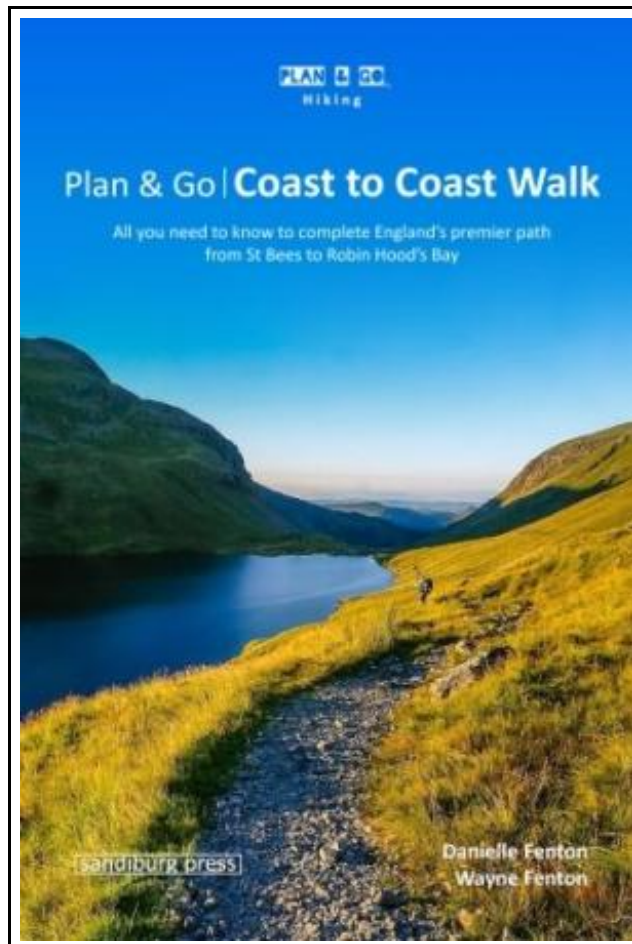


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Sandiburg Press, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Plan Go Coast to Coast Walk is your ultimate guide to hiking England s iconic 192-mile route from the Cumbrian coast to the North Sea. The book clearly outlines what to expect from a journey on the C2C and provides all the essential planning information to save you time and effort with your own preparations. Supported by invaluable advice and first-hand recommendations, you will be well-equipped and feel more confident about completing this memorable English hiking adventure. The book provides answers to the following questions (and more): What are the highlights of the C2C? How many days will it take me? How do I navigate along the route? What is the best time to go? How do I organize transportation? What are my accommodation options? Where can I resupply food drinks? In addition, Plan Go Coast to Coast Walk offers advice on athletic training, which food and what quantities to pack, how to select gear and which items work best, as well as various other essentials for the trail. The book further includes different budget options and sample hiking itineraries to help create an itinerary that is most suitable for your personal preferences. The wealth of facts and figures is completed by the entertaining and highly motivating account of the authors own 19-day Coast to Coast adventure.



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