



LyfeLog

Ліфлог



A lightweight wellness journaling
mobile application

LyfeLog

Tech Stack

- Framework — React Native with Expo
- Navigation — Expo Router Navigation
- Backend (Authentication, Database) — Appwrite
- Audio — Expo AV

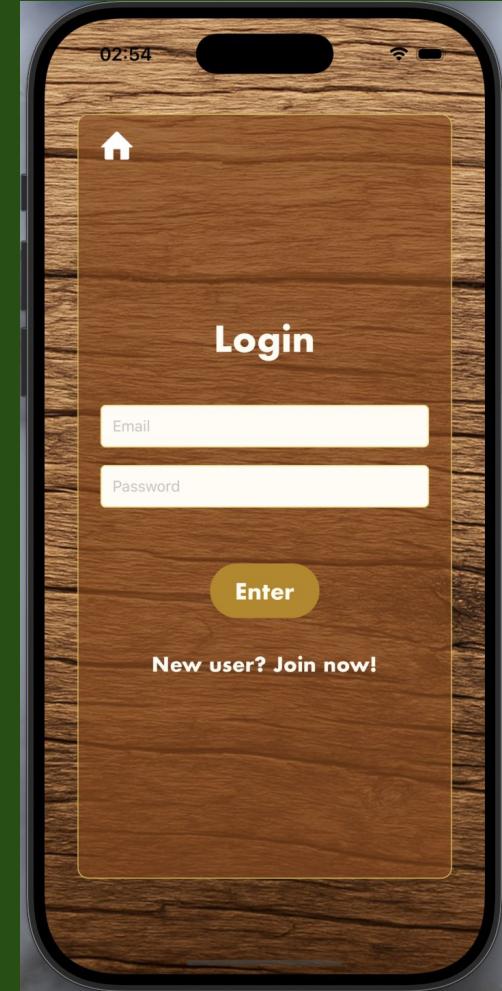




LyfeLog Features

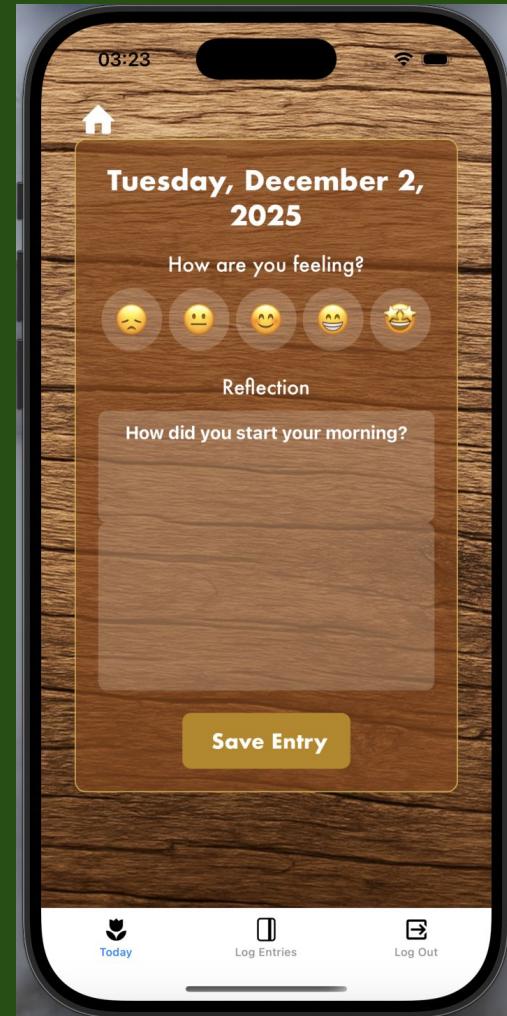
User
Authentication

Optional
Immersive Audio



LyfeLog Features

- Daily journaling with AI generated reflection prompts
- Mood logging
- UI tabs for quick and easy navigation



LyfeLog Features

Log entry history



User Flow Demo



Questions??

