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The Paleo Dessert Bible: More Than 100 Delicious Recipes for Grain-Free, Dairy-F

By Conrad, Anna.

Skyhorse. 1 Cloth(s), 2014. hard. Book Condition: New. The founder of Chef Anna catering, Anna Conrad grew up cooking with her Hispanic mother and has enjoyed multicultural culinary influences from her French grandmother, her Italian mother-in-law, and her formal culinary training in Thailand. In this illustrated cookbook she offers a delicious variety of desserts in accord with the no-grain, no-dairy guidelines of the "paleo diet," including Almond Butter Pie, Chilled Lemon Mousse with Raspberry Sauce, Crème Brûlée, Fresh Peach Crisp, Poached Pear and Almond Tart, Thick and Chewy Gingerbread Cookies, Warm Chocolate Fudge Cakes, and even Paleo Marshmallows. 230.



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