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Reviews

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(Nakia Toy Jr.)

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Ryland, Peters & Small Ltd. Hardback. Book Condition: new. BRAND NEW, 101 Vegetarian BBQ & Grill Recipes: Amazing Meat-Free Recipes for Vegetarian and Vegan BBQ Food, The sun's out, your friends are coming over, the fridge is full of crisp white wine chilling nicely and you're ready to grill. But you have a vegetarian (or two) coming - what to cook? Don't be fooled into thinking that the marriage of pure heat and raw meat is the only option. There are so many jaw-droppingly delicious and healthy ways to cook all kinds of meat-free food over the coals or on a gas grill. Here you'll find ultimate inspiration in chapters organized into Small Bites & Dips; Skewers & Kebabs; Burgers & Pockets; Hot Sides; Salads & Slaws; Salsas, Relishes & Sauces; Sweet Treats. Whether it's the spicy combination of Scotch bonnet heat and sweet molasses you find in Caribbean Sweet Potatoes, the melt-in-your-mouth Sweetcorn Cobs with Chimichurri, Mediterranean Chargrilled Veg with Saffron Mayo; Portobello Mushroom Burgers with Grilled Halloumi and Fresh Tomato Salsa or Grilled Pineapple with Brown Sugar and Fresh Lime, we've sourced the best recipes from all around the globe plus quick-fix recipes for marinades, sauces, and rubs that can be used to add flavour and fire to the simplest of vegetables. So put down those frozen bean burgers and live a little with these "101 Vegetarian BBQ and Grill Recipes". Your veggie guests will love you and next time you fire up the BBQ or grill meat not even be on the menu at all.



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