

$$E_f \in 2.43777 \dots 2.43183 \text{ MeV} \quad E_i = -7.35652 \text{ MeV}$$



$$\left| \sum_m c_m \cdot \sum_{n=1}^N c_n \left\langle f_m \left| \widehat{E1} \right| i_n \right\rangle \right|^2 = 1.69845 \times 10^{-7} \quad , \quad E_f = 2.43183 \text{ MeV}$$

$$E_f \in -2.00789 \dots -0.561999 \text{ MeV} \quad E_i = -7.35652 \text{ MeV}$$

