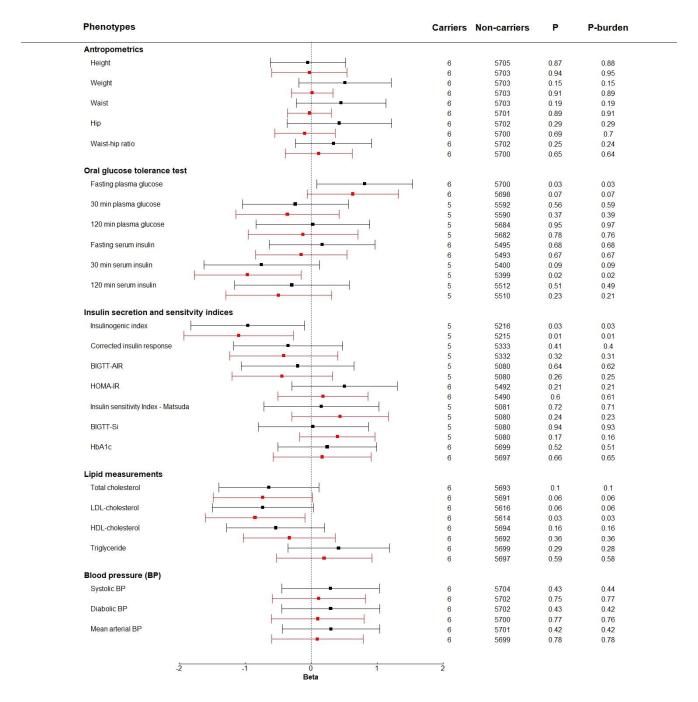


Supplementary Figure 1. Potencies in cAMP and arrestin recruitment as well as GLP-1 affinity of 36 GLP-1R variants. pEC_{50} represents the negative logarithm of agonist concentration in molar that produces half the maximal response. K_d represents affinity (pLog values). Blue: WT like; red, loss of function. NA, no activation observed. A: cAMP pEC_{50} values B: beta-arrestin recruitment pEC_{50} values; C: binding K_d values.

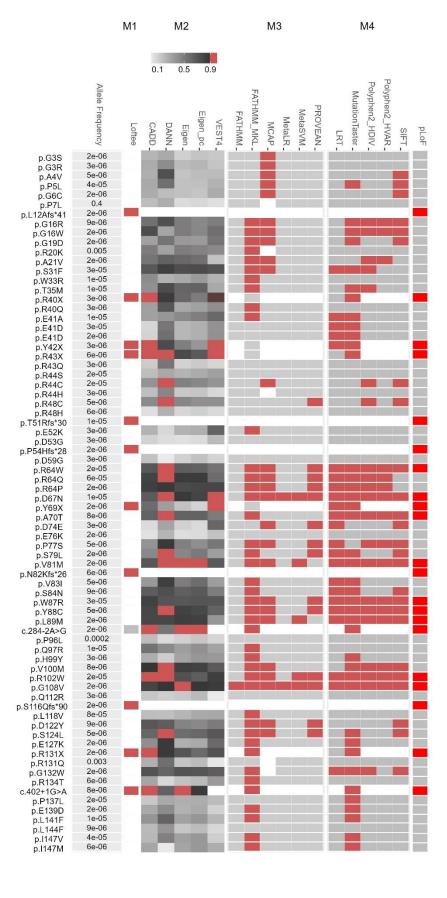
Phenotype	Non- carriers	Carrier	s P	P-burden
Anthropometric				
Height Weight Waist circumference Hip circumference Waist-hip ratio	5692 5692 5690 5689 5689	18 18 18 18	0.59 0.61 0.86 0.99 0.85	0.63 0.65 0.92 0.99 0.9
Oral glucose tolerance test Fasting plasma glucose 30 min plasma glucose 120 min plasma glucose Fasting serum insulin 30 min serum insulin 120 min serum insulin	5687 5579 5671 5482 5390 5500	18 17 17 18 15	0.66 0.75 0.45 0.34 0.22 0.2	0.6 0.71 0.42 0.32 0.22 0.17
Insulin secretion and sensivity indices Insulinogenic index Corrected inuslin repsonse BIGTT-AIR HOMA-IR Insulin sensitivity Index - Matsuda BIGTT-Si HbA1c	5206 5323 5072 5479 5072 5072 5686	15 15 14 18 14 14 14	0.13 0.34 0.23 0.64 0.21 0.09 0.16	0.13 0.32 0.21 0.63 0.2 0.09 0.15
Lipid measurements Total cholesterol LDL-cholesterol HDL-cholesterol Triglyceride	5680 5603 5681 5686	18 18 18 18	0.35 0.36 0.87 0.67	0.37 0.38 0.88 0.7
Blood pressure (BP) Systolic BP Diastolic BP Mean arterial BP	5691 5689 5688	18 18 18	0.22 0.03 0.04	0.19 0.04 0.04
-1 -0.5 0 0.5 1				

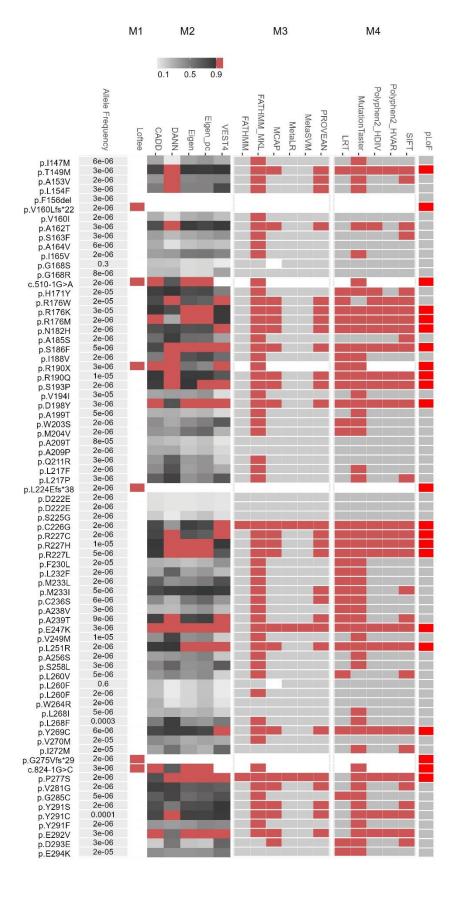
Supplementary Figure 2. Quantitative trait analyses of loss-of-signalling *GLP1R* variants in the Inter99 cohort with adjustment for body mass index. Non-carriers = number of individuals with phenotype information who do not carry any of the variants; Carriers = number of individuals with the phenotype who carry a LoS variant; P, p-value of the linear regression model; Abbreviations: P-burden, *p*-value of burden test; BP, blood pressure; LDL, low-density lipoprotein; HDL, high-density lipoprotein; HbA1c, hemoglobin A1c; HOMA-IR, Homeostatic Model Assessment for Insulin Resistance; BIGTT-AIR, beta-cell function, insulin sensitivity, and glucose tolerance test – acute insulin response.; BIGTT-Si, beta-cell function, insulin sensitivity, and glucose tolerance test – sensitivity index.

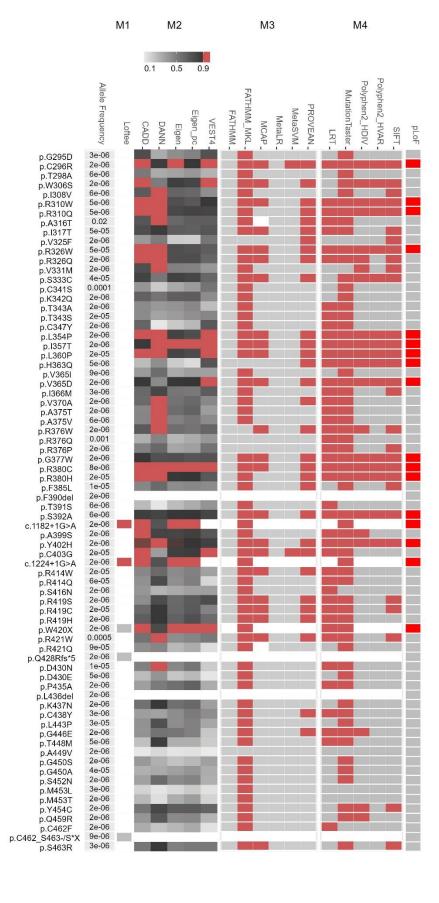


Supplementary Figure 3. Quantitative trait analyses of LoS *GLP1R* **variants predicted as pLoF variants in the Inter99 cohort.** Non-carriers = number of individuals with phenotype information who do not carry any of the variants; Carriers = number of individuals with the phenotype who carry a LoS variant predicted as pLoF; P, p-value of the linear regression model; Abbreviations: P-burden, *p*-value of burden test; BP, blood pressure; LDL, low-density lipoprotein; HDL, high-density lipoprotein; HbA1c, hemoglobin A1c; HOMA-IR, Homeostatic

Model Assessment for Insulin Resistance; BIGTT-AIR, beta-cell function, insulin sensitivity, and glucose tolerance test – acute insulin response.; BIGTT-Si, beta-cell function, insulin sensitivity, and glucose tolerance test – sensitivity index. Black lines represent analyses without BMI adjustment, whereas red lines represent analyses adjusted for BMI.







Supplementary Figure 4. Binary heatmap showing variant severity prediction of *GLP1R* **variants in the UK Biobank.** The **left panel** shows the minor allele frequency (MAF) of each *GLP1R* variant. **Panel M1** shows if the variant is a predicted loss-of-function (pLoF, red) variant by the Loss-of-Function Transcript Effect Estimator (Loftee) high-confidence (HC) mask. **Panel M2-M4** shows the predicted deleteriousness of each variant for prediction algorithms grouped in masks. A red box indicates variants passing the specific algorithm as LoF. White colour indicates no information (NA). **Panel pLoF**; predicted LoF variants (bright red).

The masks consist of the following algorithms:

M2: VEST4, CADD, DANN, Eigen-raw, and Eigen-PC-raw.

M3: FATHMM, FATHMM-MKL, PROVEAN, MetaSVM, MetaLR, and MCAP.

M4: PolyPhen2 HDIV, PolyPhen HVAR, SIFT, LRT, and MutationTaster.