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Healing My Wounded Inner Child: A Journey to Wholeness

By Jan E. Frazier

Robert D. Reed Publishers, United States, 2015. Paperback.
Book Condition: New. 198 x 128 mm. Language: English . Brand New Book. At the age of four, a little girl sat in the corner of the small, modest living room, her knees pulled up under her plaid dress. afraid to leave the security of her corner. Fear that can be a huge factor in a child's life while growing up in an emotionally abusive family. The little girl's nine-year-old brother had died of leukemia; and her mother, grieving the loss of her son and unable to cope, seemed to withdraw from life and into a fog of grief. Thus, the four-year-old was left in a cold, scary, and often overwhelming world with thoughts that made her feel as if she must be a horrible child for her mother to instigate the silent treatment and leave her in solitude. Healing My Wounded Inner Child is a true story of Jan E. Frazier's struggles and constant journey to uncover, accept, and love her Inner Child. Emotional abuse is an insidious form of abuse as there are no physical scars; there is no name calling, screaming, or alcoholic rages. However, the child...



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