



The I Can't Believe This Has No Sugar Cookbook (Revised edition)

By Deborah E. Buhr

Pan Macmillan South Africa. Paperback. Book Condition: new. BRAND NEW, The I Can't Believe This Has No Sugar Cookbook (Revised edition), Deborah E. Buhr, It's hard to believe that these tempting and delicious baked favorites contain no sugar, honey, or artificial sweeteners: Chocolate-Coconut Cake; Spelt Whole-Grain Yeast Bread; Peach Pie; Sugar-Free, Dairy-Free Fudge; Blueberry Crisp; Summer Afternoon Malt; Whole-Wheat Raisin Cookies; Graham-Cracker Cookie Cutouts; Apple-Nut Cinnamon Rolls; and Raspberry Popsicles. The secret is fruit, pure and natural, along with fruit juice concentrates, date sugar, and other healthful alternatives to sugar. All recipes are dairy-free and most are cholesterol-free and can be adapted for common food allergies. Deborah Buhr's family-tested recipes are irresistibly good - perfect for children, diabetics, calorie counters, the food allergic, and anyone with a "healthy" sweet tooth.



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Reviews

Good eBook and helpful one. It really is written in straightforward words and phrases and never confusing. I am just effortlessly could possibly get a enjoyment of looking at a published book.

-- **Romaine Rippin**

The book is great and fantastic. it absolutely was written very properly and beneficial. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Lyda Davis II**