**Studies on the usefulness of applying deep learning to interpreting EMG waveforms**

**Introduction**

Electromyography (EMG) is an electrophysiologic test that records electrical activity generated from nerves, muscles, and neuromuscular junctions at rest and during muscle contraction controlled by nervous system through needle inserted into the muscle. (1-6) It is implemented to identify disorders of the nervous system or muscles according to abnormalities in EMG signals that reflect the anatomical and physiological characteristics of the nervous system and muscles. (1-6) Among signal shown on EMG, motor unit action potentials (MUAPs) is used to characterizing whether normal or neuropathy or myopathy. Typical neurogenic MUAPs, commonly observed in neurological diseases, are known to have large amplitudes, long durations, reduced recruitments, and reduced interference patterns, whereas myopathic MUAPs are known to have small amplitudes, short durations, and early recruitments and interference patterns. The diagnostic usefulness of electromyography for identifying peripheral neuropathy and myopathy has been suggested in previous studies.(1, 5-12)

Although electromyography plays an important role in diagnosing normal, neuropathy and myopathy, it has some limitations in that there are discrepancies among examiners, and the accuracy of EMG relies to a lot extent on proficiency of the examiner. Previous studies have reported that sensitivity of EMG in the diagnosis of neuropathy, myopathy, and normal is 47-83%, specificity is 73-81% and inter-rater reliability is 62-81%. (13-15) Additionally, to recognize abnormalities of EMG waveform accurately, considerable time and efforts are needed. As the prevalence of neuropathy and myopathy continues to increase, the frequency of EMG for diagnosing it, the time it takes to interpret it, and the workload of the examiner are bound to increase. (16-19) A new approach may be helpful in clinically diagnosing neuropathy or myopathy through EMG more efficiently and accurately in a shorter time.

Recently, deep learning has been used to analyzing big data in many field, and it is also applied to clinical data including waveform, time series data.(20, 21) Convolutional neural network, one kind of deep learning techniques, has applied to analyzing time series data and waveform data such as electrocardiography, electroencephalography. (20, 22, 23) As a result of the study of reading the results of electrocardiography and electroencephalography using deep learning, the accuracy was similar to or superior to that of medical students or residents, and detect nonobvious abnormalities easily overlooked.(24) Previous studies that analyzed EMG using machine learning were mostly those that analyzed surface EMG or needle EMG signals in resting state. (25-29) To our knowledge, few studies on analyzing EMG data in volitional state have rarely been reported.

In order to overcome the limitations of electromyography and provide a more efficient analyzing method, deep learning was applied to interpreting the EMG waveform. We named our machine learning model nEMGNet with motifs from VGGNet and ResNet, which are known to show good performance in image analysis. (30, 31) To confirm the usefulness of nEMGNet, the accuracy of nEMGNet was compared with the accuracy by physicians who currently interpret EMG.

For this study, we retrospectively reviewed EMG waveforms, which were examined in patients with neuropathy or myopathy or normal, analyzed those by using convolutional neural network built-in Python.

**Methods and materials**

**Data acquisition and preparation**

The data analyzed in this article were from the Seoul National University Hospital database that includes electromyography data of 58 subjects, visited Seoul National University Hospital from Jun, 2015 to Jul, 2020 and divided into 3 datasets of neuropathy, myopathy and normal according to EMG waveforms characteristics which were neurogenic potentials or myopathic potentials or not. The criteria for dividing myopathy, neuropathy, and normal were whether there are one of small amplitude-short duration, high amplitudes-long duration, reduced recruitment, early recruitment, and reduced interference pattern during minimal, moderately and maximally contraction. This study was approved by the Internal Review Board of Seoul National University Hospital (No. 2008-055-1147) and conducted according to the Declaration of Helsinki and its later amendments. Informed consent was not obtained because this study is retrospective analysis. EMG was performed with a monopolar needle electrode from muscles of subjects body (Viking Quest (Natus, USA)). The filter setting was set at 20 Hz (low-cut) and 10 kHz (high-cut). The results of the last 10 seconds of the EMG were recorded and used for analysis. Based on the elbow joint of the upper extremity and the knee joint of the lower extremity, the muscles close to this joint were classified as proximal muscles and distal muscles.

The results of the waveform data of patients stored numerically in the electromyography machine were extracted, and they were made into a waveform through the MATLAB software (version R2020b) program. Among the created waveform data, artifacts occurring in the cases including move of the needle electrode or patients moving among the data at the beginning and at the end were excluded, and some noise in the middle portion was preserved. The raw EMG data, which was originally sampled at 48 kHz, was downsampled to 10 kHz to reduce computational complexity and sliced in fixed window length of 0.4 seconds units and hop size of 0.1 seconds units that were likely to be the most optimal length for post-experimental analysis. After slicing, total segments were composed of 2700 segments from subjects with myopathies, 3664 segments of subjects with neuropathies, and 1706 segments of subjects without neither neuropathy nor myopathy. Consequently, rest of the numerical data was used for analysis.

**Building machine learning models**

To find the characteristics of the EMG signal, we used a 1-dimensional convolutional neural network (CNN) based on VGGNet and ResNet, which has been proven effective in image classification, named it nEMGNet. (30, 31) The structure of nEMGNet includes spatial block-1, which reduces the resolution by half, spatial block-2 which reduces the resolution by quarter, and residual block which solves the problem of poor backward propagation as the layer gets deeper by making a residual connection.(30) The nEMGNet was tested with 4 versions of nEMGNet-A, nEMGNet-B, nEMGNet-C, and nEMGNet-D with different versions according to the number of residual blocks. A rectified linear unit (ReLU) is applied to the fully connected layer after the convolutional layer. (Figure 2)



Figure 2. nEMGNet structure. Processing composed of convolutional neural network, batch normalization, rectified linear unit (ReLU), max pooling. Light gray box; spatial block-1 and spatial block-2, Dark gray box and bold curved arrow; residual block.

The initial values of nEMGNet hyperparameter were empirically determined based on values that have been widely used. The learning rate, batch size, and epoch were set to 10-3, 32, and 100. Adam optimizer was used for optimizer, and inversely proportional values were used for the class weight to the number of signal segments for preventing erroneous prediction.

The number of muscles tested with EMG is different for each subject, and among the tested muscles, abnormal and normal EMG can coexist. To overcome these limitations, we applied a method called the DiVote (Divide and Vote) technique. DiVote divided each EMG signal into segments of homogeneous length and converted it into 3 signal segment prediction scores through a feature extractor. The muscle signal prediction score was calculated by aggregating the signal segment prediction score and aggregated to derive the subject prediction score through soft voting. When deriving the subject prediction score, two different method were tried. The first method is to calculate and aggregate prediction scores by classifying them by neuropathy, myopathy, and normal without information on the location of the muscle. The second method is to classify whether it is proximal or distal according to the location of the muscle, and calculate and aggregate prediction scores of each neuropathy, myopathy, and normal.

**Visualization and evaluation of result**

Feature visualization은 학습한 머신러닝 모델의 특징을 보여주기 위해 사용하는 technique인데 nEMGNet의 특징을 보여주는데 적용했습니다. 1500번의 학습이후 learning rate는 10-2로 조정했고 gradient descent를 적용했습니다.

nEMGNet의 평가는 2단계를 거쳐 했는데 neuropathy, myopathy, normal을 잘 구분해 내는지에 대해 평가를 했습니다. 우선 각 근육별 EMG signal segment의 분류 성능에 대해 평가를 했고 각각의 대상자의 진단을 하는 성능에 대해 평가했습니다. 평가를 위해 accuracy, precision, recall, F1, area under receiver operating characteristic curve (AUROC), mathew’s correlation coefficient (MCC)를 통해 하였고 다음과 같은 공식으로 계산했습니다.

Accuracy=(TP+TN)(TP+TN+FP+FN)

Precision=TP(TP+FP)

Recall=TP(TP+FN)

F1=2×Precision×RecallPrecision+Recall

MCC=klm(CkkClm-CklCmk)k(lCkl)(l'k'≠kCk'l')k(lClk)(l'k'≠kCl'k')

TP, number of true positive; TN, number of true negative; FP, number of false positive; FN, number of false negative, C; confusion matrix from n-class classification result with columns of true labels and rows of predicted labes.

3 class 분류 성능의 정확도는 accuracy와 MCC를 통해서 평가했습니다.

The accuracy of nEMGNet was calculated by cross entropy, and since the number of subjects was small, the actual diagnosis and the predicted diagnosis for each subject were compared with 5-fold cross-validation.

**Comparison the result of nEMGNet with physicians**

nEMGNet의 분석결과의 유용성을 검증하기 위해 현재 근전도 검사를 하고 있는 신경과와 재활의학과 소속의 레지던트 6명에게 전체 EMG data를 random shuffling한 뒤 근전도 파형데이터를 제외한 대상자의 정보는 제거하여 각 physician에게 파형 데이터를 제공한 뒤 각 physician이 분석한 결과를 nEMGNet이 예측한 결과와 비교하였습니다. 레지던트의 분석결과는 실제 환자에게 검사할 때 근전도 장치에서 파형을 보고 분석하는 것과 유사하게 하는 화면을 제공하여 분석하였습니다. (Suppl. Figure 1) 분석할 때에는 division당 10msec로 했고 파형의 amplitude는 200μV, 500μV, 1mV로 바꿔서 분석할 수 있게 하였고 500msec동안 지나간 파형을 보고 neuropathy, myopathy, normal중에 labeling을 하게 했습니다.

**Statistical analysis**

Statistical analyses were performed using R statistical software (version 4.1.0; R Foundation for Statistical Computing, Vienna, Austria). The *p*-value less than 0.05 was considered statistically significant. Analyses for calculating between the inter-rater and machine learning reliability were performed by Chi-square test and McNemar test.

**Results**

신경병은 radiculopathy, axonal neuropathy, motor neuron disease 의 환자를 대상으로 하였고 근육병은 muscular dystrophy, inflammatory myopathy 등의 환자를 대상으로 하였음. (Table 1)

Table 1. Demographic characteristics of subjects

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Myopathy | Neuropathy | Normal | p-value |
| Number of Subjects | 19 | 19 | 20 |  |
| Female, n(%) | 14 (73.7) | 12 (63.2) | 13 (65) | 0.761 |
| Age (mean±SD) | 52.2±20.1 | 58.4±15.1 | 60.2±16.9 | 0.329 |
| Proportion of EMG according to location of muscle (%) |  | | | <0.001 |
| Distal muscles | 60 (48.4) | 97 (60.2) | 80 (82.5) |  |
| Proximal muscles | 64 (51.6) | 64 (39.8) | 17 (17.5) |  |
| Number of files | 125 | 161 | 97 |  |
| Total signal length (sec) | 313.54 | 423.12 | 204.31 |  |
| EMG signal data number (n (%)) | 2700 (33.5) | 3664 (45.4) | 1706 (21.1) |  |

Figure 1. Examples of electromyography waveform

Signal segments를 convolutional block을 통해 filter한 결과를 uniform manifold approximation and projection이라고 하는 방법을 통해 plot으로 나타냈고 figure 3 depicts the results of the nEMGNet-B which showed best accuracy among several nEMGNet experimented.



Figure 3 Signal segments filtered by convolutional layers of nEMGNet. Filtered signal after each convolutional block of the nEMGNet is plotted by reducing the dimensionality to 2 dimensions using Uniform Manifold Approximation and Projection (UMAP). (a) Initial signal, (b) 2nd block, (c) 4th block, (d) 6th block, (e) 9th block, (f) 12th block. z1 and z2 corresponds to reduced dimensions. M stands for myopathy, N stands for neuropathy, and NL stands for Normal signal segments.

가장 좋은 performance를 보인 nEMGNet-B이 각 EMG signal segment별로 classification하는 정확도를 class로 나눠서 실제 class와 예측한 결과 class로 confusion matrix로 나타냈습니다. (Figure 4)



Figure 4 Confusion matrix of prediction by nEMGNet-B. Left; Accuracy of predicted results for each EMG waveform, Right; Accuracy of predicted results by considering all EMG for each muscle of each patient together

The accuracy of total prediction over all, myopathy, neuropathy, and normal segments without processing of DiVote pipeline was 62.35%, 71.58%, 63.2%, and 52.26%. Figure 5 depicts the process of DiVote pipeline, especially, figure 5A는 각 subject별로 그리고 proximal, distal muscle별로 nEMGNet이 예측한 결과를 색을 달리해서 나타낸 것입니다. Figure 5B는 각 subject별로 근육별 예측결과를 종합해서 진단한 결과를 3차원의 plot에 나타낸 것인데 정상 subject는 neuropathy, myopathy에 비해 상대적으로 가운데에 치우쳐 있는 것을 확인했습니다. Figure 5B의 결과를 토대로 normal, neuropathy, myopathy를 나누는 기준이 되는 boundary를 argmax function을 이용해서 만들었습니다. Figure 5D는 정상인 대상자가 가운데에 애매하게 위치하는 것을 neuropathy나 myopathy와 조금 더 확연하게 구분되게 나타나게 하기위해 subject feature를 가지고 5B에서 더 훈련한 결과 boundary가 5C와 다르게 바뀐 것을 보여줍니다.



Figure 5 Process of DiVote pipeline. (a) Heatmap of muscle signals prediction scores for subjects from test set. Each square in the heatmap is computed by majority voting the signal segment prediction results, predicted by nEMGNet. (b) Subject features (all) plotted on 3d plane. Each point in the plot corresponds to features of each subject from train set, which are aggregated through majority voting the signal (muscle) features over all muscle types. Only existing muscle signals features are averaged per subject to create a single point. (c) Decision boundary of simple argmax function. (d) Decision boundary of classifier trained with subject features (b). M stands for myopathy, N stands for neuropathy, and NL stands for Normal signals and subjects.

각 subject를 classification하는데 추가정보 없이 분류했을 때에는 약 67-75%였는데 subject feature를 모두 넣었을 때는 약 76-81%로 조금 더 향상됐고 근육의 위치를 나타내는 proximal/distal에 대해서 추가로 정정보 넣었을 때 정확도가 더 향상돼서 약 76-83%의 정확도를 보였습니다. Subject feature type에 무관하게 추가 정보를 주었을 때 performance가 더 향상되는 결과를 보였고 nEMGNet별로 비교하면 SR block-2내에서 2개의 residual block을 포함하는 nEMGNet-B가 가장 좋은 performance를 보였고 이와 대조적으로 residual block을 포함하지 않는 nEMGNet-A가 가장 떨어지는 performance를 보였습니다. (Table 4)

|  |  |  |  |
| --- | --- | --- | --- |
| nEMGNet | No classifier  (argmax) | Subject features  (all) | Subject features  (proximal/distal) |
| A | 67.1710.75% | 76.064.90% | 76.5710.23% |
| B | 73.647.27% | 81.924.83% | 83.695.28% |
| C | 69.957.77% | 81.266.35% | 81.876.80% |
| D | 75.356.93% | 81.266.35% | 80.815.31% |

Table 4 Subject diagnosis accuracy of nEMGNet and classifier pipeline

분석한 모든 nEMGNet의 performance를 evaluation metrics를 기준으로 기존에 발표된 다른 연구결과와 비교한 것입니다. (Table 5)

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Reference | Feature extractor | Evaluation Metrics (%) | | | | | |
| Accuracy | F1 | Precision | Recall | AUROC | MCC |
| Proposed | SignalNet-A | 76.57 | 74.67 | 79.17 | 76.57 | 89.43 | 68.33 |
|  | SignalNet-B | **83.69** | **83.59** | **87.96** | **83.69** | **91.45** | **77.70** |
|  | SignalNet-C | 81.87 | 81.61 | 85.74 | 81.87 | 91.21 | 74.66 |
|  | SignalNet-D | 80.81 | 80.56 | 86.65 | 80.81 | 90.53 | 74.16 |
| Nam et al. [28] | Inception-v4 | 57.47 | 51.38 | 56.53 | 57.47 | 78.39 | 42.03 |
| Nodera et al. [27] | ResNet50 | 73.84 | 72.59 | 81.94 | 73.84 | 81.27 | 64.76 |
|  | ResNet152 | 75.61 | 74.90 | 81.11 | 75.61 | 85.30 | 65.50 |
|  | VGG16 | 68.23 | 65.47 | 66.86 | 68.23 | 79.85 | 55.42 |
|  | VGG19 | 72.32 | 69.66 | 74.71 | 72.32 | 81.10 | 62.91 |
|  | Inception-v3 | 71.92 | 70.64 | 79.29 | 71.92 | 83.48 | 61.60 |

흥미롭게도 nEMGNet을 통해 훈련된 근전도 데이터를 토대로 neuropathy, myopathy, normal의 파형 데이터의 특징을 시각화해서 본 결과 실제 대상자의 근전도 파형과 유사했는데 myopathy는 small amplitude, short duration, early recruitment의 특징을 보였고 neuropathy는 high amplitude의 long duration, reduced recruitment의 특징을 보였습니다. (Figure 7)

Figure 7 Learned features of nEMGNet. Top row are real signals and bottom row are generated signals through feature visualization. nEMGNet from the 1st fold was used to plot the figure. (a) Real myopathic signal. (b) Generated myopathic signal. (c) Real neuropathic signal. (d) Generated neuropathic signal. (e) Real neuropathic signal with 20mV y-axis limit. (f) Generated neuropathic signal with 20mV y-axis limit. (g) Real normal signal, (h) Generated normal signal. Note that (a), (b), (c), (d), (g), (h), is plotted with 5mV y-axis limit for better comparison between signals of different labels. (e), (f) is plotted with 20mV y-axis limit to show the overall shape of the neuropathic signal. (c)&(e) and (d)&(f) are identical signals.

nEMGNet과 phsycian의 classification 결과를 비교하기 위해 physician에게 EMG signal data를 가지고 근전도 기계와 거의 유사하게 파형을 재생하는 방식으로 보여주고 physician별로 각각 근육별로, subject별로 classification하게한 뒤 결과를 저장하고 소요된 시간을 측정했습니다. nEMGNet의 예측결과와 6명의 physician이 classification한 결과를 비교한 결과 physician들의 sensitivity는 median, IQR%, specificity는 median,IQR%였고 nEMGNet의 예측결과의 sensitivity는 ~%, specificity는 ~%였습니다. 그리고 physician간의 inter-rater reliability (Fleiss κ)는 ~였고 nEMGNet과 각 physician간의 inter-rater reliability는 ~였습니다. 그리고 classification에 소요된 시간(mean±SD)은 근육 1개당 소요된 시간은 physician이 ~초±~초였고 nEMGNet은 ~초±~초, subject 1명당 소요된 시간은 physician이 ~초±~초, nEMGNet이 ~초±~초로 nEMGNet이 훨씬 적은 시간에 classification을 완료하는 것으로 나타났습니다. (Table 6)

|  |  |  |
| --- | --- | --- |
|  | Physician | nEMGNet |
| Sensitivity (median, IQR) |  |  |
| Specificity (median, IQR) |  |  |
| Inter-rater reliability (Fleiss kappa)  Between physician  Between Physician and nEMGNet |  |  |
|  | |
| Elapsed time (sec) |  |  |

Table 6. result of classification by physicians (mean result of 6 physicians) and nEMGNet. Result was shown with sensitivity, specificity, inter-rater reliability, elapsed time.

**Conclusions**

We applied deep learning to interpreting the EMG waveforms, and assess the accuracy of machine learning based-EMG interpretation and compare the results done by physicians. EMG signal의 분석만 했을 때보다 subject feature를 모두 넣었을 때 performance가 더 향상되는 결과를 보였고 subject feature를 모두 넣은 것에 비해 muscle의 위치에 따라서 proximal인지 distal인지의 추가 정보를 넣었을 때 정확도가 더욱 향상되는 결과를 보였습니다.

기존에 이미지 분석과 surface EMG, needle EMG에 적용하여 머신러닝을 적용하여 좋은 효과를 확인한 논문들이 있었습니다. (25-31) 이전 논문은 needle EMG의 volitional state의 signal에 적용한 논문이 없었는데 근전도를 이용해서 neuropathy, myopathy, normal을 감별하는데 volitional state의 근전도가 유용하다는 것은 널리 알려진 바 있습니다. (5, 6, 32) 우리는 convolutional neural network를 이용해서 EMG signal data를 분석했고 이를 nEMGNet이라는 이름을 붙였습니다. 근전도 검사 결과를 2차원 이미지 데이터로 분석한 기존의 연구와 다르게 근전도 검사 결과를 수치화 시킨 1차원 데이터를 분석해서 데이터 손실을 줄였고 각 환자별로 검사의 길이가 다른 heterogeneity를 DiVote pipeline을 통해서 subject별로 검사된 EMG signal을 조금씩 뽑아서 합친뒤 분석하는 방식으로 극복했습니다. 또한 DiVote pipeline을 통해서 subject별로 일부의 EMG는 정상의 결과를 보이고 일부의 EMG에서는 이상이 나오므로 전반적인 EMG를 모두 고려해서 진단을 하는 과정을 반영하려고 했습니다. 또한 neuropathy는 주로 distal part muscle에서 이상이 발견되고 반면에 myopathy는 주로 proximal part muscle에서 이상이 발견된다는 점을 고려해서 EMG signal data를 얻은 근육의 위치에 따라 proximal, distal로 나눈 추가 information을 같이 고려해서 머신러닝의 performance를 더욱 개선했고 DiVote pipeline에 classifier를 사용함으로써 neuropathy, myopathy, normal을 구분하는 decision boundary를 조정함으로써 performance를 더욱 개선해서 83.69%의 accuracy를 얻었습니다.

그동안의 EMG분석에 machine learning을 적용한 결과와 비교한 결과 nEMGNet의 장점은 첫째, 1-dimension의 data를 image로 변환시켜서 2차원으로 분석하지 않고 1차원으로 분석함으로써 변환과정에서 잃을 수 있는 정보의 양을 줄였다는 점입니다. 둘째, EMG를 분석할 때 각 환자마다 검사된 총 시간과 검사된 근육의 수가 다르므로 분석에 한계가 있을 수 있지만 이러한 점을 DiVote를 통해서 극복해서 서로 다른 개수의 EMG data를 분석할 수 있다는 점입니다. 셋째, 환자마다 EMG data중 어떤 근육에서는 이상이 나오고 어떤 근육에서는 이상이 나오지 않을 수 있는데 이러한 부분을 DiVote를 통해서 조금씩 데이터를 뽑아서 합친뒤 분석하는 방법으로 subject의 진단의 정확도를 높였다는 점입니다. 비록 하나하나의 근육의 EMG data가 이상이 있는 것도 정상인 것도 있어 종합적으로 생각해서 진단할 때 혼동될 수 있지만 전체적으로 고려해서 진단한다면 이러한 점을 극복해서 진단을 더 용이하게 할 수 있다는 점이 장점입니다.

The diagnostic usefulness of electromyography for identifying peripheral neuropathy and myopathy has been suggested in previous studies.

Recently, deep learning has been successfully applied to assisting diagnosis of medical diseases in so many ways. The diagnostic usefulness of electromyography for identifying peripheral neuropathy and myopathy has been suggested in previous studies.

We applied convolutional neural network to classification of volitional EMG waveforms via making numerical EMG data into waveform, editing and re-transforming into waveform data. Result of analysis showed that EMG waveform was well classified by deep learning algorithm. Our deep learning model might reduce error rate of EMG interpretation and physicians workload. This study suggest that the models built on deep learning-based EMG waveform interpretation might be complementary for physicians’ interpretation and promising.

Deep learning has shown good performance in many medical data including waveform and time series data such as electrocardiography and electroencephalography. In the analysis of waveforms of EMG, deep learning algorithm showed favorable performance compared with analyzed by physician and residents.

Until now, a few studies on analyzing EMG waveforms by deep learning have been documented.

Our study shed lights on diagnosis patient of suspected neuropathy or myopathy by nEMGNet which might help with EMG signal classification. However, our study has several limitations. First, study number is not enough to demonstrate perfect usefulness of deep learning on EMG classification. Second, we focused only on dividing EMG signal into neuropathy, myopathy, and normal. However, more specialized diagnosis could be identified with more concise machine learning algorithms. Third, we analyzed data from only one center data. Future study with much more data and multicenter data will show potential of applying machine learning to EMG interpretation.

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