

Kyle Mikouchi-Lopez

Keller, TX | 843-290-3792

Kylemikouchilopez@gmail.com

ENTRY LEVEL IT PROGRAMMER – EMPHASIS ON PYTHON

Software Development Certificate from Coding Temple

Additional 1-on-1 Training/Mentoring by CTO

EDUCATION

Software Development Certificate, Python Software Development Bootcamp - Coding Temple 2022
Trident Technical College - Charleston, SC 2013 – 2014
Technical College of the LowCountry – Bluffton, SC 2012 – 2013
Native English – Japanese JLPT N4 certified 2019

TECHNICAL SKILLS

Full Stack Development, HTML/CSS, JavaScript, Python, and SQL. Also introduced to Flask, Node JS, PostgreSQL and React

KEY ACCOMPLISHMENTS

- Earned certificate in Programming/Full Stack Development to enhance technical skills
- Received additional 1-on-1 training/mentoring from Chief Engineering and Technology Officer with over 30 years of IT experience. Training included software development and concepts that apply to object oriented programming languages for an additional three months after certification
- Traveled across the United States and Asia to train with professional Mixed Martial Arts fighters and Brazilian Jiu-Jitsu world champions, achieving level of brown belt
- Earned certificate from Japanese language school; served as English tutor for Japanese students
- Developed and implemented personal training programs for seniors with Parkinson's Disease
- Represented Rocksteady Boxing Hilton Head at local Parkinson's Disease events, recruiting potential clients and networking/promoting brand with other organizations

SKILLS SUMMARY

Assessments; Coaching; Computer Programming; Curriculum Development; Customer Service; ESL Instructor; Interpersonal Skills; International Travel; IT / Technical Skills; Japanese JLPT N4 certified (speaking); Leadership; Management; Mentor; Microsoft Office: Excel, PowerPoint and Word; Organizational Skills; Problem Solving; Recruitment; Sales; Strategic Planning; Teaching; Training

EXPERIENCE

ROCKBOX FITNESS, Keller, TX

2022-Present

Head Trainer, Fitness Class Instructor, Personal Trainer, Client Relations Specialist

- As Head Trainer, led and managed a team of personal trainers. Responsibilities included coordinating meetings between staff, attending meetings with corporate and upper level management, performing evaluations on other trainers, hiring and training new employees, and networking with other local franchises.
- Taught kickboxing fitness style workouts of up to 25 participants in a high energy, fast paced class. Led and demonstrated class through kickboxing and HIIT style workouts. Also performed one on one personal training sessions with clients of various goals and physical needs.
- As a client relations specialist, scheduled meetings with clients to perform fitness assessments and goal setting/tracking. Performed various client outreach and retention tasks. Pitched sales for memberships, personal training packages, and supplements.

RIPTIDE MARTIAL ARTS ACADEMY, Bluffton, SC

2013 - 2021

Martial Arts / Fitness Class Instructor, Senior Coach and Gym Manager

- Managed gym. Responsibilities included new client enrollment, new employee training, employee scheduling, supply/equipment inventory and ordering and managing social media sites
- As Senior Coach, led and coordinated a team of 6 junior coaches while instructing children's martial arts classes (ages 5 to 13) of up to 50 students. Taught exercise and martial arts techniques, managed class and explained how discipline of martial arts can be applied in everyday life
- Taught kickboxing fitness and Crossfit classes with up to 30 students. Led and demonstrated various exercises, designed class format and customized activities based on number of students
- Taught adult classes including Muay Thai kickboxing, Brazilian Jiu-jitsu, Submission Grappling and Mixed Martial Arts. Classes ranged from beginner to advanced level.

INTERNATIONAL TRAVEL / TRAINING, Japan, Thailand, Korea

2019 - 2021

Martial Arts Training/Trainer | Japanese Tutor

- Traveled throughout the United States and Asia, training with professional Mixed Martial Arts and Brazilian Jiu-Jitsu world champion
- Received extended stay training in Korea, Japan, and Thailand
- Earned brown belt from Carlos Machado, famous Brazilian Jiu-Jitsu master
- Received JLPT N4 certification for Native English – Japanese
- Served as instructor for private English language lessons and served as tour guide
- Due to Covid, opportunities for training Martial Arts and tutoring English were no longer available

ROCKSTEADY BOXING HILTON HEAD, Hilton Head, SC

2017 - 2021

Personal Trainer | Group Fitness Instructor | Parkinson's Disease Specialist

- Developed and implemented personal training programs for seniors with Parkinson's Disease, ensuring all medical and safety protocols were met
- Represented Rocksteady Boxing Hilton Head at local Parkinson's Disease events
- Recruited potential clients and networked/promoted brand with other organizations