



Freezer Meals: 25+ Delicious Freezer Slow Cooker Recipes, Money Saving and Easy Make Ahead Meals for Your Crockpot

By Heather Leiman

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Get 25+ Delicious Make Ahead Freezer Meals For Your Slow Cooker! In this book we've taken a selection of recipes that are suitable for slow cooking and for freezing. Most slow cooker meals are based on simple techniques, dating from a time when people cooked meals in old fashioned ranges - often over a longer period and on lower heats. These recipes are particularly suited to meat and vegetarian dishes, as well as soups. It's a simple stewing and baking technique that has been with us for generations adapted to the modern slow cooker. We explore meat and soup dishes that are particularly suited to slow cooking (and freezing). The book is divided into five main categories - beef dishes, chicken dishes, lamb dishes, pork dishes and soups. All are designed to help you make the most of your slow cooker and reap the benefits of both slow cooking and freezing your meals. Here Is A Preview Of What You'll Learn. Delicious Beef Dishes Slow Cooker Chicken Recipes Crockpot Pork Recipes Easy Freezer Meal Lamb Dishes Delicious Slow...



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