

## NASA Task Load Index

Name	Hugo-2	Task	Phase-2	Date	01.07.025
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Mental Demand
How mentally demanding was the task?

Very Low
Very High

  

Physical Demand
How physically demanding was the task?

Very Low
Very High

  

Temporal Demand
How hurried or rushed was the pace of the task?

Very Low
Very High

  

Performance
How successful were you in accomplishing what you were asked to do?

Perfect
Failure

  

Effort
How hard did you have to work to accomplish your level of performance?

Very Low
Very High

  

Frustration
How insecure, discouraged, irritated, stressed, and annoyed were you?

Very Low
Very High