



Systems Theory in Action: Applications to Individual, Couple, and Family Therapy

By Shelly Smith-Acua

Wiley. Paperback. Book Condition: New. Paperback. 173 pages. Smith-Acua illuminates the structural hierarchy, roles, and boundaries that give a system structure. The relationship between parts and wholes is both simple and profound, and particularly important in looking at systems structure. These morsels of wisdom are good examples of Smith-Acuas grace as a systems theory tour guide: one moment shes digging deeper into the nuances among the theories, the next moment shes simplifying without dumbing down, but in a manner that is enormously liberating. We enjoy the fun, full, and informed journey with her. Frank S. Pittman III, MDA practical presentation of systems theory as a fundamental model for clinical practiceValuable for seasoned mental health professionals as well as those in training, Systems Theory in Action presents systems theorythe unifying principles surrounding the organization and functioning of systemsas it applies to individual, couples, and family therapy. This innovative book explores systems theory as an effective model for general mental health practice. It examines the role systems theory can play, specifically in understanding clients presenting problems in context, within the various systems and subsystems in which the problems are embedded. Filled with realistic clinical stories illustrating relevant concepts that tie theory to...



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