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1. Install and configure JMeter on your machine.

2. Create a new Test Plan in JMeter.

3. Add a Thread Group to the Test Plan.

4. Add a HTTP Request Sampler to the Thread Group.

5. Configure the HTTP Request Sampler to use a website URL that requires authentication.

6. Add an Http Authentication Manager element to the Thread Group.

7. Configure the Http Authentication Manager element to specify the authentication method and credentials.

8. Add a Cookie Manager element to the Thread Group.

9. Configure the Cookie Manager element to handle cookies sent by the website.

10. Add a CSV Data Set Config element to the Thread Group.

11. Configure the CSV Data Set Config element to read data from a CSV file and use it in the HTTP Request Sampler.