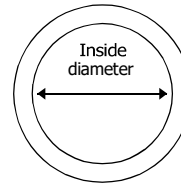


# A MEASURING GUIDE TO RINGS

## A. MEASURE A RING THAT YOU OWN

1. Choose which finger you want your ring on,
2. Then select a favorite ring that already fits comfortably on it.
3. Use the chart below to determine your ring size.
4. Measure the **INSIDE** diameter of the ring in mm
5. (A straight line through the center of the circle).

If you want the accurate size, refer to this scale. Use a ruler to ensure the printed sample on the right is exactly 40mm. To do this, make sure your print settings are not set to scale or shrink.



5 14.33 mm	6 14.65 mm	7 14.97 mm	8 15.29 mm
9 15.61 mm	10 15.92 mm	11 16.24 mm	12 16.56 mm
13 16.88 mm	14 17.2 mm	15 17.52 mm	16 17.83 mm
17 18.15 mm	18 18.47 mm	19 18.79 mm	20 19.11 mm
21 19.43 mm	22 19.75 mm	23 20.0 mm	24 20.06 mm
25 20.6 mm	26 21.02 mm	27 21.34 mm	28 21.6 mm
29 21.97 mm	30 22.29 mm		

## INTERNATIONAL CONVERSION CHART

Diameter (mm)	Circumference (mm)	India	US & Canada	UK, Australia & South Africa	Europe
14.33	44.90	5		G	45
14.5			3½	G½	
14.65	45.90	6		H	46
14.97	47.10	7	4	H½	47
15.1				I	
15.29	48.10	8	4½	I½	48
15.5				J	
15.61	49.00	9	5	J½	49
15.92	50.00	10		K	50
16.1			5½	K½	
16.24	50.90	11		L	51
16.56	51.80	12	6	L½	52
16.7				M	
16.88	52.80	13	6½	M½	53
17.1				N	
17.2	54.00	14	7	N½	54
17.52	55.00	15		O	55
17.7			7½	O½	
17.83	55.90	16		P	56
18.15	56.90	17	8	P½	57
18.3				Q	
18.47	57.80	18	8½	Q½	58
18.79	59.10	19		R	59
19.0			9	R½	
19.11	60.00	20		S	60
19.43	60.90	21	9½	S½	61
19.6				T	
19.75	61.90	22	10	T½	62
20.0	62.80	23		U	
20.06	63.80	24	10½	U½	63
20.38				V	64
20.6	64.70	25	11	V½	
20.70				W	65
21.02	66.00	26	11½	W½	66
21.2				X	
21.34	66.90	27	12	X½	67
21.6	67.90	28		Y	
21.66			12½	Z	68
21.97	69.10	29		Z½	69
22.29	70.10	30	13		70