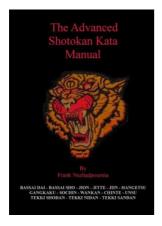
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# ADVANCED SHOTOKAN KATA MANUAL: PT. 1 (2ND REVISED EDITION)



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- Authored by Frank Nezhadpournia, Simon Williams
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