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Retirement Is Not for Sissies

By McKenna, David L.

Barclay Press, 2008. Paperback. Book Condition: New. Barclay Press 2008 New/ ReviewGeorge K. Brushaber (retired President, Bethel University [St. Paul, Minnesota]): What a just in time gift David McKenna has given me. As I write this I am within days of completing a four-decade career of leader in Christian higher education, and everyone has proposed a plan for the rest of my life. But armed with McKenna's wisdom and counsel, my wife and I embark on a new life journey with hope and confidence. Thank you, David, for once again mentoring me. David O. Moberg (Professor Emeritus, Marquette University; editor, Aging and Spirituality): This survival kit is a delight to read. Packed with upbeat wisdom that's confirmed by fascinating personal experiences, it shares reflections and insights about aging as it really is. Its 30 short chapters can be read in any order for sheer enjoyment or for sage advice before or during retirement. They suggest how and how not to deal with unanticipated incidents, puzzling demands, and trying circumstances related to relation, class reunions, marriage, residences, personal identity, age discrimination, sex, leisure, humor, exercise, health, memory, possessions, economic adjustments, investments, politics, spirituality, and countless other concerns of the...



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