

Name: _____

Level: _____

Coach/Crew: _____

Legend:

Attempted - A skill was attempted but not able to be performed

Performed - A skill was attempted and performed to completion at least once.

Performed Repeatedly - A skill is able to be performed reliably and repeatedly, but still requiring improvement in proper execution and form.

Mastered - A skill can be performed reliably and repeatedly, in battle, and with proper form and execution.

[illegible]