●CREATE TABLE
create table profiles(
profilesID int auto_increment primary key,
name varchar(255),
tel varchar(255),
age int,
birthday date
);

●INSERT
insert into profiles (name,tel,age,birthday)
values('田中実','012-345-6789',30,19940201);

insert into profiles (name,tel,age,birthday)
values('鈴木 茂','090-1122-3344',37,19870812);

insert into profiles (name,tel,age,birthday)
values('鈴木 実','080-5566-7788',24,20001224);

insert into profiles (name,tel,age,birthday)
values('佐藤 清','012-0987-6543',19,20050801);

insert into profiles (name,tel,age,birthday)
values('高橋 清','090-9900-1234',24,20001224);

```
MariaDB [Challenge_db]> select*from profiles;
+------------+-----------+---------------+-----+------------+
| profilesID | name      | tel           | age | birthday   |
+------------+-----------+---------------+-----+------------+
|          1 | 田中実    | 012-345-6789  |  30 | 1994-02-01 |
|          2 | 鈴木 茂   | 090-1122-3344 |  37 | 1987-08-12 |
|          3 | 鈴木 実   | 080-5566-7788 |  24 | 2000-12-24 |
|          4 | 佐藤 清   | 012-0987-6543 |  19 | 2005-08-01 |
|          5 | 高橋 清   | 090-9900-1234 |  24 | 2000-12-24 |
+------------+-----------+---------------+-----+------------+
5 rows in set (0.00 sec)
```