

?? ???

?: ???

=== BMI ?? ?? ===

?(cm): 170

?(kg): 80

?(kg): 72.25

?(kg): 7.75

? ? ? ?(kcal): 59675

=== ? ? ? ? ===

?(km): 30.0

?(km): 20.0

?(km): 10.0

?(km): 0.5

=== ??? ? ? ? ===

?? ? 30?

?? 20?

??? 10?