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Healing with Fruit - Using Fruit to Heal Yourself Naturally

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*****.Table of Contents HEALING WITH FRUIT Table of Contents

Introduction Apple Cough Headache Redness in the Eyes

Nausea and Sunstroke Mental Health Grapes Liver Ailments

Urinary Infections Constipation And Acidity Grapes for Eye

Ailments Irritated Eyes Chronic Fever and TB Oranges and

Lemons Oranges For Your Immunity System Heart Problems

Typhoid Asthma Pulmonary Pain Bloating Lemon Juice Cure

Lemons for Your Teeth Anemia Diarrhea Toothache Pimples

Gall Stones and Kidney Stones Itching Blackberries Protection

for Summer Travel Sickness Diabetes Throat ailments

Watermelons, Musk melons, and Cantaloupes Headaches

Hysteria, Neurosis, and Madness Conclusion Author Bio

Publisher Introduction Many naturopaths know that vegetables

and fruits are excellent healers, but most of these timeworn

remedies have been lost, just because we are so used to

popping pills and taking short-term shortcuts in healing

ourselves. Nature has made our body so adaptable, taking into

view its bio - physiological makeup that fruit, vegetables,

spices, and other natural products are extremely beneficial in

helping to heal natural ailments. This book is going to tell you

all about these natural remedies...



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