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## The Truth about Mental Illness: Two Sufferers Finally Speak Out

By Daniel Hann, Mary Hann

iUniverse, United States, 2008. Paperback. Book Condition: New. 220 x 148 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The list is endless. These are just some of the crippling mental illnesses that people everywhere suffer from, often in silence. There are literally thousands of books out there about overcoming depression, anxiety, fear, worry and all the other varied symptoms of mental illness. This book is not one of them. Mary and Daniel Hann make the startling claim that a certain portion of the human population is born with mental disorders. They are not talking about some temporary affliction brought on by circumstances. No, they are talking about diseases that are life-long and cannot be overcome, only managed. They know, for they live with it themselves everyday. Mental illness is real, just as real as any physical illness. And it is just as debilitating, possibly more so, because those who suffer from it have to keep it hidden. This book lifts the lid on mental illness and makes an urgent plea for understanding and acceptance.



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