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The Juice: The Real Story of Baseballs Drug Problems

By Will Carroll

Ivan R. Dee Publisher. Paperback. Book Condition: New. Paperback. 272 pages. Dimensions: 8.6in. x 5.4in. x 0.9in. Steroids are ruining the game of baseball. It has faced no more serious threat since gamblers gained control of the World Series in 1919. Or are we overreacting? The problem of steroids, recreational drugs, and other performance enhancers is one of the fundamental issues facing not only baseball but all of sports and society. With pundits pointing fingers and former players naming names, a drug-induced McCarthyism is tarring some of the greatest players ever to take the field. In *The Juice*, Will Carroll, an acknowledged authority on baseball conditioning and injuries, calls for a scientific, reasoned approach to the steroids problem. He first explains the science of steroids and other drugs, describes how athletes are tested, considers the scientific evidence of effects and side effects, and, most important, analyzes whether and how these drugs impact the game. He explores the grey area of legal supplements, covers the BALCO story, and speculates on the next generation of performance enhancers. And he profiles the motivations and experiences of professional players, student athletes, and baseball trainers. Carroll has interviewed hundreds of players, executives, owners, and experts. His...



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