



# THE NEXTWAVE INTERNSHIP PROGRAM

Powering the next generation



# OVERVIEW OF THE NEXT WAVE PROGRAM

The NextWave Program is an internship initiative developed to support and guide new interns as they begin their professional journey within the company. Its primary purpose is to introduce interns to ADNOC's operations, values, and work culture. By providing structured orientation, resources, and mentorship, the program enhances the onboarding experience and ensures a smoother, more efficient transition for newcomers into their respective roles.



# CORE LEARNING OBJECTIVES

1

## What is ADNOC Offshore?

- History, key milestones, and strategic role in UAE's energy Sector
- Importance of offshore operations and main offshore tieids

4

## HSE

- Safety protocols and offshore-specific hazards
- PPE (Personal Protective Equipment) and emergency response
- ADNOC environmental sustainability practices

2

## ADNOC's Integrated Value Chain

- Upstream, Midstream, and Downstream activities
- Understanding the role of subsidiaries (e.g., ADNOC Drilling, ADNOC Gas, Borouge, etc.)

5

## ADNOC Culture & Values

- Excellence, integrity, innovation, safety, and teamwork
- How these values shape daily operations and decision-making

3

## Strategic Priorities 2025

- Zero incidents and strong HSE culture
- Acceleration of digital transformation and AI
- Commitment to sustainability and energy transition

6

## Professional Skills

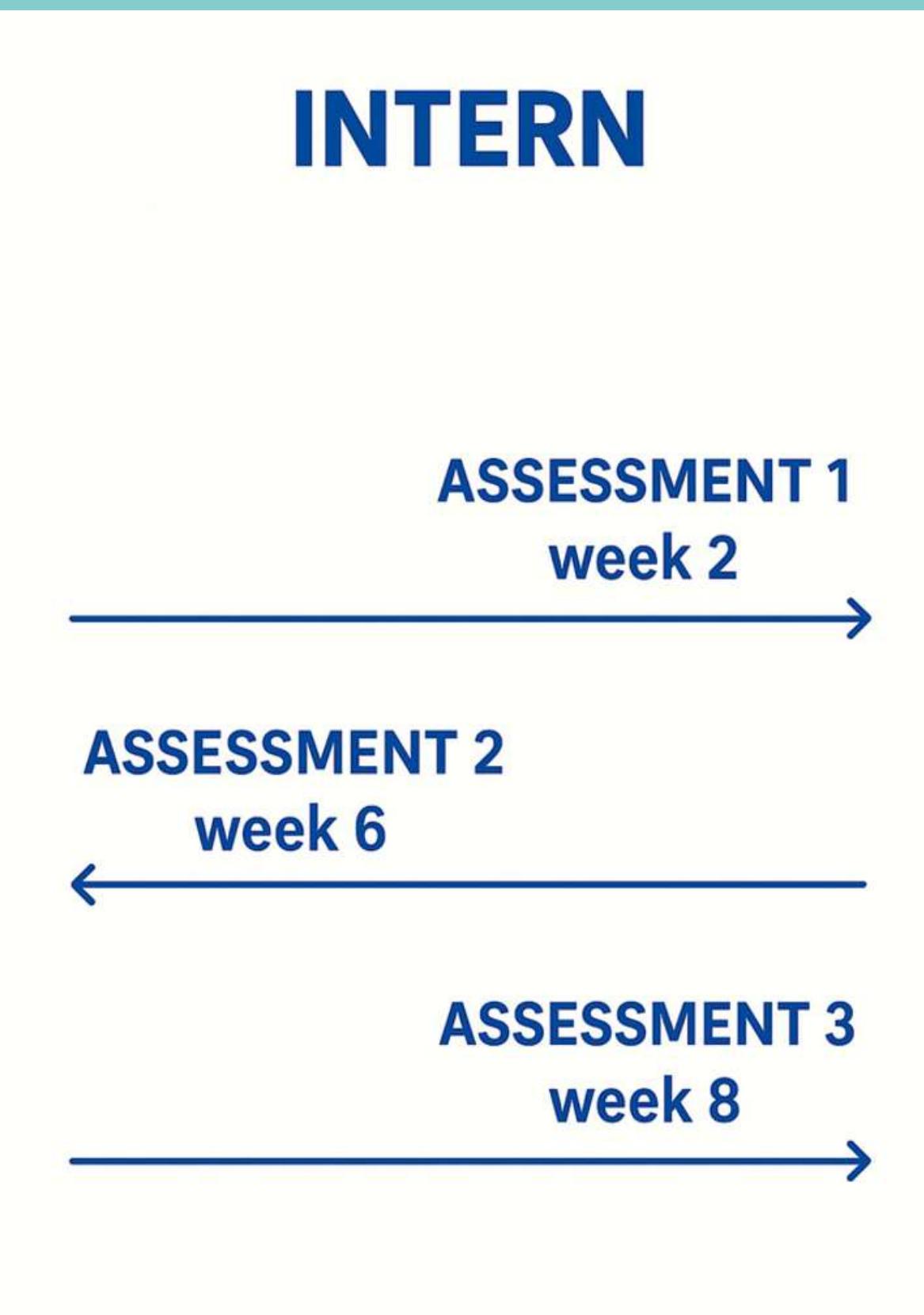
- Communication, teamwork, and time management
- How to participate in meetings and contribute ideas

# Assessment & Learning Outcomes

- Interns will have assessments every 2–4 weeks to track progress.
- Ensure an efficient experience and meaningful learning.
- Develop practical skills in their department.

## Ways to Assess Intern Understanding:

- Knowledge Checks: Quick quizzes or polls.
- Presentations & Demonstrations: Showcase learning and skills.
- Peer Teaching: Explain concepts to others.
- Guided Feedback: Mentor-led discussions on progress.



# Intern Feedback

- Feedback submitted via scannable barcode page
- Ensures quick, structured, and real-time collection
- Option for anonymous submissions to encourage honesty
- Covers tasks, mentorship, learning outcomes, and overall experience
- Supports continuous improvement of **The Next Wave**

We'd love your feedback

Scan this to get  
started! !



**THANK YOU FOR YOUR  
TIME**



# THE NEXT WAVE

Powering The Next Generation  
Intern's Passport



# PROFILE

Name \_\_\_\_\_

Intern ID \_\_\_\_\_

Start Date \_\_\_\_\_

End Date \_\_\_\_\_

Department \_\_\_\_\_

# WELCOME TO ADNOC OFFSHORE

**Ground Floor:** Reception Desk

**14<sup>th</sup> Floor:** Human Capital Division

**11<sup>th</sup> Floor:** Cards access

**18<sup>th</sup> Floor:** Cafés and Clinic

**Emergency:** Call the 664444

# INTERNSHIP GOALS

Goal 1

Goal 2

Goal 3

Goal 4

Goal 5

# HSE

## HEALTH, SAFETY & ENVIRONMENT

HSE is vital to protecting our people, assets, and the environment.

During this internship, you will gain insight into ADNOC's commitment to 100% HSE, including our health, safety, environmental and sustainability practices, hazard identification and the proper use of personal protective equipment.

## WHEN WAS THE FIRST SHIPMENT MADE BY ADNOC?



# ACHIEVEMENTS & MILESTONES

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

4) \_\_\_\_\_

5) \_\_\_\_\_

# CROSSWORD PUZZLE

Find all 10 hidden words & earn your stamp!

M	E	X	P	L	O	R	A	T	I	O	N	P
N	O	I	T	C	U	D	O	R	P	Q	N	W
D	Q	H	B	W	Y	Q	I	P	D	N	M	J
G	Z	M	Y	Z	Y	O	Y	E	R	B	N	Q
N	D	M	T	D	V	R	N	T	D	B	P	T
I	O	G	U	R	R	I	E	P	D	R	L	V
L	V	F	E	E	L	O	L	N	Q	R	M	N
L	J	S	F	E	L	A	C	B	I	R	D	K
I	E	Y	P	S	T	O	Q	A	L	F	M	G
R	N	I	W	F	H	W	R	Y	R	W	E	W
D	P	W	O	T	J	O	L	T	T	B	R	R
Y	K	R	B	N	M	J	R	D	E	Q	O	D
W	M	W	P	R	M	T	B	E	P	P	Z	N

HYDROCARBON  
PRODUCTION  
REFINERY  
EXPLORATION  
PIPELINE

PETROLEUM  
DRILLING  
PLATFORM  
RESERVOIR  
OFFSHORE

# POSITIVES & IMPROVEMENTS

What I liked ?

Write down the best parts of your experience!

1)

2)

2)

What could be better ?

Share ideas to improve the internship program!

1)

2)

3)

# DEPARTMENT VISIT TRACKER

Department Visited

Key Learnings

Signature or Stamp

Department Visited

Key Learnings

Signature or Stamp

Department Visited

Key Learnings

Signature or Stamp

# OUR GLOBAL PARTNERS SHAREHOLDER COUNTRIES

ADNOC Offshore has shareholders from all around the world. Can you name them all?



Country:  
Company:



Country:  
Company:



Country:  
Company:



Country:  
Company:



Country:  
Company:



Country:  
Company:



Country:  
Company:



Country:  
Company:



Country:  
Company:

# WE'D LOVE YOUR FEEDBACK

Scan to  
get start



# WELCOME TO ADNOC FAMILY

## Dress Code

### Male

- UAE National dress (Kandora).
- Long-sleeve shirts and pants.



### Female

- Modest and professional.
- Avoid clothing with inscription, bright colors, or cultural symbols.

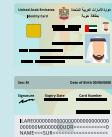
## Parking

- Use the mall parking on levels B5 and B6.
- Make sure to register your vehicle with Business Support Division or reception to receive free parking access.



## ID

- Present Emirates ID on the first day and to issue the intern badge by the Security Department.



## Time

- First day arrival at 10:00 AM.
- Working hours may vary based on your supervisor and assigned schedule.



## Quick Tips

- Ask questions.
- Learn from others.
- Enjoy new tasks.

## Always carry

- Emirates ID.
- Intern badge.
- Notebook & Pen.
- Water bottle.

**Tomorrow starts with  
you, together we shape  
the future.**

**ADNOC OFFSHORE**

COMM. INTERNSHIP PROGRAM  
**NEXCOMM**

WHERE STRATEGY MEETS COMMUNICATION



# INTRODUCTION

THE MARKETING & COMMUNICATION INTERNSHIP PROGRAM AT ADNOC OFFSHORE IS DESIGNED TO INTRODUCE

STUDENTS TO BRAND COMMUNICATION, STRATEGIC MARKETING, AND CORPORATE MESSAGING.

IT PROVIDES HANDS-ON EXPERIENCE IN:

- Internal and external communications
- Marketing campaigns and newsletters
- Contractor communication processes
- Digital systems supporting marketing

## OBJECTIVE 1

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- SUPPORT STUDENT DEVELOPMENT IN MARKETING & COMMUNICATION SKILLS

## OBJECTIVE 2

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- PROVIDE EXPOSURE TO REAL-WORLD MARKETING STRATEGIES AND INTERNAL PROCESSES

## OBJECTIVE 3

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- PREPARE INTERNS FOR CAREER PATHWAYS IN CORPORATE COMMUNICATION & STRATEGIC MARKETING

## LIFE-SAVING RULES



- Work with a valid permit when required
- Obtain authorization before entering a confined space
- Verify isolation and zero energy before work begins
- Follow the rules for working in toxic gas environments
- Follow safe driving rules
- Verify isolation and zero energy before work begins
- Protect yourself against a fall when working at height
- Plan lifting operations and control the area
- Follow safe driving rules
- Keep yourself and others out of the line of fire

This is THE ADNOC WAY

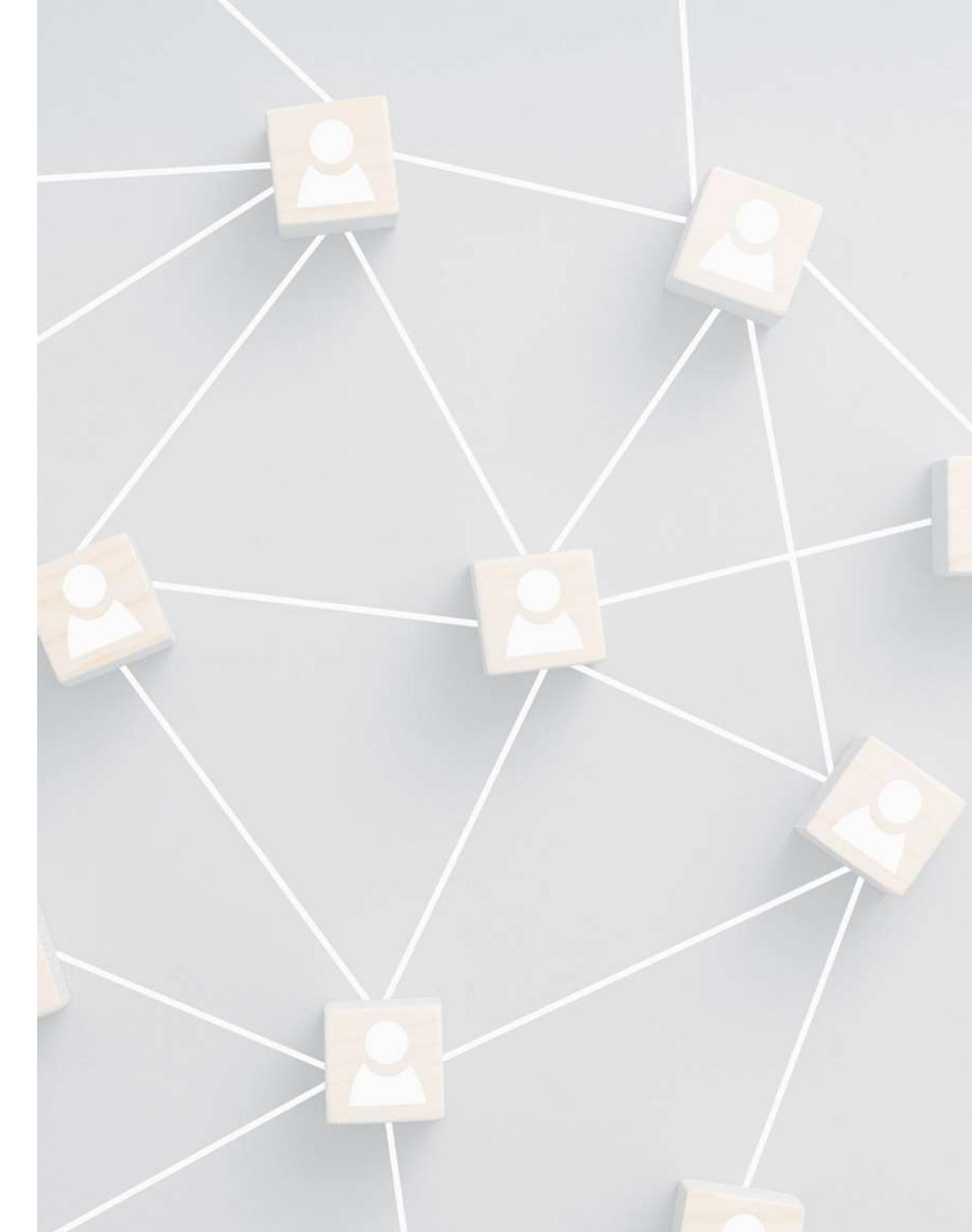
# HSE-HEALTH, SAFETY, ENVIRONMENT

Students are expected to adhere to ADNOC's 100% HSE culture by following safe practices in both office and data center environments. They must also ensure cyber safety by protecting data, following security protocols, avoiding risks, and actively participating in ADNOC HSE awareness and training sessions. In addition, students are encouraged to promote sustainability in their digital practices through reduced printing and mindful energy saving.

# ADVERTISING HUB EXPERIENCE

What I learned

Questions in mind



Visited

Date: \_\_\_\_\_

Signed by \_\_\_\_\_

on

# MARKETING WORKSHOPS

## Workshops Attended



## What I learned

## Questions in mind



# PROJECT COMMUNICATION

## Workshops Attended

- .....
- .....
- .....

## What I learned

- .....
- .....

## Questions in mind

- .....
- .....

PROJECT SELECTED: \_\_\_\_\_

START DATE: \_\_\_\_\_

SIGNED BY: \_\_\_\_\_

COLABORATION LINK: \_\_\_\_\_

# AI IN MARKETING

8

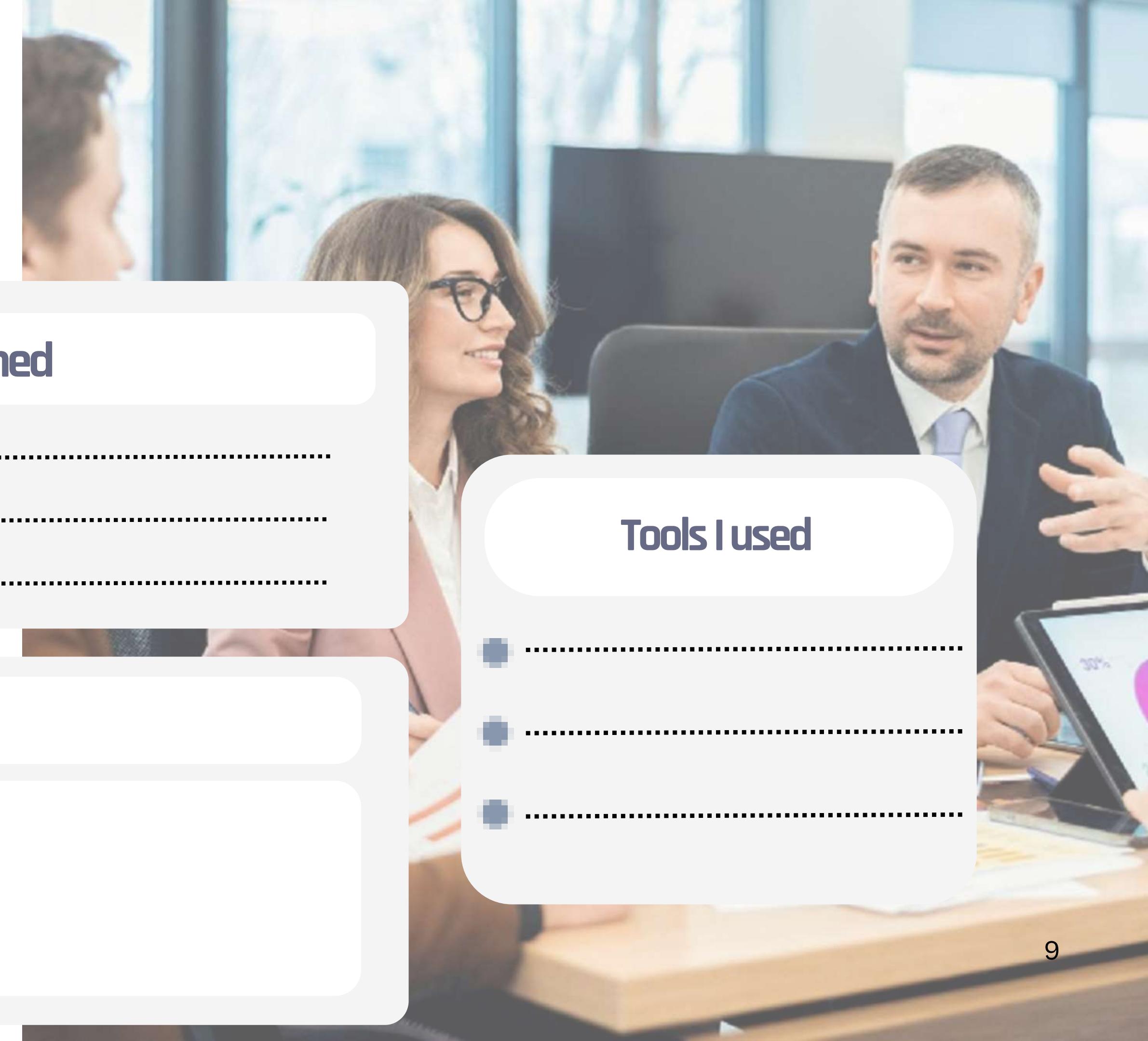
What I learned

## HOW AI ENHANCES COMMUNICATION:

- Automated newsletters & campaigns
- Chatbots & engagement
- Data-driven insights

Questions in mind

# MARKETING TOOLS



New Tools I learned

- 
- 
- 

Tools I used

- 
- 
- 

Screenshots

# PITCHING DECK PROCESS

## Languages used

- .....
- .....
- .....

## Screenshots

## Scripts done

- .....
- .....
- .....

## What I learned

- 
- 
- 

## Benefits Gained

- 
- 
- 



# INTERNSHIP SUMMARY

*TOMORROW'S MARKETING STARTS WITH TODAY'S COMMUNICATION*

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# Thank you

**“Your future starts here—make the most of every opportunity”**

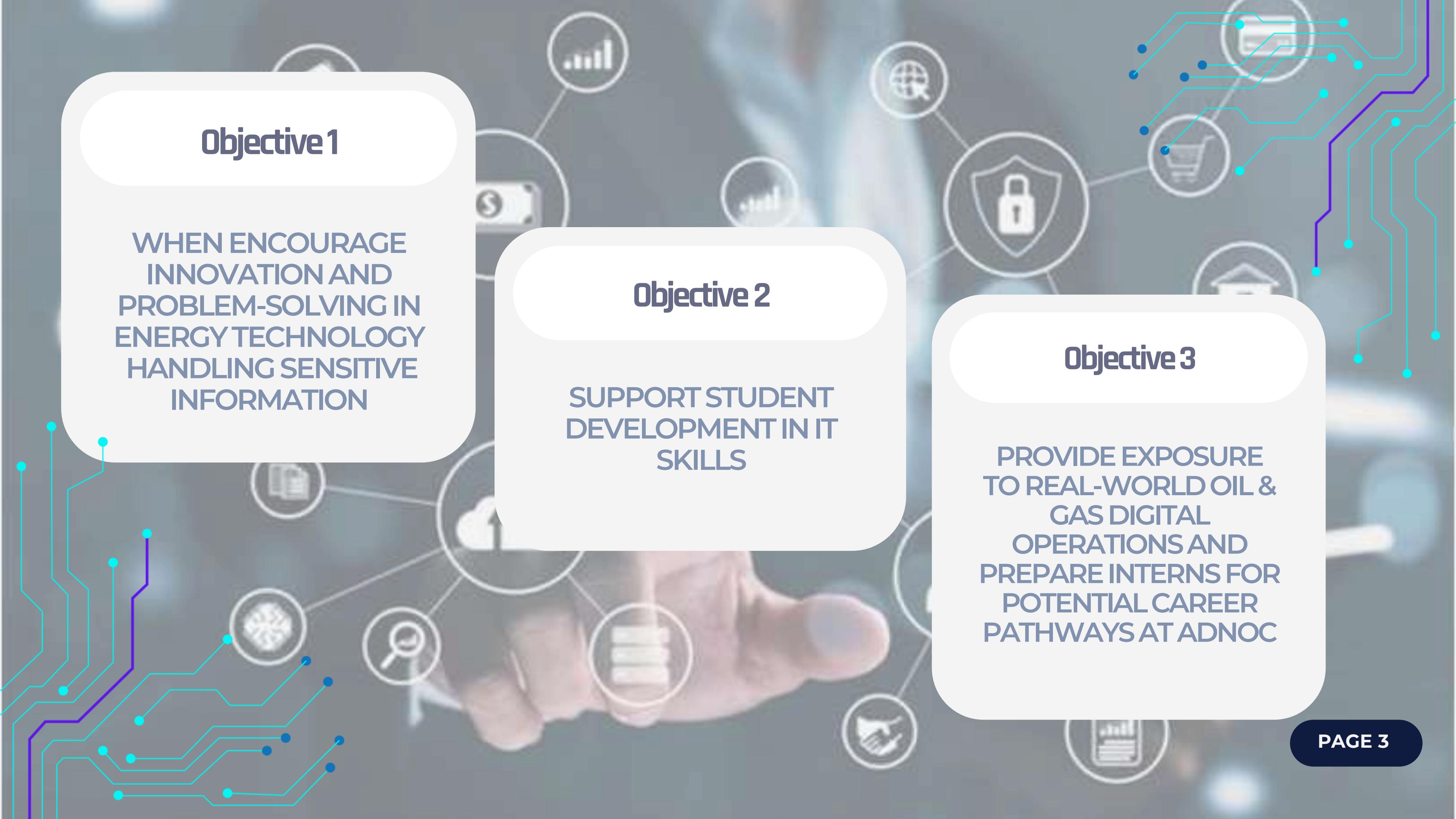
Digital Internship program  
**NEXTECH**  
*WHERE INNOVATION MEETS  
OPPORTUNITY*



# Introduction

THE IT INTERNSHIP PROGRAM AT ADNOC OFFSHORE IS DESIGNED TO INTRODUCE STUDENTS TO DIGITAL TRANSFORMATION IN THE ENERGY INDUSTRY. IT PROVIDES HANDS-ON EXPERIENCE IN CYBERSECURITY, NETWORKING, AUTOMATION, AND DATA SYSTEMS, WHILE ALSO INTRODUCING INTERNS TO ADNOC'S VALUES, CULTURE, AND OPERATIONS.





## Objective 1

WHEN ENCOURAGE  
INNOVATION AND  
PROBLEM-SOLVING IN  
ENERGY TECHNOLOGY  
HANDLING SENSITIVE  
INFORMATION

## Objective 2

SUPPORT STUDENT  
DEVELOPMENT IN IT  
SKILLS

## Objective 3

PROVIDE EXPOSURE  
TO REAL-WORLD OIL &  
GAS DIGITAL  
OPERATIONS AND  
PREPARE INTERNS FOR  
POTENTIAL CAREER  
PATHWAYS AT ADNOC

# HSE-HEALTH, SAFETY, ENVIRONMENT

Students are expected to adhere to ADNOC's 100% HSE culture by following safe practices in both office and data center environments. They must also ensure cyber safety by protecting data, following security protocols, avoiding risks, and actively participating in ADNOC HSE awareness and training sessions. In addition, students are encouraged to promote sustainability in their digital practices through reduced printing and mindful energy saving.





# Digital Factory Visit

What I learned

Questions in mind

Visited on Date: \_\_\_\_\_

Signed By: \_\_\_\_\_



# Technical Workshops

## Workshops Attended

- 
- 
- 

## What I learned

- 
- 

## Questions in mind

- 
- 

Visited on Date: \_\_\_\_\_

Signed By: \_\_\_\_\_



# AI Project

## Workshops Attended

- .....
- .....
- .....

## Questions in mind

## What I learned

.....  
.....  
.....

PROJECT SELECTED: \_\_\_\_\_

START DATE: \_\_\_\_\_

SIGNED BY: \_\_\_\_\_

COLABORATION LINK: \_\_\_\_\_

# CYBERSECURITY SCANNING & REPORTING

What I learned

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Screenshots

Questions

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SIGNED BY: \_\_\_\_\_

COLABORATION LINK: \_\_\_\_\_

# IT TOOLS

New Tools I learned

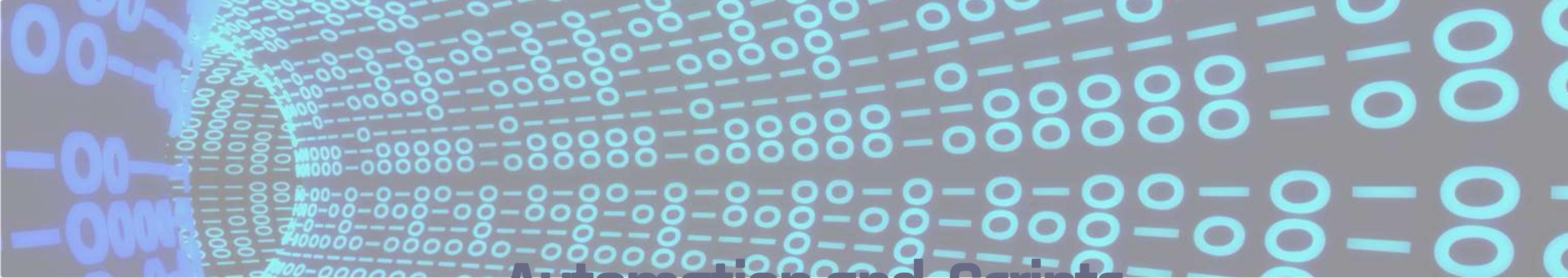
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Screenshots

Tools I used

- 
- 
- 



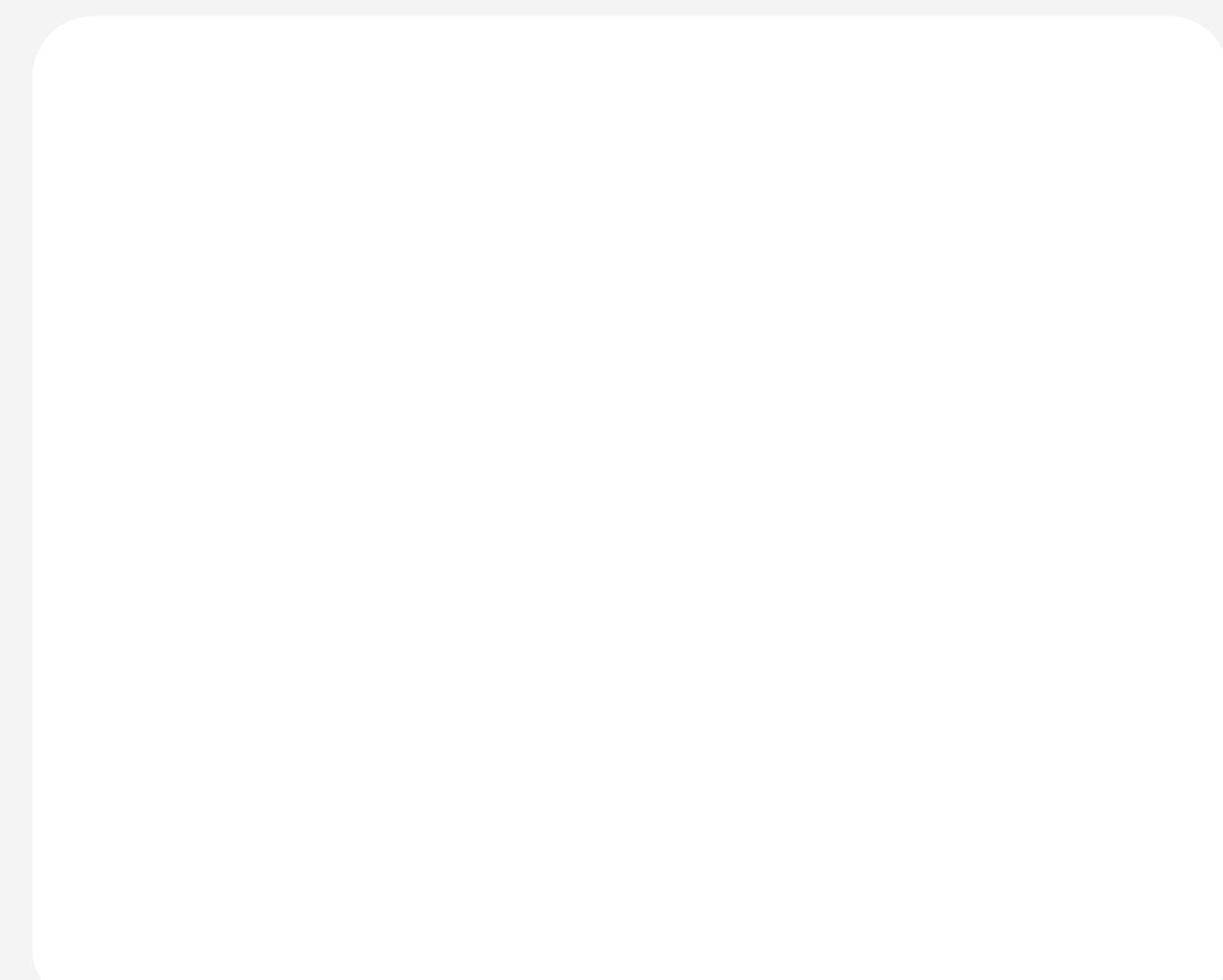


# Automation and Scripts

## Scripts done

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- 
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## Screenshots



## Languages used

- 
- 
-

## What I learned

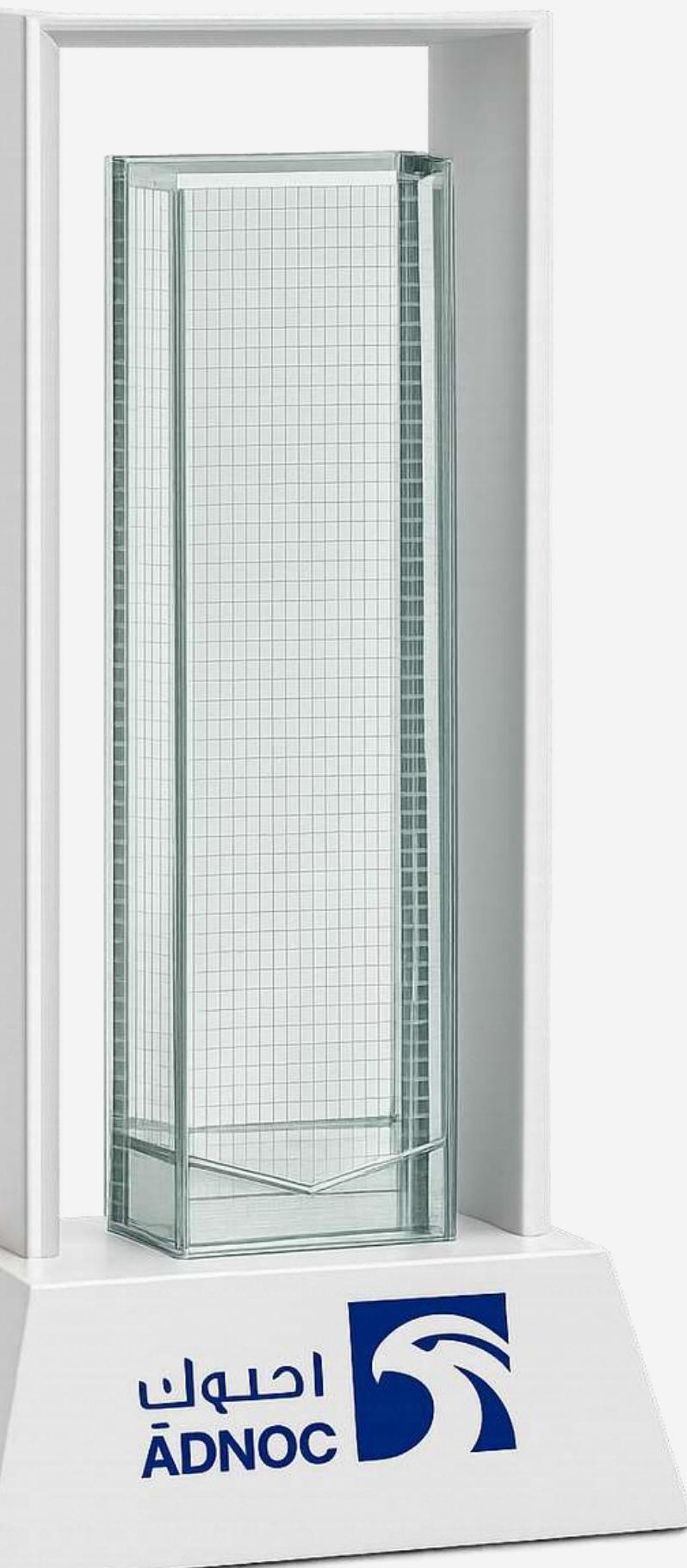
- 
- 
- 

## Benefits Gained

- 
- 
-

# Internship Summary

TOMORROW'S BREAKTHROUGHS START TODAY



# Thank you

*Your future starts here—make the most of every opportunity.*