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# SMOOTHIE COOKBOOK: 38 SMOOTHIE DETOX, SMOOTHIE SUPERFOOD SMOOTHIE DIET BLENDER RECIPES (BEST SMOOTHIE DETOX RECIPES) + SMOOTHIES ARE LIKE YOU: SMOOTHIE FOOD POETRY FOR THE SMOOTHIE LIFESTYLE - POEM A DAY BOOK (POEM



Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Smoothie Cookbook BONUS - Includes a FREE copy of my collection of Delicious Healthy Smoothie Recipes that helped me stay healthy, fit, clean lean. Using a combination of these healthy low calorie smoothie recipes delicious smoothies from this collection plus a daily light Yoga workout, helped me loose 40 lbs over two month. I have been able to...

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- Authored by Juliana Baldec
- Released at 2014



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## Reviews

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