

Left Hand Warm-Up

Fingers:

1 2 3 4 5 1 2 3 4 5

5 4 3 2 1 5 4 3 2 1

1 2 3 4 5 5 4 3 2 1

1 2 3 4 5 1 2 3 4 5

5 4 3 2 1 5 4 3 2 1

1 2 3 4 5 5 4 3 2 1