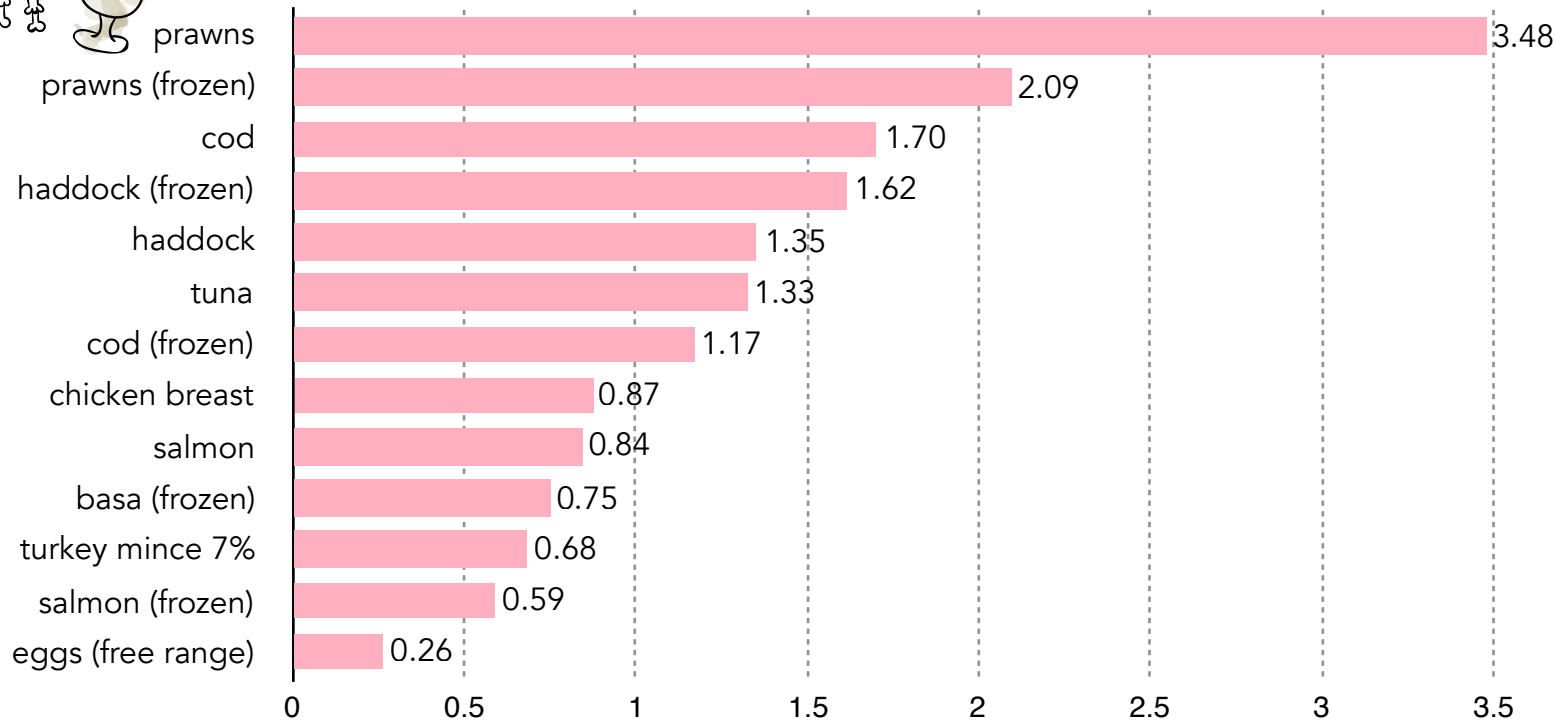
Dairy

eco impact per 100 kcal



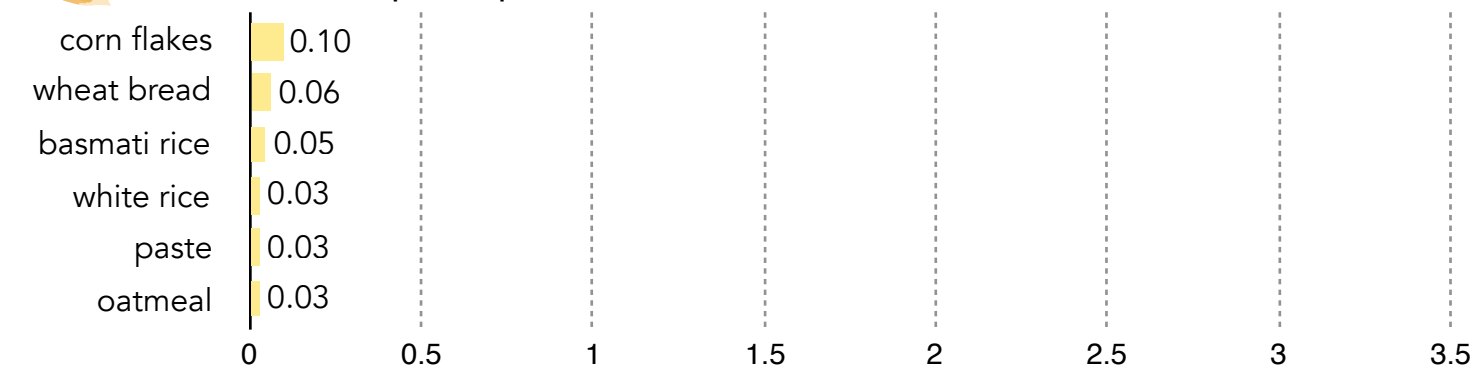
Fish, Poultry, and Eggs

eco impact per 100 kcal



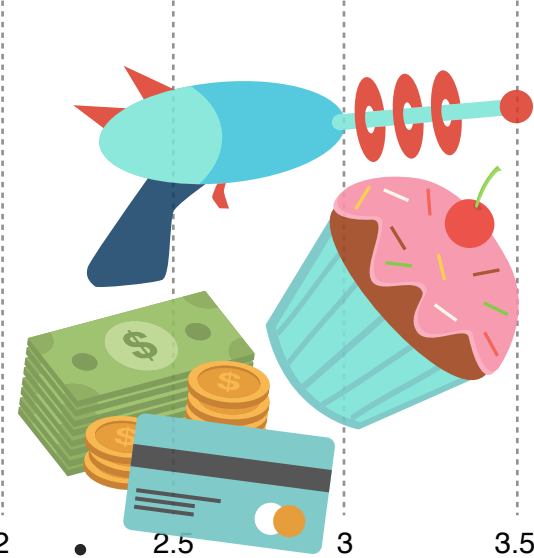
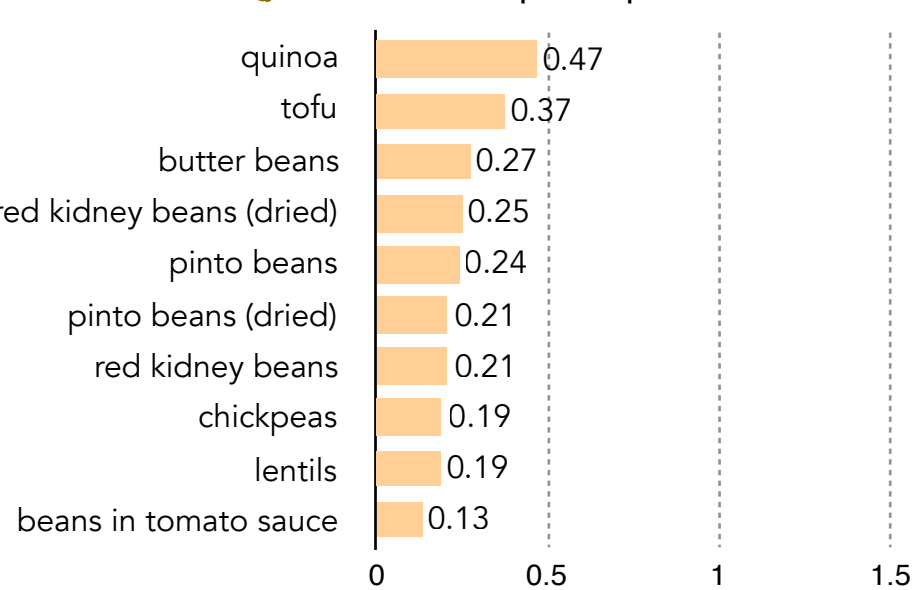
Grains

eco impact per 100 kcal



Beans and Tofu

eco impact per 100 kcal



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