



## The You Only Live Once: The Roadmap to Financial Wellness and a Purposeful Life (Hardback)

By Jason Vitug

John Wiley Sons Inc, United States, 2016. Hardback. Book Condition: New. 1. Auflage. 234 x 160 mm. Language: English . Brand New Book. Get your finances in order with smart budgeting and money mindfulness You Only Live Once is the guide to achieving your best life through smart money moves. Before you even begin making a budget, you need to think about why. Where do you see yourself financially in ten years? Five years? This time next year? What does money do for you? Once you know your destination, you can begin charting your course. Step-by-step guidance walks you through the budgeting process, and shows you how to plan your financial path to point toward your goals. You ll learn how to prioritize spending, how to save efficiently, and how to take advantage of simple tools you didn t know you had. Next comes the most important part: taking control. You need to really look at how you perceive and use money day-to-day. Chances are, changing a few habits could give you some breathing room and help you reach your goals sooner. You work hard for your money, yet there never seems to be enough. You don t need to...



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