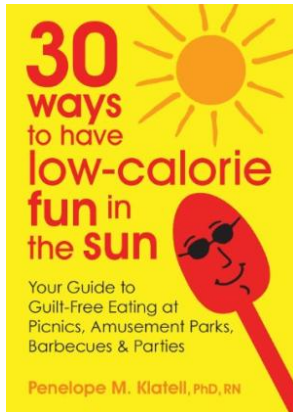


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30 WAYS TO HAVE LOW-CALORIE FUN IN THE SUN: YOUR GUIDE TO GUILT-FREE EATING AT PICNICS, AMUSEMENT PARKS, BARBECUES PARTIES



Myfoodmaps, LLC. Paperback. Book Condition: New. Paperback. 190 pages. Dimensions: 8.0in. x 5.0in. x 0.4in. 30 ways to have low-calorie fun in the sun: your guide to guilt-free eating at picnics, amusement parks, barbecues and parties gives you tips, strategies, and solid information so you can eat well and enjoy the food that goes along with sunny down-time - at home or on vacation - without having to worry about the needle on the scale nudging upwards. Sunny skies and vacations...

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