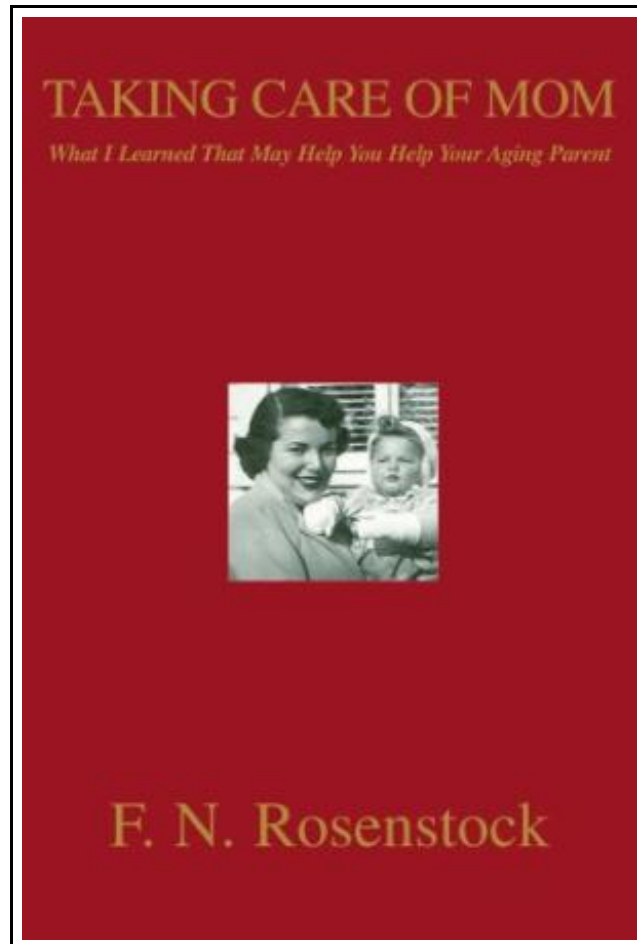


## Taking Care of Mom: What I Learned That May Help You Help Your Aging Parent



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## TAKING CARE OF MOM: WHAT I LEARNED THAT MAY HELP YOU HELP YOUR AGING PARENT



iUniverse, United States, 2004. Paperback. Book Condition: New. 223 x 145 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The next time some well-meaning person tells me that I need to take care of myself, I m going to say, You re right.why don t you come and stay with my mother for a few hours so I can get out? Taking Care Of Mom: What I Learned That May Help You Help Your Aging Parent is F. N. Rosenstock s story of how her mother was abused in a nursing home, misdiagnosed by medical practitioners, and prescribed wrong medications, all of which caused immediate and long-term deterioration in her mother s physical, emotional, and mental health. When she realized she had to take control of her mother s healthcare and sort through the good and the bad, her life changed forever. Read how she learned to navigate the maze of elderly healthcare in America and benefit from what one daughter learned about taking care of her aging mother. This book is unlike others written about this subject because it is a realistic look at taking care of an aging parent authored by a hands-on, caregiving daughter, not a writer interviewing clinicians. No practitioners were interviewed. If you have an aging parent, take care of an aging parent, or intend to grow old yourself, this book is pertinent for you. Remember, taking care of an aging parent isn t for wimps!.



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