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Becoming Grandma: The Joys and Science of the New Grandparenting

By Lesley Stahl

Penguin Audiobooks, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 150 x 127 mm. Language: English . Brand New. From one of the country's most recognizable journalists: How becoming a grandmother transforms a woman's life. After four decades as a reporter, Lesley Stahl says the most vivid and transforming experience of her life was not covering the White House, interviewing heads of state, or any other of her stories at 60 Minutes. It was becoming a grandmother. She was hit with a jolt of joy so intense and unexpected, she wanted to investigate it as though it was a news flash! And so, using her 60 Minutes skills, she explores how grandmothering changes a woman's life, interviewing her friends like Whoopi Goldberg, her colleagues like Diane Sawyer, and the proverbial woman next door. On top of these personal accounts, she interviews scientists and doctors about physiological changes in women when they have grandchildren, anthropologists about why there are grandmothers in evolutionary terms, and psychiatrists about the therapeutic effects of grandchildren on both grandmothers and grandfathers. All through the book Stahl shares her stories about her own life now with two granddaughters, Jordan and Chloe, how her relationship...



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