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## Sensory Smarts: A Book for Kids with ADHD or Autism Spectrum Disorders Struggling with Sensory Integration Problems

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By Kathleen A. Chara, Paul J. Chara, Joel M. Berns

Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, Sensory Smarts: A Book for Kids with ADHD or Autism Spectrum Disorders Struggling with Sensory Integration Problems, Kathleen A. Chara, Paul J. Chara, Joel M. Berns, Many children, especially those with autism-related problems, struggle with sensory integration. Christian is a 12-year-old who has suffered from over- and under-sensitivity issues since birth. Following his experiences as a young child, Chara and Chara relate Christian's painful reactions to touch and extreme sensitivity to temperature, noise, taste and texture. Through detection, diagnosis, therapy and treatment, this book looks at the battles, frustrations and triumphs familiar to those with (or caring for those with) sensory integration difficulties. Sensory Smarts offers real solutions and hope, such as a sensory sensitivity scale, a behavioural rating chart and a list of helpful organizations. With much of the book written from the perspective of a child, and including rich illustrations, this book encourages children to work with adults in overcoming their sensory difficulties. Based on mainstream psychological theories, this book will be indispensable to those suffering from, or trying to raise awareness of, sensory problems in childhood.



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