



Fuck it: Do What You Love

By John Parkin

Hay House UK Ltd. Paperback. Book Condition: new. BRAND NEW, Fuck it: Do What You Love, John Parkin, A recent Gallup poll in the US found that 70 per cent of those in work didn't enjoy their job. In his latest book, John C. Parkin brings the power of saying 'F k It' to the subject of doing what we love. In this highly entertaining and motivational book, John sets out to prove that when we do what we love, we're actually more likely to be happier, healthier, wealthier and more successful. He addresses the significant blocks that people experience when they consider doing what they love, including: 'Doing what you love is for time-off, not work', 'Doing what I love would be selfish', 'I just don't know what I love' and 'I could never make a living from doing what I love'. Through no-nonsense ideas, fascinating facts and motivating calls to action, John brings us from pessimism to inspiration, so that our trail of thought becomes powered by 'F k it, I can't waste any more of my life', 'F k it, I will find a way to make this work', 'F k it, I will do what I...



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Reviews

Absolutely essential read publication. it absolutely was writtern very completely and valuable. It is extremely difficult to leave it before concluding, once you begin to read the book.

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Thorough guide for book enthusiasts. I am quite late in start reading this one, but better then never. Your lifestyle span will be transform when you total reading this article book.

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