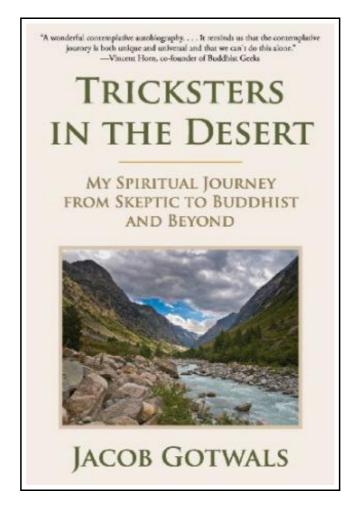
Tricksters in the Desert: My Spiritual Journey from Skeptic to Buddhist and Beyond



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Reviews

This written publication is wonderful. It is probably the most incredible publication i actually have read through. Its been written in an extremely basic way in fact it is merely following i finished reading this publication where basically transformed me, alter the way i believe. (Adan Fritsch)

TRICKSTERS IN THE DESERT: MY SPIRITUAL JOURNEY FROM SKEPTIC TO BUDDHIST AND BEYOND



Human Potential Arts, LLC, United States, 2013. Paperback. Book Condition: New. 222 x 148 mm. Language: English . Brand New Book ***** Print on Demand *****. After focusing on his career for many years, Jacob Gotwals felt increasingly drawn toward spirituality. A mysterious longing led him on a twelve-year journey of spiritual awakening on which he explored a vast landscape of traditions and teachings--including Nonviolent Communication and Tibetan Buddhism. Tricksters in the Desert is a concise memoir of this journey, revealing many of the challenges Jacob encountered and showing how he resolved them. The epilogue explores how we can participate in spiritual groups without getting enmeshed in them or attached to their belief systems. A wonderful contemplative autobiography that highlights many of the perennial, as well as uniquely modern challenges, that we face as practitioners in today s world. It reminds us that the contemplative journey is both unique and universal and that we can t do this alone. --VINCENT HORN, co-founder of Buddhist Geeks By shining a light on his own inner transformation, Jacob highlights the mental tricksters that unconsciously blocked his way; when consciously embraced, they became doorways to the next part of his journey. Read this book to find companionship in--and insights for--your own spiritual journey. --GREGG KENDRICK, CNVC Certified Trainer and founder of Basileia, Creating Workplaces Where People Thrive I m grateful that Jacob has taken the leap and shared with the world his own journey toward a more holistic and awakened perspective of the risks and rewards of inner transformation. Readers will likely benefit from his insight and experience and save themselves some pain and suffering! -- JIM MANSKE, CNVC Certified Trainer A funny, insightful book with a light touch. Personal and honest, pared down to the essentials. Read it! Give it to your mom and your...

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