

REFERENCES & BIBLIOGRAPHIES

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SECTION 1: REFERENCING: GENERAL INFORMATION

Introduction

It is an expected academic practice that students will refer to (or cite) the **sources** of ideas, data and other evidence in written assignments. This is not just practice for tradition's sake; it is done for valid academic reasons.

There are five main reasons related to your academic studies why referencing in assignments is important:

1. To support your arguments and give credibility to the information you present in assignments;
2. As a means of separating your own ideas, perceptions, and experiences from the work of others;
3. To enable your tutors to check the accuracy and validity of the evidence presented;
4. To enable your tutors and other interested readers to trace the sources you cite and to use the same evidence for their own purposes;
5. To avoid accusations of plagiarism.

Referencing is also a way of acknowledging the hard work that goes into the research, preparation, writing and revision of academic texts. Accurate referencing is one way of giving indirect thanks to this invisible and invaluable effort and achievement.

More pragmatically, it also shows a tutor you have, at least, read some of the sources listed on a reading list!

And last, but probably not least from a student perspective, accurate and intelligent referencing will enhance a good essay and contribute to the marks you gain. Selection of relevant evidence and accurate referencing is an important element in the marking criterion.

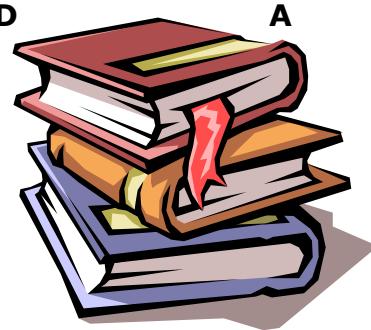
This booklet will:

- Explain **when** to reference;
- Show you **how** to reference (using the Harvard Style adopted by the School of Management);
- Present **examples** of different forms of referencing, including some of the less common sources;
- Include **two assignments** to demonstrate referencing in action.

However, if you need help in referencing any source in any assignment, you can contact the Effective Learning Adviser for the School of Management, Martin Sedgley , email: m.t.sedgley@bradford.ac.uk

WHAT'S THE DIFFERENCE BETWEEN 'REFERENCES' AND 'BIBLIOGRAPHY'?

The terms 'References' and 'Bibliography' are often used synonymously, but there is a difference in meaning between them.



REFERENCES

References are the items you have read and specifically referred to (or cited) in your assignment, and your list of sources at the end of the assignment will be headed '**References**'.

If you make a point of reading selectively you can make use of everything you read by referring directly to it in your assignments.

In that event, it will be perfectly correct to just have a 'References' list instead of a 'Bibliography'; it will certainly not go against you, and many tutors **prefer** you to just have a references section, rather than a bibliography.

This enables them to quickly find in your list of references the source you cited and, if necessary, check the validity of it for themselves.

BIBLIOGRAPHY

Strictly speaking, a bibliography is a list of everything you read in preparation for writing an assignment, whether or not you referred specifically to it in the assignment.

A bibliography will, therefore, normally contain sources that you have cited in your assignment **and** also those you found to be influential, but decided not to cite. A bibliography can give a tutor an overview of which authors have influenced your ideas and arguments even if you do not specifically refer to them.

WHAT NEEDS TO BE REFERENCED?



There are four questions to ask about a source to help you decide if it needs to be referenced:

1. Has it been presented formally into the public domain in some way?
2. Has it been presented publicly in a **tangible form**? (This can include printed material, the Internet, a public talk/lecture, a public performance).
3. Does someone, or an organisation, have an ownership of it? Look for a named author or writer, or the name of an organisation, including a website or host, that is presenting the information in question.
4. Is the information presented in the source in question outside the realm of 'common knowledge' (see page 8)?

If the answer to **all** these is '**yes**', then the source should be referenced.

So, sources that should be referenced can include the obvious things, such as books, journals, newspapers, and Internet sources, but should also include less obvious sources, such as tutor handouts, lectures, talks on the radio, and social networking sites, such as *YouTube* and *Flickr*.

But always choose reliable sources...

However, the important thing is to choose **reliable** primary and secondary sources that give credence, authority and support to the ideas and arguments that you present.

Your tutor will suggest a range of reliable sources, and this will be your starting point, but you will also be expected to look beyond the recommended reading and to search out relevant information for yourself.

You will find, however, that recommended books and other sources will prove – because of the accurate referencing that has gone into them – to be rich veins of additional information. If you read a particular chapter as a starting point for research into an assignment topic, often the references or bibliography will point you in the right direction of other relevant reading.

WHEN TO REFERENCE

“To reference or not to
reference, that is the
question.”



You should always cite your sources of evidence in assignments in the following situations:

1. To give the reader the source of tables, photos, statistics and diagrams included in your assignment. These may be items directly copied or which have been a source of collation for you.
2. When describing or discussing a theory, model or practice associated with a particular writer. This would include the names of authors who coined words to label particular phenomena or situations.
3. To give weight or credibility to an argument presented by you, or supported by you, in your assignment.
4. When giving emphasis to a particular idea that has found a measure of agreement and support amongst commentators.
5. To inform the reader of sources of direct quotations or definitions in your assignment.
6. When paraphrasing another person's idea that you feel is particularly significant or likely to be a subject of debate.

Examples

1. **To Inform the Reader of Sources of Tables, Photos, Statistics or Diagrams Presented in Your Assignment** (either copied in their original form or collated by you)

Example:

In Britain, the proportion of employees on temporary contracts rose only marginally between 1992 and 1998, from 5.9 per cent to 7.4 per cent, and has since fallen to 7.1 per cent in 2000 (Office for National Statistics 2000).

2. When Describing or Discussing a Theory, Model or Practice Associated with a Particular Writer

Example:

The term 'instrumental or operant conditioning' is associated with the American Psychologist, B.F. Skinner (1956), and describes a process of shaping behaviour by a variety of means that encourage and reinforce desired behaviour, or discourage unwanted behaviour.

3. To Give Weight or Credibility to an Argument Presented in Your Assignment

Example:

However, it can be argued that the corrosive social effects of workers having to manage increasing workloads outweigh these extrinsic advantages. Handy (1994, p.9), for example, suggests that businesses prefer to recruit "*half as many people, paid twice as well and producing three times as much*", with a destructive effect on the social lives of these core workers.

4. When Giving Emphasis to a Particular Idea That Has Found a Measure of Agreement and Support Amongst Commentators

Example:

As the behavioural response of communication apprehension (CA) is to avoid or discourage interaction with others it is not surprising that CA has been linked to feelings of loneliness, isolation, low self esteem and the inability to discuss personal problems with managers or others (Daly and Stafford 1984; McCroskey et al 1977; McCroskey and Richmond 1987; Richmond 1984; Scott and Rockwell 1997).

(Note: *The student cites five sources - all much saying the same thing - to emphasise and give credibility to an important point summarised in the assignment. The use of multiple authors can add weight to summary, particularly if the idea is a controversial one. However, citing six sources would be the maximum for this purpose, and citing two or three is a more usual practice).*

5. To Inform the Reader of Sources of Direct Quotations or Definitions in Your Assignment

Example:

Pearson (1995) however, argues that a “*search for a solution to ethical dilemmas using the methods of moral philosophy has failed*” (p.3). He asserts that any approach to business ethics must take full account of the business perspective and an appreciation of business boundaries, albeit with account to the changing nature of these.

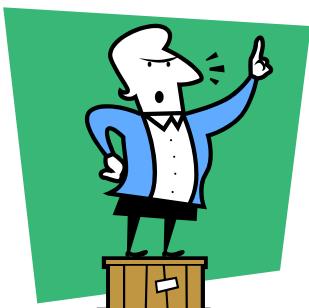
(Note: If the quote is taken from a printed book or journal, you always need to include the page number so the reader can go straight to that page to find it. Lengthy quotations (over two lines) should be **indented** in your assignment. This means you compress the quotation, italicise it and create a one-tab margin that distinguishes it from your own text, as per the example below. You don't need to use quotation marks in an indented quotation).

Example of indented quotation:

Reich (2001) has argued that pay is proportionate to the skill you offer in the labour market:

If you have been in a job that's rote or routine...or your job can be done by computerized machines or by software over the Internet – you're likely to be paid less than you used to be paid for doing it... (p.32)

Reich argues that education and training can be the way forward for people trapped in a cycle of low-skill, low-pay jobs.



USING QUOTATIONS

Try to keep quotations to a minimum in your assignments. They can be used to good effect when:

- You feel they make a particular point. For example, colloquial language can often be used for contrast and impact in an academic assignment - where the style of writing is necessarily more cautious, formal and detached.
- You want to analyse or challenge the quotation in question.
- You feel the quotation supports your own argument or point of view.
- You want to add interest or impact to an introduction or conclusion.

6. When Paraphrasing Another Person's Idea or Definition that You Feel is Particularly Significant or Likely to be a Subject of Debate

Example:

We all perceive the world around us in ways that are often unique to us through a series of personal filters and we 'construct' our own versions of reality (Kelly 1955).

(**Note:** In this example, the student paraphrases an idea that Kelly originally outlined in 1955. The inverted commas around 'construct' suggest this is a significant word used by Kelly to describe a key concept). By citing the source the student is, in effect, saying 'this is **Kelly's** idea; I am just paraphrasing it', and thus avoids accusations of plagiarism.

HOWEVER, YOU DON'T NEED TO REFERENCE:

- Information drawn from a variety of sources to summarise what has happened over a period of time and when the summary is unlikely to be a cause of dispute or controversy, for example:

The growth in call centres in the West was encouraged by economic and technological factors. From the late 1970s the growth of the service sector, focused the attention of large organisations on communication with customers in more cost effective and streamlined ways. This growth of a service sector economy connected with advances in telecommunications and changes in working practices in Western companies. The logic of call centres was that a centralised approach and rationalisation of organisational operations would reduce costs, whilst producing a standard branded image to the world.

- When pulling together a range of key ideas that you introduced and referenced earlier in the assignment.
- When stating or summarising generally undisputed facts or general knowledge circulating freely in the public domain (**common knowledge**).

HOW TO AVOID PLAGIARISM

Plagiarism is about copying or acquiring the **work** of others and, directly or indirectly, claiming it to be your own independent and original work.

However, applying, analysing, criticising or quoting other people's work is perfectly reasonable and acceptable providing you always:

- Attempt to summarize or restate in **your own words** another person's work, theories or ideas and give acknowledgement to that person. This is usually done by citing your sources and presenting a list of references;
- or
- By always **using quotation marks** (or indenting lengthy quotations in your text) to distinguish between the actual words of the writer and your own words. Once again, you would cite all sources and present full details of these in your list of references.

Summarising in Your Own Words

Here is an example of how this can be done.

The extract below is a paragraph taken from a journal article. This is followed by two effective student summaries of the extract. It is impossible sometimes not to use **some** of the words used in the original article, particularly when referring to the subjects of the discussion. But the aim should be to try and put the idea or argument into your own words as best you can.

Original Extract

For thousands of years, outsiders have regarded China as a xenophobic country. However, the stereotypes have been changing since China opened up its economy in 1979. Now, the encouragement of foreign direct investment (FDI) and international technology transfer (ITT) lies at the heart of economic relations between foreign countries and China. The international flows of capital, information and technology facilitate the economic growth of China and the influence of multinational enterprises (MNEs). The boom in FDI and ITT has brought to the fore the issue of intellectual property rights (IPRs) as a major topic in the economic development of China. Although a historical review shows that the germination of the concept of IPRs in China goes back more than 100 years, in reality no effective system of intellectual property protection (IPP) existed until very recent times.

Source: Yang, D. and Clarke, P. (2004). 'Review of the current intellectual property system in China', *International Journal Technology Transfer and Commercialisation*, vol. 3, no. 1, pp.12-37. (Reprinted with permission).

Two Summaries

Summary A

This essay is about intellectual property (IP) in general and about the situation in China today, and about China's relationship with the West in relation to this issue. For centuries China has been regarded by the outside world as a rather closed and insular country. However, Yang and Clarke (2004) argue that now things are changing, and particularly so since 1979, when China decided to open up its economy. Since then, foreign direct investment (FDI) and international technology transfer (ITT) are important connecting links between China and the rest of the world. Now the flows of capital, information, technology and the influence of multinational enterprises MNEs have stimulated the Chinese economy. But these developments have also caused attention to focus on the issue of intellectual property rights (IPR). Although the concept of IPR goes back more than a hundred years, there has been no effective system of intellectual property protection (IPP) until recently.

Summary B

China has been regarded, up to now, by the outside world, as a rather closed and xenophobic country. However things are changing. Since 1979, China has loosened, opened and stimulated its economy by foreign direct investment (FDI), international technology transfer (ITT) - and from the influence of multinational enterprises (MNEs). However, these developments have also focused attention on the issue of intellectual property rights (IPR) and until recently in China there has been no effective system of intellectual property protection (IPP) (Yang and Clarke 2004).

In these extracts, the students try to present the information taken from the extract in their own words, although some repetition of primary and key words is inevitable. They also cite the original source (Yang and Clarke 2004).

THE HARVARD STYLE OF REFERENCING: THE BASIC IDEA

The author-date (or **Harvard style**) of referencing is the one adopted by the School of Management, and is the referencing style that tends to be predominant in most UK higher education institutions.

The basic idea of the Harvard style is to:

1. Use citations (a partial reference) in the text.
2. List all references in full at the end of an assignment.

1. Use Citations in the Text

In the text of your assignment you give a partial reference (called a **citation**). This is the last name of the author, followed by the year of publication. If you don't have the author's name, you use the name of an organisation, newspaper, journal, or whatever the main **source** is.

Citing the source as you write involves giving a partial or shortened reference (last name of author(s), or name of organisation, and year of publication) in the main body of your written assignment and then giving full details of the source in full at the end of the assignment in a 'References' or 'Bibliography' section. You can abbreviate lengthy organisational names; see example below (YHES 1998).

Example:

Citations

Although Handy (1994) has argued that education is the key to economic success for individuals, organisations and nations, a majority of adults in the UK have yet to be convinced or persuaded of this argument. In 1999 only forty per cent of adults had participated in any sort of formal learning in the previous three years. Of these, a significant majority was from social class groups A, B and C. Only a quarter of adults from semi-skilled or unskilled work backgrounds had involved themselves in formal education (Tuckett 1999). The consequences for people without qualifications who lose their jobs are often serious. A study of long-term unemployed people in Yorkshire found that sixty-one per cent had no educational qualifications, and a significant number of these had special learning needs (YHES 1998). There would appear to be a link too, between lack of qualifications, poor health and a disengagement from participation in political or civic life, and could aggravate the situation of unemployment for the people concerned (Hagen 2002).

Citations in the Text

Citations in the text can be introduced in a variety of ways; there is no set formula.

For example:

There would appear to have emerged by the end of the twentieth century two broad approaches to the management of people within organisations (Handy 1996).

This sentence introduces a point of view and the student points to Handy as a major proponent of this perspective.

But this is not the only way of citing the author. The student could have also cited Handy at the start of the sentence, as follows:

Handy (1996) argues that by the end of the twentieth century two broad approaches to the management of people within organisations had emerged.

or, (if wanting to include Handy as an exemplar of this proposition):

Some commentators, for example, Handy (1996), have argued that by the end of the twentieth century two broad approaches to the management of people within organisations had emerged.

or

It can be argued, (for example, see Handy 1996), that two approaches to the management of people within organisations had emerged by the end of the twentieth century.

or

Charles Handy, amongst others, has argued that by the end of the twentieth century two broad approaches to the management of people within organisations could be observed (Handy 1996).

So there is no one 'right' way of citing authors. It depends on your sentence constructions at any particular point in the assignment. The important point is to give credit to authors who have influenced your ideas and arguments, and make it obvious to the reader the source of the evidence presented.

List References in Full at the End of an Assignment

The way the full reference details are presented in this booklet is based on advice from the following sources: British Standards Institution (BSI) guidelines: 'Recommendations for citing and referencing published material', BS 5605 and BSI guidelines 6371 'Recommendations for citation of unpublished documents'.

In the References or Bibliography section at the end of an assignment the **basic format** for listing references in the Harvard Style is as follows:

1. Start with the **last name(s)**, followed by initials of the author(s), contributor, editor, producer or speaker. If you don't have the name of an author, start with the name of the originator. This can be an organisation name, e.g. BBC, or name of a website, e.g. Bized.
2. This is followed by the **year of publication**; put this in brackets. This should be easy to find on printed documents. However, in some older books it may be missing. In this event, put (no date), or (n/d)consistent with p.19. With Internet sources, look for a year the item was placed on the site, or in the absence of this, when the site was last updated (the year in question), or if unsuccessful with either of these two, the year you looked at the information.
3. This is followed by the title of the source. The main source is usually emphasised in some way in your reference, e.g. underlined or italics. The main source would be, for example, the title of a book, name of the magazine, journal or newspaper, broadcast production source, video or CD-Rom etc. Whichever mode of emphasis you choose- underlining or italics - **keep it consistent throughout**. The pattern in this booklet is to emphasise main sources by the use of *italics*.
4. If your source is a chapter from an edited book, you then give the name or names of the **editors** of the book, followed by the title of the edited book.
5. In most printed items you would give details of the **publisher**. You first give the name of the town or city where the source was published, followed by the name of the publisher.
6. In the case of a journal article, you finish with the reference details of volume, edition/issue number (if shown) of the journal and the page numbers of where the article can be found.

(There may be variations on this general sequence for some sources; see examples in this booklet).

Referencing electronic sources follows the same basic format as described above, although the URL or DOI is given instead of publisher. The specific date you looked at the information is also included, e.g. (Accessed 05/12/2005).

At the end of the assignment the references are given in alphabetical order, by last name of the author(s), **in full**. The references for the citation example shown on page 16 would be listed, as follows:

References

Hagen, J. (2002). *Basic Skills for Adults*. Birmingham: The Guidance Council.

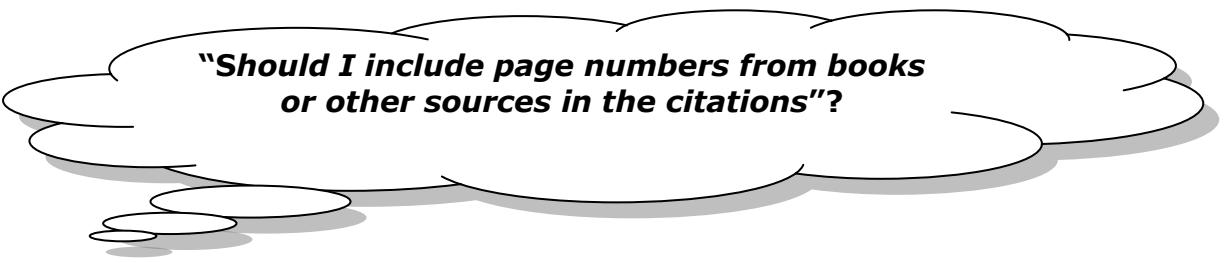
Handy, C. (1994). *The Empty Raincoat*. London: Hutchinson.

Tuckett, A. (1999). 'Who's Learning What?' *The Guardian* 18/5/1999, p.13.

YHES: Yorkshire and Humber Employment Service (1998). *Survey of Clients Aged 25+ Unemployed for Two Years or More*. London: Department for Education and Employment.

If you use an abbreviation in the **citation**, you would **start with this abbreviation in the reference**, then immediately explain it: YHES: Yorkshire and Humber Employment Service.

SECTION 2: FREQUENTLY ASKED QUESTIONS ABOUT REFERENCING



"Should I include page numbers from books or other sources in the citations?"

Single Topic Books

Many single subject books have a main or dominant message, perspective or argument that forms the core or essence of the book.

Authors build their arguments around these cores by presenting evidence and examples to back up their perspectives or by rebutting counter-arguments. If you wish to offer evidence in your assignment that summarise these essential core perspectives, then a page number is not necessary.

However, if you use and include a quotation from the book, you will need to include a page number in the **citation**:

...Ron Todd of the Transport and General Workers' Union commented, "we've got three million on the dole and another 23 million scared to death" (quoted by Bratton 1992 p.70).

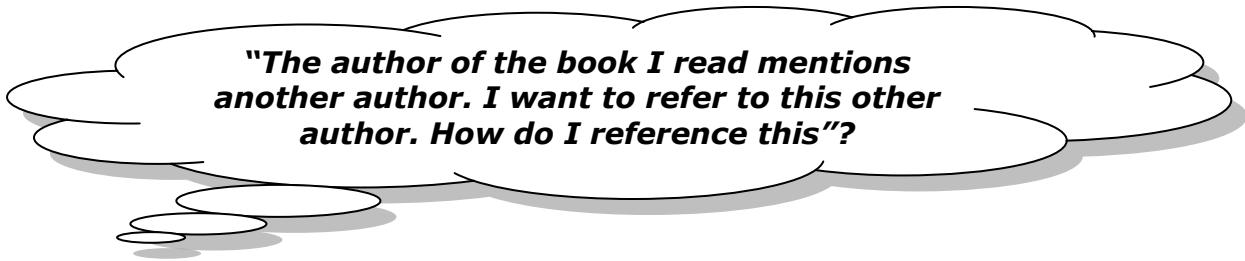
You can also include a page number in the citation, if you are referring to some specific detail that is secondary or incidental to the book's core point or perspective and which would be hard to find without a page number. These might include, for example:

- Statistics
- Illustrative examples
- Comments made by research subjects
- Author comments not directly related to the main topic

You would also give a page number if you are using the book as a **secondary source** – see next page.

Other Books and Sources

The same comments for books on a single topic apply for other sources. If the reader will struggle to find precisely what you looked at without the benefit of page numbers in the citation, then include them.



Secondary Referencing

This is called **secondary referencing**. Typically, you will be reading a chapter in a book and the author will mention an interesting piece of research done by someone else, or provide a useful fact for your assignment, then give a citation, naming another writer or writers.

You have two choices in this situation. You can find and read the source mentioned yourself and check out the accuracy of the summary given by the author you read – this is the recommended option - and then you can refer directly to this author, **as you have read the source yourself**.

However, if you find it difficult to find or gain access to the primary source, **and** where you are confident the secondary source author is reliable and accurate in the way he or she has paraphrased or quoted the original author **and** when you do not need to go into any great depth of analysis on what that primary author has written, you can use these secondary sources.

For example, in the book 'Licensed to Work' by Barrie Sherman and Phil Judkins (1995), there is a reference to another writer, Ivan Illich, who refers to 'shadow work': tasks in society that were once the responsibility of extended families and close communities.

If Sherman and Judkins book was used as a secondary source, your **citation** must make this clear. So you could write:

"Ivan Illich (1981), as summarised by Sherman and Judkins (1995 p.121) has suggested that 'shadow work'...."

or

"Illich (1981) has suggested that 'shadow work': tasks in society were once the responsibility of extended families and close communities (in Sherman and Judkins, 1995 p.121)."

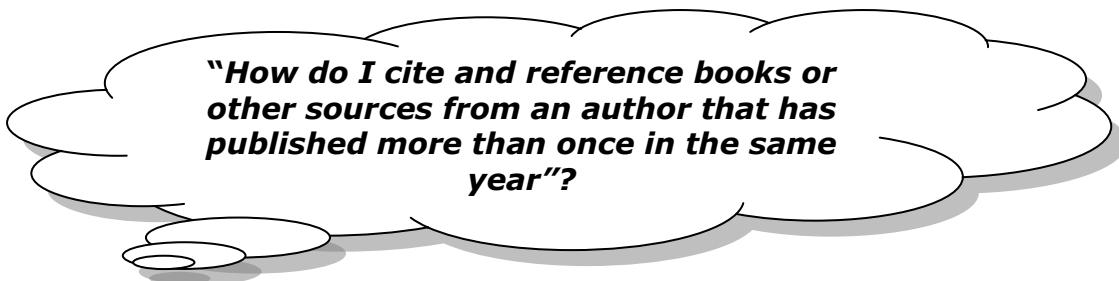
or

"Sherman and Judkins in their book (1995 p.121) refer to the work of Ivan Illich (1981), who coined the term 'shadow work' to suggest that"

The full **reference** must give details of the source **you looked at**, e.g.

Sherman, B. and Judkins, P. (1995). *Licensed to Work*. London: Cassell.

If anyone wanted to read Ivan Illich's book, they could then look at 'Licensed to Work' and find the full reference details there in the bibliography. It is not strictly necessary to give the year of Illich's book. However, it can be useful to the reader to give this detail, as there may be more than one Illich book listed in the primary source.



You use letters a, b, c and onward in your citations to differentiate between the different sources; for example:

The term 'communication apprehension' was coined by James McCroskey (1976a) and is defined as....

Later in the assignment you might want to refer to same author, different source, same year again, e.g.

Studies suggest that high CA can impact on a person's behaviour, relationships, the perceptions of others, occupational choice and employment opportunities and education (McCroskey 1976b; McCroskey and Richmond 1979...)

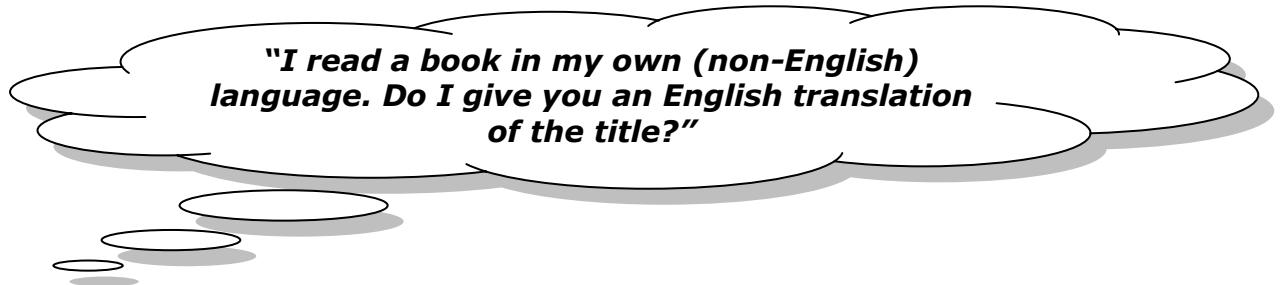
In the references/bibliography, you would then link the two different sources to the citation:

McCroskey, J.C. (1976a). 'The Effects of Communication Apprehension on Nonverbal Behavior'. *Communication Quarterly*, vol. 24, pp.39-44.

McCroskey, J.C. (1976b). 'The Problems of Communication Apprehension in the Classroom'. *Speech Communication Journal*, vol.4, pp.1-12, [online]

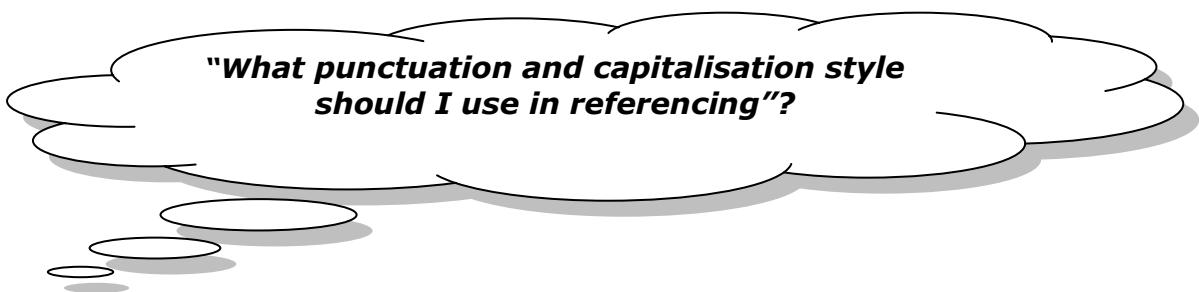
Same Author – Different Books – But Similar Points Made in Each One

You might on occasions want to refer to two or more books that an author has written in a single citation – as the same argument may have been presented by the author on more than one occasion. You can cite the author with the earlier works listed first, e.g. (Handy 1976; 1984; 1994).



You should give details of the source you looked at, which will include the title and author, in the language concerned.

However, it may be appropriate to add an English translation (in brackets) immediately after, particularly if the book was originally published in non-European characters, e.g. Chinese, Arabic.



The British Standard recommendation is for no punctuation within the brackets containing a citation, e.g. (Handy 1994), although if a number of authors are cited, you would need punctuation to separate out the names, e.g. (McCroskey, Daly, Richmond and Falcione 1977).

The BSI recommendations also suggest sentence stops after each distinct part of the reference, e.g.

Handy, C. (1994).
The Empty Raincoat: Making Sense of the Future.
London: Hutchinson.

Example:

Handy, C. (1994). *The Empty Raincoat: Making Sense of the Future.* London:
Hutchinson.

Although British Standards does not show the year in brackets, it has become an accepted style in referencing to enclose the year of publication within round brackets: Handy, C. (1994).

Titles

The spelling of the original title should be retained, e.g. Americanisation of words in titles should be retained.

Capitalisation

Follow the capitalisation shown in the original document.

For example, many book titles in social science, humanities and business disciplines capitalize the first and last words and all words except articles (e.g. 'the'; 'an'); prepositions (e.g. 'on'; 'to'; 'up'; 'in'; 'between' - and other words indicating spatial or temporal positions); and co-ordinate conjunctions (e.g. 'and'; 'but'; 'or'; 'for'; 'so'; 'yet')

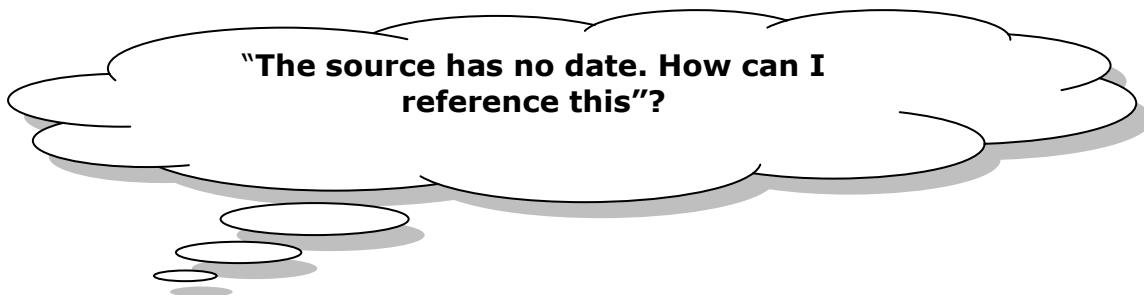
Examples:

Turabian, K.L. (1973). *A Manual for Writers of Term Papers, Theses, and Dissertations*. Chicago: University of Chicago Press.

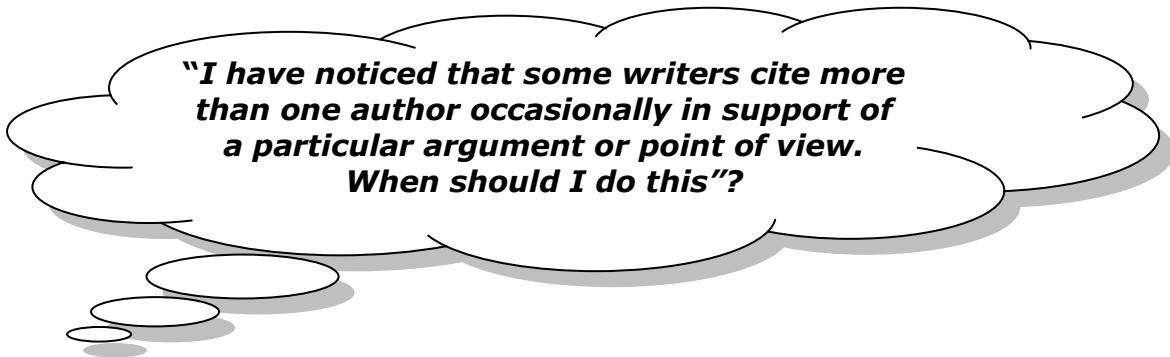
But you may find that titles in science disciplines and in most newspaper or magazine articles start with a capital and use lower case for subsequent title words, e.g.

Saigol, S. (2005). 'Gift shoppers set to spend £150m daily online'. *Financial Times*, 12/12/2005, p.4.

The best advice, therefore, is to copy the title as it is shown in its original form.



Older books may not show a date of publication. In that event, use the abbreviation 'n/d' (no date) consistent with p.13 in your citation and in the reference. You may find other sources, e.g. videos, without apparent production dates, and the abbreviation can be used with other undated sources.



A number of authors can be cited in support of particularly key or important points that you want to make or to support contentious statements or arguments presented by others.

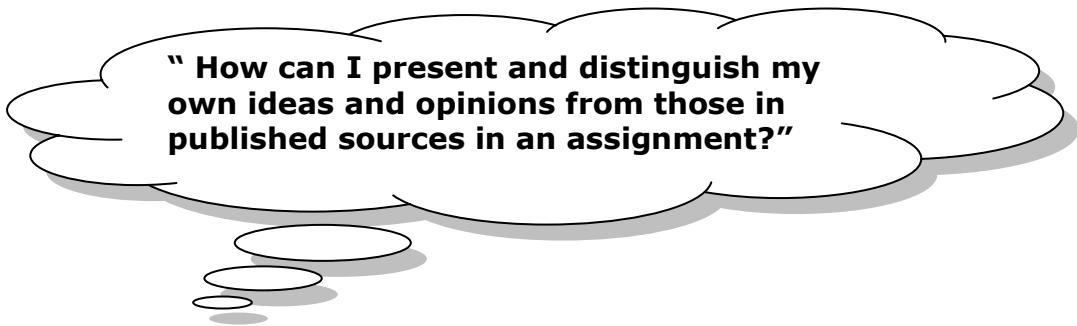
See the example shown on page 6 of this booklet (example 4).



Yes. If you include quotations in your assignment you take 'ownership' of them. You have decided to include quotations for emphasis or to make a particular point, so you must include them in your word count.

Citations in the text e.g. (Handy 1994) are also included in the word count.

However, your list of references or bibliography is not included in the word count.



Students often want to include their own view on an assignment topic, but are not sure how to do this, particularly in essays where their tutors have advised them to write in the third person and not to use the first person term, 'I'.

If you have been advised to avoid using the term 'I' in assignments, it is important to be aware of conventions in academic writing on how to distinguish the ideas of others from your own.

Here are some phrases that could be used:

Phrases

When citing the work of others:	When suggesting that the idea is your own:
<ul style="list-style-type: none"> • It has been argued... (state by whom) • XYZ has argued/asserted/implied • XYZ has suggested/stated/claimed • Recent evidence suggests... (state who has suggested it). • It has been shown by (state by whom) that... • Strong evidence was found by (state by whom) that... • A positive correlation was found by (state by whom) between ... • The relationship between X and Y has been explored by (state by whom) 	<ul style="list-style-type: none"> • It may be argued that... • It can be argued that... • Arguably,... • The problem with this perspective is, however, that... • Another perspective on this topic is that.... • It may/might/could be that... • One question that needs to be asked, is... • However, a contradiction to this argument could/might/may be/is that...

The phrases in the right hand column, if presented unreferenced, would suggest to the tutor that the ideas and views were your own (albeit based on a wide reading of the topic). These personal comments could also be linked with evidence from sources that connect with, and reinforce, your own perspective. So you could start a sentence **with your own view**, and then use supporting evidence to support these, e.g. "It can be argued that..." (and later) "The work of Smith (2008) supports this (perception/view/argument) to a large extent, as her work suggests..."

SECTION 3: EXAMPLES OF REFERENCING

3.1: REFERENCING PRINTED BOOKS

SINGLE TOPIC (MONOGRAPH) BOOKS

The last name(s) of the author(s) is listed first, followed by the initial letters of first names; followed by the year of publication in brackets; followed by the book title (in *italics* or underlined – but be consistent whichever you decide); then list the location (town or city) of the publisher, and finally the name of the publisher.

Examples:

Citation: (Handy 1994)

Reference:

Handy, C. (1994). *The Empty Raincoat: Making Sense of the Future*. London: Hutchinson.

Citation: Saunders et al (2003)

Reference:

Saunders, M., Lewis, P. Thornhill, A., and Jones, T. (2003). *Research Methods for Business Students, 3rd edition*. Harlow: FT Prentice Hall.

et al?

If a document has one or two authors (or originators) of equal status, both their names should be given in the citation. If there are **more than two**, the name of the first should always be given, but the names of the others may be omitted and replaced by the term 'et al' (meaning, 'and others') e.g. (Burchell et al 1999).

In the 'References' section however, all the authors will be listed, as shown above.

REFERENCING A CHAPTER FROM AN EDITED BOOK

Some books are not written by a single author, but contain articles or chapters written by different authors. These are edited collections, sometimes called 'readers' and have one or more editors.



If you make reference to an author in an edited collection, you need to give the last name, initials, date of publication, title of chapter (inverted commas), name(s) of editor(s), title of book (in *italics* or underlined), then location of and name of publisher, and page numbers.

Examples:

Citation: (North et all 1983)

Reference:

North, D., Leigh, R., and Gough, J. (1983). 'Monitoring Industrial Change at the Local Level: Some Comments on Methods and Data Sources', in M. Healey (ed.) *Urban and Regional Industrial Research: The Changing UK Data Base*, Norwich: Geo Books, pp.111-29.

Citation: (Moorhouse 1984)

Reference: Moorhouse, H.F. (1984). 'American Automobiles and Workers Dreams', in K. Thompson (ed.) *Work, Employment and Unemployment*, Milton Keynes: Open University Press, pp.80-89.

As you are referring to a specific chapter in a book, give the page numbers of the chapter in the **reference**.

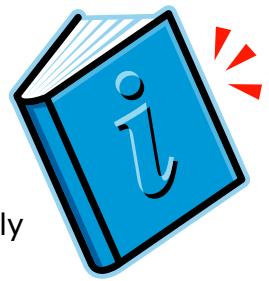
To see if you need to mention the page numbers in the **citation**, see comments on page 20.

The initials of the author of the chapter follow **after** the author's last name.

However, the initials of the editor(s) come **before** the last name(s) (as recommended in British Standards BS5605, 1990).

REFERENCING FROM ENCYCLOPAEDIAS and OTHER PRINTED REFERENCE BOOKS

Avoid an over-reliance on encyclopaedias for information. As a first choice, use try and information from monograph, edited books or peer-reviewed academic journals.



Encyclopaedias: It is unlikely that the name of an individual writer or contributor will be shown, but if one is shown, start with this: family name first, then the writer's initials. However, if no writer is shown, start with the title of the encyclopaedia, then give brief details of the entry referred to in the assignment, then add volume, the place of publication and name of publisher and then the page numbers.

In **dictionaries or other reference books**, if the name of the editor(s) or compiler(s) is shown, start with this, then give details of the book in the usual way. If no editor is shown, start with the title of the reference book.

Abbreviations can be used in citations to shorten long titles (see examples 3 and 4 below) although the full title must be given in the reference.

Titles of the books are in *italics* or underlined.

1. Citation: (New Encyclopaedia Britannica 1975)

Reference: *New Encyclopaedia Britannica* (1975). 'Goshen', volume 4. Chicago: Helen Hemingway Benton Publisher, p.642.

2. Citation: (Leibster and Horner 1989)

Reference: Leibster, L. and Horner, C. (1989). 'Definition: Elasticity of Supply', *The Hamlyn Dictionary of Business Terms: an A-Z Guide to the World of Commerce and Economics*. London: Hamlyn Publishing Group, p.84.

3. Citation: (ALC 2000)

Reference: ALC: *Asia's 7,500 Largest Companies* (2000). 'Quoted Companies'. London: ELC International, p.90.

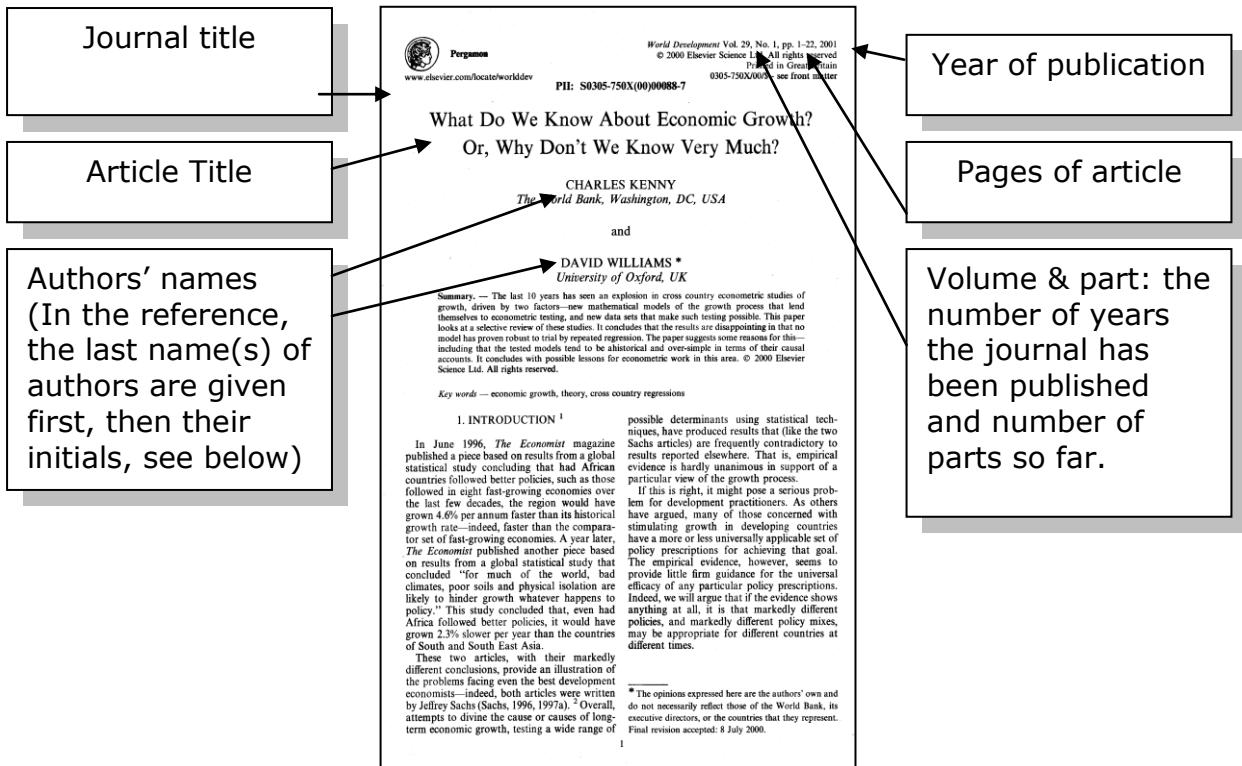
4. Citation: (DMCPSF 2004)

Reference: DMCPSF: *Directory of Management Consultants and Professional Service Firms in the UK* (2004). 15th edition, 'Centre for Management Creativity'. Peterborough: Kennedy Information Inc, p.220.

3.2: REFERENCING JOURNAL ARTICLES, MAGAZINES and NEWSPAPERS

ACADEMIC JOURNAL ARTICLES

Where to find the information you need on a printed academic journal.



Start with the last name of the author of the article, initials of author, year of publication (in brackets), title of article (in inverted commas), name of the journal or magazine (in *italics* or underlined), volume number and part number (if applicable) and page numbers.

References to journal articles do not include the name of the publisher or place of publication, unless there is more than one journal with the same title, e.g. *International Affairs* (Moscow) and *International Affairs* (London).

Example:

Citation: (Bosworth and Yang 2000).

Reference:

Bosworth, D. and Yang, D. (2000). Intellectual Property Law, Technology Flow and Licensing Opportunities in China. *International Business Review*, vol. 9, no. 4, pp.453-477.

(The abbreviations, 'vol.', 'no.' and 'pp' can be omitted, if wished. But be consistent: either use them, or not, in a consistent way).

MAGAZINES

The same sequence of referencing academic journals applies to magazines with a general readership.

- If there is an author, start with his or her last name, followed by their initials
- Year of publication (in brackets)
- If there is no author name, start with the originator's name (as recommended by British Standards); this would be the name of the magazine (in italics)
- The title of the article (you can include this in inverted commas)
- If you started with the author's name, give the title of the magazine at this point (in *italics*, or underlined)
- Then full details of the specific date the magazine was published
- Page numbers

Examples (with and without authors from the same magazine):

Citation: (Rigby 2005)

Reference:

Rigby, R. (2005). 'Crossover Consultants'. *Management Today*, November 2005, pp.30-35.

Citation: (*Management Today* 2005)

Reference:

Management Today (2005). 'Business Manners, Working From Home', November 2005, p.12.

NEWSPAPERS

The order of referencing is:

- Name of writer, if shown
- (if name of writer not given, start with the name of the Newspaper (in italics))
- Year of publication
- Title of article (you can include this in inverted commas)
- Name of newspaper (in *italics* or underlined), if not shown as the first item
- Day of publication
- Details of any special identifying feature, e.g. review sections, supplements
- Page number

Examples:

1. Citation: (Saigol 2005)

Reference:

Saigol, L. (2005). 'Gift shoppers set to spend £150m daily online'. *Financial Times*, 12/12/2005, p.4.

2. Citation: (*Financial Times* 2005)

Reference:

Financial Times (2005). 'Duke does U-turn over spin-off sale', 12/12/2005, p.14.

3. Citation: (Skypala 2005)

Reference:

Skypala, P. (2005). 'Shooting the rapids of pension liabilities', *Financial Times: FTfm (Fund Management)*, 12/12/2005, p.3.

4. Citation: (*Financial Times* 2005)

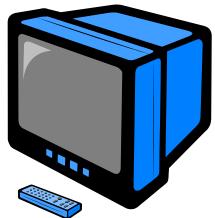
Reference:

Financial Times (2005). 'Helping fashion to embrace IT'. FT Companies & Markets supplement, 12/12/2005, p.24.

- Short news items without author's name in newspapers can be referenced by giving full details in the citation only. If it is a local paper, it is helpful to include the city of origin, e.g. (Bradford '*Telegraph and Argus*' 21/06/2004, p.4).
- If the article appeared originally in printed form, but is being presented to you on the Internet, via Metalib/Proquest, or on a CD-Rom, you can reference this as if it was a printed source in front of you providing you are sure that the article is unabridged or unamended (it will usually say if it has been altered or amended).

3.3: TV/RADIO/VIDEO/AUDIO CASSETTE/CD ROM SOURCES

Start with the name of any author, e.g. for a CD-ROM or audio cassette, if applicable. If not applicable, start with a production source (see examples 1 and 5) then give information on the year of production, and any specific transmission dates. The information medium, e.g. CD-ROM, video cassette, radio, television, should always be specified. Titles of any video, CD-Rom or audio cassette should be in *italics* or underlined. In the case of radio and television programmes, the production source, e.g. BBC, should be shown in *italics* or underlined.



If someone has been interviewed (see television programme example below), and the **interview forms the basis for the citation and reference**, the reference should start with the name of the person interviewed.

The important thing is that you give the reader full information on the medium, programme or production in question, particularly its title, date of broadcast or production, and the production source.

Examples:

1. Radio Programme

Citation: (BBC Radio 4 2003)

Reference: BBC Radio 4 (2003). 'Analysis', broadcast 12/5/2003.

2. Television Programme

Citation: (Porrit 1991)

Reference: Porrit, J. (1991). Interview by Jonathan Dimbleby, 'Panorama', BBC 1 Television, broadcast 18/03/1991.

3. Audio CD

Citation: (Roberts 2000)

Reference: Roberts, R. (2000). *Passive Music for Accelerated Learning* (audio-CD). Carmathen: Crown House Publishing.

4. CD-ROM

Citation: (Ziegler 1992)

Reference: Ziegler, H. (1992). *The Software Toolworks Multimedia Encyclopedia* (version 1.5), Software Toolworks (CD-ROM). Boston: Grolier.

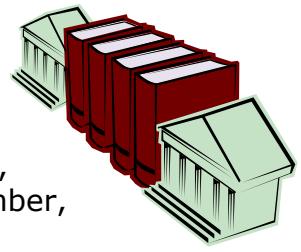
5. Video Tape

Citation: (TV Choice Productions nd)

Reference: TV Choice Productions (nd). *The Presentation: a Guide to Effective Speaking* (video tape). Bromley: TV Choice Productions.

3.4: REFERENCING GOVERNMENT PUBLICATIONS

Start with the name of the writer or organisation sponsoring the publication (if shown) or, if not shown, title of article (in inverted commas), the title of publication (in *italics* or underlined), followed by date of publication, place of publication, name of official publisher, finally the volume or edition date number, table or page number.



Examples:

Citation: (Office for National Statistics 2000)

Reference:

Office for National Statistics (2000). *Standard Occupational Classification Volume 2: The Coding Index*. London: The Stationery Office.

Citation: (Central Statistical Office 1990)

Reference:

Central Statistical Office (1990). *Social Trends, 20*. London: HMSO.

Government sponsored **reports** often have long titles but become commonly known by the name of the Chairman of the committee responsible. You should always give the full official title of the report in a reference, but you can give the popular title too, if you wish. You can also use an abbreviation in the citation, but you must give the full title in the reference; see example below:

Citation: (UNCED 1987)

Reference:

UNCED: United Nations World Commission on Environment and Development (1987). *Our Common Future* (Brundtland Report). Oxford: Oxford University Press.

Parliamentary Reports require a little more detail, but the basic principle is the same; see example below.

Citation: (House of Lords 1996)

Reference:

House of Lords (1996). *Information Society: Agenda for Action in the UK: Fifth Report of the Select Committee on Science and Technology*, session 1995-96. HMSO, 1996 (HL 1995-96 51).

3.5: PRINTED REPORTS (including Company Annual Reports)

Annual Reports

Company annual reports often involve multiple authors and rarely show the name or names of the compilers or editors. If they do, however, start with these. But if not, start with the company name, then give the year, then full title (in *italics* or underlined), section and chapter (if applicable) then page number.

Citation: (Cable and Wireless 2002)

Reference:

Cable and Wireless (2003). *Annual Report and Accounts 2003: report of the independent auditors*, p.35.

Other Reports

- Start with name of author (if shown): family name, then initials
- If no name of author, start with name of report
- Year of publication
- Full title of report, including sub-section or sub-title information (in *italics* or underlined) and edition number
- Volume, sections, page number (if applicable)
- Place of publication
- Name of publisher

Citation: (Business Ratio Reports 2004)

Reference:

Business Ratio Reports (2004). *Security Industry*, edn. 26, section 4: Performance League Tables: sales: 4-2. Hampton: Keynote.

3.6: REFERENCING COURSE MANUALS/LECTURE NOTES

You can also refer to course manuals and lecture notes given to you by teaching staff. These notes may be a **primary source**, e.g. a summary or explanation written by a lecturer, or, more likely, a **secondary source**, where a lecturer is quoting what someone else has said, or referring directly to a third person.



Examples of citing primary and secondary sources using teaching notes supplied to you (imagine that the following extracts are taken from an essay on marketing):

1. Primary

When choosing from the mix of promotional activities available to market a product, the market objectives should be the main driving force. Low (2004) has suggested four main questions: who is your target group? What do you want them to do? When do you want them to act? And how much are you prepared to spend to communicate with them?

2. Secondary

Marketing Communications has been defined as a process "*through which an organisation enters into a dialogue with its various audiences*". The objective is to influence in a positive way a particular target audience in its awareness, understanding and actions towards that organisation and its products or services' (Fill 2002, as cited in Low, 2008, p.2).

In both cases, the 'References' section would give full details of Low, which is the source for both these citations, i.e.

Low, C. (2008). *Marketing Communications*, from MA Course Manual, 2008/9, p.2, University of Bradford, School of Management.

Regarding the second example (secondary source), you might want to go to the main source, i.e. Fill, 2002, to look at the original to enable you to expand on the definition presented or be critical of it. If you did this you could then cite Fill directly as a primary source.

3.7: REFERENCING THE SPOKEN WORD (interviews, telephone conversations and lectures)**Interviews**

Face to face interviews you conduct for any project can be referenced, provided you make available any interview notes, transcripts, completed interview questionnaires or recordings made. These can be added, if required, as appendix items (check with your tutor).

Start your full reference with the family name of the interviewee, initials, year of interview, then state the purpose of the interview (*italics* or underlined), place of interview, name of interviewer (this could be your own name), then date of interview.

Citation: (Brown 2005)**Reference:** Brown, J. (2005). *Personal Interview (marketing survey for MA project)*. GKN, Leeds, with Jim Clarke, 20/03/05.**Telephone Discussions (including interviews)**

A similar principle (about keeping notes or making a recording) and reference sequence applies to telephone conversations:

- Name of person spoken to (family name, then initials)
- Year
- Medium (telephone conversation/interview)
- Subject of discussion (*italics* or underlined)
- Your name (or name of person speaking to subject)
- Date of conversation

Citation: (Edwards 2005)**Reference:**

Edwards, R. (2005). *Telephone interview re. SMEs and graduate employment* with Colin Neville, 13/12/2005.

Ensure you keep a written record of verbal discussions, otherwise your tutor has no way of cross-checking points you make in assignments.

Lectures

- Start with name of lecturer: family name, then initials
- Year
- Medium (lecture) and details of lecture (italics or underlined)
- Module and course details, including academic year
- Place
- Exact date of lecture

Citation: (Neville 2005)

Reference:

Neville, C. (2005). *Lecture on academic writing*, Self-development module, first year undergraduate course 2005/6, University of Bradford, School of Management, 25/11/2005.

You could also reference **published interviews** in journals, magazines or elsewhere. The sequence for this would be:

- Name of person interviewed (last or family name first, then initials)
- Year of interview
- Title of interview
- Explanation of interview
- Interviewer's name
- Title of publication (in *italics* or underlined)
- Publication details, including full date and page number

Example:

Citation: (Turner 2005)

Reference:

Turner, N. (2005). 'Turner's secret: the short-haul factor'. Interview with Nigel Turner, BMI's new CEO, by Ben Flanagan. *The Observer* (Business Section), 22/05/2005, p.18.

(See also television interviews, page 28).

3.8: REFERENCING UNPUBLISHED SOURCES

The same basic format for Harvard referencing applies for referencing unpublished sources: start with the name of the writer or speaker, year of dissertation, conference title (in *italics* or underlined) of the document(s), talk, presentation etc, name of conference or seminar (if applicable) and other information to locate the material. In the case of archive material, this will be the name of the place where the item is to be found.

Examples:

Unpublished MBA dissertation

Citation: (Cooper 2003)

Reference: Cooper, T.E.J. (2003). *Implementing Strategic Change in the Recruitment Advertising/Employment Communication Industry*. Unpublished MBA Management Project, University of Bradford, School of Management Library.

Unpublished Conference Paper

Citation: (Broadbent 2005)

Reference: Broadbent, M. (2005). *Tackling Plagiarism: a Teaching and Learning Perspective*. Unpublished paper delivered at Conference: 'Tackling Plagiarism'. University of Hertfordshire, Business School, 22/03/05.

Unpublished Archive Material

Citation: (Vickridge 1918)

Reference: Vickridge, A. *Correspondence of Alberta Vickridge 1917-1965*, Box 2, letter to Vickridge from A. Christie, 12/02/1918. University of Leeds, Brotherton Library.

3.9: REFERENCING STANDARDS and PATENTS

Standards

In the full reference:

- Start with the issuing body, e.g. British Standards
- Year of publication (if the standard number incorporates the date of publication, this can be omitted, as in the example below)
- Title (*italics* or underlined)
- The Standard number

Citation: (British Standards 1990)

Reference:

British Standards. *Presentation of theses and dissertations.* BS4821:1990

Patents

The sequence in the full reference is:

- Name(s) of inventor(s) or patentee(s): family name(s) first, then initials
- Year of publication
- Title of patent (*italics* or underlined)
- Country of origin and serial number
- Date of application and date of acceptance

Citation: (Lund-Anderson 2001)

Reference:

Lund-Anderson, B. (2001). *Device for the damping of vibrators between objects.* US Patent 6296238. Appl. 24/06/1999. Acc. 02/10/2001.

3.1: REFERENCING LEGAL DOCUMENTS

Students on law degree or related courses will learn a referencing style that is particular to this subject: usually the Oxford Standard for Citation of Legal Authorities (OSCOLA). This is the style used by the Oxford University Commonwealth Law Journal, who contributed to its development. However, students on other courses, who occasionally have to cite legal cases, may also find this section helpful.



OSCOLA style of referencing

More detailed information on the OSCOLA Style of referencing can be obtained from the website of Faculty of Law, University of Oxford. Briefly though, the OSCOLA referencing style is different to the Harvard style of referencing in that it uses a raised or superscript numbers in the text of an assignment, combined with footnotes. The numbers used in the text against evidence presented is then connected with a footnote at the base of each page. You can use the 'Insert' – 'Reference' – 'Footnotes' facility on Microsoft Word to manage this for you. You would also need to prepare a bibliography at the end of the assignment to present an alphabetical overview of all the sources you had featured in your footnotes.

It is also different to Harvard referencing in the way it presents the full details references in footnotes and bibliographies.

With books, for example, the first name or initials of the author(s) is presented before the author's last name, without a stop or comma between them. Also, the title is always in italics, and the edition, publisher, place of publication and date are enclosed within brackets. Page numbers can be included, if relevant, as last items in the reference. When there are more than three authors, just state the first, followed by 'and others'.

OSCOLA examples:

- D French, *How to Cite Legal Authorities*, (London: Blackstone, London 1996) 33-35
- P Loose and others, *The Company Director* (9th rev edn Jordans, Bristol 2006)

(**Note:** the book mentioned above, *How to Cite Legal Authorities*, is recommended reading regarding citations and referencing for any student studying for a law degree).

Reference essays and chapters in edited journals, as follows:

- D Cullen, 'Adoption – a (Fairly) New Approach', *Child and Family Law Quarterly* (Oct 2005) 17 475, 486.

A minimum of punctuation is used, and commas should be used only to stop words running into each other. All words in the title should be capitalised, except prepositions ('of', 'by', 'which'), articles ('the', 'an', 'a') and conjunctions ('and', 'or').

G1. Case citation

Case citation is a frequent occurrence in law course assignments. You need to include:

- names of the parties;
- year, in square or round brackets (see below discussion for when to do this);
- volume number;
- abbreviated name of the law report series;
- first page of the reference.

Case names should be italicised in assignments, e.g.

Murphy v Brentwood District Council [1990] 2 All ER 908

When referring to a case for the first time, give its full name exactly as it appears in the report. In subsequent references a case can be referred to by a shortened name, e.g. *Murphy v Brentwood District Council*, and can be referred to as the *Murphy* case.

If you give the full details of the case in the text, you do not need to repeat the information in a list of references.

Examples:

1. Campbell v Mirror Group Newspapers Ltd [2004] 2 All ER 995
2. Rees v United Kingdom (1987) 9 EHRR 56

You could, however, refer to part of the citation in the text, e.g. *Campbell v Mirror Group Newspapers*, and give the full reference details in footnotes.

Square or round brackets?

Square brackets are used when the date is essential for finding the report. Round brackets are used when the date is merely of assistance in giving an idea of when a case was featured in law reports that have cumulative volume numbers.

Abbreviations?

The abbreviations in the examples shown above refer to All England Law Reports (All ER) and European Human Rights Reports (EHRR). A full list of abbreviations in the names of law reports and journals can be found at the Cardiff University 'Cardiff Index to Legal Abbreviations' website at <http://www.legalabrevs.cardiff.ac.uk/searchabbreviation/> or from OSCOLA.

Punctuation?

Use open punctuation – no stops after parts of the abbreviation, e.g. *All ER* (and not All. E.R.)

Specific page references?

When a particular passage is being quoted or referred to, the specific page references must be included, e.g.

Jones v Tower Boot Co Ltd [1997] 2 All ER 406 at 411

Judge's name?

When the judge's name is being quoted or referred to in a particular passage, the judge's name should be provided as part of the citation, e.g.

That was the opinion of Mackay LC in *Pepper v Hart [1993] 1 All ER 42 at 47*

Judges should be referred to in terms of Justice or Lords Justice, as appropriate, e.g. Clark J; or Smith LJ. If referring to more than one High Court judge: Smith, Clark and Brown JJ; or Smyth and Clarke LJ if Lords Justice.

G2. UK Acts of Parliament (Statutes)

These are Acts passed by Parliament, which eventually receive royal assent and become law. You would normally list the source in the full reference, as follows:

- title of Act and year;
- the part: pt, and section: s, and/or
- the schedule: sch, and section: s.

Example:

Citation: (Data Protection Act 1998)

Reference: Data Protection Act 1998. pt 1, s2.

Note: the year: 1998, does not appear in brackets in the reference, as the date is part of the title.

For older statutes, the *Oxford Standard* suggests it can be helpful to give the appropriate year of reign and chapter number, e.g. Crown Debts Act 1801 (14 Geo 3 c 90), meaning that the Act was given Royal Assent in the 14th year of the reign of George the Third, and was the 90th Act given Royal Assent in that parliament, hence c 90).

G3. UK Bills

A bill is proposed legislation before Parliament. Bills are cited by their name, the Parliamentary Session, the House of Parliament in which it originated and the running order assigned to it, and any relevant sections or subsections. HC= House of Commons; HL= House of Lords.

Example:

Citation: (Identity Cards Bill 2004-5)

Reference: Identity Cards Bill 2004-5 HC-8, s 9(4).

G4. UK Statutory Instruments

These are orders and regulations linked to particular Acts and should be referenced by name, date and serial number (where available).

Subsidiary words in long titles within the in-text citation may be abbreviated (see example below), but the full title must be given in the reference.
Example:

Citation: (Telecommunications (LBP) (IC) Regulations 2000)

Reference: The Telecommunications (Lawful Business Practice) (Interception of Communications) Regulations 2000.

G5. EC Legislation

European Community (EC) legislation (Regulations, Directives and Decisions), and other instruments (including Recommendations and Opinions) should be referenced by providing the legislation type, number and title, then publication details from the Official Journal (OJ) of the European Communities. Be warned, these references can be lengthy! Example:

Citation: (Commission Regulation 1475/95)

Reference:

Commission Regulation (EC) No 1475/95 of 28 June 1995 on the application of Article 85 (3) [now 81 (3)] of the Treaty to certain categories of motor vehicle distribution and servicing agreements *Official Journal L 145*, 29/06/1995 pp. 0025 – 0034.

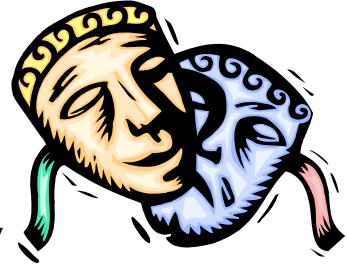
The capital letter 'L' in the example, i.e. 'Official Journal L', indicates the series stands for Legislation; the C series contains EU information and notices, and the S series contains invitations to tender (see Oxford Standard p.18).

(With thanks to Neil Carter, School of Management Library, for allowing me to use his lecture notes in part of this section).

3.11: REFERENCING CINEMA FILMS OR THEATRE PLAYS

Cinema films and theatre plays may also be referenced – particularly to make social points or to give dramatic examples of a particular theory in action.

For example, the 1957 film '*Twelve Angry Men*' makes an effective point about the pressure in groups to conform to the will of the majority. And the 1983 Tom Kempinski play, '*Duet for One*', vividly conveys the impact of physical disability on the life of a professional person.



Film:

You start with the title of the film and year of production, then state the medium, e.g. 'film', and then give the name of the director (or producer if director not known); finally, give the name of the film studio and details of any video recording currently available.

Play:

The scripts of plays are usually available in printed form so you should be able to give details of the playwright and the publisher of the script. To reference plays, start with the name of the playwright, then year of publication, title of play (*italics* or underlined), state medium, e.g. 'play', then details of the Act, Scene and/or page number, then publisher information.

Citation: (*Twelve Angry Men* 1957)

Reference: *Twelve Angry Men* (1957). Film directed by Sidney Lumet, Hollywood: MGM Studios (available now on MGM 'Vintage Classics' video series).

Citation: (*Kempinski* 1983)

Reference: Kempinski, T. (1983). *Duet for One*. Play: Act 1, p.21. London: Samuel French Inc.

3.12: REFERENCING ELECTRONIC SOURCES

The Internet is a rich source of information for students. It is also, unfortunately, the unregulated host to sites that have been created by their authors as arenas for their ill-informed and biased opinions.

Reliable Internet sites can certainly be used and cited in assignments. But how can you evaluate Internet sites?

Munger and Campbell (2002) and Rumsey (2004) suggest the following questions asked of sites can help you evaluate the reliability of them:

Author/Purpose	Content	Design
<ul style="list-style-type: none"> • Who is the author? • Why has this site been established – is it clear from the introduction? • Is there a link to the author's Email address? • Does the author have any academic or professional affiliation? • Who is the sponsor of the site? • What is the site's purpose? • Who is the intended audience for the site? • What are the potential biases or hidden agendas of the site? 	<ul style="list-style-type: none"> • Were you connected to this site from a reliable source? • How comprehensive is the site in its coverage? • Is the site regularly updated? When was the site last updated? • How are sources referenced and documented? • Are the links provided working? (a site that is not being updated, including the hyperlinks, should not be trusted) • On what basis are links selected? • What is the rationale for the provided links to other sites? 	<ul style="list-style-type: none"> • Is the site easy to navigate and use? • Does the resource follow good principles of design, proper grammar, spelling and style? If it does not, beware! • Does the site include advertising?

Basic Principles of Referencing Electronic Sources

The basic principles of the Harvard Style apply for all electronic sources, e.g. if there is the name or names of authors, start with these, then show year of original publication, if shown (or date stamp of site if any is given), then a title of article (if shown) in italics or underlined, or title of site followed by **full details** of the website, and finally the date you gained or 'Accessed' the information from the site.

Important:

You **don't** have separate lists of www sites in your 'References' or 'Bibliography' sections. Internet sites are incorporated into one alphabetical list of references.

Also, you **don't** give the www address as your citation in the text of your assignment! Instead, you put the name of an author, or the website name.

If the URL is ridiculously long, for example, stretching over three or more lines, you can give the homepage address and then give a series of keyword search words to take the reader to the relevant screen. If a DOI (Digital Object Identifier) is given always use this, as DOIs offer a more consistent way of tracking and locating a source.

EXAMPLE A: (Online Article or Report)

Citation: (Introna et al 2003)

Reference:

Introna, L., Hayes, N., Blair, L., and Wood, E. (2003). *Cultural Attitudes Towards Plagiarism*.

<http://www.jiscpas.ac.uk/appage.cgi?USERPAGE=7508> [Accessed 13/12/2005].

You see from example **A** above, that in the reference the last names of the authors are shown, followed by their initials, year report was published, title of article, followed by the full website address and then the date the site was 'Accessed': the date you visited the site.

EXAMPLE B: (Government Statistics Online)

In example **B**, there is no author(s) name(s) shown, so you start with the main source, e.g. (NSO), then add the year the data was originally published by the NSO, the title of the online screen information, full details of the website address and finally the date you visited the site.

Citation: (NSO 2005). You can abbreviate organisational names, but you must explain the abbreviation in the full reference (see below).

Reference:

NSO: National Statistics Online (2005). *Employment: Rate rises to 74.9% in 3 months to Sept 05*.

<http://www.statistics.gov.uk/CCI/nugget.asp?ID=12> [Accessed 3/12/2005].

EXAMPLE C: Articles from journals or magazines**Example C1: direct public access to article****Citation:** (Brown 2006)**Reference:**

Brown, R. (2006). Plagiarism on the net. [Online] *Journal of Referencing Studies*. Summer, pp.266-272. Available at <http://www.JRS.org> [Accessed 23/10/2006].

Example C2: access via a subscription database**Citation:** (Schaeffer 2009)**Reference:**

Schaeffer, R. (2009). Closing the medication safety loop. *Health Management Technology*. vol. 30, no. 3, pp.30-33. [Online] via Proquest Available <http://www.proquest.com/en-US/default.shtml> [Accessed 22/04/2009].

Example C3: Preprint of academic journal article or paper

A preprint is a draft, or work in progress, of a scientific paper that has not yet been published in a peer-reviewed journal. These are contained and maintained within repositories and digital copies (or eprints) are made accessible to others.

Making their draft papers freely available, allows authors to receive early feedback from their peers to help them revise their work. Students can benefit from access to these papers to find out what research is in progress. However, they need to make it clear in the text of their assignments that the research in question is still unpublished work (see both examples).

The first example below illustrates a full reference example of an unpublished paper presented at a workshop and retrieved from an academic digital repository; the second, of an article accepted for publication, also from an academic digital repository, which shows the DOI tracker.

1. Paul, S. (2009). The puzzle of neutron lifetime. Unpublished paper presented at *International Workshop on Particle Physics with Slow Neutrons* 29 – 31 May 2008 Institut Laue Langevin, Grenoble, France. Arxiv [Online] <http://arxiv.org/abs/0902.0169v2> [Accessed 23/04/2009].
2. Ng, I. and Lee, K. S. (2008). Competition in the advanced sale of service capacity. Accepted for publication in *International Journal of Revenue Management*, vol. 2, no. 4, 2008. Available University of Exeter [Preprint] doi: 10.1504/IJRM.2008.020724 [Accessed 23/04/2009].

Article in an online magazine (not available in print form; online only)

Give full details of the name of the magazine, year of publication, title, URL address, and date you accessed the information. If an author's name was shown,

then start with this. If not, start with name of magazine or journal, as shown in the example C3 that follows:

C3: Magazine article, no named writer

Citation: (Microsoft Windows 2006)

Reference:

Microsoft Windows XP (2006). 25 Best hidden programs. Issue 58, May. Available at <http://www.windowsxpmagazine.co.uk/> [Accessed 19/07/2006].

EXAMPLE D: Newspaper article

If the name of the journalist or writer is shown, start with this. If not, start with the name of the online newspaper site. Give the title and date of the item or article, and the URL address to take the reader to where the article can be found. Two examples:

Newspaper article: journalist named

Citation: (Lister 2006).

Reference:

Lister, S. (2006). Basic hygiene is failing in a third of NHS hospitals. *Times Online*. 22 Mar. 2006. Available at <http://www.timesonline.co.uk/article/0,,8122-2097936,00.html> [Accessed 24/07/2006].

Newspaper article: no journalist named

Citation: (Times Online 2006).

Reference:

Times Online (2006). On the flight path of dying Ibis. 24 July 2006. Available at <http://www.timesonline.co.uk/article/0,,3-2282913,00.html> [Accessed 24/07/2006].

EXAMPLE E: (Databases for statistical and company data)

You can use the Metalib information portal service to gain access to many useful statistical databases, e.g. Financial Analysis Made Easy (FAME). The database for statistical and company specific information should always be named, its publisher, along with the title of report, and date information was obtained.

However, if the database is password protected there is no point in giving the URL address; you only give URL addresses in references if the site is publicly accessible.

The first example that follows is an example of referencing using the FAME database to focus on just one company.

The second example shows a citation and the reference when FAME was used to gather and collate data on three separate companies.

1. Citation: (Dixons Group PLC 2004)

Reference:

Dixons Group PLC (2004). *Company Report: Profile*. Available from Financial Analysis Made Easy (FAME) database, Bureau Van Dijk Electronic Publishers. [Accessed via Metalib 13/12/2005].

2. Citation: (FAME Database 2005)

Reference: FAME: Financial Analysis Made Easy (2005). Compilation derived from: *Company Annual Reports: PC World; Currys; UniEuro*, FAME database, Bureau Van Dijk Electronic Publishers. [Accessed via Metalib 22/04/2005].

EXAMPLE F: (Quoting from the Internet)

Quoting directly from the Internet (or any other source) should be done **very selectively**. Wherever possible try and summarise or paraphrase what you have read.

Quoting an author directly should always be done for a particular purpose, for example, to convey a sense of the 'voice' of a particular author or organisation; example:

However, Howard Gardner regards the term 'domain' in a completely different way: "The domain in a society can be thought of as the kinds of roles listed in the Yellow Pages of a phone book- anything from Accounting to Zoology" (Gardner 2005).

The reference for this quotation – taken from the 'Frequently Asked Questions' (FAQ) section of the author's website – would be given as follows:

Gardner, H. (2005). *Domains*, FAQ, p.2, Howard Gardner Homepages, www.howardgardner.com [Accessed 22/04/2005].

EXAMPLE G: (Secondary Sources on the Internet)

You will also encounter many Internet sources that summarise or quote indirectly the words of others. You would treat these Internet sources as **secondary sources**.

For example, on the 'Friends of the Earth' (FOE) Internet site, the FOE quote the Executive Director of Corpwatch and author, Joshua Karliner, as saying that "*...51 of the 100 world's largest economies are corporations*".

If you were unable to locate the **primary source** (i.e. Joshua Karliner), to check the accuracy of this quotation, you could cite the Friends of the Earth site (although this would not be as reliable as checking out the primary source).

The citation and reference would be as follows:

Citation: (Karliner, as cited by *Friends of the Earth*, 2004).

Reference:

Friends of the Earth (2005). *Corporates: Corporate Power*.
http://www.foe.co.uk/campaigns/corporates/issues/corporate_power/
[Accessed 13/12/2005].

EXAMPLE H: (Referencing E-mails)

Significant E-mail messages can also be referenced, providing a record is kept. The following format is recommended:

- Last name of sender, then his or her initials
- Year communication received
- Medium (Email)
- Title or subject of message
- Date communication received

Example:

Citation: (Brown 2004)

Reference:

Brown, J. (2004). Email to C. Neville re. citing teaching notes, 12/12/2005.

In this example, as you see, the citation in the assignment would be (Brown, 2004), as the sender (Brown) has communicated information to the recipient (Neville), who can then use this information as a source in an assignment.

However, you should obtain permission from the sender, if possible, to use the correspondence for reference purposes, and you should keep a copy of the correspondence to enable a tutor to read it if required; alternatively, it can be presented as an appendix item.

EXAMPLE I: (Discussion Lists)

Messages from discussion lists can also be used if they contribute in a significant way to any assignment. Start with the last name of the sender of the message, then give his/her initials, year, subject of message, title of discussion list, E-mail address, date message posted onto site and finally, the date the message was Accessed by you.

Example:

Citation: (Braham 2003)

Reference:

Braham, J. (2003). Skills Audit, *LDHEN Discussion List*, LDHEN@Jiscmail.ac.uk, 22/07/2003 [Accessed 25/07/2003].

You will need to keep message(s) on file in case a tutor wishes to see them, or they can be included as appendix items.

EXAMPLE J: (Online Teaching Materials)

To reference online teaching material material:

- Start with the name of the tutor/author/originator of the material;
- Include the year of online publication;
- State title of item;
- Give (if applicable) course week number, if applicable, name of the course or module, the name of the institution;
- State the name of the VLE system, its log-in point;
- Give the date you accessed/retrieved the item.

Example from Blackboard

Citation: (Gregory 2009).

Reference:

Gregory, T. (2009). Regional Trends: [course notes] week 6, *The Changing World of Work*: level 2 undergraduate module. University of Bradford, Blackboard [Online]. Available at <http://blackboard.brad.ac.uk/> [Accessed 04/05/2009].

EXAMPLE K: (Online Reference Sources)

If an 'originator', i.e. the writer, author or site compiler or editor is named, start with this. If not, start with the name of the site or reference work consulted. Include any date recorded against the entry, title of entry, name of online reference work and other relevant identifying features.

However, be cautious when using online reference sites. Try and ascertain what backing the site has from professional associations, universities and other reputable organisations; ask your tutors if they have a view on the site. It is also

a good idea to check the entry against other online and printed reference works to verify the level of consistency and agreement there is among them.

Example:

Citation: (EBO 2009)

Reference:

EBO: *Encyclopædia Britannica Online* (2009). Definition of 'Conflict'.

Available at <http://www.britannica.com/> [Accessed 29/07/2009].

EXAMPLE L: (Online Dissertation)

If the work was available from a dissertation database (or commercial organisation), give details of the database after the title of thesis, and any accession number, and/or relevant search path or file name information.

Harris, C.D. (2006). *Organizational change and intellectual production: the case study of Hohokam archaeology*. Unpublished doctoral thesis. [Online] University of Arizona, via *ProQuest Digital Dissertations*, available at <http://wwwlib.umi.com/dissertations/fullcit/3206908> [Accessed 04/08/2006].

EXAMPLE M: (Conference Paper)

Reference should include name of presenter, title of paper, status of paper (unpublished manuscript; working paper); unpublished report, name and place of conference, date delivered, URL/DOI details, date you accessed the site, and any relevant page numbers.

Ross, M. (2005). *Is democracy good for the poor?* Unpublished manuscript. Annual meeting American Political Science Association, Washington. 1 Sept. 2005. [Online] Available at http://convention2.allacademic.com/one/apsa/apsa05/index.php?click_key=1 [Accessed 02/08/2006].

EXAMPLE N: (Visual material online (maps, photographs, drawings, 3-Dimensional art etc)

If an author/artist/photographer or other named originator is shown, start with this. If a pseudonym or nickname is given, use this. If no author name is shown, start with the name of organisation hosting or organising the site.

You should include the title of work, in italics or underlined, and state the medium, if not obvious, and enclose this description in squared brackets e.g. [photograph]. You should also include other relevant source/publication/collection information, the URL, and the date you visited the site. Examples:

Citation: (Multimap 2009)

Reference:

Mutimap (2009). *Map of Poland*. [Online]. Available at <http://www.multimap.com/map/browse.cgi?lat=51.6301&lon=17.068&scale=2000000&icon=x> [Accessed 02/08/2009].

Citation: (Tanner 2008)

Reference:

Tanner, K. (2008). *Miar Glacier*. [Photograph]. *Flickr* . [Online] Available at <http://www.flickr.com/photos/katetanner1/3083702446/> [Accessed 13/05/2009].

QUIZ

Before you look at some example assignments that show referencing in action, try answering the questions in this referencing quiz.

Look at the following situations that can occur when writing assignments and decide if a citation is needed at that point in the assignment.

	Yes	No
1. You include tables, photos, statistics and diagrams in your assignment. These may be items directly copied or which have been a source of collation for you.		
2. When describing or discussing a theory, model or practice associated with a particular writer.		
3. You summarise information drawn from a variety of sources about what has happened over a period of time and when the summary is unlikely to be a cause of dispute or controversy.		
4. To give weight or credibility to an argument that you believe is important and that you summarise in your assignment.		
5. When giving emphasis to a particular idea that has found a measure of agreement and support amongst commentators.		
6. When pulling together a range of key ideas that you introduced and referenced earlier in the assignment.		
7. When stating or summarising obvious facts and when there is unlikely to be any significant disagreement with your statements or summaries.		
8. When using quotations in your assignment.		
9. If you copy and paste items from the Internet where no author's name is shown.		
10. When paraphrasing or summarising (in your own words) another person's idea that you feel is particularly significant or likely to be a subject of debate.		

See page 65 for answers.

EXAMPLE ASSIGNMENT (1)

(This is an example of referencing in action. It is a report that contains a range of sources, including from the Internet. Note where, when and how references are used to support evidence).

CALL CENTRES IN THE UK: IS THERE A FUTURE FOR THEM? (2000 words)**INTRODUCTION**

This report will look at the future for call centres in Britain. It will look at current call centre work trends and conditions generally in the UK, use the Yorkshire region of Britain as an exemplar of trends, and will discuss predicted work opportunities over the next decade.

Call centres are collective forms of teleworking, where a group of people work on non-domestic premises controlled by a third party. These premises may be called 'satellite offices', 'call centres', 'computer resources centres' and may use workers employed by the parent company or may use sub-contracted workers for particular tasks.

THE RISE OF CALL CENTRES

The growth in call centres in the West was encouraged by economic and technological factors. From the late 1970s the growth of the service sector, focused the attention of large organisations on communication with customers in more cost effective and streamlined ways. This growth of a service sector economy connected with advances in telecommunications and changes in working practices in Western companies. The logic of call centres was that a centralised approach and rationalisation of organisational operations would reduce costs, whilst producing a standard branded image to the world. The approach naturally lent itself to large companies with a large, distributed customer bases.

Currently in Britain 800,000 people are employed in 4,000 call centres, but it is predicted that, despite a loss of jobs to India and elsewhere, by 2005 this will

grow to a million workers (DTI 2004). Despite this there is still a future for the UK call centre sector.

CALL CENTRES IN YORKSHIRE

The Yorkshire region of the UK is an example of how call centres can flourish. In South Yorkshire, there has been large investment in call centre development, encouraged by EU regional development. Around 6,000 operators are already employed with companies such as Ventura (3,750 staff), Selflex (1,000) and One-2-One (300); in Doncaster, BT Cellnet employs 900 staff at its call centre. (PSU 1996).

In West Yorkshire, twenty-five call centres had established in Leeds by 2000, employing around 15,000 people and occupying 10% of office space available in the city. Around a third of the Leeds call centres are within traditional single company financial services and the remainder offer a range of services to their clients, including retail sales, mobile phones services and road breakdown services ('Yorkshire Post' 24.9.98. p.3.). In Bradford, by 2004, around 7,000 people were employed in call centres, and this is expected to rise to 10,000 by 2007 (Bradford 'Telegraph and Argus' 21.06.04. p. 4).

WORK OPPORTUNITIES and WORKING CONDITIONS IN CALL CENTRES

Types of calls are often divided into outbound and inbound. Inbound calls are calls that are initiated by the customer to obtain information, report a malfunction or ask for help. This is substantially different from outbound calls where the agent initiates the call to a customer mostly with the aim to sell a product or a service to that customer.

Call centre staff are often organized in tiers, with the first tier being largely unskilled workers who are trained to resolve issues using a simple script. If the first tier is unable to resolve an issue the issue is escalated to a more highly skilled second tier. In some cases, there may be third or higher tiers of support.

A trend originally observed in the US is also becoming apparent in Britain: of a 'high' and a 'low' end to the services provided. The characteristics of employment at both ends of this spectrum can be summarised, as shown below:

'High End' Call Centre Services	'Low End' Call Centre Services
<ul style="list-style-type: none"> • Usually involving detailed financial services advice, information and sales • Staff recruited for their knowledge and expertise in these areas • Training of staff a high priority • Emphasis on retaining staff • Staff reasonably well-paid 	<ul style="list-style-type: none"> • Operators require little technical knowledge • Generally perform a customer service role, typically within travel, retail and leisure industries • May involve 'cold selling' • Staff not particularly well paid • Turnover of staff as high as 80%

(Huws 1999)

However, all is not well in call centres, particularly regarding working conditions. A report from Income Data Services (IDS 1998) found large variations in pay and work in UK call centres. This was emphasised in a recent report commissioned by the Health and Safety Executive that suggested some UK call centres should be compared to Victorian 'dark satanic mills'. The research found that employees at the worst call centres felt powerless and tied to their desks. Many complained that low wages, poor working conditions and repetitive tasks led to poor job satisfaction and high levels of depression (Management Issues 2005).

It would appear that where the dominant focus in any call centre is on answering calls as quickly as possible, the stress levels rise. The complaints by customers about call centre services include those of the length of time in queues, automated menu systems, premium rate lines, having to 'communicate' with staff confined to scripts and the lack of continuity of contact with operators between calls. These quality related problems appear to have risen for a number of reasons:

- The call centre industry is unregulated and no independent body exists to represent the views of consumers.
- Call centres often try to match the number of available operators with the volume of calls coming in, but often the number of calls exceeds this, which results in long queues.
- Some call centres judge operators on the number of calls they take, and set unrealistic targets so customer service suffers.
- Call centre operators are often given a script, which is meant to cover all possible scenarios, so are unable to give an answer to an unscripted query.
- Operators at offshore call centres do not necessarily have the knowledge of UK culture and language to answer every customer query (BBC 2004).

However, there appears to be an increasing recognition of the need for UK call centres to improve the quality of customer experiences. For many businesses, the call centres become the yardstick by which they are judged. In a competitive situation, a customer who has had a poor experience is likely to take his or her business elsewhere.

THE FUTURE FOR CALL CENTRES

At one time in the recent past, the call centre industry in Europe was dubbed a 'bubble market' after a study into the future of call centres by the London based economic consultants, Business Strategies, warned that the growth of Internet and automatic voice response technology will make call centre operators redundant (Business Strategies 2000). Another communications company, the OTR Group, suggested around the same time, that one in five jobs in all call centres in Europe would disappear over the next decade (Financial Times 1999). The increasing use of automatic voice response technology (AVR) was thought to reduce the need for direct operator interventions, and that the growth of Internet sales would reduce operator-customer contacts.

However, in recent years this prediction has been revised. AVR technology is currently unpopular with many callers, who often prefer more human interaction. In Britain, the Yorkshire and Tyneside accents are popular with callers from within the UK and from other countries, and call centres report that customers from other countries, particularly the USA, are noticeably inclined to lengthen their call

times to engage Northern British operators in friendly discussion. British Asian call centre operators are particularly in demand to communicate with customers who speak no English. The relative low cost of commercial property and lower wages, compared to the South of England, is also cited as attractive factor with employers, and particularly with the public sector.

As mentioned earlier, another more serious potential threat to many UK call centre jobs comes with the increasing 'globalisation' of work and multinational companies have subcontracted work to English speaking countries in South East Asia. In July 2003, the market intelligence company, Key Note, predicted that by 2008 the UK would lose 97,000 call centre jobs to the Indian sub continent (E-Logistics 2003). British Telecom currently gets much of its data entry work done in India and British Airways has established a call centre in Bombay to handle its bookings (The Observer 2003).

It is certainly true that UK call centre jobs have been lost as employers look to cut costs and relocate overseas. However, USDAW, one of the main trade unions, in the call centre industry has drawn attention to differences in the levels of service between UK and overseas call centres. Referring to studies conducted by a research firm, ContactBabel of 290 UK call centre directors and managers, and of 44 Indian call centre operation, they highlighted that:

- on average, UK agents answer 25 per cent more calls each hour than their Indian counterparts, and resolve 17 per cent more of these calls first time;
- UK call centre workers tend to stay with their company for well over three years, while the 'burn out' rates in this £1 billion a year industry in India are extremely high, with an estimated one in three workers quitting within a year.
- more than a third of callers to India have to ring back at least a second time (UK has a first-time resolution rate of over 90 per cent);
- almost a third of Indian call centres do not measure customer satisfaction, while very few perform any pro-active quality checking (USDAW 2004).

It does appear then, that the call centre industry in India appears now to be encountering some of the same problems that emerged in the West and is finding it harder to retain workers as the economy there strengthens and career options for well-qualified workers increase. Operators working at a distance from

customers are also likely to feel remote from them: physically, socially and culturally. There is no shared understanding of place and society that often underpins discussion between people from similar geographical backgrounds (The Observer 2003).

The recent DTI report suggests that the expansion of call centre services in the UK is likely to be in the realm of more specialisation, with UK call centre operators offering a more informed advisory and information services. UK operators are also likely to be expected to use, at least in the short to medium terms, a wider range of communication technology, than operators in other countries (DTI 2004).

A likely scenario for the future of call centres globally is one where call centres use a mixture of Internet and operator services. By 2010, it is estimated that 900 million people worldwide will be using the Internet and already a quarter of UK call centres have staff dealing with Email communications from customers. Developments, such as Computer Telephony Integration (CTI) and Internet provision enables call centres to diversify their products and services. CTI enables call centres to offer support services to the online retail market. Although only a small percentage of sales in the UK are currently conducted through the Internet, this market is growing rapidly. Call centre staff will need to develop more advanced computer skills in the future and are likely to communicate both by Email and verbally with customers.

CONCLUSION

The future for call centres in Britain is certainly not as gloomy as predicted in the late 1990s, provided that call centres respond to the need for more personal, more responsive and bi-lingual modes of contact with customers. There is a particularly need in Britain, to offer more specialist bi-lingual services to customers and particularly Asian language services in multi-ethnic areas.

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You will notice the list of sources above is headed '**Bibliography**'. This is because the student has included items that have been directly cited **plus** included other sources that have proven to be useful as background reading material.

EXAMPLE ASSIGNMENT (2)

(This is an example of an advanced essay, written in a traditional style, of the level expected at postgraduate level and which again demonstrates referencing in action. Note in particular the use of secondary and multiple sources on page 62).

Title:

How can the concepts outlined in the models for managing change be useful in life planning? Give examples to illustrate your answer.

'Change is not made without inconvenience, even from worse to better' (Samuel Johnson). Johnson's observation summarises a paradox that many people feel: the tension between remaining in a familiar state, or making a change; a change that is likely to cause some 'inconvenience', or more likely, uncertainty. Therein lies the paradox: it is tempting for many people to stay with a situation that has the comfort of familiarity, rather than risk moving into territory for them as yet uncharted. But this assumes a choice over the matter. People are often propelled unwillingly and unexpectedly into situations not of their choosing.

The essay will present and discuss some models for managing change for people in three broad categories: first, those who exercise discretionary choice over a given life situation; second, those who are faced with choices they would prefer not to make, but nevertheless have ultimate control of the process; and third, those who have change thrust arbitrarily on them by fate in all its many forms. The examples given will be related to how practitioners charged with the responsibility of managing or supporting others facing change might support the 'change-seekers' or 'change-victims' concerned. In a business context these practitioners are likely to be members of a Human Resources team, but could also include external trainers, management or life planning consultants.

Change is not received or perceived in a homogeneous way. Gerard Egan, for example, draws a distinction between 'discretionary and non-discretionary change' (Egan 1994). In the former, the individual has a choice about change to

make and makes it willingly. The outcome may be 'inconvenient' or challenging, but the change, nevertheless, is desired and embraced. In the case of 'non-discretionary change', people are faced with situations that are deeply uncomfortable, but they stay in trouble because it is easier to do so than make the emotional effort to change. Egan traces the roots of inertia in emotional passivity, learned helplessness, disorganisation or 'vicious circle' self-defeating behaviour. The 'non-discretionary' nature of change is because non-change is likely to result in the person concerned becoming ill or making others suffer. The third form of change is by Harold Kushner in his book of the same name: '*When Bad Things Happen to Good People*' (Kushner 1981). These 'bad things' manifest themselves in crisis, misfortunes or traumas in all their malignant shades. These things happen because they happen- but some models of change can at least help in the understanding of process, and support for, those involved.

For those actively wanting and seeking change, Maslow's theory of Hierarchy of Needs (Maslow 1968) offers an explanation as to why individuals seek transition and change in their lives. As basic and intermediate needs (food, shelter, affection) are met, aspirations rise, and people reach out to meet more intrinsic needs, for example, the chance to gain more status at work or opportunity to develop a new interest. In this situation, the 'Managing Change Approach' (Coleman 1991) offers a model for plotting the stages involved. Coleman envisages six steps, including the first trigger step of '*transition*': a sense of wanting change and being able to identify and articulate the reasons and feelings for this. This is an important first step, as it allows the decision-maker a sense of control over the process and gain 'ownership' of the idea. The decision-maker proceeds then to steps two and three: *information gathering*, and *considering the options* available. This leads to a *choice* (step four), *action* (step five) and later a process of *reassessment and evaluation* (step six).

For this model to succeed there are, arguably, a number of assumptions to make about the discretionary decision-makers. Veronica McGivney suggests a number of favourable determinants in adult lives that can motivate them to return to formal learning (McGivney 1993), and these can be adapted to connect with the Coleman model. The first determinant of success for the Coleman model is that the person concerned has a belief that he or she could cope with the transition

and final change desired. The second is that the person concerned knows, or can find out, where to seek the information necessary to make an informed decision. The third and fourth, crucially, is that the person concerned has enough optimism about the future to contemplate change – and feels that he or she **has** some control over their life. These latter points are critical pre-requisites for those plotting a life course through the Coleman model of managing change.

The Coleman model connects too, with one advanced by Bill Law in recent years: a 'Career Learning Theory', although Law has been at pains to point out that the theory is relevant to all life choices, not just vocationally biased ones (Law 1997). Law proposes a four stage model: for managing change: *sensing, sifting, focusing* and *understanding*. The first three of these connect with Coleman's middle and latter stages, although Law advances his third stage (*focusing*) by asserting that this is achieved by a decision maker engaging with three specific questions: *is the choice idea salient*; *is it valued* (in terms of acceptable to self and others); and *is it credible* (perceived as a sensible or wise decision by self or others)? Law's fourth stage: '*understanding*' is explained in terms of an individual's ability to justify overall a particular course of action chosen. This connects with Coleman's first stage, but Law pursues the issue further by arguing '*understanding*' also relates to an ability to identify and explain the relationship of past events to future action, which forms the basis for sustainable action. The process of understanding is also about being able to anticipate or visualise the probabilities or consequences of actions.

Coleman's model appears to assume, whilst Law's is more explicit in this respect, that making choices involves a certain level of risk-taking. Law explicitly points out that action always entails risk, but that risk can be assessed so that probabilities are estimated:

Autonomous action must involve some such visualisation (whether rational or not) of 'this is what will probably happen if I do this...' It requires the imagination of possible selves in possible futures' (p.65).

Perhaps the Coleman and Law models are at their most salient in relation to confident, intelligent people who are faced with relatively straightforward

economic-related decisions: career, work, accommodation, money. But perhaps they are less applicable when considering change in the realms of human emotion? The role of practitioners however, in these discretionary choice situations can be one of 'oiling the wheels' of change for decision-maker: including supplying information, listening, encouraging and generally offering support and guidance. The process of change is likely to happen without the practitioner's support, but it can happen often faster and more effectively with it.

However, a common scenario is one where a person is faced with stark choice, particularly of the emotionally charged variety; the choice is often change or suffer. At one level, there is 'choice', but has Egan has argued it is of the 'non-discretionary' kind. Egan has noted that people in this situation can vacillate and remain static, rather than face change. This emotional stasis has been related to both lack of confidence - that a particular choice path will lead to certain desirable outcomes; or pessimism about outcomes that might follow from the change (Bandura 1991). In this scenario, the 'Stages of Change' model proposed by Prochaska and DiClemente (1984) offers a way of understanding the process of change – or a relapse back into the 'old habits'. Prochaska and DiClemente related their model specifically to smoking, but it can be equally applicable to any pattern of behaviour rooted in addiction, habit or compulsion. In this model, the process of change begins with '*contemplation*', and the notion that change is for the better. However, there can be an inner voice that warns: change is 'risky', so 'why change?' This can produce oscillation between wanting and not wanting change.

However, whatever the accelerant might prove to be, the person concerned can '*commit*' and be ready for change, which propels them forward, and leads to the '*maintenance*' stage, of maintaining change. The new situation in time becomes the norm, but there is the possibility of *relapse*, and going back to the starting point of the circle.

The practitioner has a particularly key role to play in helping in the process of reflection at these different stages in the decision-maker's life. Egan suggests six ways of helping people in this situation strengthen self-efficacy to stay on track with a chosen decision. The first is to help people develop any necessary skills to succeed in the belief that self-efficacy is based on ability. The second is to offer

feedback on any deficiencies in performance. This helps decision-makers avoid situations of self-delusion where they rationalise any lapse or diversion from their original goals. The third is to help the decision-maker see how a change of behaviour or direction produces results, which connects with the fourth: about promoting others as role models of success. Steps five and six are related to reducing the anxiety faced by people overly fearful of failure: by encouragement and being generally supportive, and reminding the decision-maker of their original motivations (Egan 1994).

The third group (the change victims) requires of practitioners the greatest level of understanding about the anguish of change that people can experience. People are often unwilling victims of change, including redundancy, sudden bereavement, financial disaster. Many of the models of change that are applicable to this situation are similar in tracing a pattern of shock, guilt, bewilderment (or anger), a search for meaning, then gradual acceptance of the change (see Sinfield (1985) and Coleman and Chiva (1991), in relation to redundancy; and Kubler-Ross, (1970), in relation to death and dying). Some of the earliest studies that noted this pattern date back to the 1930s with studies of unemployment, particularly the experience of older workers (Eisenberg and Lazarsfeld (1938), as cited in Sinfield (1985), p.191). These noted then the impact of shock on the newly unemployed, followed by an active hunt for work, during which the individual is still optimistic. But when all job-seeking efforts fail, the person becomes anxious and suffers depression, which can lead to fatalism and adaptation to a narrower state.

More recent studies have confirmed this pattern still applies today, particularly for the older worker (see Harrison (1976) for example). Kubler-Ross (1970) and Coleman and Chiva (1991), both note that anger is often a feature of response to sudden changes, as well as guilt, self-doubt and depression. The anger is of the 'why me' variety, and when there is often no rational answer to this question, depression can follow from the realisation of the powerlessness of individuals in the path of unstoppable forces.

There is however, a gradual acceptance of and adaptation to the situation. Alvin Toffler suggests too, that an ability to cope (and recover) from traumatic change

depends on the relative security of other aspects of our lives. He argues that we can cope with enormous amounts of change, pressure, complexity and confusion, provided at least one area of our life remains relatively stable (Toffler 1970). He suggests that there are five main 'Stability Zones':

- 1. Ideas:** for example, deeply felt religious beliefs, or strong commitment to a philosophy, political ideology or cause;
- 2. Places:** places that individuals can relate to, on either a large scale (a country) or smaller scale, such as home, street or even office;
- 3. Things:** favourite, familiar, comforting possessions, and especially things related to childhood or emotional events;
- 4. People:** particularly valued and enduring relationships with others, especially friends;
- 5. Organisation:** institutes, clubs or societies can also offer an important source of stability and focus for self-identity.

The role of the practitioner with responsibility for managing or supporting change in all three situations outlined is to firstly ascertain whether the person concerned is a discretionary or non-discretionary change seeker, or thirdly a change-victim, as each require different types of help or support, in ways outlined earlier. The practitioner's support for the change-victim can be particularly valuable. This support can take the form of encouraging the individual to talk through the change experiences and to release feelings of anger. An understanding of these stages can help the practitioner locate a stage the change-victim appears to be in and to assist that person to begin to explore relevant new life options and possibilities. Toffler's idea of Stability Zones is especially useful in this context too, in allowing the person concerned to put change into an overall life perspective and to value the other more stable parts of their life.

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In this assignment the sources above are listed under the heading **References'**. This is because the student has made use of everything read in preparation for writing the assignment and cited all the sources in the text.

Answers to the quiz on page 50

You had to decide whether a citation in the text was needed in the following situations.

	Yes	No
1. You include tables, photos, statistics and diagrams in your assignment. These may be items directly copied or which have been a source of collation for you.	✓	
2. When describing or discussing a theory, model or practice associated with a particular writer.	✓	
3. You summarise information drawn from a variety of sources about what has happened over a period of time and when the summary is unlikely to be a cause of dispute or controversy.		✓
4. To give weight or credibility to an argument that you believe is important and that you summarise in your assignment.	✓	
5. When giving emphasis to a particular idea that has found a measure of agreement and support amongst commentators.	✓	
6. When pulling together a range of key ideas that you introduced and referenced earlier in the assignment.		✓
7. When stating or summarising obvious facts and when there is unlikely to be any significant disagreement with your statements or summaries.		✓
8. When using quotations in your assignment.	✓	
9. If you copy and paste items from the Internet where no author's name is shown. <i>(You should cite the name of the Organisation or website).</i>	✓	
10. When paraphrasing or summarising (in your own words) another person's idea that you feel is particularly significant or likely to be a subject of debate.	✓	

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British Standards Institution (1990). *Recommendations for Citing and Referencing Published Material, BS 5605: 1990*. London: BSI.

Bradford University Library, *Cite 'em Right: how to give good bibliographic references*: this is an excellent guide to using references and is available in both a printed version and on the Internet: available from the University libraries, and online at <http://www.brad.ac.uk/library/elecinfo/cite.php>

Neville, C. (2007). *The Complete Guide to Referencing and Avoiding Plagiarism*. Maidenhead: Open University Press .

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OTHER USEFUL STUDY SKILLS GUIDES:

Cottrell, S. (2003). *The Study Skills Handbook*. London: Palgrave. (*This book contains lots of bite-sized chunks of advice and information presented in a lively and visually interesting way. This is an excellent general study skills guide for all undergraduate or postgraduate students*).

Giles, K. and Hedge, N. (1998). *The Manager's Good Study Guide*. Milton Keynes: Open University Press. (*This is a study skills guide written for business studies students and contains advice and information presented in a clear, readable and subject-specific way*).

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