**1.**

1. Open JMeter and create a new Test Plan.

2. Add a Thread Group to the Test Plan.

3. Add a Recording Controller to the Thread Group.

4. Configure the HTTP(S) Test Script Recorder by selecting it in the Workbench and clicking the "Start" button.

5. Configure your browser to use JMeter as a proxy by setting the proxy hostname to "localhost" and the port to "3306".

6. Start recording by navigating to the website or application you want to test in your browser.

7. Perform the actions you want to record, such as clicking buttons or filling out forms.

8. Stop recording by clicking the "Stop" button in the HTTP(S) Test Script Recorder.

9. Review and edit the recorded script as necessary.