

Cardiac Analysis

Overall Assessment

Overall Health Score	17.0 % [Poor]
Assessment Date	25/6/2025

Essential Health Metrics

Heart Rate	66.0 beats/min [Excellent]
Blood Pressure Systolic	110.0 pressure units [Normal]
Blood Pressure Diastolic	75.0 pressure units [Normal]
Oxygen Saturation	95.0 % [Normal]

Cardiovascular Endurance

Wellness Score	84.0 [Excellent]
Cardiac Output	5.7 L/min [Normal]
Heart Rate Variability (RMSSD)	27.1 ms [Average]
Cardiovascular Endurance Test	47.0 seconds [Good]

Physical Composition

BMI	9.51 kg/m ² [Underweight]
Lean Mass	20.18 kg [Low]