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## Success Sutra

By Aruna Jethwani

Sterling Publishers Pvt.Ltd. Paperback. Book Condition: new. BRAND NEW, Success Sutra, Aruna Jethwani, There is no shortcut to success. It is consistent hard work and a continuous journey. "Success Sutra" decodes success as a multidimensional phenomenon involving a balancing act between the personal and professional aspects of one's lives. This book helps one identify the lacunae in oneself and the efforts by which one can overcome them. It offers numerous coping strategies like Yoga and reconnecting with Nature, to cater to various temperaments. "Success Sutra" brings together a rare amalgamation of Eastern and Western Thought on the subject. It culls parables and shlokas from the Vedas, Upanishads, and the Bhagvad Gita and also analyses and simplifies theories on psychology by the likes of Karl Jung. Substantiated by quotations from great personalities ranging from Sadhu Vaswani to JRD Tata, Osho to Eleanor Roosevelt and peppered with anecdotes, this is must read for all those looking for sustainable and stress free SUCCESS through one's life.



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