



## Bball Basics for Kids: A Basketball Handbook

By Coach Bobby Kaplan, Bobby Kaplan

iUniverse, United States, 2012. Paperback. Book Condition: New. 276 x 208 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.It is not difficult to learn to play basketball. That s more, it can be really fun! Bball Basics for Kids is a step-by-step handbook featuring Hoops, a playful, basketball-loving friend who shows kids of all ages the most important skills of the game. Coach Bobby Kaplan knows basketball. He applies his experience of having coached more than a thousand games to teach kids the basics of a sport that combines individual skills with the skills of teammates. For those who are just beginning to learn the game, Coach Kaplan shares practical tips on the fundamentals: Dribbling and passing Shooting and rebounding Playing defense Improving footwork on the court Included is a history of the game, inspirational stories, warm up exercises, a glossary of basketball terms, and a sixty-minute self-improvement practice plan to help young players refine their skills. Bball Basics for Kids not only teaches the basics of a great game played by millions around the world, but also educates young players about the enduring values of cooperation, respect, trust, sacrifice, and perseverance. Bball Basics offers the...



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