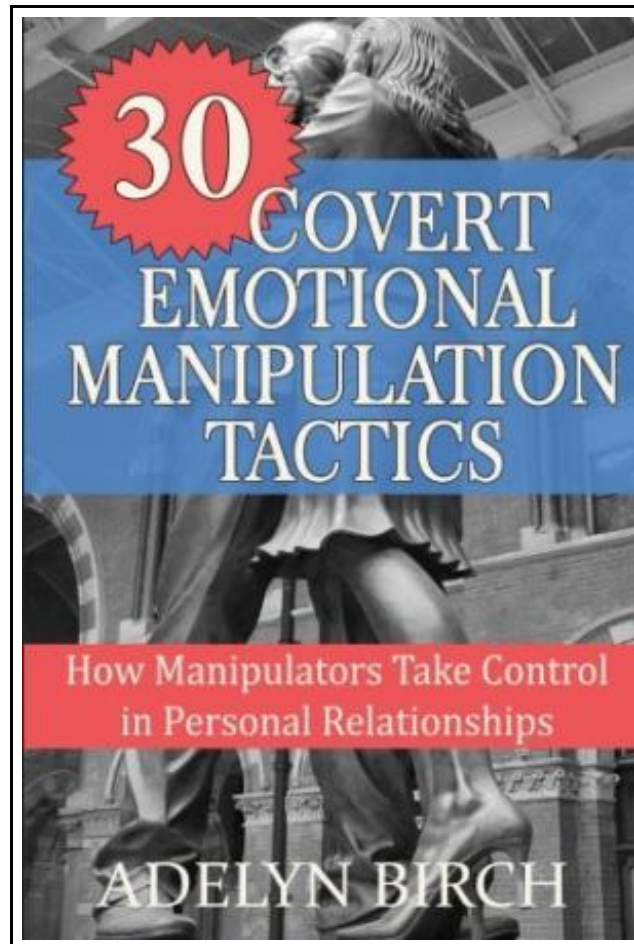


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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Learn the manipulator s game, so they can t play it with you. Identifying covert emotional manipulation is tricky. You sense something is wrong, but you can t quite put your finger on the problem. This powerful book will reveal to you if manipulation is at play in your relationships. It will open your eyes. You will learn thirty tactics manipulators use to get what they want. You will also learn to spot the warning signs within yourself that expose covert manipulation is taking place, even if you can t identify the specific tactics being used. This book is geared toward romantic relationships, including those involving a pathological partner. Even so, many of the manipulation tactics are the same as those used by family members, coworkers, friends and others. Covert emotional manipulation tactics are underhanded methods of control. Emotional manipulation methodically wears down your self-worth and damages your trust in your own perceptions. It can make you unwittingly compromise your personal boundaries and lose your self-respect, and even lead to a warped concept of yourself and of reality. With your defenses weakened or completely disarmed in this manner, you are left even more vulnerable to further manipulation and psychological harm. Empower yourself and get your life back! An excellent and concise guide to emotional abuse. Here is a concise listing with well written descriptions of each method and tactic of emotional abusers. In my opinion everyone should read this book. Forewarned is forearmed. Clear, concise, accurate portrayal of complex subject matter impacting many people. I appreciate the accessibility to the general public of a topic that is often overlooked, but impacts morale not only in...



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