

OSHA’s Form 301 (Rev. 04/2004)

Injury and Illness Incident Report

Note: You can type input into this form and save it. Because the forms in this recordkeeping package are “fillable/writable” PDF documents, you can type into the input form fields and then save your inputs using the [free Adobe PDF Reader](#). In addition, the forms are programmed to auto-calculate as appropriate.

Attention: This form contains information relating to employee health and must be used in a manner that protects the confidentiality of employees to the extent possible while the information is being used for occupational safety and health purposes.



Form approved OMB no. 1218-0176

This *Injury and Illness Incident Report* is one of the first forms you must fill out when a recordable work-related injury or illness has occurred. Together with the *Log of Work-Related Injuries and Illnesses* and the accompanying *Summary*, these forms help the employer and OSHA develop a picture of the extent and severity of work-related incidents.

Within 7 calendar days after you receive information that a recordable work-related injury or illness has occurred, you must fill out this form or an equivalent. Some state workers’ compensation, insurance, or other reports may be acceptable substitutes. To be considered an equivalent form, any substitute must contain all the information asked for on this form.

According to Public Law 91-596 and 29 CFR 1904, OSHA’s recordkeeping rule, you must keep this form on file for 5 years following the year to which it pertains.

If you need additional copies of this form, you may photocopy the printout or insert additional form pages in the PDF, and then use as many as you need.

Completed by _____

Title _____

Phone _____ Date _____

MonthDayYear

Information about the employee

- 1) Full name _____
- 2) Street _____

City _____ State _____ ZIP
- 3) Date of birth _____

MonthDayYear
- 4) Date hired _____

MonthDayYear
- 5) ☐ Male ☐ Female

Information about the physician or other health care professional

- 6) Name of physician or other health care professional _____
- 7) If treatment was given away from the worksite, where was it given?

Facility _____

Street _____

City _____ State _____ ZIP
- 8) Was employee treated in an emergency room?

☐ Yes☐ No
- 9) Was employee hospitalized overnight as an in-patient?

☐ Yes☐ No

Information about the case

- 10) Case number from the Log _____ (Transfer the case number from the Log after you record the case.)
- 11) Date of injury or illness _____

MonthDayYear
- 12) Time employee began work (HH:MM) _____ ☐ AM ☐ PM
- 13) Time of event (HH:MM) _____ ☐ AM ☐ PM ☐ Check if time cannot be determined

*** Re fields 14 to 17:** Please do not include any personally identifiable information (PII) pertaining to worker(s) involved in the incident (e.g., no names, phone numbers, or Social Security numbers).

- 14)* **What was the employee doing just before the incident occurred?** Describe the activity, as well as the tools, equipment, or material the employee was using. Be specific. *Examples:* “climbing a ladder while carrying roofing materials”; “spraying chlorine from hand sprayer”; “daily computer key-entry.”

- 15)* **What Happened? Tell us how the injury occurred.** *Examples:* “When ladder slipped on wet floor, worker fell 20 feet”; “Worker was sprayed with chlorine when gasket broke during replacement”; “Worker developed soreness in wrist over time.”

- 16)* **What was the injury or illness?** Tell us the part of the body that was affected and how it was affected. *Examples:* “strained back”; “chemical burn, hand”; “carpal tunnel syndrome.”

- 17)* **What object or substance directly harmed the employee?** *Examples:* “concrete floor”; “chlorine”; “radial arm saw.” *If this question does not apply to the incident, leave it blank.*

- 18) **If the employee died, when did death occur?** **Date of death** _____

MonthDayYear

Add a Form Page

Reset

If You Need Help...

If you need help deciding whether a case is recordable, or if you have questions about the information in this package, feel free to contact us. We'll gladly answer any questions you have.

▼ Visit us online at www.osha.gov

▼ Call your OSHA Regional office and ask for the recordkeeping coordinator

or

▼ Call your State Plan office

www.osha.gov/stateplans

Federal Jurisdiction

Boston Regional Office - (617) 565-9860
Connecticut; Massachusetts; Maine; New Hampshire; Rhode Island

New York City Regional Office - (212) 337-2378
New York; New Jersey; the Virgin Islands

Philadelphia Regional Office - (215) 861-4900
DC; Delaware; Pennsylvania; West Virginia

Atlanta Regional Office - (678) 237-0400
Florida; Georgia

Chicago Regional Office - (312) 353-2220
Illinois; Ohio; Wisconsin

Dallas Regional Office - (972) 850-4145
Oklahoma; Texas

Kansas City Regional Office - (816) 283-8745
Kansas; Missouri; Nebraska

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Colorado; Montana; North Dakota; South Dakota

San Francisco Regional Office - (415) 625-2547
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Birmingham Regional Office - (205) 421-9390
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