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GAMA Physical Therapy

PROMINENT HOME HEALTH CARE

PHYSICIAN ORDERS

Patient Name	Medical Records #	. Attending Physician
DERVISHIAN, OGANES	66	FORTALEZA, PAUL

PATIENT'S STATUS/FINDINGS

Patient has improved in all aspects of PT treatments. Decrease of pain in LB/BUE/BLE 0-2/10, decrease joint swelling/joint stiffness/joint pain increased ROM in BLE/BUE/LB, able to continue HEP with assistance of family/CG. Patient has positively managed them self towards established goals: Gait with SPC increased bed mobility and transfers. Enhanced endurance, safety, balance to G.

D. Pr

PHYSICIAN ORDERS

PHYSICAL THERAPY:		
Discharge patient from home Physical Th	herapy services, goals are met.	
Order read back and verified		
	*	

Orders Taken By:							
KRIMSON ENVERGA ,	RPT	Date: 10/13/2019					
Signature: K							
Physician's Signature:		Date: / /					



GAMA Physical Therapy

PROMINENT HOME HEALTH CARE PHYSICIAN ORDERS

Patient Name	Medical Records #	Attending Physician
DERVISHIAN, OGANES	66	FORTALEZA, PAUL

PATIENT'S STATUS/FINDINGS

Patient C/O pain in LB/BLE/BUE 5/10, increased joint pain/joint swelling, decreased ROM in BLE/BUE/LB. These directly impact overall ability to ambulate, limit ADL's, and provide unsteady movement. Patient requires assistance with bed mobility, transfer, safety, balance and all other actions performed. Patient will benefit from skilled PT services by improving self-functional level and capability of completing activities.

Frequency: 1w1 3w3 1w1

PHYSICIAN ORDERS



PHYSICAL THERAPY: Evaluation

- Therapeutic exercises for BLE/LB.
- 2. Balance and coordination exercises when standing/sitting.
- 3. Bed mobility and transfer with body mech. and hand placement cues;
- 4. Pre-Gait with balance and postural cues and safety training.
- 5. HEP training, muscle reeducation and safety training with family/CG.
- 6. Endurance training, proper use of DME if needed.
- 7. Pre-Gait training on level surfaces with coming to stand activities.
- 8. Gait training with or w/o AD on level and uneven surfaces safely.

Orders Taken By						
KRIMSON ENVERGA,	RPT	Date: 09/19/2019				
Signature: 16-14						
Physician's Signature:		Date: / /				

PROMINENT HOME HEALTH CARE, INC.



Home Health Services Request

Patient Name: La	st, First, M	fiddle		28 1923	Date of Birth	Fema	ile Religio
15044 MAGNOLI	A BLVD.	#11 SHE	RMAN OAKS CA	A 91403		(818) 4	181-6610
Address - Street,						- '	lephone number
09/17/19	(if app 09/18/19		GARRY(SON	N)			481-6011
Referral Date	SOC	Date	Primary Conta		nehin	, ,	lephone number
548433916M	500	Duic	Trimury Coma	у сописц кешпонянр			ephone number
Medicare Number	r	Medicaid	or DSS ID Number	Other In	nsurance Carrier	Polic	y or Claim Numb
Chronic pain	syndrom	e					14
Primary Diagnosi			PSES ASSOCIATED O	Н	ospitalization	Fre	om 7
Polyathrilla, unspecified, Hypertensive heart		ure. Type 2 diabetes m	nelikus with districtio neuropadhy, unap. Alzh				
Secondary Diagno			and processor have been decayled	Wide Least		A Sport Contractor	
Secondary Diagno	7313				NO P	(NOWN	ALLERGIES
Surgery and Dates		10000	000000000000000000000000000000000000000	-	Allerg		/ LEEL TOIL C
Surgery una Dutes)				Anerg	<i>y</i>	
Please assess	s patient	for possi	ible admission t	to Home	Health Care. S	killed Nu	rse to assess,
teach and provide	nursing in	tervention	n.		THE PERSON NAMED IN		
Treatments, Medic		tivity Pern		1074.0 240	Action in the state of		
SN Frequency : 2V	N2; 1W7;		✓Skill	led Nursing	g	✓ Physi	ical Therapy
HHA Frequency			Осси	upational T	Therapy	Speed	ch Therapy
			☐ Med	lical Social	Worker	Home	e Health Aide
Diet NAS, LOW F	AT/CHOL	ESTERO	L, CONTROLLED	CARBOH	YDRATE DIET		
FORTALEZA, PA	UL				(818) 325-2090		(818) 325-209
Attending Physicia	an's Name	04 600	нительту цирал	RIVERS IN	Telephone n	umber	Fax numbe
		6350 LA	UREL CANYON BLV	/D. #205 NO	RTH HOLLYWOOD	CA 91606	
Physician's Signatu	me	Physic	cian's Address				UPIN
		1 hysic	Jun 3 Auur ess				CILIT
NON STERILE GLOVES.	ALCOHOL SWAI	BS, DIABETIC S	SUPPLIES (GLUCOMETER, S	SYRINGES, CHA	MSTRIPS, LANCETS, SHA	RPS CONTAINE	R), UNDERPADS, BATHBE
Supplies, Equipme	ent Needed	(Specify I	tems), DME				The state of the s
SILVA MEKSERE	F.IIAN/Ore	lere read	hack/confirmed)	11		09/17	7/19

		Н	OME HEAL	TH CERTIFIC	ATIO	N AND PLAN C	F CA	RE			
1. Patient's HI Cli 5484339			f Care Date	3. Certification P		-11/16/2019		edical Record			ovider No.
15044 MA	e and Address AN, OGANES GNOLIA BLVD. Oaks, CA 914		8-481-661		7. P PR 67 St	rovider's Name, Addre OMINENT HOME 42 Van Nuys e. 104 N NUYS, CA S	E HEA	ALTH CA		F	818-666-715 818-638-168
8. Date of Birth	01/11/193	6	9. Sex	M 🔲 F	10.	Medications: Dose/Fre	quency	/Route (N)ev	(C)hanged		
11.ICD-10-CM G89.4 12. ICD-10-CM	Principal Diagnosis Chronic pai Surgical Procedure				+	Acetaminophen every 6-8 hou Atorvastatin daily	40 mg	s needed g 1 tab	d for pai let by mo	nuth	
13. ICD-10-CM M13.0 I11.9 E11.40 G30.1 F02.80 F32.0	Other Pertinent Diago Polyarthrit Hypertensiv Type 2 diab Alzheimer's Dementia in Major depre	is, under the second control of the second c	t disease ellitus w se with l iseases c disorder,	09/18/19 09/18/19 09/18/19 09/18/19 09/18/19		Sertraline 25 Quetiapine 20 Gabapentin 30 every 8 hours Aspirin 81 mg Please See 48	0 mg 0 mg as r 1 ta	1 table 1 capsumeeded : ablet by	at by mou le by mo for pain y mouth d	th douth	aily
	oplies: NON-STERI: CONTINENCE SU			L		Safety Measures: UN RECAUTIONS, SA					BETIC
18.A. Functional I	on dder (Incontinence)	5 Para 6 X End 7 X Amb	alysis 9 [lurance A [bulation B [x	Legally Blind Dyspnea Other (Specify) OB w mod/exe, por	18.B 1 2 2 3 or 4	Allergies: None k L Activities Permitted Complete Bedrest Bedrest BRP X Up As Tolerated Transfer Bed/Chair	6 F 7 F 8 F		ight Bearing ent At Home	A [B [C]	Wheelchair Walker No Restrictions Cother (Specify)
19. Mental Status		1 🗆		visio	0 [X Exercises Prescribe		1		Assist	with ADLs/IADLs
19. Mental Status		1 X Orie	_	Forgetful Depressed	5 L	Disoriented Lethargic	7 L 8 X	Agitated Other	Anxious/conf	fused at	times
20. Prognosis		1 Poo		Guarded	3 [X Fair	4	Good	7 marous com	5 [Excellent
Skilled N REFERRAL Lab work: SKILLED O 1) Muscul ADLs; Chr joint sti 2) Cardio periphera headache, 3) Endocr Diabetes (current) 4) Neurol 22 Goals/Rehabil Within ce 1. Patien achieved	scipline and Treatment- cient to Promi fursing: 2w2, PLAN: PHYSICA Per MD order BSERVATION & oskeletal states onic pain syn ffness, crepi evascular states or crepi evascular states of crepi evascular	1w7; L THERA . ASSESSM tus: pa drome; tus: foc ; s/s r izzines lood su as blu hypogly tatus:: rge Plans ariod: l goals	ENT ON ALI in level a s/s relate using on v elated to s. gar level, rred visio cemic drug motor and (controll	BODY SYSTE and control, and to Polyar wital signs Hypertensio s/s of hyp an, polyuria s. sensory imp	MS W. mob: thrift and I model of the control of the	ITH EMPHASIS of ility, weakness tis, such as is BP trends, broch as high blocemia/hyperglyphagia, polyent, psychosocial ADLs, reduce	ON: ss an joint eath cood p ycemi ydips cial	sounds, pressure a; s/s sia; Lon	dyspnea dyspnea , severe related g term	rformelling, and	n ng,
	t/PCG will der			nce with me	dicat	sjons.	_		25. Date H	HA Rec	seived Signed POT
24. Physician's N. FORTALE. 6350 LA North Ho	ame and Address ZA, PAUL UREL CANYON ollywood, CA	PHYSIC BLVD. 9160 Fa	IAN #2CNPI: 1 6, 818-32 ax: (818)	336368190 5-2090 325-2092	A face of car certify midw	e, was related to the primary ring physician, a physician, w	patient is e supy or cor s plan of co occurred reason the rith privile certifying	are and will peri no more than 90 patient requires gges, NP in colla physician who	er home and needs i ecupational therapy odically review the days prior to or wit home health servic horation with certify cared for the patient	intermitte y. This par e plan. thin 30 da es, and w ying physi t in an acc	nt skilled nursing care, itent is under my care, and I ys after the home health start as performed by either the
27. Attending Phy	sicians Signature and	Date Signed	(Signature ap	olies to all Pages)	28.	Anyone who misrepresen payment of Federal funds applicable Federal laws.					

Provider

Form CMS 485

ADDENDU	ADDENDUM TO: X PLAN OF TREATMENT			MEDICAL UPDATE			
 Patient's HI Claim No. 548433916M 	2. Start Of Care Da 09/18/201		n Period /2019 -11/16/201	4. Medical Record No. 000000066-001	5. Provider No. 553133		
6. Patient's Name and Address DERVISHIAN, OGANES 15044 MAGNOLIA BLVD. Sherman Oaks, CA 914	#11		7. Provider's Name, Ad	dress, and Telephone Number ME HEALTH CARE s Blvd.	818-666-7154 F:818-638-1684		
10. Medications cont Hydralazine 25 mg Losartan 100 mg 1 Carvedilol 12.5 m Memantine 10 mg 1 Esomeprazole 40 m Tolterodine 4 mg Janumet 50/500 mg	1 tablet by tablet by mog 1 tablet by mog 1 tablet by mog 1 capsule by 1 capsule by	outh daily mouth twice outh twice dai y mouth daily mouth daily	daily				
	ng term (curr	ent) use of a		09/18/2019 09/18/2019			
14. DME and Supplies SUPPLIES (GLUCOME		, CHEMSTRIPS,	LANCETS, SHARPS C	CONTAINER), BATHBENCH,	, CANE		
15. Safety Measures (SKIN/FOOT CARE PR CONTROL MEASURES,	ECAUTIONS, SA		E, SAFE USE OF BAT	HBENCH, CLEAR PATHWAY	s, infection		
16. Nutrition Req. co FAT/CHOLESTEROL D							
as impaired judgm irritability, ner 5) GU/GI status: 6) Medication com Aspirin therapy s	mer's disease ent, incontin vousness, wit nutrition, hy pliance and e uch as unusua sistent/frequ , fall preven	as memory lo ence, persona hdrawn behavi dration, elim ffectiveness; l pain/swelli ent nosebleed tion.	ess and cognitive d ality change; s/s r .or. mination, incontine Long term (curren .ng/discomfort, unu	ecline; s/s related to elated to Depressive nce. t) use of aspirin; s/ sual bruising, prolor, , coughing up blood,	Disorder such as 's related to nged bleeding from		
SN TO PERFORM/TRA visit observing intensity and seven evaluate its effective blood sugar monitor blood in the service blood sugar monitor blood in the service blood in the servi	IN PCG/PATIEN infection cont erity of the ctiveness. oring done by sugar in asep further educ	T: VS: Temp/R rol measures, pain (scale p PCG. SN inst tic technique	safe/proper dispo pain from 0-10), im cruct patient/careg and with proper d	ry visit. BS (FBS or sal of sharps/needles plement pain relief material relief and validate the sisposal of sharps. How an agement, and regular	s. Check location measures and at PCG competent owever,		
and emergency act: 2. Pain relief me: changes, good bod; 3. Safety measure: 4. Energy conserved: 5. Medication reg: 6. Diet restriction 7. Fall precaution 8. Coping mechanic	s (r/t diagno tions to take. asures, inclu y alignment a s to observe ation techniq timen, purpose ons. sm, universal ting blood sug	ding pain med nd correct bo during transf ues, activiti , side effect precautions, ar monitoring	dication, relaxation dy mechanics. Mers/ambulation to es as tolerated with a sand compliance to the sand complian	f exacerbation/potent n techniques, frequer prevent fall/injury. th planned rest perio o medication regimen. emergency actions to c technique, proper of	at position ods.		
Signature of Physician		1.	(Signature a	applies to all Pages)	10. Date		
11. Optional Name/Signature of Nurse/Ti	herapist /	Mi	Provider		12. Date 9./7./9 Page 2 of 4		

	ADDENDU	ито: х	PL	AN OF TREA	TMENT		MEDICAL UPDAT	E
1. Patie	nt's HI Claim No.	2. Start Of Care Date		3. Certification Peri	od	4. N	Medical Record No.	5. Provider No.
	8433916M	09/18/201	9	09/18/20:	19 -11/16/2019	_	000000066-001	553133
DER	nt's Name and Address VISHIAN, OGANES 44 MAGNOLIA BLVD. rman Oaks, CA 9140		6610		7. Provider's Name, Addre PROMINENT HOME 6742 Van Nuys Ste. 104 VAN NUYS, CA 9	Blv	EALTH CARE	818-666-7154 F:818-638-1684
_	10. High alert med	dications, imp	porta	nce of takin				
	11. Bleeding precableeding from cuts vomiting blood.							
	SN TO REPORT TO PM not relieved with mg/dl or above 400 hyperglycemia. SBE 50mmHg with s/sx of SOB/dyspnea not re 14/min and greater fall/injury incide Aspirin therapy.	pain medicat:) mg/dl, unler ? greater than of Hypertensivelieved with: than 24/min	ion, ss sp n 160 ve cr rest, . Rep	Blood Sugar ecified by a mmHg and les isis; HR: le mucus produ ort to MD re	: FBS less 60 mg/ attending physics as than 90mmHg; I ass than 60/min a action, fever (T- agarding any sign	dl ian, OBP and -100 nifi	or above 300 mg/s symptomatic of 3 greater than 100 greater than 100 0.0F), cyanosis, 3 cant change in c	d1, RBS less 60 hypo/ mmHg & less than /min. Increasing RR: less than linical status,
	PT: Evaluation and provision of thera exercises, gait/tr body mechanics; fr	peutic/strend cansfer train	gthen ing,	ing exercise	es, balance/coord , PCG education of	dina on h	ation training, monome exercise pro-	obility/ROM
22.	Goal/Rehabilitati	on Potentia	l/Di	scharge Pla	ins continued			
	3. Within 4-6 week improved pain controlled at acced. Within 6-8 week within normal parabreath sounds, and 5. Within 6-8 week stabilizing within prescribed diet/didiabetic skin/foot 6. Within 6-8 week will verbalized ref. Patient will not falls/injuries/ble 8. Patient will not pain/swelling/discipersistent/frequent 9. Patient will acstrength/endurance improved balance/c	is patient will real, mobility optable level as patient's a meters with a no s/s of its patient/PCG 70-200mg/dl abetic regime exam. Its patient will duce s/s of a develop any seding/ hospity thave any seconfort, unusual nosebleeds whieve PT goals, ability to coordination.	ll sh of l cardi c	ow improvement of joint pain 1 1 2 1 0 ovascular control the range of the rang	ent in musculoske, ability to perform the performance of the performance of the independence which the independence where the independence we demonstrate known the performance of the p	formabile with mia, mowl cal/ cal/ cal/ city continues to the continues to	a ADL. Patient will lize as evidenced and 60-90 mmHg di a DM care with para will demonstrate edge of regularly mental condition sations. No merapy such as uni from cuts or gur miting blood. Thome exercise position or without as	by vital signs iastole, clear tient's BS e compliance to y perform , patient/PCG usual as, cogram, improved ssistive device),
	function. DISCHARGE PLAN: Disupervision, under							appointments and
		-				. 1	au and a	
1400000	DISCHARGE SUMMARY	WILL BE AVAI	LABLE	FOR PRIMARY	CARE PHYSICIAN			
99.	Item 99 VITAL SIGNS UPON E F; Radial pulse: 8			-				
	Confined to home (Criteria- One: 1. Because of illn wheelchairs, and worder to leave the Criteria- Two:	ness or injury	ise o	f special tr				
					101			10 Date

9. Signature of Physician

(Signature applies to all Pages)

10. Date

11. Optional Name/Signature of Nurse/Therapist

Provider

Page 3 of 4

ADDEND	UM TO:	PLAN OF TREA	TMENT	MEDICAL UPDA	TE .
1. Patient's HI Claim No.	2. Start Of Care Date	3. Certification Period	od	4. Medical Record No.	5. Provider No.
548433916M	09/18/2019	09/18/201	19 -11/16/2019	000000066-001	553133
6. Patient's Name and Address DERVISHIAN, OGANES 15044 MAGNOLIA BLVI Sherman Oaks, CA 91		10	PROMINENT HOME 6742 Van Nuys Ste. 104	Blvd.	818-666-7154
Sherman dans, CA 32	1405, 010 401 00		VAN NUYS, CA 9	1405-4611	F:818-638-1

1. There must exit a normal inability to leave home (pain, unsteadiness on feet, confused).

2. Leaving home must require a considerable and taxing effort.

RISK FACTORS/HOSPITAL ADMISSION/EMERGENCY ROOM:

Reported or observed history of difficulty complying with any medical instructions (medications, diet, exercise, safety measures) in the past 3 months; Currently taking 5 or more medications; Currently reports exhaustion.

Actions:

- -PT/PCG education, medications reconciliation every SN visit.
- -Teach actions and side effects of medications, disease process, s/s of exacerbation of chronic illness, assess Pt`s ability, knowledge, resources, adhere.

FULL CODE

DNR PHYSICIAN ORDERS-NONE

Power of Attorney/Advance healthcare directive - NONE

SAFETY CONCERNS/FUNCTIONAL LIMITATIONS: Patient is at risk of fall due to multiple risk factors, including, age, sensory deficit and physical limitation, medications and health condition affecting oxygenation and perfusion. Patient/PCG has insufficient knowledge regarding disease process, medications and safety at home.

FALL PREVENTION MEASURES ARE INITIATED.

MAHC 10 FALL RISK ASSESSMENT: TOTAL SCORE 8

AGENCY MAY CARRY OUT ORDERS COMING DIRECTLY FROM MEDICAL PRACTITIONER (MD, DO, DDM) WHO MAY BE

INVOLVED IN THE CARE OF THE PATIENT.

EMERGENCY TRIAGE CODE: MEDIUM

EMERGENCY CONTACT: Garry

RELATIONSHIP: son Phone: 818 481 6011

SN TO EDUCATE PATIENT/PCG ON FALL PREVENTION STRATEGIES SPECIFIC TO AREAS OF RISK AND TO MONITOR AREAS OF RISK TO REDUCE FALL

POC AND ALL HEALTH CARE INSTRUCTIONS/CONSENTS INTERPRETED FOR PATIENT BY RN

Signature of Physician	, 1	(Signature applies to all Pages)	10. Date
11. Optional Name/Signature of Nurse/Therapist	Chris		12. Date 9. 17.19
Form CMS 487	5	rovider	Page 4 of 4