

backrooms-level-zero-ue5-game-dev

Project Description – Backrooms Level Zero (Unreal Engine 5)

Backrooms Level Zero is a short, atmospheric first-person exploration experience built in **Unreal Engine 5**, inspired by the iconic liminal space known as *The Backrooms*. The project focuses on environmental storytelling, mood, and immersion rather than traditional gameplay mechanics, recreating the unsettling feeling of endless, monotonous corridors.

Core Concept

The player is placed inside a vast, enclosed maze of yellow wallpapered rooms with humming fluorescent lights, worn carpet, and subtle environmental details. There are no objectives, enemies, or HUD elements—only the act of wandering, listening, and absorbing the oppressive atmosphere. The experience is designed to evoke unease through repetition, isolation, and sensory distortion.

Key Features

Environment & Level Design

- 40×40 meter playable space with 4-meter-high walls
- Maze-like internal layout using modular wall segments
- Exterior boundary walls to fully enclose the level
- Ceiling grid with evenly spaced fluorescent light fixtures
- Minimalistic geometry to emphasize liminal emptiness

Materials & Visual Style

- Custom murky yellow wall material inspired by Level Zero
- Procedural carpet material using noise textures
- Wallpaper material with subtle pattern variation
- Ceiling tile material with grid scaling
- Matte surfaces to avoid unrealistic shine

Lighting & Atmosphere

- Emissive ceiling light panels for fluorescent lighting
- Manual exposure control using a global Post Process Volume
- Carefully tuned brightness for a gloomy, washed-out look
- No natural light sources (no sun/sky lighting)

Post-Processing Effects

- Subtle bloom for light bleed
- Chromatic aberration for old-camera lens distortion

- Film grain for analog/VHS-style noise
- Dirt mask for lens grime and age
- Fixed exposure to prevent brightness shifting

Player Experience

- First-person movement with reduced walking speed
- Adjusted camera height for realistic perspective
- Continuous procedural camera shake to simulate nervous motion
- No visible player body or hands for immersion

Audio Design

- Constant looping VHS static ambient sound
- Positional eerie sound triggered near graffiti
- Audio spatialization for environmental depth

Environmental Storytelling

- Single graffiti decal to break repetition
- Sound trigger linked to visual landmark
- Encourages exploration and curiosity without guidance

Technical Highlights

- Built using Unreal Engine 5 First Person template
- Modular assets created with UE5 Modeling Tools
- Clean project organization (Levels, Materials, Sounds, Megascans, Generated assets)
- Optimized for Windows PC distribution
- Shipping build configuration for performance and smaller size

Controls

- **WASD** – Move
- **Mouse** – Look around
- **Q / Escape** – Quit game
- **F11** – Fullscreen (during play)

Target Audience

- Fans of liminal spaces and Backrooms lore
- Indie horror and atmospheric exploration enthusiasts
- Developers learning environment design, lighting, and post-processing in UE5

Backrooms Level Zero demonstrates how minimal gameplay elements, when combined with strong lighting, sound design, and post-processing, can create a deeply unsettling and memorable experience.

Development Documentation

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PROJECT SETUP

Creating New Project

- Launch Unreal Engine 5 editor
- Select **Game** section
- Choose **First Person** template
- Settings to use:
 - Desktop maximum quality
 - No starter content
 - No ray tracing
- Name the project (example: "BackroomsLevelZero ")(no underscore)
- Click Create
- Click Dismiss on plugins dialog
- Click Update on project files out of date notification

Creating New Level

- Go to File menu → New Level
- Choose **Basic Level** template
- Click Create
- This provides sky, atmosphere (temporary for lighting), and floor

Viewport Navigation Controls

- Hold right mouse button and use:
 - **W** - Move forward
 - **S** - Move backward
 - **A** - Move left
 - **D** - Move right

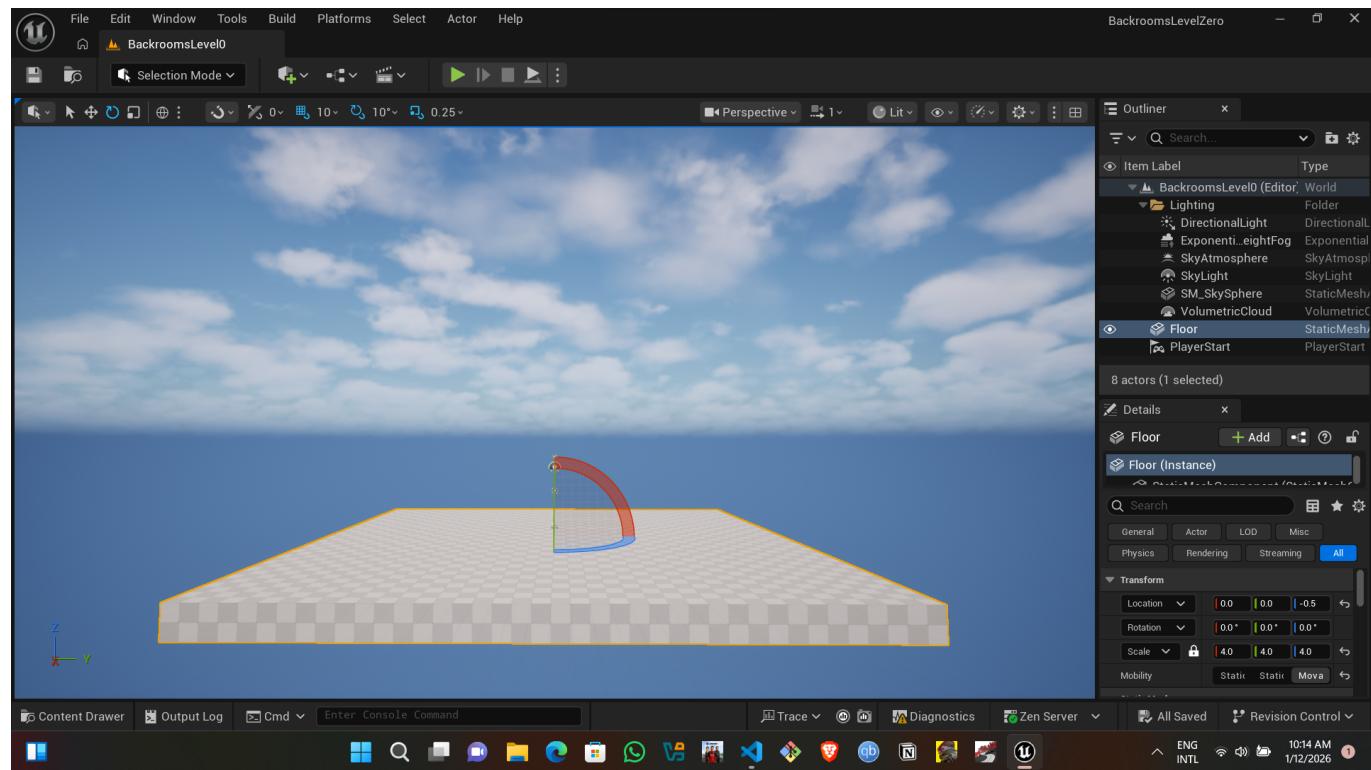
- **Q** - Move down
- **E** - Move up

Setting Floor Size

- Select floor in viewport (also shows in outliner panel)
- Check Details panel for scale
- Default scale: 8x8 (each unit = 10 meters)
- Click lock button to change all axes together
- Change to **4** for 40 square meter room (4x4 scale)
- Press **F** to focus/frame selected element in viewport

Saving the Level

- Click Save button (top shows "untitled" with asterisk)
- Right-click in project folder → Create New Folder
- Name folder: "levels"
- Double-click into folder
- Name level: "BackroomsLevel0" (no spaces allowed)
- Click Save



UE HEAVY USAGE FIX

- Open your Unreal Engine project
 - In **Outliner**, select **VolumetricCloud**
 - Press **Delete**
-
- In **Outliner**, select **SkyAtmosphere**

- Press **Delete**
-

- In the viewport (top-right):
 - Click **Lit**
 - Select **Unlit**
-

- Go to **Edit** → **Project Settings** → **Rendering**
 - Set **Global Illumination Method** → **None**
 - Set **Reflection Method** → **Screen Space**
 - Restart Unreal Engine
-

- Go to **Edit** → **Project Settings** → **Rendering**
 - Set **Shadow Map Method** → **Shadow Maps**
-

- Save project
 - Restart Unreal Engine
-

CREATING EXTERIOR WALLS

Using Modeling Tools

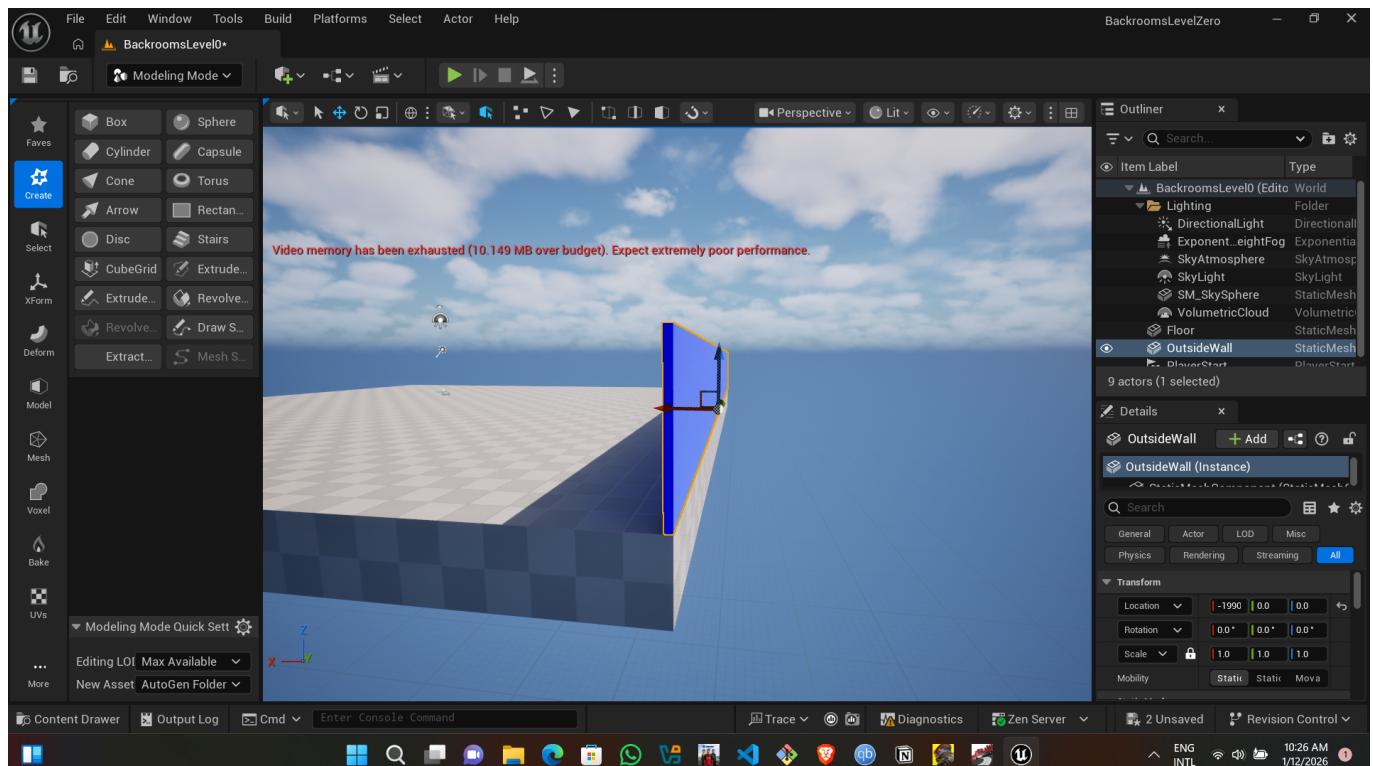
- Click "Select Mode" at top → Choose **Modeling** mode
- Go to bottom gear icon → Settings:
 - Change Asset Generation Location to **Global Asset Path**
 - Untick "Per User Autogen Subfolder"
 - This saves all created items to "generated" folder at project top level
- Close settings

Creating First Wall

- Click **Box** shape tool
- Set dimensions:
 - **Width:** 4000 cm (40 meters - matches floor)
 - **Depth:** 20 cm (wall thickness)
 - **Height:** 400 cm (4 meters high)
- Assign temporary material:
 - Type "blue" in material search
 - Select any blue (example: "Adam Sharing Blue")
 - Note: Must have "Show Engine Content" and "Show Plugin Content" enabled in settings
- Drag box to viewport edge near front
- When positioned, click **Complete** button
- Press **F** to zoom in and check alignment
- Use arrows to adjust position if needed

Naming the Wall

- Select wall in outliner
- Press **F2** to rename
- Name: "OutsideWall"
- Press **Ctrl+Space** to open content browser
- Navigate to "generated" folder
- Find wall, press F2, rename to "OutsideWall"
- Press **Ctrl+Space** again to close content browser



Creating Remaining Three Walls

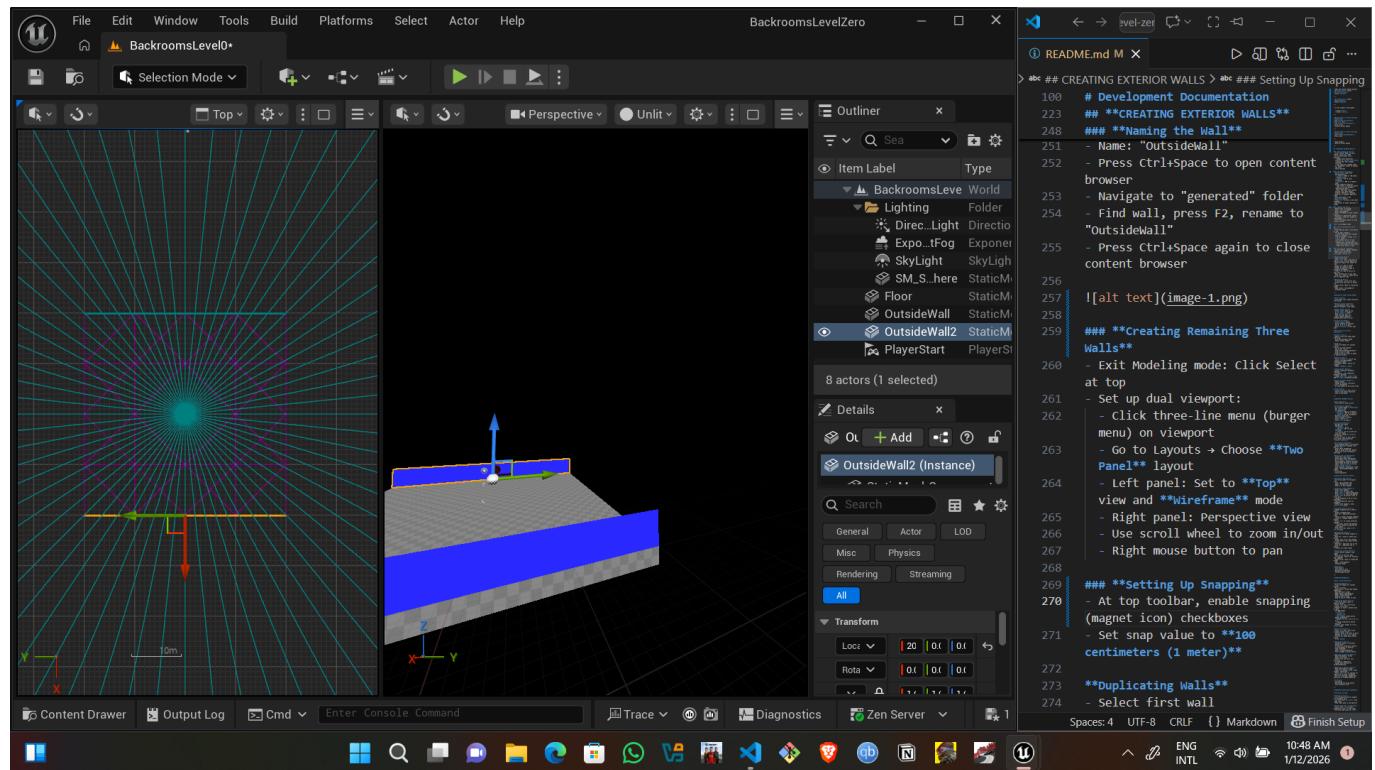
- Exit Modeling mode: Click Select at top
- Set up dual viewport:
 - Click three-line menu (burger menu) on viewport
 - Go to Layouts → Choose **Two Panel** layout
 - Left panel: Set to **Top** view and **Wireframe** mode
 - Right panel: Perspective view
 - Use scroll wheel to zoom in/out
 - Right mouse button to pan

Setting Up Snapping

- At top toolbar, enable snapping(magnet icon) checkboxes
- Set snap value to **100 centimeters (1 meter)**

Duplicating Walls

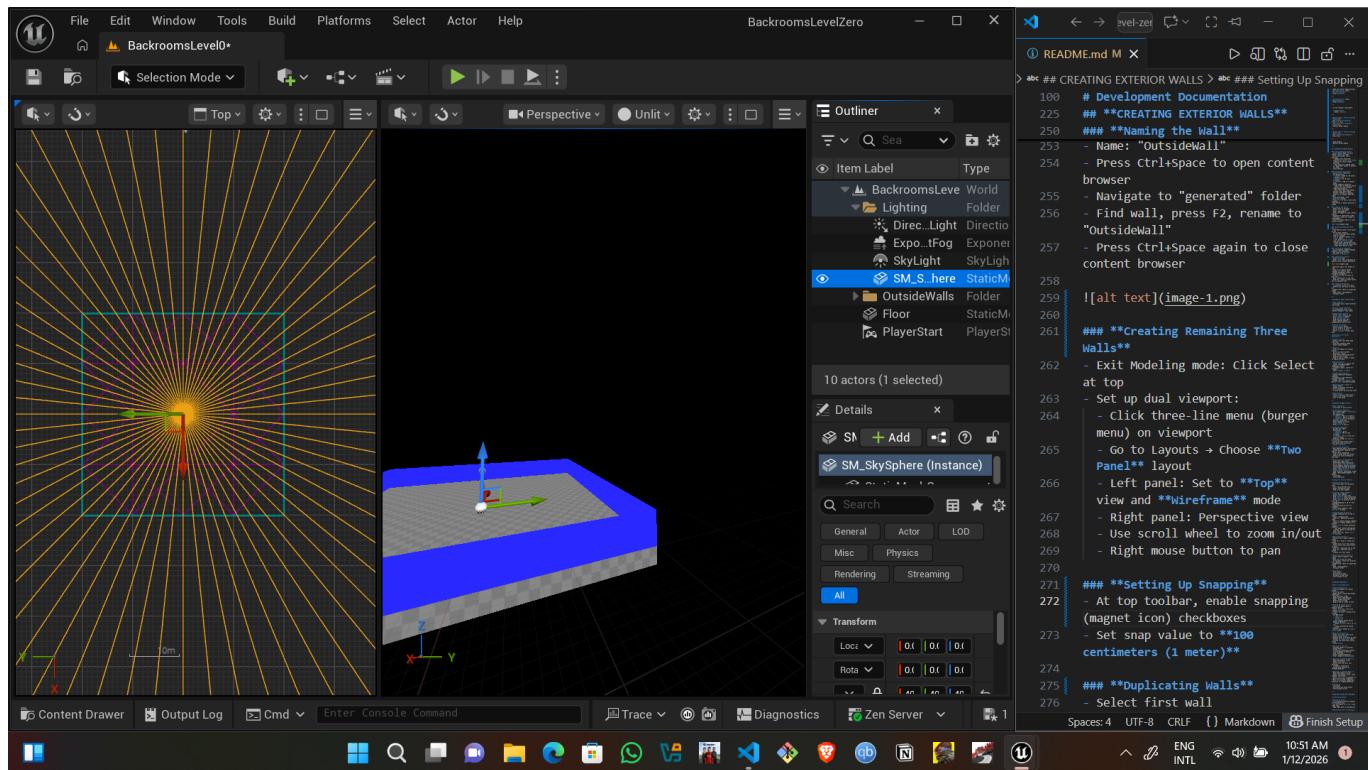
- Select first wall
- Hold **Alt** key + drag wall to opposite side (creates duplicate)



- Duplicate again into middle of room
- Press **E** key to rotate (changes to rotation tool)
- Rotate 90 degrees (snaps to 10-degree increments)
- Press **W** key to return to move tool
- Move rotated wall to one side
- Hold Alt + drag to create fourth wall on opposite side

Organizing Walls

- In outliner, click first wall
- Shift+click last wall to select all
- Right-click → Move to Create New Folder
- Name folder: "OutsideWalls"
- Collapse folder



SETTING UP FIRST PLAYER VIEW

Save Project

- Click Save icon (remove asterisk from title)

Restore Single Viewport

- In perspective view, click "Restore Viewport" (top right)

Adding Player Start

- Click **Add** menu at top
- Go to **Basic** submenu
- Find **Player Start**
- Drag and drop near wall
- Small capsule appears - automatically pins to floor

Testing Play Mode

- Click **Play** button
- Click viewport to activate
- Use W, A, S, D to move
- Press **Escape** to exit play mode

Modifying First Person Character

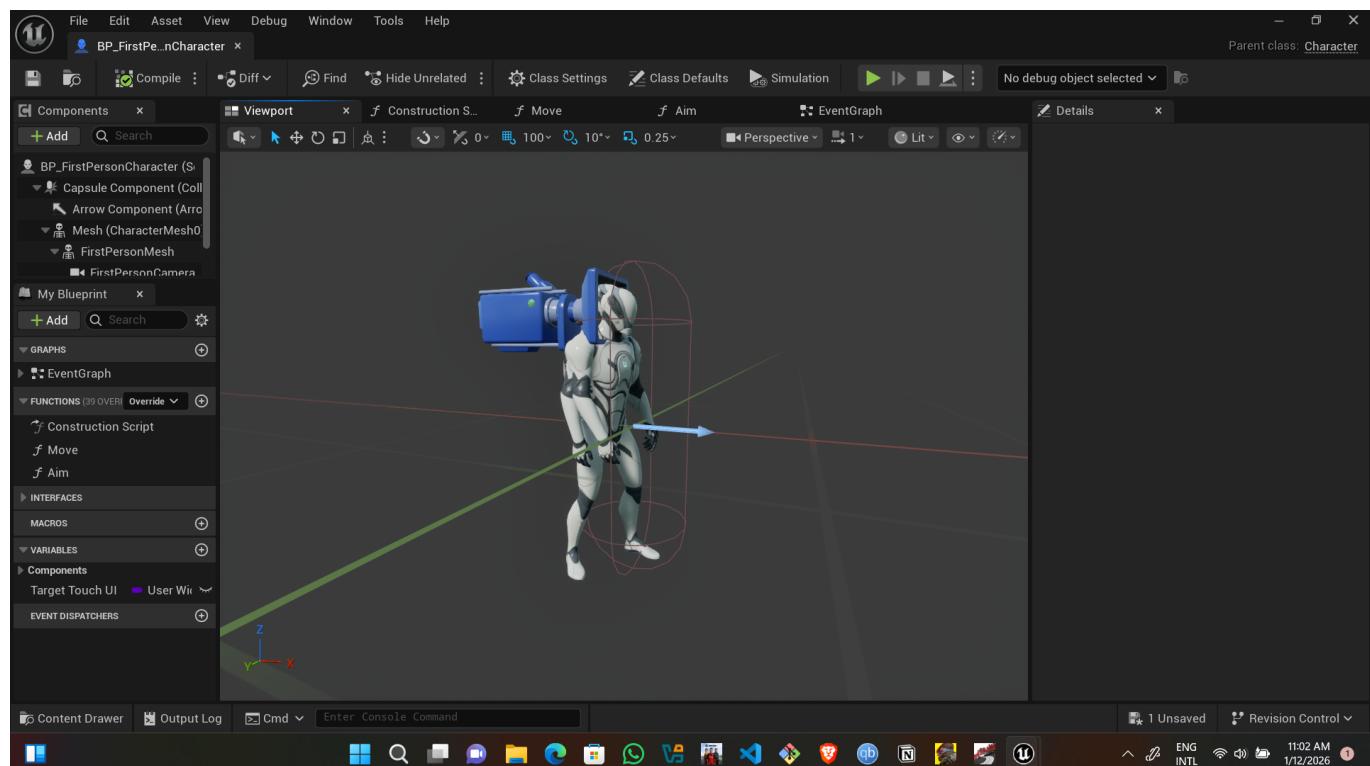
Issues to Fix:

- Remove crash test dummy hand from view

- Slow down movement speed
- Adjust camera height

Steps:

- Press Ctrl+Space for content browser
- Go to top level Content
- Search for "first"
- Find "BP_FirstPersonCharacter"
- Double-click to open
- Drag to top of screen if opens in separate window



Removing Hand:

- Click **Viewport** tab at top
- Select "FirstPersonMesh" (highlights hands)
- In Details panel, search for "hidden"
- Check **Hidden in Game**

Changing Walk Speed:

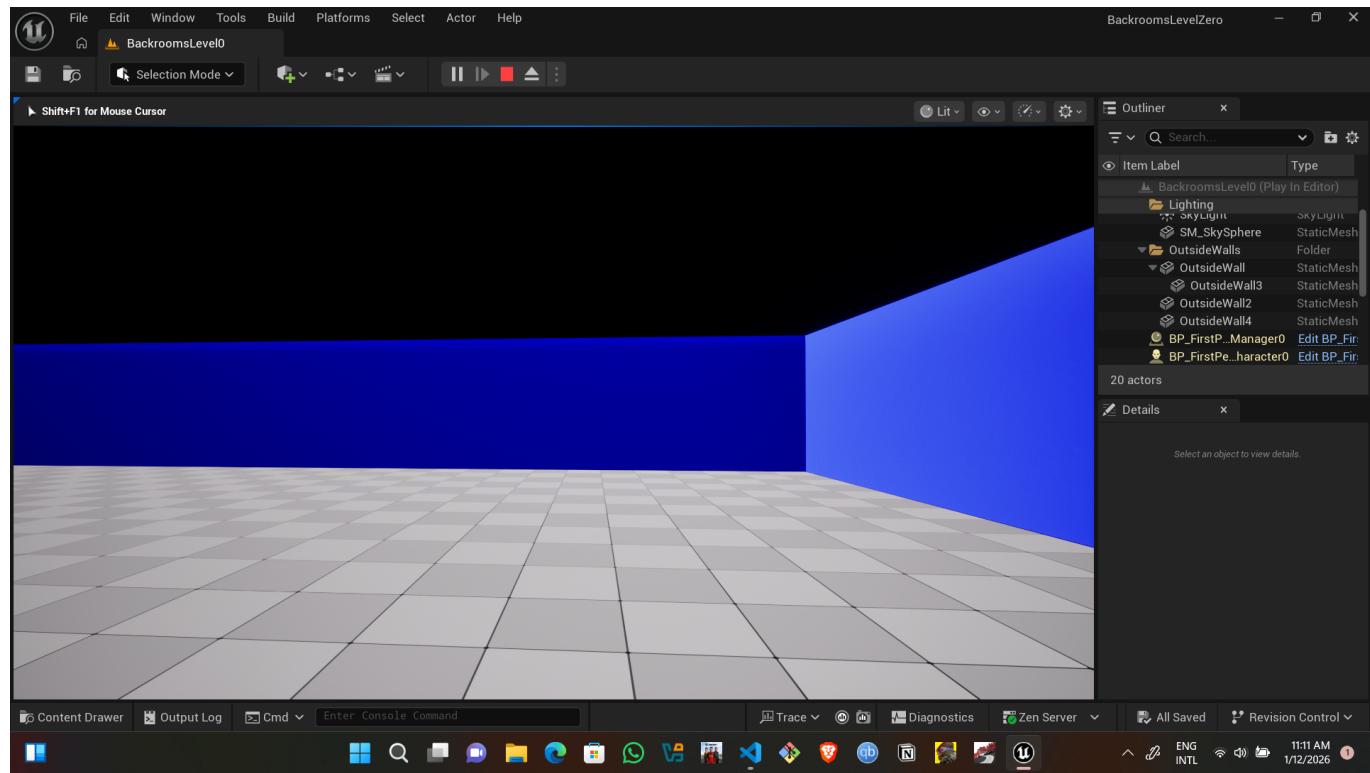
- Select "Character Movement" component
- In Details, find "Character Movement: Walking"
- Change **Max Walk Speed** from 600 to **200** centimeters/second

Adjusting Camera Height:

- Select Camera
- Change Z location from 60 to **120** centimeters
- Or drag camera up with blue arrow

Finalizing:

- Click **Compile** and **Save**
- Close first person character
- Test in Play mode



CREATING INTERNAL WALLS

Save Progress

- Click Save or press Ctrl+S

Creating Wall Segment

- Go to Select Mode → **Modeling**
- Use **Box** tool
- Set dimensions:
 - **Width:** 400 cm (4 meters)
 - **Height:** 400 cm (4 meters)
 - **Depth:** 20 cm (thickness)
- Material: Keep blue
- Place roughly in center
- Click **Complete**
- Press **F** to zoom in

Creating Baseboard

- Use Box tool again
- Dimensions:

- **Height:** 20 cm
- **Width:** 405 cm (5cm overhang)
- **Depth:** 25 cm (sticks out front and back)
- Material: Change to **green** for contrast
- Place in front of wall (don't worry about exact position)
- Click **Complete**

Positioning Baseboard

- Exit Modeling mode → Click Select
- Change position snapping from 100 to **10**
- Select Box2 (baseboard)
- Drag to align with wall bottom
- Should see 2.5cm overhang on each side

Merging Wall and Baseboard

- Select Box (main wall)
- Shift+select Box2 (baseboard)
- Go to Tools → **Merge Actors**
- Dialog appears showing two boxes
- Leave merge settings as default
- Check **Replace Source Actors**
- Click **Merge Actors**
- Save location: "generated" folder
- Name: "BackroomWallSegment" (no spaces)
- Click Save
- Close dialog box

Laying Out Internal Walls

Setting Up Dual View:

- Click top right for two-panel view
- Left: Top wireframe view
- Right: Perspective view
- Zoom in on wall segment

Creating L-Shape Segment:

- Select wall segment
- Press **W** for move tool
- Hold **Alt** + drag to duplicate
- Press **E** to rotate 90 degrees
- Press **W** to position next to first wall
- Change snapping to 10 for fine adjustment
- Check perspective view for alignment
- Select both segments, press **Ctrl+G** to group

Creating Group of Four:

- Change snapping back to 100 (1 meter)
- Select L-shaped group
- Hold Alt + duplicate multiple times
- Leave 1-2 meters between segments
- Create 4 L-shaped segments in a pattern
- Press **E** to rotate different segments:
 - Top right: Rotate 180 degrees
 - Others: Rotate as desired for maze layout
- Select all four, press **Ctrl+G** to group

Duplicating Groups:

- Position first group roughly in center
- Hold Alt + drag to create more groups
- Create full row of wall groups
- Select entire row, press **Ctrl+G** to group
- Hold Alt + duplicate row to top
- Hold Alt + duplicate row to bottom
- Creates full maze layout

Set Traps & Shortcuts

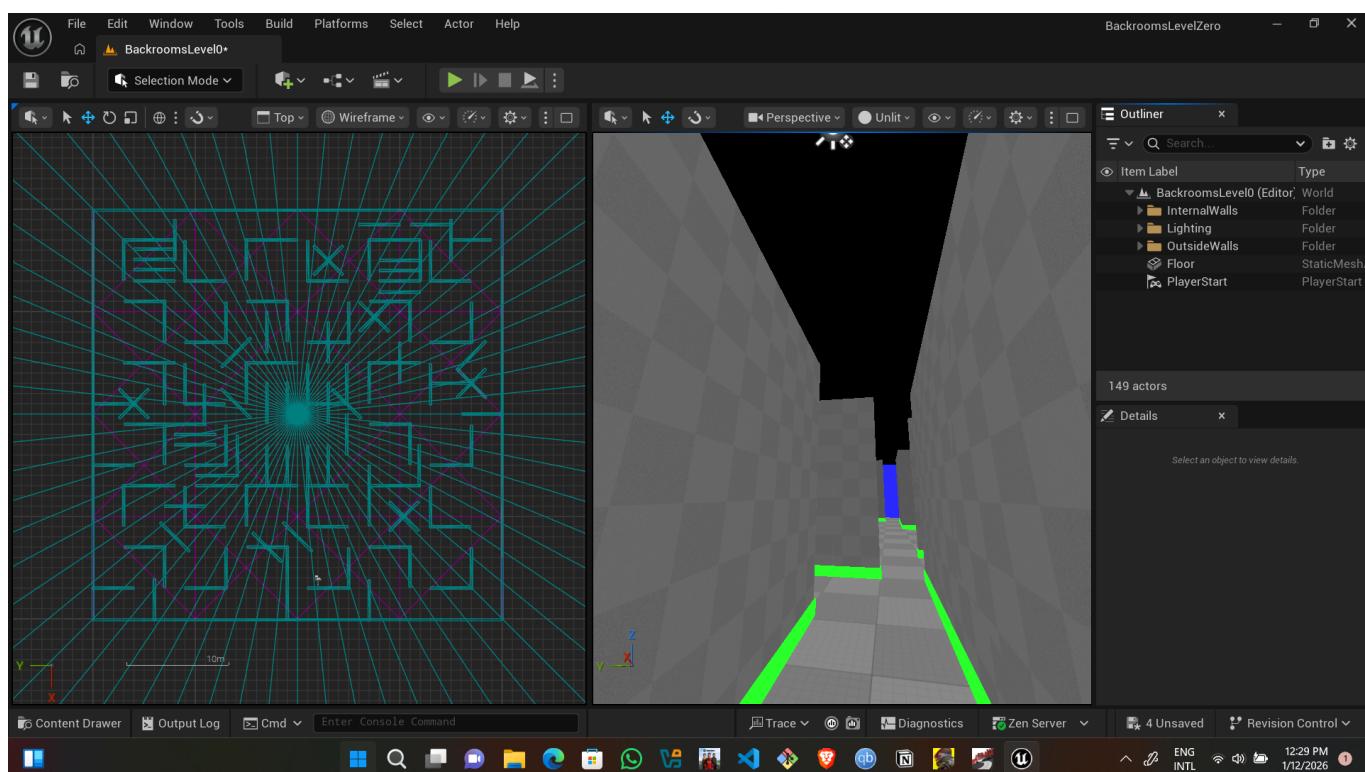
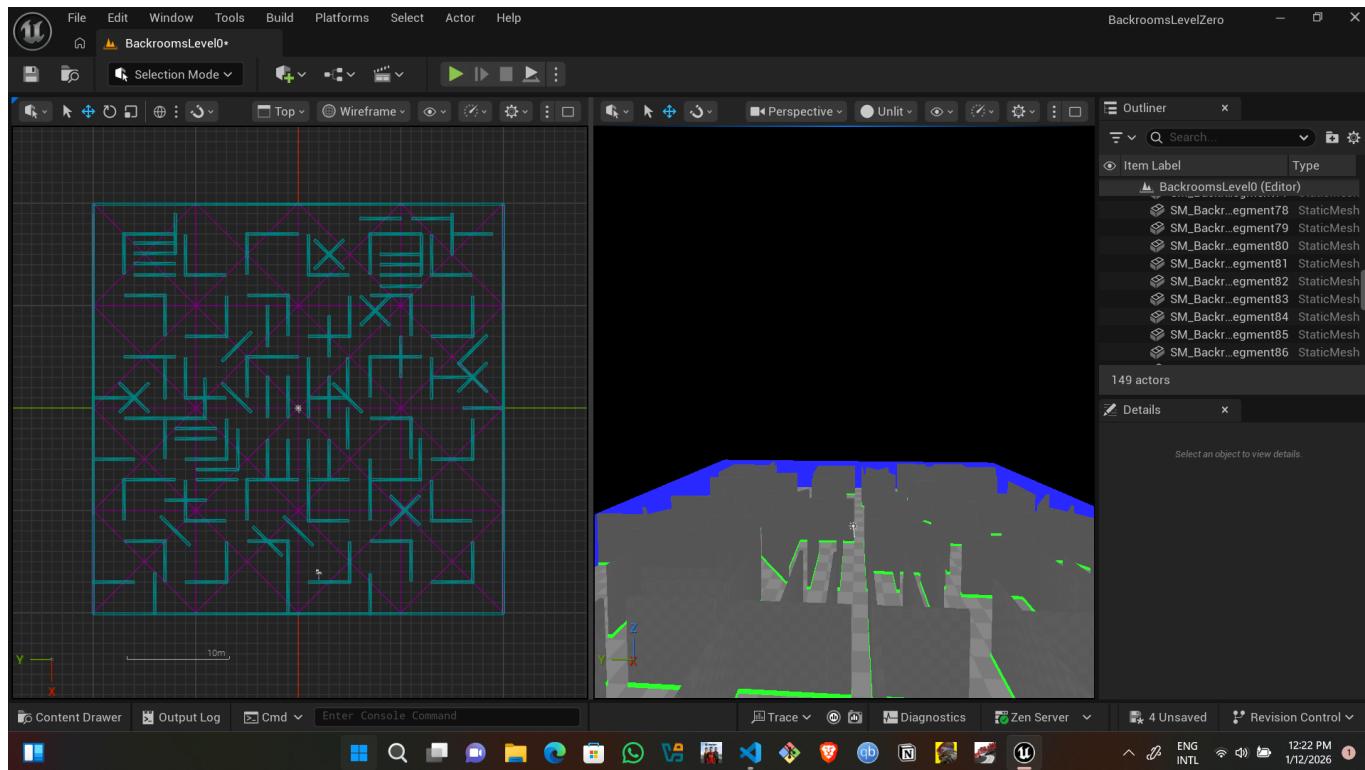
- Randomize Patterns
- Set Wall Stuck Traps
- Set Shortcuts
- Some Areas Suffocated
- Some Areas Wide
- Some Seem Similar But have Traps

Organizing Internal Walls:

- Click restore viewport (top right)
- Zoom out to see full maze
- In outliner, select all internal wall segments
- Right-click → Move to Create New Folder
- Name: "InternalWalls"
- Collapse folder

Testing:

- Save project
- Click Play to test
- Navigate through maze
- Press Escape to exit



CREATING MATERIALS

Basic Yellow Material

Creating Material:

- Press Ctrl+Space for content browser
- Go to top level
- Right-click → Create New Folder: "Materials"

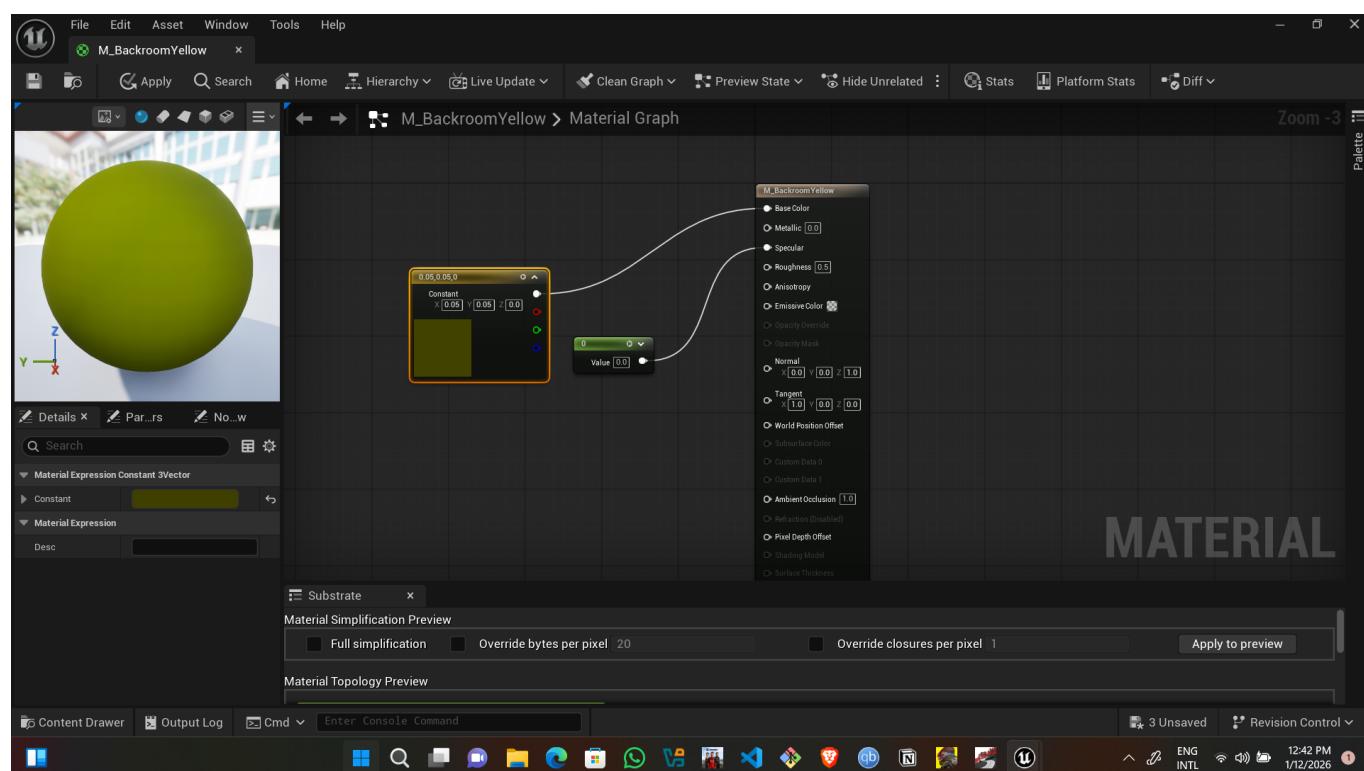
- Open Materials folder
- Right-click → New Material
- Name: "M_BackroomYellow"
- Double-click to open
- Drag to top of screen to dock

Setting Up Yellow Color:

- Left-click empty space in material graph
- Press **3** key + left-click (creates color node)
- Default is black - double-click to open
- Set RGB values:
 - **Red:** 1
 - **Green:** 1
 - **Blue:** 0
 - This creates bright yellow
- Reduce brightness:
 - Change **Value** from 1 to **0.05**
 - Creates murky/dirty yellow
- Click OK
- Connect color output to **Base Color** input

Removing Shininess:

- Press **1** key + left-click (creates scalar value)
- Default value is 0 (what we want)
- Connect to **Specular** input
- Preview now shows matte yellow finish
- Click **Save**



Applying to Floor:

- Collapse folders in outliner
- Select Floor
- In Details → Materials section
- Click dropdown on material
- Type "backroom"
- Select "M_BackroomYellow"
- Floor changes to murky yellow

Applying to Exterior Walls:

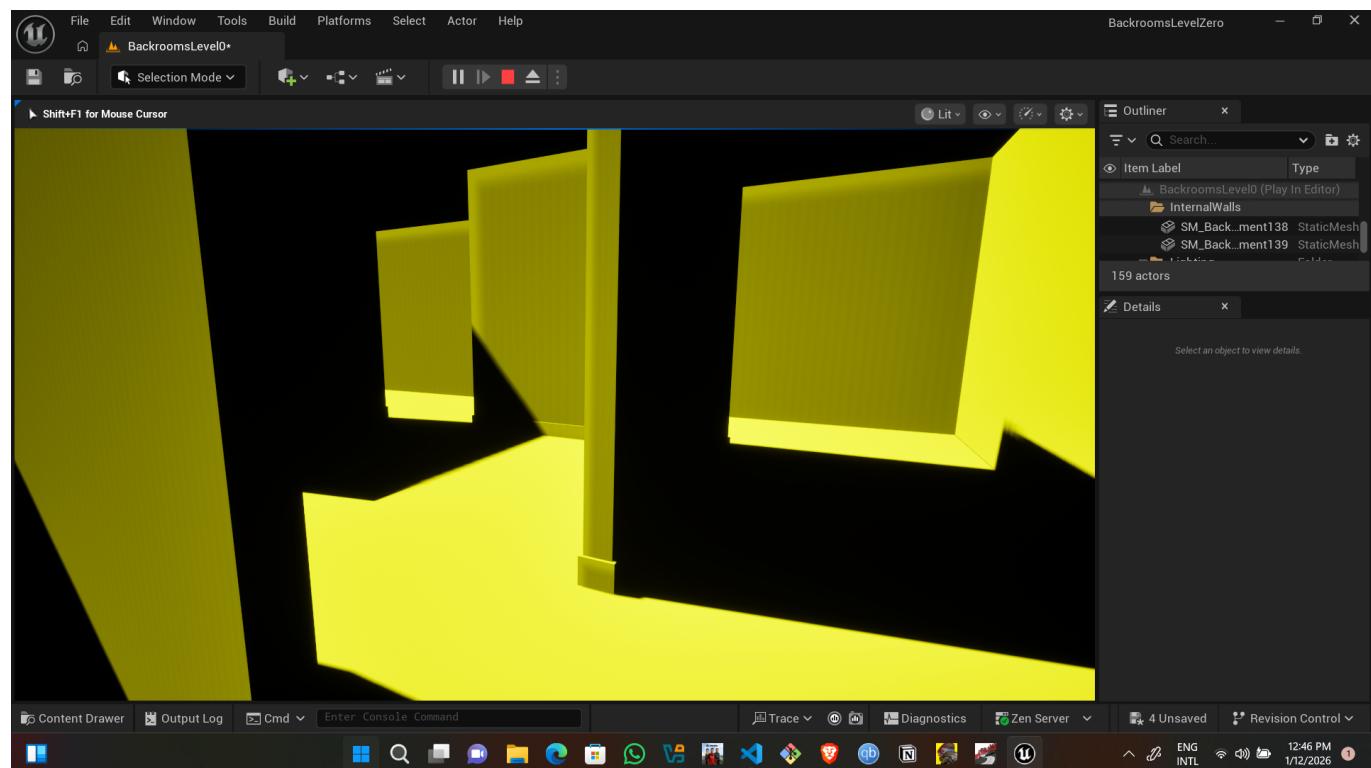
- Open OutsideWalls folder
- Select first wall
- Shift+click last wall (all selected)
- In Details → Materials
- Change blue material to "M_BackroomYellow"

Applying to Internal Walls:

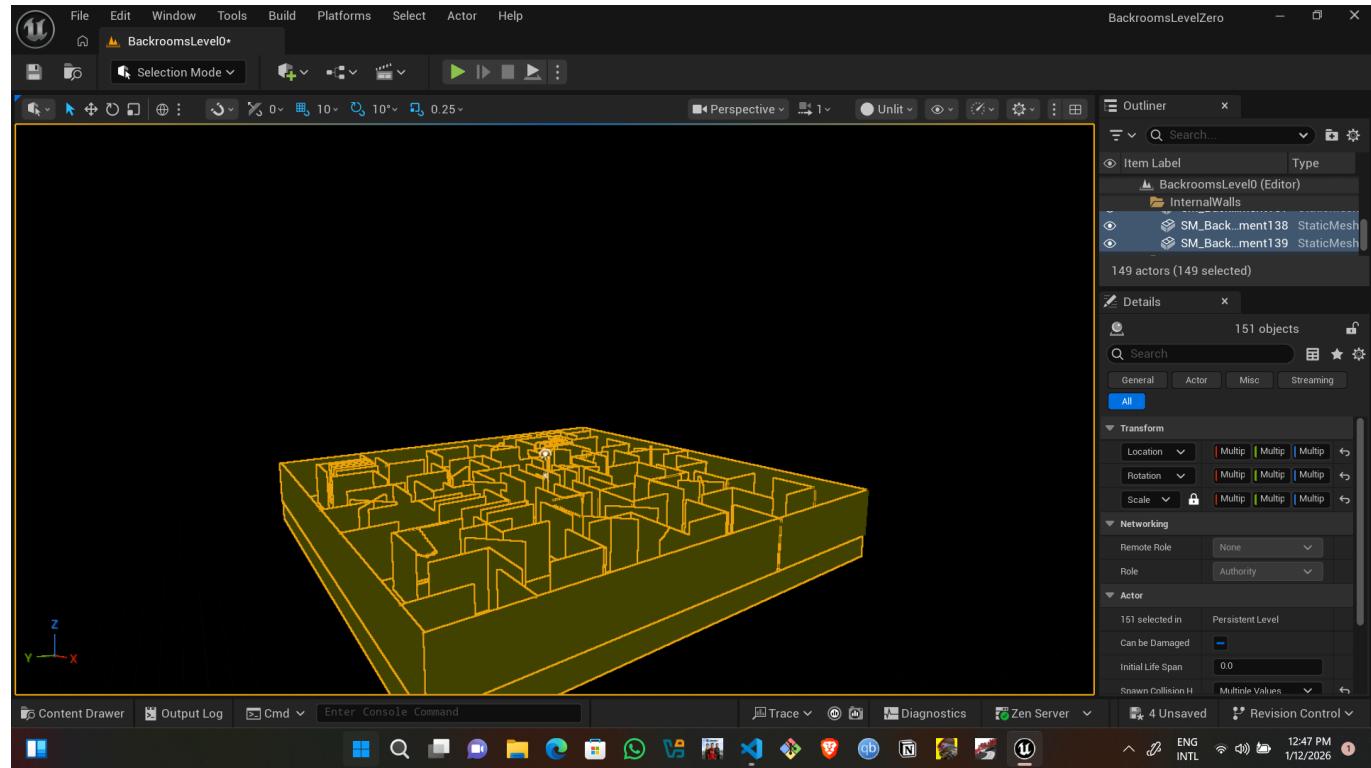
- Open InternalWalls folder
- Select all groups (first, shift+middle, shift+last)
- Press **Shift+G** to ungroup (or right-click → Group → Ungroup)
- With all selected, change both materials to "M_BackroomYellow"

Testing:

- Click Play
- Everything now murky yellow
- Press Escape to exit



CREATING CEILING AND LIGHTING



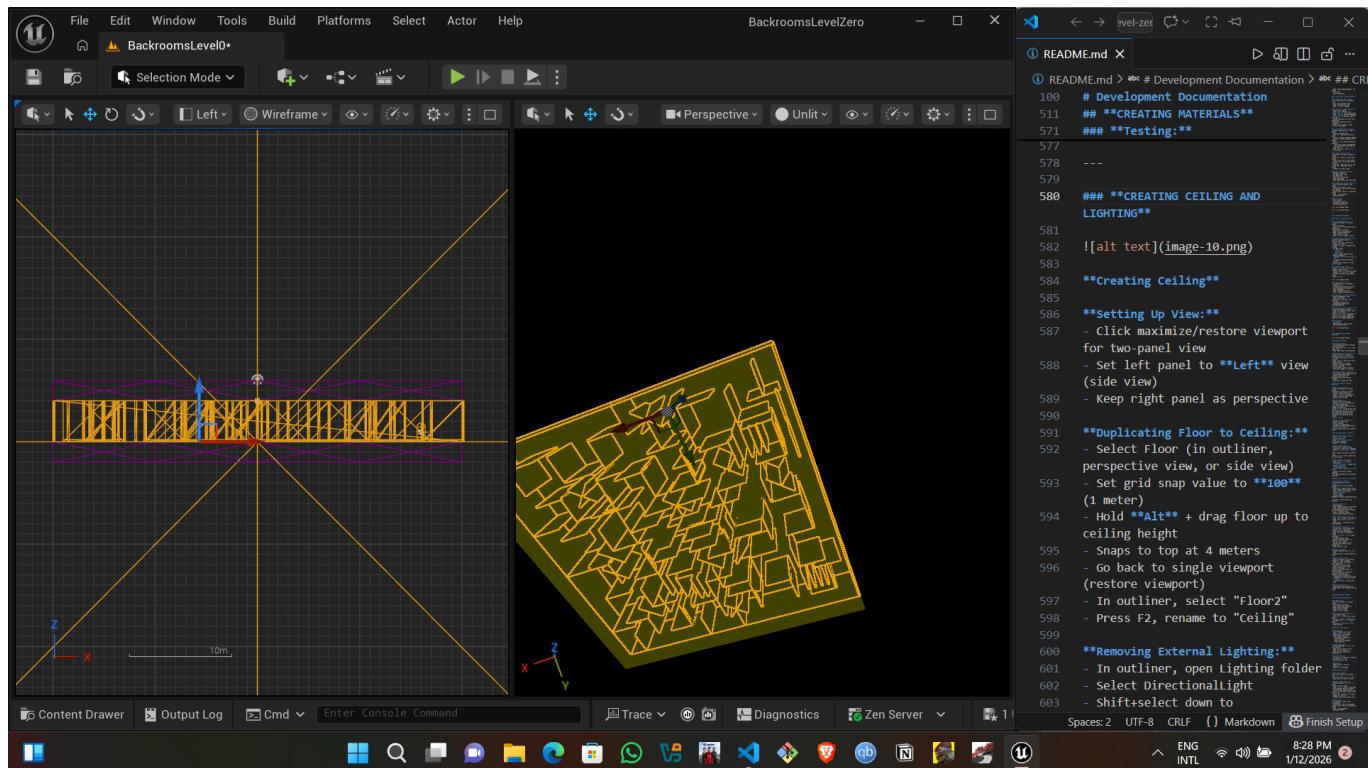
Creating Ceiling

Setting Up View:

- Click maximize/restore viewport for two-panel view
- Set left panel to **Left** view (side view)
- Keep right panel as perspective

Duplicating Floor to Ceiling:

- Select Floor (in outliner, perspective view, or side view)
- Set grid snap value to **100** (1 meter)
- Hold **Alt** + drag floor up to ceiling height
- Snaps to top at 4 meters
- Go back to single viewport (restore viewport)
- In outliner, select "Floor2"
- Press F2, rename to "Ceiling"



Removing External Lighting:

- In outliner, open Lighting folder
- Select DirectionalLight
- Shift+select down to VolumetricCloud (all items)
- Delete
- Scene goes completely black

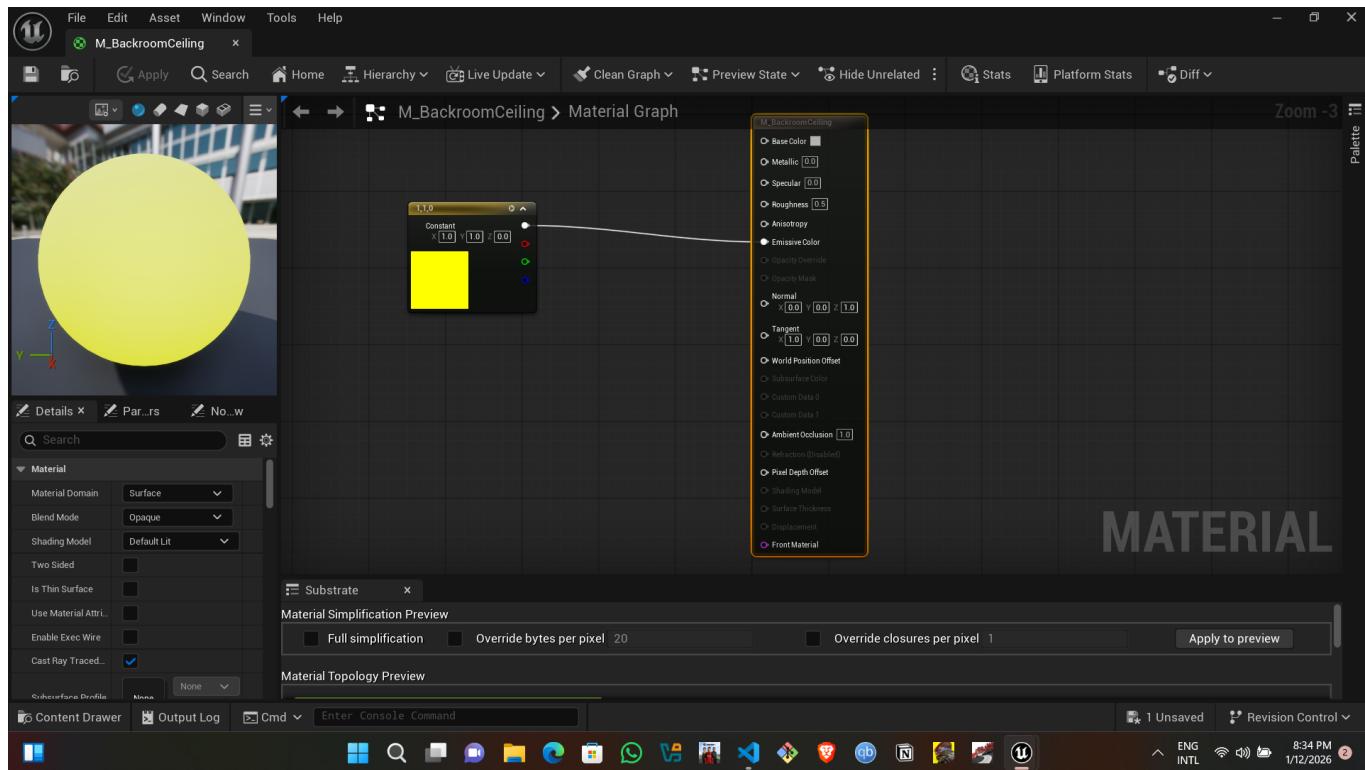
Creating Luminous Ceiling Material

Duplicating Material:

- Press Ctrl+Space for content browser
- Navigate to Materials folder
- Select "M_BackroomYellow"
- Press **Ctrl+D** to duplicate
- Rename: "M_BackroomCeiling"
- Double-click to open

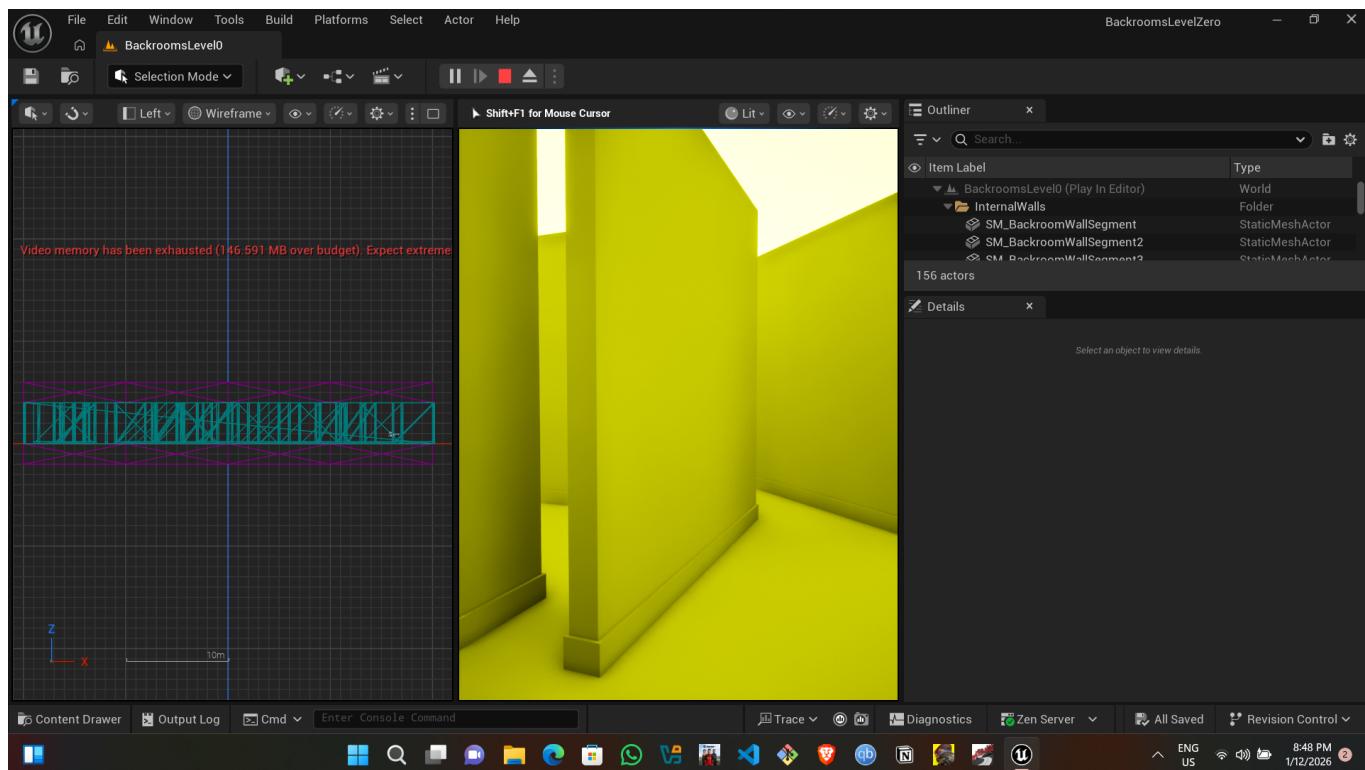
Making Emissive:

- Select yellow color node
- Change **Value** from 0.05 to **1** (full brightness)
- Delete specular connection (not needed for emissive)
- Hold **Ctrl** + drag yellow from Base Color to **Emissive Color**
- Or disconnect from Base Color and connect to Emissive Color
- Preview shows glowing yellow sphere
- Click **Save**



Applying Ceiling Material:

- Go back to main level
- Select Ceiling
- In Details → Materials
- Change from M_BackroomYellow to **M_BackroomCeiling**
- Ceiling glows and casts light on walls



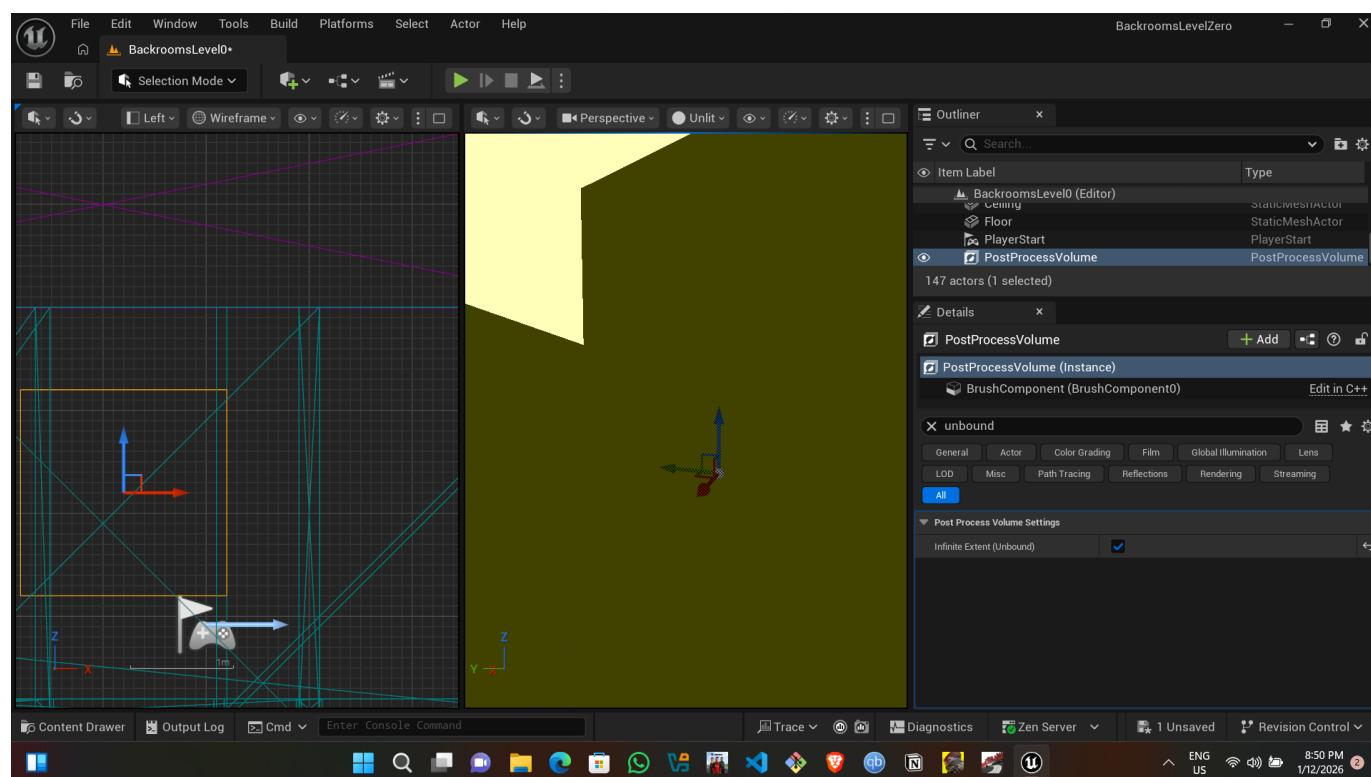
Setting Up Exposure Control

Adding Post Process Volume:

- Click **Add** menu
- Go to **Volumes**
- Drag **Post Process Volume** into scene (anywhere)
- Appears in outliner

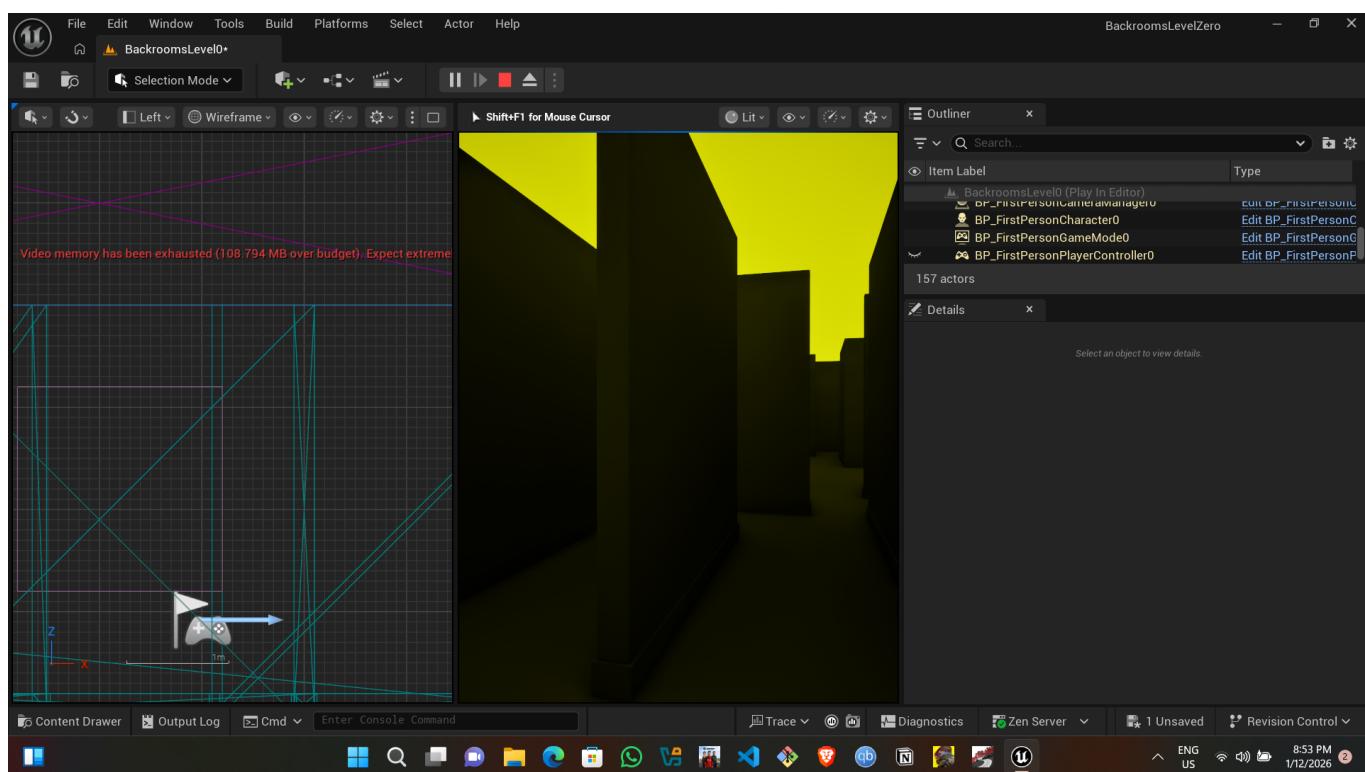
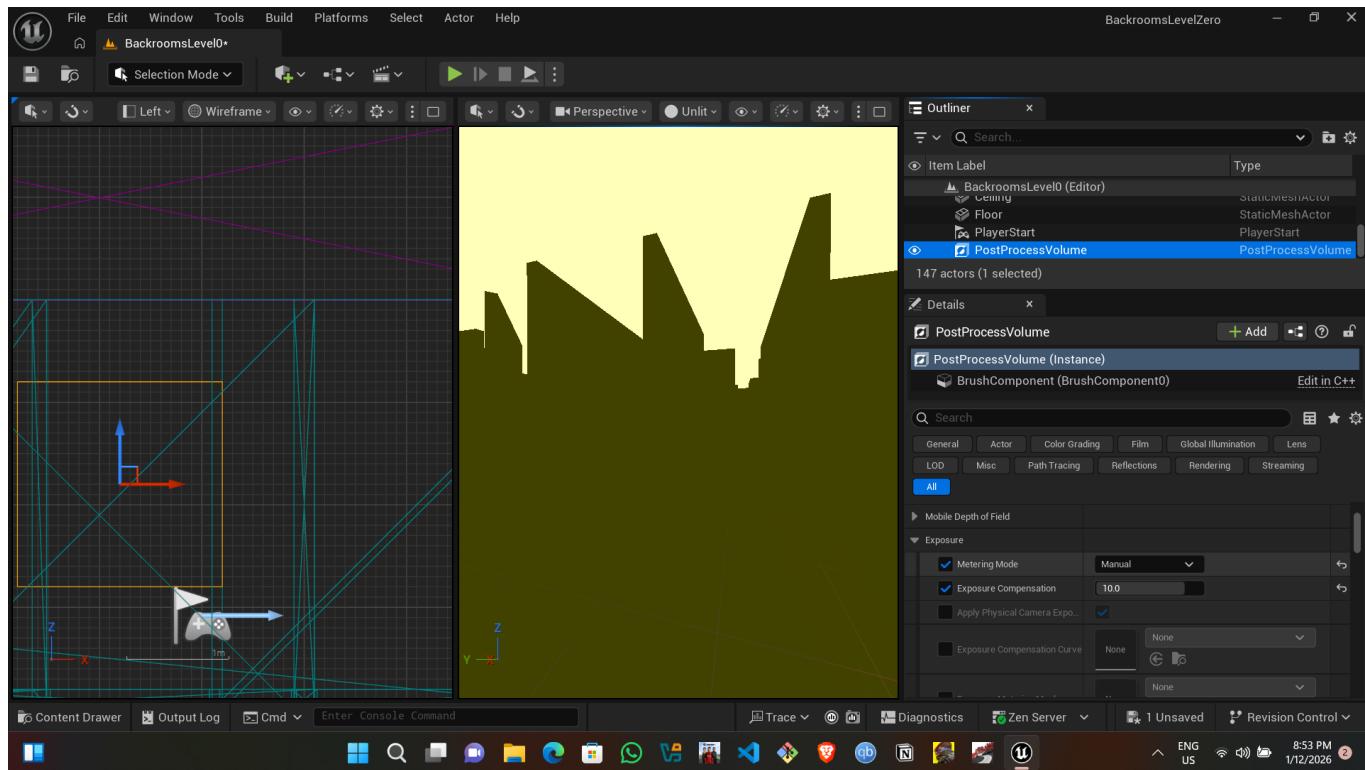
Configuring Volume:

- Select Post Process Volume
- In Details, search for "unbound"
- Check **Infinite Extent (Unbound)**
- This applies settings to entire room
- Press **X** to clear search and see all details

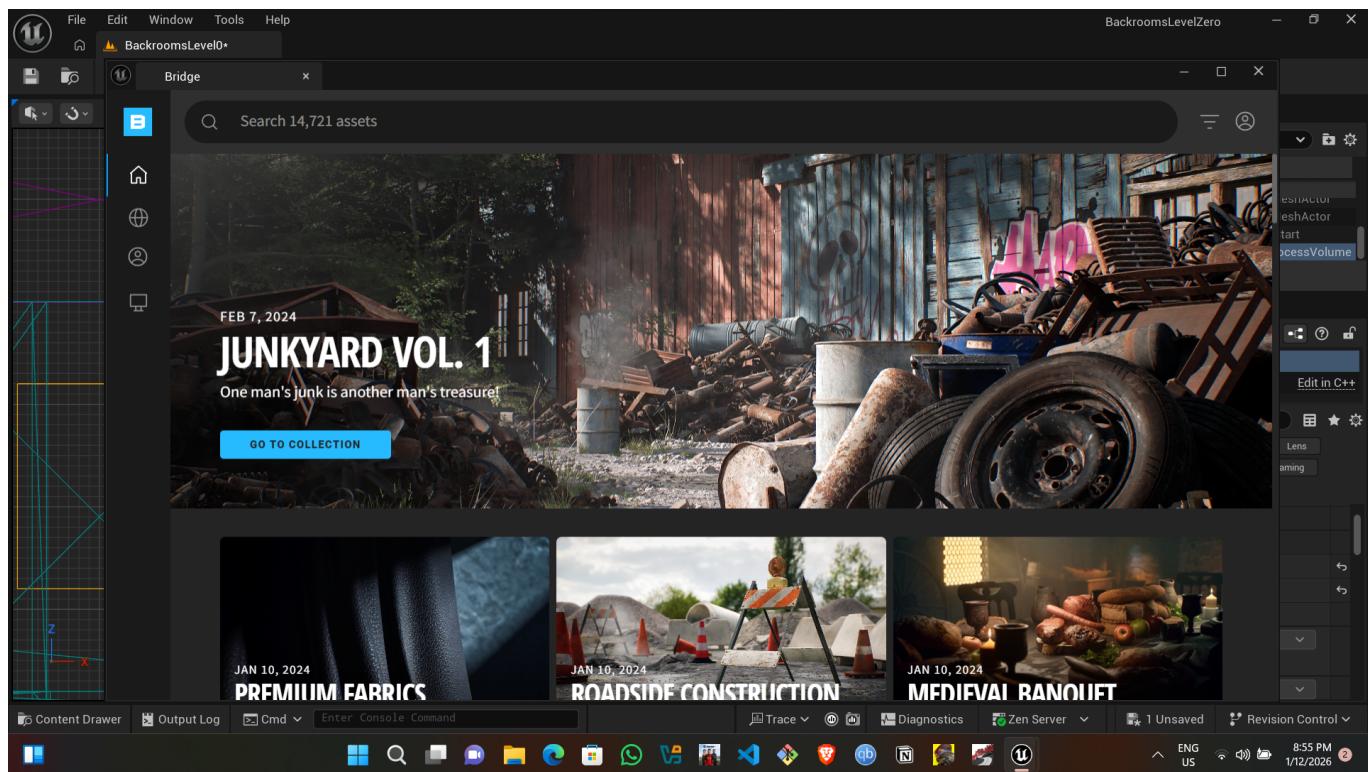


Setting Manual Exposure:

- Find **Exposure** section
- Check both:
 - **Metering Mode:** Change from Auto to **Manual**
 - Scene goes black
- Set **Exposure Compensation** to **10**
- Creates consistent, gloomy lighting
- No auto-adjustment when entering play mode



Adding Grid Texture to Ceiling



Using Quixel Bridge:

- Go to Add menu → **Quixel Bridge**
- Must sign in with Epic Games account
- Search for: "square floor tiles"
- Find "Square Floor Tiles" texture
- Select **Medium** quality
- Click **Download**
- Click **Add**
- Creates folder: "MegaScan_Surfaces_SquareFloorTiles"
- Contains texture files and material

Applying Texture:

- Close Bridge
- Open "M_BackroomCeiling" material
- From content browser, drag "SquareFloorTiles" texture ending in "_D" (diffuse/color)
- Place in material graph
- Close content browser window

Basic Texture Application:

- Take **RGB** output from texture
- Plug into **Emissive Color**
- Save
- Check level - ceiling now has tiled pattern

Adjusting Tile Scale:

- In material, click empty space

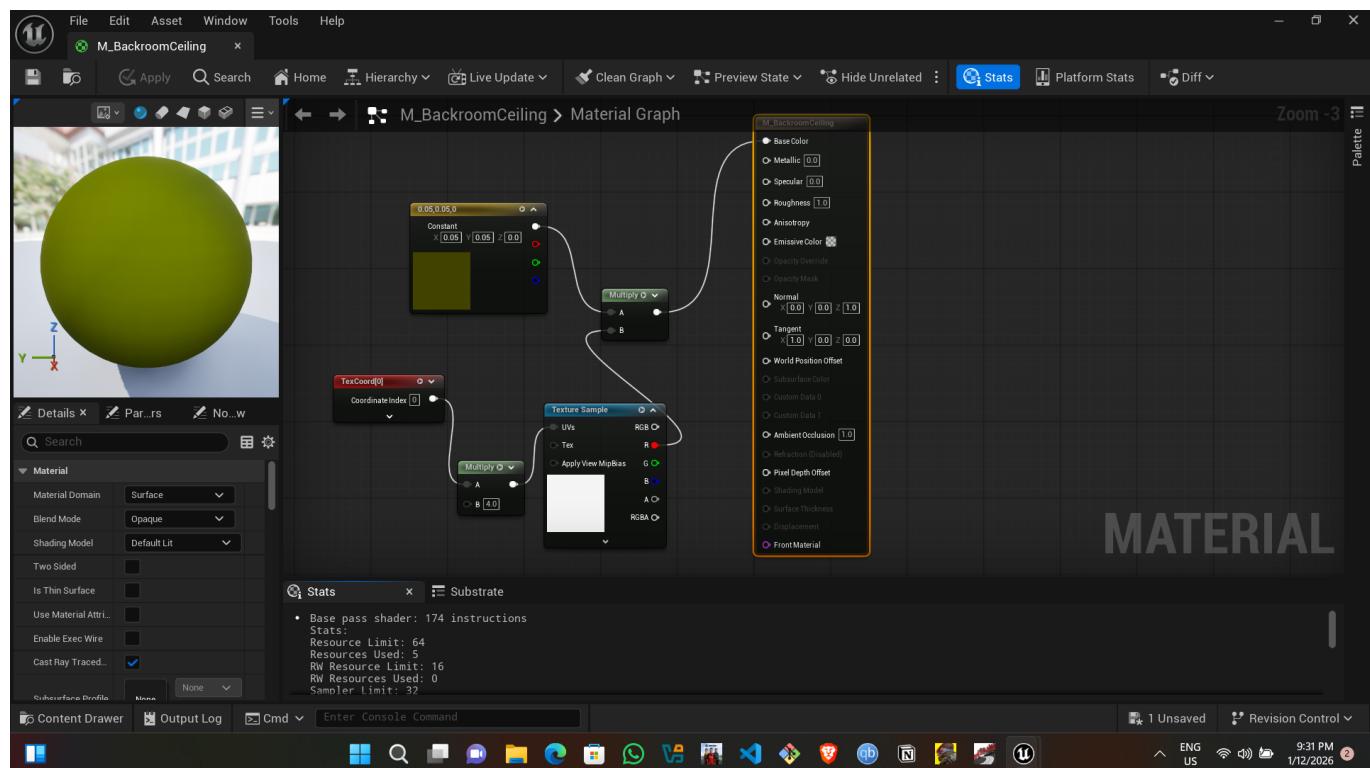
- Press **U** + left-click (creates Texture Coordinate)
- Drag from Texture Coordinate output
- Press **asterisk (*)** or type "multiply"
- Creates Multiply node
- Connect multiply output to texture **UVs** input
- Set multiply value to **2**
- Doubles tile density (4x4 becomes 8x8)
- Save and check level

Further Scaling:

- Change multiply value to **10**
- Save
- Creates denser tiling pattern in level

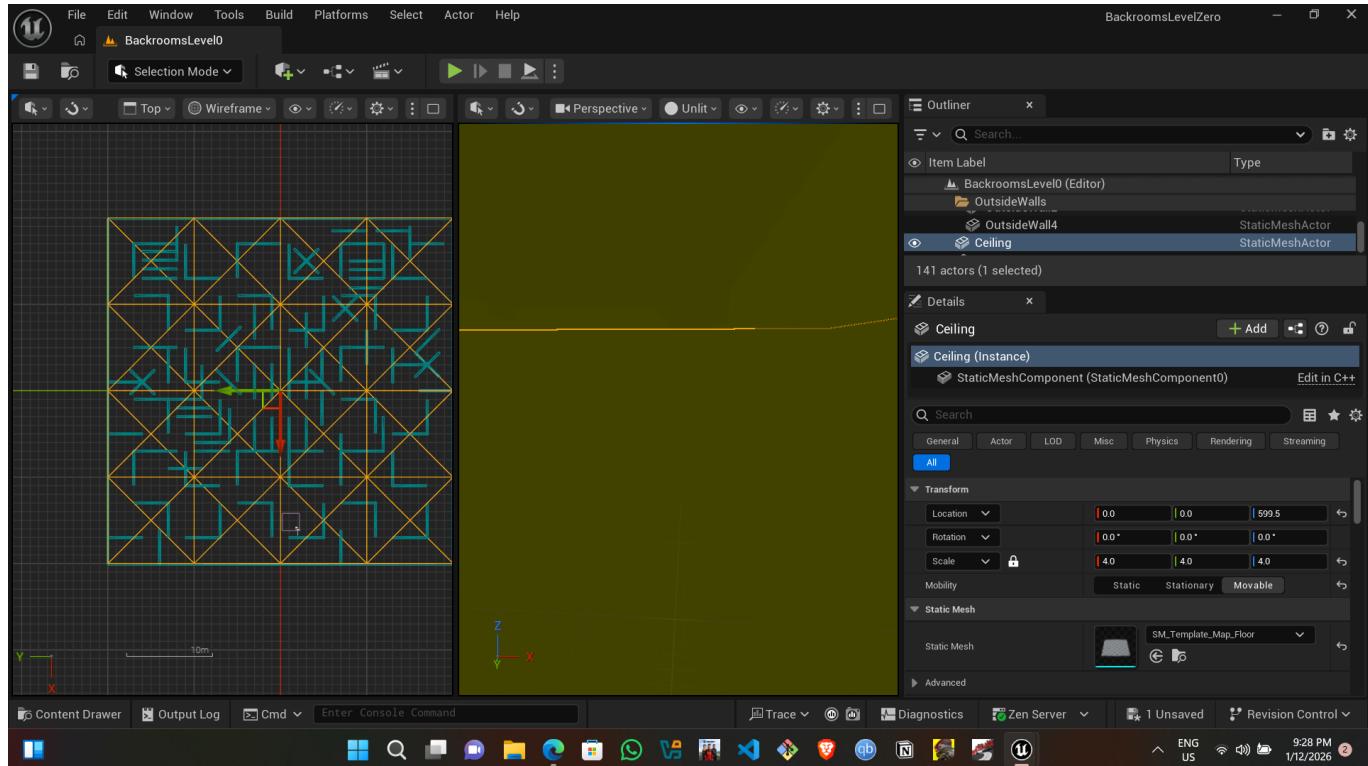
Adding Yellow Tint:

- Take one channel from texture (example: **Red** channel)
- Drag out, type "multiply" or press asterisk
- Connect to multiply node
- Take yellow color output, connect to multiply
- Connect multiply output to Emissive Color
- This multiplies black/white pattern by yellow color
- Adjust yellow brightness:
 - Double-click yellow color node
 - Change **Value** from 1 back to **0.05**
 - Creates darker, tinted grid
- Save



Adjusting Exposure:

- Lighting may be too dark now
- Will adjust after adding ceiling lights



CREATING CEILING LIGHTS

Creating Light Material

New Material:

- Press Ctrl+Space for content browser
- Go to Materials folder
- Right-click → New Material
- Name: "M_CeilingLight"
- Double-click to open
- Drag to top of screen

Setting Up White Emissive:

- Click empty space
- Press 3 + left-click (color node)
- Default is black - double-click
- Set RGB to 1, 1, 1 (pure white)
- Connect to **Emissive Color**
- Save material

Creating Light Cube

Adding Cube:

- Go to Add menu → **Shapes**
- Drag **Cube** into scene
- Position half in ceiling
- Apply light material:
 - In Details → Materials
 - Type "ceiling"
 - Select "M_CeilingLight"
 - Cube lights up

Positioning Cube:

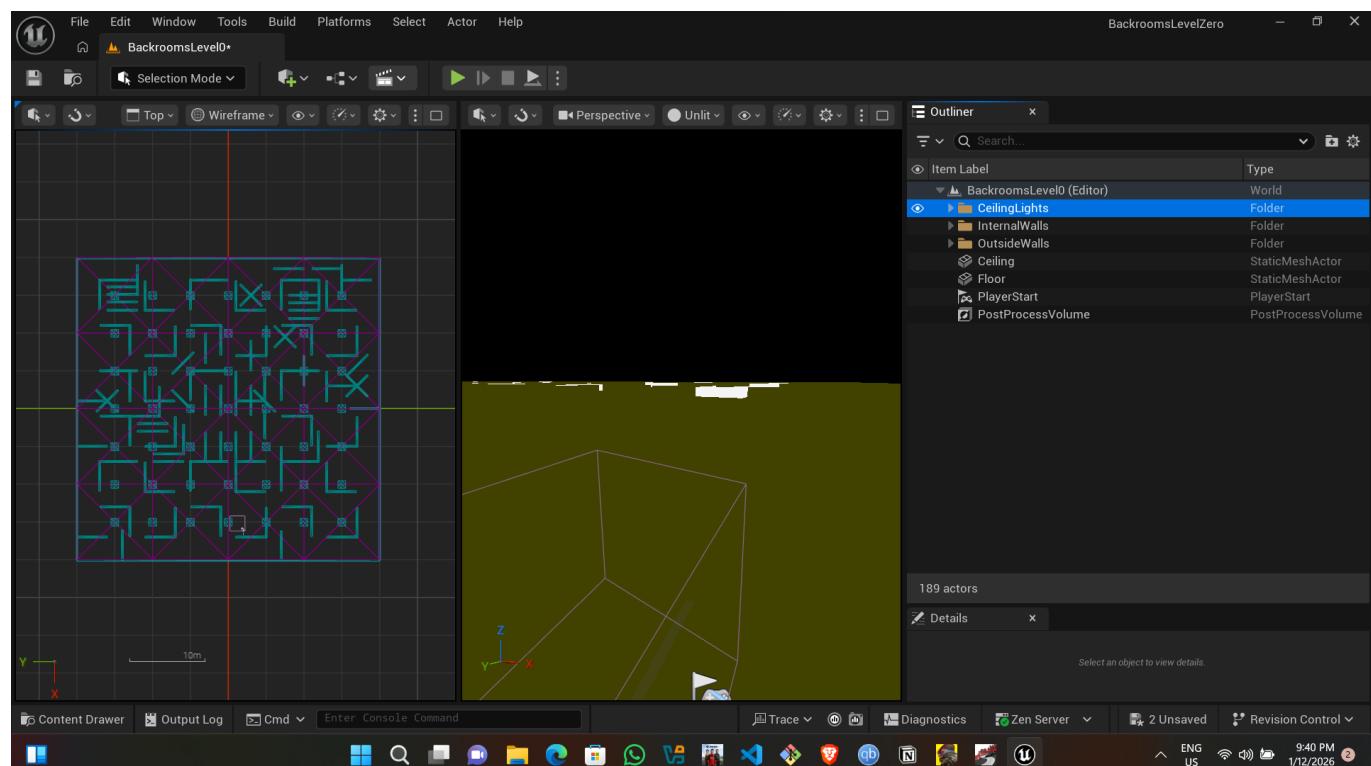
- Change snapping to **10** for fine control
- Drag cube on blue (Z) axis
- Move up into ceiling
- Drag down one snap (10cm sticking out)

Centering Cube:

- In Details → Transform → Location
- Set X and Y to **0**
- Centers cube in room

Renaming:

- Select cube in outliner
- Press F2
- Rename: "CeilingLight"



Distributing Lights

Setting Up Views:

- Click top right for two-panel view
- Set left panel to **Top** view
- Cube shows in center of room

Creating Light Grid:

- Change snapping to **100** (1 meter)
- Select ceiling light
- Hold **Alt** + drag to duplicate
- Place between groups of walls
- Continue duplicating across row
- Select first light, shift+select last in row
- Hold Alt + drag entire row down
- Repeat for top row
- Creates grid of 49 lights (7x7)

Organizing:

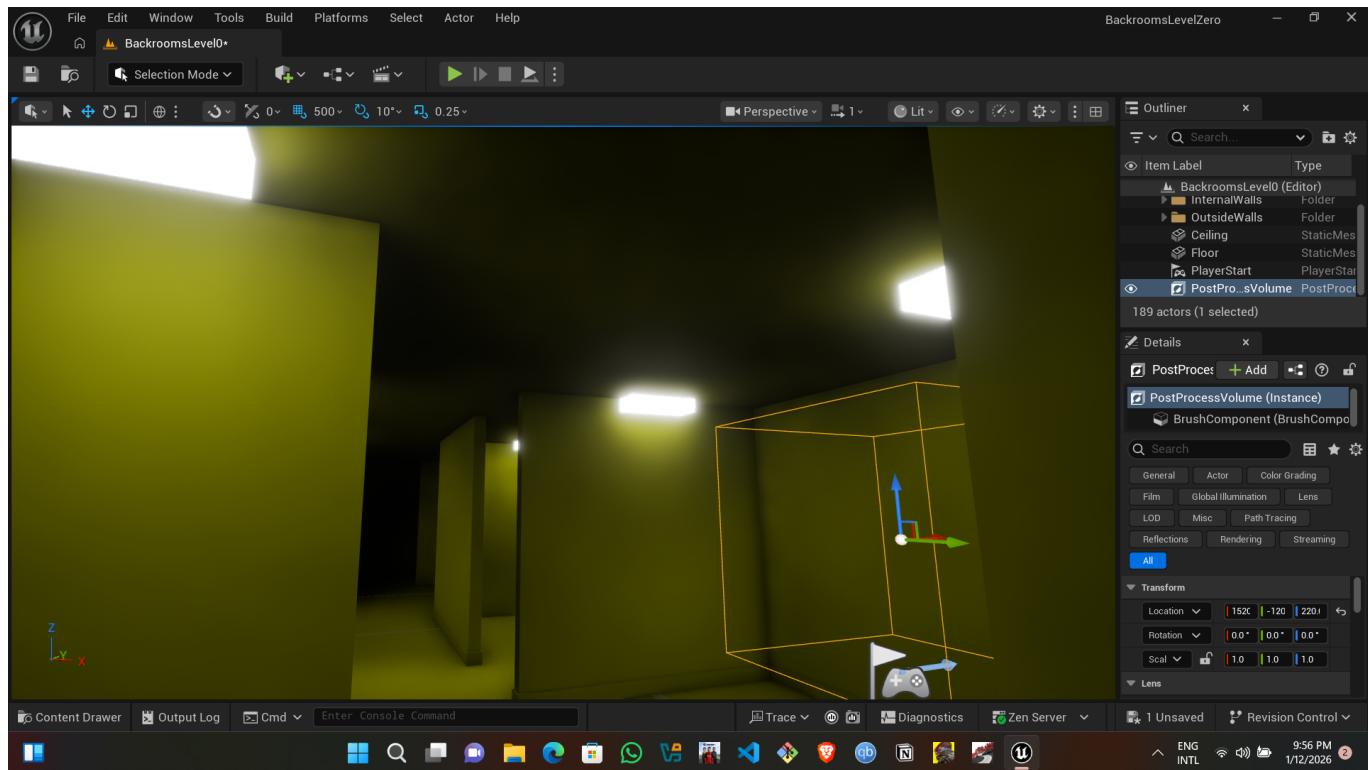
- In outliner, select first CeilingLight
- Shift+select last CeilingLight
- Right-click → Move to Create New Folder
- Name: "CeilingLights"
- Collapse folder

Adjusting Ceiling Material:

- Click restore viewport (single view)
- Scene appears underexposed
- Open "M_BackroomCeiling" material
- Hold **Ctrl** + drag color node
- Move from Emissive Color to **Base Color**
- Now ceiling reacts to light instead of emitting
- Save
- Room now completely dark except cube lights

Adjusting Exposure:

- Select Post Process Volume in outliner
- Go to Exposure settings
- Change Exposure Compensation from 10 to **20**
- Too bright
- Reduce to **15**
- Still too bright
- Try **12.5** or **13**
- Adjust as needed for desired look



CREATING CARPET MATERIAL

Duplicating Base Material:

- Save project
- Press Ctrl+Space for content browser
- Navigate to Materials folder
- Select "M_BackroomYellow"
- Press **Ctrl+D** to duplicate
- Rename: "M_BackroomCarpet"
- Double-click to open
- Drag to top of screen

Current State:

- Has solid murky yellow color
- Want to add weaved wool carpet texture

Adding Noise Texture:

- In content browser, go to **All**
- Search for "noise"
- Shows various noise textures
- If none visible:
 - Click Settings
 - Check "Show Engine Content"
 - Check "Show Plugin Content"
- Select "Good_64x64_TilingNoise"
- Drag into material graph

Testing Noise:

- Connect texture RGB to Base Color
- Save
- Black and white noise pattern

Applying to Floor:

- Select Floor in outliner
- In Details → Materials
- Change from M_BackroomYellow to **M_BackroomCarpet**
- Floor shows black/white noise

Adjusting Tile Density:

- Press **G** to toggle grid/game view
- In material, click empty space
- Press **U** + left-click (Texture Coordinate)
- Drag out, create **Multiply** node
- Connect multiply to texture UVs
- Try value **100**
- Save - too dense
- Change to **20**
- Save - shows speckled look

Adding Yellow Color:

- Drag from yellow color output
- Create **Multiply** node
- Connect noise texture to multiply
- Connect multiply output to Base Color
- Save
- Carpet now has roughness but still yellow

ADDING WALLPAPER TEXTURE

Getting Wallpaper from Quixel Bridge

Finding Texture:

- Go to Add → **Quixel Bridge**
- Search for: "old decorative wallpaper"
- Find "Old Decorative Wallpaper" texture
- Select **Medium** quality
- Click Download
- Click Add
- Creates new folder in project
- Texture available in Megascan surfaces

Creating Wallpaper Material:

- Close Bridge
- In Materials folder
- Select "M_BackroomYellow"
- Press Ctrl+D to duplicate
- Rename: "M_BackroomWallpaper"
- Open material

Setting Up Material:

- Open content browser (Ctrl+Space)
- Navigate to wallpaper texture folder
- Drag texture ending in "_D" into material
- Can close content browser

Applying to Walls:

- Drag material editor to side to see level
- Open InternalWalls folder
- Select first wall
- Shift+select last wall (all selected)
- In Details → Materials
- Element 0 (main wall): Change to M_BackroomWallpaper
- Element 1 (baseboard): Leave as M_BackroomYellow

Testing Basic Application:

- Save project
- In material, take texture RGB
- Plug into Base Color
- Save
- Walls show wallpaper pattern

Adjusting Scale:

- Pattern too large
- Click empty space
- Press **U** + left-click (Texture Coordinate)
- Create **Multiply** node
- Connect to texture UVs
- Try value **20**
- Save - close but too dense
- Change to **10**
- Save - better scale

Converting to Yellow:

- Currently white/red/yellow pattern
- Want yellow only
- Take one channel from texture (example: **Red**)
- This gives black/white values (0 to 1)

Color Blending:

- Duplicate yellow color (Ctrl+D)
- Double-click second yellow
- Change Value from 0.05 to **0.02** (darker yellow)
- Now have light yellow (0.05) and dark yellow (0.02)

Using Linear Interpolate (Lerp):

- Drag from dark yellow color
- Type "lerp" or "linear interpolate"
- Creates Lerp node
- Connect dark yellow (0.02) to **A** input
- Connect light yellow (0.05) to **B** input
- Connect texture Red channel to **Alpha** input
- Connect Lerp output to Base Color
- Save

Result:

- Wallpaper pattern visible
- Blends between dark and light yellow
- Black areas = darker yellow
- White areas = lighter yellow

ADDING POST-PROCESSING EFFECTS

Using Post Process Volume:

- Select Post Process Volume in outliner
- Already created for exposure control
- Has many sections for different effects

Adjusting Bloom:

- Find **Bloom** section
- Controls light "bleeding" effect
- Current intensity creates bloom around lights
- Can reduce **Intensity** to 0 (no bloom)
- Or set to **0.2** for slight bloom
- Adds to old camera effect

Chromatic Aberration:

- Camera lens effect
- Separates RGB components like a prism
- Find **Chromatic Aberration** section
- Set **Intensity** to 10 - too much (red/green/blue separation visible)
- Reduce to **2** - still too much
- Set to **1** - subtle old lens effect

Lens Dirt Mask:

- Adds dirt/water marks on lens
- Find **Dirt Mask** section
- Click **Dirt Mask Texture** dropdown
- Search for "dirt"
- Select "ScreenDirt" texture
- Nothing visible yet
- Set **Dirt Mask Intensity** to 10 - very visible watermarks
- Reduce to **2 or 3**
- Final setting: **2**
- Shows dirt especially near lights

Film Grain:

- Adds static/grain like old film
- Find **Film Grain** section (just over halfway down)
- Set **Intensity** to 10 - looks like TV static
- Reduce to **1 or 2** - subtle grain
- Final setting: **1.5**
- Adds grittiness to camera

Note:

- Can adjust these values later
 - Creates authentic VHS/old camera look
-

ADDING CAMERA SHAKE

Purpose:

- Add random gentle motion when standing still
- Simulates slight looking around
- Adds nervousness to scene

Creating Camera Shake Blueprint

Steps:

- Press Ctrl+Space for content browser
- Go to top level
- Right-click → Create Blueprint Class
- At bottom, click "Expand All Classes"
- Search for "shake"
- Select **MatineeCameraShake**
- Name: "BackroomCameraShake"

Configuring Camera Shake:

- Double-click to open

- Place at top of screen
- Focus on Details panel on right

Setting Duration:

- Find **Duration** setting
- Currently 0 (no shake)
- Enter **9999999** (maximum value for continuous shake)

Setting Rotation Parameters:

- Not interested in **Location** (don't want camera moving around)
- Focus on **Rotation** section:
 - **Pitch** (up and down):
 - **Amplitude**: 1
 - **Frequency**: 1
 - **Initial Offset**: Random Rotation Start
 - **Waveform**: Change from Sine to **Noise** (random movement)
 - **Yaw** (left and right):
 - **Amplitude**: 1
 - **Frequency**: 1
 - **Initial Offset**: Random Rotation Start
 - **Waveform**: Change from Sine to **Noise**
 - **Roll** (side to side):
 - Leave at 0 (looks drunk if enabled)

Saving:

- Click **Compile**
- Click **Save**

Applying to First Person Camera

Steps:

- Go back to content browser (top level)
- Search for "first"
- Find "BP_FirstPersonCharacter"
- Open it
- Go to **Viewport** tab
- Select **Camera** component

Adding Shake Component:

- At top, click **Add**
- Type "shake"
- Select **Camera Shake Source** component
- Added under First Person Camera in hierarchy

Configuring Shake Source:

- Select Camera Shake Source
- In Details on right:
 - **Camera Shake** dropdown: Select "BackroomCameraShake"
 - Check **Auto Start** (already checked by default)
 - This starts shake when level loads

Testing:

- Click **Compile**
 - Click **Save**
 - Leave blueprint open
 - Click **Play**
 - Camera gently moves left/right and up/down randomly
 - Even when standing still
 - Press Escape to exit
-

ADDING GRAFFITI DECAL

Purpose:

- Break up monotony of walls
- Add point of interest
- Keep room mostly repetitive but with one feature

Getting Graffiti from Quixel Bridge

Finding Decal:

- Go to Add menu → **Quixel Bridge**
- Section called **Decals**
- Contains blood splatters, graffiti, etc.
- Go to Graffiti section
- Search through options
- Example: "Who Is Here" graffiti tag
- Select any graffiti you prefer

Downloading:

- Select graffiti
- Choose **Medium** quality
- Click **Download**
- Click **Add**
- Creates folder: "MegaScans_Decals" subfolder
- Close Bridge

Applying Graffiti

Dragging Decal:

- Navigate viewport to desired wall

- Example: End wall
- From content browser, drag **Material Instance** (graffiti)
- Drop onto wall
- Will appear in wrong orientation (don't worry)
- Close content browser

Rotating Decal:

- Decals project onto surfaces from just in front
- Press **E** for rotation tool
- Try different axes:
 - Z-axis rotation
 - Y-axis rotation
 - X-axis rotation
- Rotate 90 degrees until correct orientation
- If upside down, rotate again

Scaling Decal:

- Press **R** for scale tool
- With middle handle selected, drag in/out
- Scale down to fit on wall

Positioning:

- Press **W** for move tool
- Move to desired position on wall

Modifying Decal Appearance

Adjusting Opacity:

- Save project
- Select graffiti in outliner
- In Details, find **Decal Material**
- Click arrow to browse to it
- Double-click to open material instance

Changing Settings:

- Various settings available:
 - Metallic
 - Roughness
 - Opacity Intensity
- Find **Opacity Intensity**
- Current value: 1 (fully opaque)
- Try **0** - completely invisible
- Try **0.5** - half transparent
- Try **0.1** or **0.2** - shows yellow through paint
- Recommended: **0.1**

- Save and close
 - Graffiti now appears painted on wall with yellow showing through
-

ADDING AUDIO

Two Audio Components Needed:

1. VHS static sound - plays throughout level
2. Eerie cool sound - triggers near graffiti

Preparing Sound Files

File Requirements:

- Proper format needed (example: 16-bit WAV file)
- Can find on freesound.org or create own
- Tutorial provides two edited sounds via Google Drive link (see description)

Importing Sounds:

- Press Ctrl+Space for content browser
- Go to top level
- Right-click → Create New Folder: "Sounds"
- Enter Sounds folder
- Open Windows Explorer with downloaded WAV files
- Select both WAV files
- Drag into Sounds folder in Unreal
- Imports both files

Previewing Sounds:

- Click sound file to play preview
- VHS static sound: Long looping sound
- Eerie sound: Distant atmospheric sound

Setting Up Looping:

- Double-click "VHS_Static" sound
- Check **Looping** flag is ON
- Ensures sound continues throughout game
- Close sound editor

Adding VHS Static Sound to Player

Steps:

- Press Ctrl+Space for content browser
- Go to top level
- Search for "first"
- Find "BP_FirstPersonCharacter"
- Open it

- Go to **Viewport** tab

Adding Audio Component:

- At top left, click **Add**
- Type "audio"
- Select **Audio** component
- Added under First Person Camera hierarchy
- Rename to "VHS_Audio" (optional)

Configuring Audio:

- Select VHS_Audio component
- In Details on right:
 - **Sound** dropdown: Type "vhs"
 - Select "VHS_Static" sound
- Check **Auto Activate**:
 - Should be checked by default
 - Means sound starts when level loads
 - Combined with looping flag, plays continuously

Testing:

- Click **Compile**
- Click **Save**
- Keep blueprint open
- Click **Play**
- VHS static sound plays immediately
- Press Escape to exit

Creating Trigger Box for Eerie Sound

Creating Blueprint:

- Press Ctrl+Space for content browser
- Make sure in Sounds folder
- Clear any search filters
- Right-click → Create Blueprint Class
- Select **Actor**
- Name: "BP_SoundTrigger"
- Double-click to open
- Drag to top of screen

Adding Box Collision:

- Click **Add** (top left)
- Search for "box"
- Select **Box Collision**
- Box appears - this triggers the sound

Adding Audio Component:

- Click **Add** again
- Type "audio"
- Select **Audio** component
- Appears in hierarchy

Setting Sound:

- Select Audio component
- In Details → Sound dropdown
- Search for "eerie"
- Select eerie sound file
- Check **Auto Activate** is **UNCHECKED**
- Want sound to trigger only when entering box, not at level start

Setting Up Trigger Logic:

- Select Box Collision component
- In Details, find **Events** section
- Double-click **Event Begin Overlap**
- Creates event node in Event Graph
- This fires when another actor (player) enters box

Connecting Audio:

- Drag from Event Begin Overlap output
- Type "play audio"
- Select "Play (Audio)" - recognizes Audio component
- Automatically connects to Audio component in blueprint

Result:

- When player enters box, sound plays
- Click **Compile**
- Click **Save**

Placing Trigger in Level

Steps:

- Navigate to graffiti location in viewport
- From content browser, drag BP_SoundTrigger into scene
- Drop near graffiti wall
- If can't see box:
 - Press **G** to toggle game view on/off
 - Shows editor elements including trigger box

Positioning Trigger:

- Set position snapping to 50 or lower for fine control
- Press **W** for move tool
- Move box in front of graffiti

- Box might be too small initially

Scaling Trigger:

- Press **R** for scale tool
- Scale up to **3x** size
- Creates larger trigger area in corner
- When player enters this area, eerie sound plays

Testing:

- Save project
- Click **Play**
- VHS static plays immediately
- Walk toward graffiti corner
- Eerie sound plays when entering trigger area
- Walk away - sound stops
- Return to corner - sound plays again
- Press Escape to exit

Full Screen Mode:

- In play mode, select viewport
- Press **F11** for full screen
- See level in full glory
- Press F11 again to exit full screen

PACKAGING THE GAME

Adding Quit Function

Purpose:

- Allow player to quit game with keyboard
- Use Escape or Q key

Setting Up Input Binding:

- Go to Edit menu → **Project Settings**
- Scroll to **Input** section
- Find **Action Mappings**
- Click + to add new action
- Name: "QuitGame"

Adding Keys:

- Click keyboard icon next to action
- Press **Q** key on keyboard
- Click + to add another binding
- Press keyboard icon
- Press **Escape** key

- Now Quit Game action responds to Q or Escape

Setting Default Levels:

- Still in Project Settings
- Go to **Maps & Modes** at top
- Find **Default Maps**:
 - **Editor Startup Map**: Select "BackroomsLevelZero"
 - **Game Default Map**: Select "BackroomsLevelZero"
- This ensures correct level opens in editor and built game

Adding Quit Logic:

- Press Ctrl+Space for content browser
- Go to top level
- Search for "first"
- Open "BP_FirstPersonCharacter"
- Go to **Event Graph** tab

Creating Quit Event:

- Find empty space in Event Graph
- Right-click
- Type "input action quit"
- Select "InputAction QuitGame"
- Creates input node with "Pressed" output
- Drag from "Pressed"
- Type "quit game"
- Select "Quit Game" function
- Connects action to quit function

Finalizing:

- Click **Compile**
- Click **Save**
- Close blueprint
- Now Q or Escape will quit game (no need for Alt+F4 or Task Manager)

Building for Windows

Prerequisites:

- Must have Windows SDK installed
- May need to install on first build
- Follow these steps BEFORE packaging:

Installing SDK (if needed):

1. Download and copy specific file (see Unreal documentation link)
2. Install .NET Core Runtime
3. Restart PC completely after installation

Verification:

- Once SDK installed, Unreal will show "Installed SDK" in packaging menu

Packaging Steps:

- Go to **Platforms** menu
- Select **Windows**

Choosing Build Configuration:

- During development: Use Debug or Development
- For final distribution: Select **Shipping**
- Shipping mode:
 - Smaller file size
 - Optimized performance
 - No debug features

Setting Output Folder:

- Click **Package Project**
- Select output folder location
- Recommendation: In project folder
- Create new folder: "Build"
- Select "Build" folder
- Click "Select Folder"

Build Process:

- Shows "Packaging Project for Windows" message
- Can click "Show Output Log" to see details
- First build: May take 30 minutes or longer
- Subsequent builds: Much faster (30 seconds to few minutes)
- Wait for "Build Successful" message

Locating Built Game:

- Navigate to project folder in Windows Explorer
- Go to Build folder
- Inside: "Windows" folder
- Contains all game files
- Main executable: "BackroomsTutorial.exe"

Distribution:

- Zip entire "Build/Windows" folder contents
- Send to others
- Recipients unzip and run .exe file

Testing Built Game:

- Double-click .exe file

- Game launches
 - Test all features:
 - Movement with WASD
 - Camera shake
 - VHS static sound
 - Trigger sound near graffiti
 - Quit with Q or Escape
-

ADDITIONAL CUSTOMIZATION OPTIONS

Extending the Project:

- Can build on this foundation
- Add more levels
- Modify materials further
- Add more audio triggers
- Create additional post-processing effects
- Experiment with lighting

Other Backrooms Levels:

- Tutorial focused on Level Zero
- Can create other backroom levels using same techniques
- Modify materials and layout for different levels

Tips for Further Development:

- Save frequently (Ctrl+S)
- Test in play mode regularly
- Keep outliner organized with folders
- Name assets clearly
- Adjust exposure after lighting changes
- Use post-processing effects sparingly for best performance

Performance Optimization:

- Use medium quality textures for better performance
 - Limit number of lights if needed
 - Test on target hardware
 - Shipping build is optimized automatically
-

SUMMARY OF KEY SHORTCUTS

Navigation:

- Right-click + WASD: Move around viewport
- Right-click + Q/E: Move down/up
- F: Focus on selected object
- G: Toggle game view/editor view

Tools:

- W: Move tool
- E: Rotate tool
- R: Scale tool
- Alt + Drag: Duplicate object

Organization:

- Ctrl+G: Group selected objects
- Shift+G: Ungroup
- F2: Rename
- Ctrl+S: Save
- Ctrl+Space: Toggle content browser

Play Mode:

- Play button: Start game
- Escape: Exit play mode
- F11: Toggle full screen (in play mode)

Materials:

- 1: Create scalar value (single number)
 - 3: Create color constant
 - U: Create texture coordinate
 - Asterisk (*): Create multiply node
-

FINAL CHECKLIST**Project Complete When You Have:**

- ✓ 40x40 meter room with 4-meter walls
- ✓ First person character with adjusted speed and camera
- ✓ Internal maze walls with baseboards
- ✓ Yellow materials on floor, walls, ceiling
- ✓ Grid texture on ceiling
- ✓ Noise texture on carpet
- ✓ Wallpaper on internal walls
- ✓ 49 ceiling lights in grid pattern
- ✓ Proper exposure settings
- ✓ Post-processing effects (bloom, chromatic aberration, dirt mask, film grain)
- ✓ Camera shake for movement
- ✓ VHS static ambient sound
- ✓ Trigger sound near graffiti
- ✓ Graffiti decal on wall
- ✓ Quit function (Q or Escape)
- ✓ Packaged for Windows distribution

All assets organized in folders:

- Levels
- Materials
- Sounds
- Generated (modeling assets)
- Megascans (textures and decals)

CONGRATULATIONS - BACKROOMS LEVEL ZERO COMPLETE!