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Recipes from My Italian Grandmother

By Kate Whiteman, Angela Boggiano, Jeni Wright,

Hardback. Book Condition: New. Not Signed; This is a guide to ingredients, techniques and 100 traditional recipes, handed down from mothers to daughters for generations. It is a complete guide to Italian cooking, illustrated throughout with 765 photographs. It features a fully illustrated guide to Italian staple ingredients, including pasta, rice, grains, pulses, cheeses, cured meats and sausages, meat, fish and vegetables. It comes with over 100 authentic Italian recipes, including national classics that are now cooked around the world. You can discover much-loved Italian family stand-bys like Minestrone, Saffron Risotto, Seafood Lasagne and Meatballs with Peperonata. You can treat yourself to delicious homemade Zabaglione, Tirimisu, Sicilian Ricotta Cake, Macaroons, Pine Nut Tart and Cheesecake. Part of the enduring appeal of Italian food is the way it stays true to its roots, and this continuity has much to do with it being a home-based cuisine, nurtured and passed down within the family. This book contains a wealth of real Italian food, giving background information, practical advice, and 100 of the most heartwarming recipes from the cuisine. Combining traditional, regional and contemporary classics, there are recipes for antipasti, soups, pasta dishes, risottos, gnocchi, fish and meat courses, and delectable desserts and...



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