

Name _____

INSTRUCTIONS: In the first column, write what you know about muscles. In the middle column, write questions you would like to find answers to in *Get Moving! All About Muscles*. After reading, write what you learned about muscles in the last column.

Get Moving! All About Muscles

What I Know	What I Want to Know	What I Learned

Name _____

INSTRUCTIONS: Use your book to label the muscles shown on the diagrams below. Find: *trapezius*, *deltoids*, *biceps*, *triceps*, *quadriceps*, *gluteus maximus*, *hamstring*, *calf muscle*, and *Achilles tendon*.

