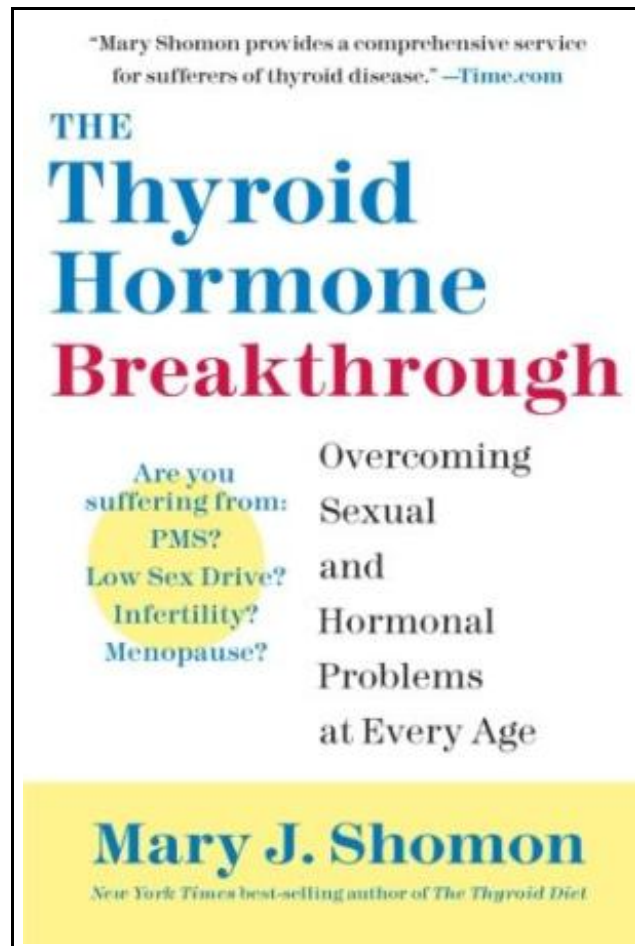


The Thyroid Hormone Breakthrough: Overcoming Sexual and Hormonal Problems at Every Age



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Reviews

Merely no terms to spell out. We have read through and i also am confident that i will gonna read yet again again in the future. You will not sense monotony at anytime of your own time (that's what catalogs are for about should you question me).
(Pasquale Larkin I)

THE THYROID HORMONE BREAKTHROUGH: OVERCOMING SEXUAL AND HORMONAL PROBLEMS AT EVERY AGE



HarperCollins Publishers Inc. Paperback. Book Condition: new. BRAND NEW, The Thyroid Hormone Breakthrough: Overcoming Sexual and Hormonal Problems at Every Age, Mary J. Shomon, If you're one of the millions of American women suffering from PMS, irregular periods, difficulty getting pregnant, low sex drive, postpartum depression, menopausal symptoms, or many other hormonal problems, what you may not realize is that thyroid disease could be the culprit. The Thyroid Hormone Breakthrough is a holistic guide to identifying and overcoming the connection between hormonal problems and the thyroid, which goes undiagnosed in more than 30 million women in the U.S. alone. It will help you identify and diagnose thyroid problems and offer strategies to cope with the effects that thyroid conditions can have on everything from puberty to menopause, including ways to avoid the pitfalls of decreased sex drive. With information on diet and exercise, conventional and alternative therapies, and lifestyle changes that will benefit overall health, plus a risk and symptom checklist and a detailed resource section, The Thyroid Hormone Breakthrough is the most comprehensive thyroid hormone book on the market.



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