

French-speaking Agile Project Manager

Fullstack Developer – GTFS, OSM, PostGIS



Rickard Åberg
MSc in Software Engineering

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Customer experiences

Enterprises and organizations:

École des Mines, IKEA IT, Nordea, Ikano, Tre (Hi3G), Länsstyrelsen IT, Telenor, IDA Infront, Lindab, HemoCue, Hot Yoga Malmö, Radioforum, Sony

French: C1 – Advanced professional proficiency *Used in project work with clients at École des Mines*

Certification Badges



Microsoft Certified: Azure Fundamentals (AZ-900)



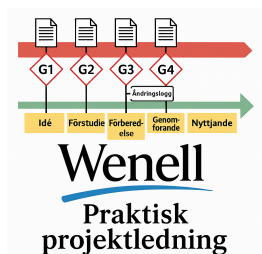
ICC Certified Coach



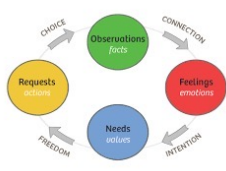
ISTQB Certified Tester Foundation Level (CTFL)



Certified Scrum Master



Practical Project Management (Wenell)



1-Year Program in Nonviolent Communication (NVC)



École des Mines de Nantes



Linköpings tekniska högskola (LiTH)

Key Competencies in Projects

Competency	Applied in
Stakeholder management	Hi3G (TOM), Sony, IKEA Cloud, Nordea
Communication	IKEA IT (Hbg), Länsstyrelsen IT
Planning	IKEA IT, PUM project (diabetes), MSc thesis
Quality systems	Länsstyrelsen (ITIL), Nordea (PMBOK), Sony/Telenor (ISTQB), Telenor (ITIL)
Progress tracking	Ikano, PUM project, Bouvet (team lead)
Risk management	PUM project, handled operationally in

Cyber security and Cloud

- Microsoft Certified: Azure Fundamentals (AZ-900) cloud concepts, Azure core services, security and compliance. IaC, Powershell, Azure CLI
- Google CyberSecurity
- Red Team, Blue Team, Pink Team, Ransome
- Ethical Hacking, Miltigate Spoofing attacks, Attacks, reverse-shell, HackTheBox,

Fullstack, Frontend, Backend Development

- Client Development
- Python, ES7+Node/javascript/typescript, React, Angular, bash/zsh,
- Server Development, MicroServices, Java, SpringBoot/Maven
- CI/CD, Pipelines, Github/GitLab, Azure Devops
- DevOps, InfrastructureAsCode (IaC), Docker/Kubernetes
- {MS/My, No, Postgre}SQL MongoDB, Redis
- GIS Integration
- Experience with GIS systems at Länsstyrelsen IT, OpenTripPlanner (OTP), geospatial data handling, map visualization

Management by Heart

- NeuroLeadership, Psychological Safety
- Neurodiversity, Trauma-informed, Inclusivity
- Agile, Lean, DevOps Culture, Safe
- PI Planning, Social Psychology, Inout group, drama improvisation
- Trauma Therapy, PTSD literature
- Coaching, TeamLead, Groupe Psychology
- Certified {Tester, Scrum Master, Coach}
- Negotiation and Prospecting, PreSales
- Consulting management, Psychology Safety

Car driver's license

Project Mgmt, Scrum master etc

@ RMTS for Depression, Amicitiegatan 37, Malmö

Project Manager VagusNerveStimulation project + HRV

Maj 2025–

Help patients track their HRV in combination with VNS to relieve anxiety, depression, chronic stress, and insomnia. Expert on HRV, VNS and signal processing (DFT, FFT, Arduino, DAC). Agile project management using Kanban and Trello.

@ Online (Zoom)

Trauma-Informed Group Facilitator, ACOA

2020–2025

Facilitated over 100 Zoom-based peer-support meetings for Adult Children of Alcoholics (ACOA), using trauma-informed leadership rooted in principles from Internal Family Systems (IFS) and Nonviolent Communication (NVC). Held space for vulnerable sharing, emotional regulation, and mutual trust. Responsibilities included timekeeping, check-ins (presentation and how do you feel"), group decision-making (group conscience), and facilitation of structured material such as **The Red Book** and **The Loving Parent Guidebook**. Developed transferable skills in psychological safety, presence-based leadership, and deep listening — directly applicable to Scrum Master and project leadership roles in high-trust IT environments.

@ Verisure

Sub Project Manager, GDPR Compliance

2017–2018

Managed a GDPR compliance sub-project focused on internal employee-facing applications. Coordinated cross-functional efforts to ensure data privacy, consent handling, and secure processing of personal information. Worked closely with legal, IT, and product teams to align backend systems with new regulatory requirements. Delivered updated app modules supporting data subject rights and transparency in line with GDPR.

@ Länsstyrelsernas IT-enhet

Problem Manager

2015-2016

ITIL, problem process, incident management, service management, cross-functional teams, root cause

In the role as Problem Manager within Länsstyrelsernas IT-enhet, via Västra Götalands region I have driven, and coordinated meetings to solve problems spanning over different departments. Daily contact with incident managers, the coordinator for service desk, service managers for areas such as Webb, Network, Print, Hardware, Gis, Windows, Integration and message technology. Identifying bottlenecks in groups, and roles and escalating to process owner and senior management. Successfully implemented a new architecture together with an architect in one area which decreased monthly error codes from 1400 to 50.

@ Nordea

Cph/Denmark

Senior Project Manager / Scrum Master

2014-2015

Several roles, Scrum, DevOps, Java

In the role as DevOps Coach / Scrum master I have introduced agile/scrum methodologies and tools (git, jira, confluence) for a cross-functional team consisting of Operation Specialist, Automatic specialists and Developers to setup test environments (preprod/uat), deployment, alarms and monitoring solutions.

Facilitated Scrum artefacts such as:

- Sprint planning meetings
- Sprint Demo
- Retrospective
- Individual coaching sessions

In the role as Senior Project Manager I've been driving different infrastructure projects around IaaS/Amazon EC2 PoC:

- Project planning and documentation
- Setting up QRA – risk analysis
- Started a cross organizational local group for puppet automation, to share knowledge.
- Contact with vendors, AWS and Tibco for Staffing and advise
- Initial architecture for grid solution based on Tibco DataSynapse, and Amazon EC2 for a computing grid in the cloud.
- Hands-on java coding to interface to an integration motor, to provide a framework for an improved deployment solution. Springboot, maven3,

@ IKANO Bank

DevOps, Automatic Deployment, Knowledge Transfer, Release Management 2012-2014
desc

- I was responsible and secured the deployment of ikanobank.se. One part of the project was to facilitate a knowledge-transfer from Germany to Denmark. At the same time I took several initiatives necessary to create a successful environment to deploy in, both technical-wise and process-wise.
- The continuous improvements, knowledge-transfer, documentation clean-up, retrospectives, coaching of ops team in agile methods and introduction of ways of working with a DevOps/C.D. Tool, CA Lisa resulted in decreased resources by about 75% and improved quality multiple times. Handling and took initiatives to several sub-projects.
- Technology stack: MS .NET, BizTalk, CA Lisa/Nolio, Jenkins, Infrastructure, Load balancing, SCOM etc. Led a team of operations specialist and coordinated work between 15 people including developers, testers, etc.
- Work in Germany, Denmark and Sweden.

@ IKEA IT

Project Coordinator, Custom Worktop Rollout 2008-2009
Coordinated the rollout of a customized IT support system for made-to-measure kitchen worktops across multiple countries. Managed requirements gathering, project timelines, acceptance testing, and user onboarding. Bridged central IT systems with in-store operations for smooth implementation.

@ Sony

Test Manager, R2R Program (Sony Ericsson) 2005-2007
Led the test efforts for two sub-projects within the global Record-to-Report (R2R) transformation program. Responsible for test strategy, planning, test cases, and defect management. Worked cross-functionally with development and business teams to ensure quality in financial processes and reporting systems.

- Jira plugin developer, java, velocity.
- Process Designer for BPM-systems
- Defining a template for Software Architectural Description after read-in on Togaf, Zachman, Krutchen4+1, and SEI's views and beyond.
- System integrator tester, on site in Norway, making the final integration tests for a large BPM system that was later prized with the silver medal in BPM global Awards. Webservices, JMS, Tibo Inconcert, Integration Manager.
- Java Developer, IKEA IT
- Test Leader for J2EE project, Sony Ericsson
- Project Coordinator, IKEA IT

@ Ecole des Mines

research engineer
desc

Nantes/France
2003-2004

- As part of the research project EASYCOMP integrated Vienna component framework with the cutting edge framework for Event-based Aspect-Oriented Programming, by effectively communication with researchers in Vienna. Used java and rmi.
- Software Developer/Java for a digital library project. Analysis and design in UML and coding using J2EE, Struts, Mysql]

Process Management

- Change Mnmt
- Deploy Mnmt
- ITIL
- Release Mnmt
- Problem Mnmt
- GDPR

Education

Google/Coursera

Google CyberSecurity Fundamentals

2023 HT– 2024 VT

Lund

ToastMasters, Public Speaking

2023 VT – Ongoing

Udacity@Palo Alto

SRE, Fullstack and Front-end, Grafana, Terraform, Kubernetes, AWS 2022 HT – Ongoing

Malmö University

Pedagogical Drama, Story Telling, Improvisational theatre, Groupe Dynamics

Malmö

2020

Udacity@Palo Alto

React.JS (ES6, React, Router, Redux, Native) Nanodegree

Remote

2019-2021

Blekinge Institute of Technology

Programming and Problem-solving in Python. 2.5 ECTS

Ronneby

2016

Linköping Institute of Technology

MSc in Computer Science and Engineering. 300 ECTS

Linköping

1996 –2003

Computer/IT-Security, Software production, Artificial Intelligence, Object-Oriented Programming, Functional Programming, Real time programing, Lisp/C, Advanced computer architecture, Hardware construction, Embedded development with micro-controller

RICKARD ANDREAS ÅBERG



Course	Points	Grade	Examiner
Signal Theory	3.0	Four	Fo asst D Danev
Computer Security	3.0	Five	Bitr prof V Fåk

Courses

Agile: Certified Scrum Master (CSM) Software Consulting Öresund AB

Communication: 18 days workshop during a whole year on NonViolent-Communication (Varg och giraff-språk)

Project Management: Practical Project Management Wenell Management.

Front-End: React

Coaching: International Coaching Certificate, (ICC, ICF, EMCC), SLH - Center of Excellence in Thailand, Banh Phee, Lars-Eric Uneståhl, PhD

Negotiation: Negotiation workshop, Företags Ekonomiskt Institut (FEI)

Pedagogical drama, Story Telling, Improvisation : Malmö University

DevOps: CA Lisa Release Automation (Nolio) (Continuous Delivery) CA Technologies Inc.

Master thesis

Title: *On the automatic evolution of an OS kernel using temporal Logic and AOP*

Supervisors: Julia Lawall PhD, Mario Südholt PhD, Gilles Muller PhD

Description: In IEEE International Conference on Automated Software Engineering, Montréal, Canada, pages 196 –204, 42 citations

https://www.researchgate.net/publication/220883611_On_the_automatic_evolution_of_an_OS_kernel_using_temporal_logic_and_AOP

What people have said about me

“1” “Rickard became rapidly proficient in all technologies by effectively communicating with the research engineers and has delivered to all my requirements’’, Mario Südholt, associate professor OBASCO group at Ecole des Mines

“2” “Rickard has rapidly, with great accuracy and interest fulfilled the requirements of which the roles demanded. He is also responsible and enterprising“. “Rickard’s work has meant close cooperation with several clients and demanded great communication skills to understand the end-users needs’’ “we give him our best recommendations’’ – Cybercom

“3” “ Rickard is ambitious and dedicated to his work and his team the reason for our success with a stable environment“ - Frank Amersbach, Head of Technical operations, Ikano Bank

“4” “Rickard has not only used the existing processes but also simplified and improved them“ “Rickard is goal-oriented, planning-oriented and flexible“ - Jonas Paulsson Länsstyrelsen IT

Languages

Swedish: Mother tongue

English: Professional proficiency

French: Professional proficiency

Industry sectors

- Aviation
- Healthcare
- Security
- Public
- Finance
- Hospitality
- BioTech
- Energy
- Telecom
- Trade

Employments

ReDI School of Digital Integration

Cloud Computing och Azure-kurs

2025

Praktisk kursfokuserad utbildning inom Azure, molnsäkerhet och DevOps. Förberedelse inför certifiering med case-baserade projekt.

ADBSafegate AB

Malmö

ADBSafegate AB, Fullstack Developer

2021-12 – 2022-06-01

Angular, typescript, Azure, Scaled Agile Framework, SAFe

Zaplox AB

Lund

Zaplox AB, Fullstack Developer

2021-06 – 2021-09

Vue.js node javascript css AWS

Udacity

Remote

React.JS Nanodegree

2019-2021

Portfolio Projects - reviewed and passed by react experts

Verisure Innovation

Malmö

Senior Software Engineer

Aug 2017-Nov 2018

Bouvet Syd AB

Malmö

Managing Consultant

May2012 – Dec2017

Java Developer, Team Leader/CUManager/Partner Responsible DevOps

Cybercom

Malmö

Consultant

May2004 –Feb 2012

Java, Integration, Test

Ecole Des Mines

Nantes/France

RnD Engineer

Mar 2003 –Feb 2004

Ecole Des Mines

Nantes/France

Thésard

Mar 2003 –Feb 2004

MSc Thesis

Hemocue

Ängelholm

Embedded Developer

Jul 2002 – Sep 2002

Interests

hobby 1: Yoga and Meditation

hobby 2: Dance and Martial Arts

hobby 3: Singing and playing piano

References

Managers

- Mathias Hansen

- (more upon request)

Peers

- Peter Törnkvist,

- (more upon request)

Msc

- Julia Lawall, and

- Mario Sudholt

(more upon request)

I managed

Martin Björcke, and *David Bennehult* also (all available upon request).

Experience from Tools, Technologies and methods

Programming languages

- Java/JEE/Spring/Android
- JavaScript, ES6, React, Redux, Bootstrap, HTML/CSS
- Python
- Lisp, ocaml (functional)
- SQL, PL/SQL, MySQL
- Assembler (PIC, Cop8, 68000)

Methods

- Scrum
- Kanban
- DevOps
- ITIL
- Continuous Delivery
- C.D. Toolchain/pipeline

Design principles

- Object-Oriented Analysis – UML
- Aspect-Oriented Programming
- Service-Oriented Architecture

Version Control, build, CI, CD

- Git/Gerrit, gitlab, github, bitbucket
- Gradle, Maven, Ant, npm, yarn
- Docker, Kubernetes, Ansible
- Bamboo, Jenkins, CruiseControl
- JFrog Artifactory, SonarQube
- Azure, AWS

System integration

- Mule ESB Studio
- TIBCO Business Works, Rendez-vous
- Active MQ / JMS / RabbitMQ
- Json, XML, XSD Schemas
- SoapUI / Postman

Operating Systems and Containers

- Windows Server
- Unix and Linux (Ubuntu)
- Mac Os X
- Android
- iOS (Iphone)
- Docker/Kubernetes

Tools

- IntelliJ, Visual Code
- Jira / Confluence
- Remedy / Serena / MS Service Desk

Application Servers

- Apache Tomcat
- JBoss/Wildfly

Databases

- MS SQL Server
- Oracle
- Mysql
- PostgreSQL