

We Like to Move: Exercise is Fun (Spanish / English ed)



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Reviews

*I actually started out reading this article publication. It is loaded with knowledge and wisdom Your way of life span is going to be transform as soon as you total reading this article pdf.
(Mrs. Felicia Windler)*

WE LIKE TO MOVE: EXERCISE IS FUN (SPANISH / ENGLISH ED)



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Hohm Press,U.S. Paperback. Book Condition: new. BRAND NEW, We Like to Move: Exercise is Fun (Spanish / English ed), Elyse April, This title is suitable for ages 4 to 8 years. It features text in Spanish & English. A children's picture book with upbeat, rhyming text and brilliantly-coloured illustrations of young children engaging in many different forms of physical activity. This book presents multicultural characters - including African, Hispanic, Caucasian and Asian children and adults - and varied locales, from a busy city street scene to a country landscape. Each child shown is joyfully engaged in movement, demonstrating both the physical and the emotional health benefits of exercise. "We Like to Move" conveys the message that exercise is fun, and a normal part of the life of a human being. The text and illustrations suggest that movement may be spontaneous as well as organised through sports; and that it is for everyone, from every age, gender, culture and walk of life. Even children or adults with physical handicaps can participate in some types of movement.



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