



## Iniziazione all'autorealizzazione. Un percorso verso la consapevolezza.

By Arena, Leonardo V

Edizioni Mediterranee, 1998. Book Condition: new. Roma, 1998; br., pp. 144, cm 13,5x21,5. (Iniziazione. 11). Secondo l'autore, chi si incammina sul sentiero dell'autorealizzazione non sa cosa troverà, poiché è un compito impegnativo che rischia di travolgere l'individuo. In alcune tradizioni si osserva che un viaggio senza guida trascini per anni in un tratto che richiederebbe pochi giorni. Questo rende utile la presenza di un maestro. Sulle strade si incontrano sempre le medesime difficoltà. L'lo è il nemico principale da cui occorre cautelarsi. Questo libro intende far comprendere i mezzi per la conoscenza di sé dialogando con se stessi, con quel maestro interiore che si risveglia al primo apparire della scintilla della verità.



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