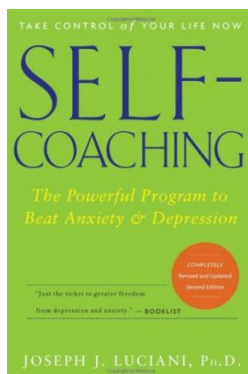


## Self-Coaching: The Powerful Program to Beat Anxiety and Depression , 2nd Edition Format: Paperback



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