6.

1. Open JMeter and create a new Test Plan.

2. Add a Thread Group to the Test Plan.

3. Add a JDBC Connection Configuration element to the Thread Group.

4. Configure the JDBC Connection Configuration element with the necessary details such as database URL, driver class, username, and password.

5. Add a JDBC Request Sampler to the Thread Group.

6. Configure the JDBC Request Sampler with the necessary details such as SQL query and variable names for result set.

7. Add a Listener to the Thread Group to view the results of the JDBC Request Sampler.

8. Save the Test Plan.

9. Run the Test Plan to execute the JDBC sampler script.