



A Guide to Health

By Mohandas Gandhi

Createspace, United States, 2015. Paperback. Book Condition: New. 222 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. In judging myself I shall try to be as harsh as truth, as I want others also to be. - Gandhi I am not pleading for India to practice nonviolence because it is weak. I want her to practice nonviolence being conscious of her strength and power. - Gandhi Mohandas Karamchand Gandhi, or Mahatma Gandhi as he is more popularly known, was called Mahatma, or Great Soul not only because of his extraordinary achievements as leader of the Indian independence movement, but also because of his beliefs, practices, and principles that demonstrated to the world the depths that one's soul could have. Widely considered the father of India, the preeminent leader of the Indian struggle against British imperialism, and one of the most influential minds of the 20th century, Gandhi emerged to become one of the greatest advocates of peace and nonviolent resistance that the world has known. By leading a life of austerity and integrity, Gandhi became one of those rare leaders who preached through his own practices, motivating millions of people - rich and...



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