

Received by Centene: 2025-04-25 12:16:34 CST

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Dawn Richardson (null)

Mon 19 Sep 2022 12:51:44 PM EDT

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Hardin, Rebecca
D.O.B - 08/25/1976**POLYSOMNOGRAPHY**

Last, First:	Hardin, Rebecca	MRN:	4984600
Gender:	Female	Age (years):	45
Weight (lbs):	303	DOB:	08/25/1976
BMI:	46	Primary Care:	
Epworth Score:	N/A	Referring:	Amy Diane Kelly, NP
Technician:	No Technician	Interpreting:	Paul Evangelisti, MD
Study Type:	HST	Ordered Study Type:	HST
Study date:	08/16/2022	Location:	416 HST MedBridge SC

CLINICAL INFORMATION

Rebecca Hardin is a 45 year old Female and was referred to the sleep center for evaluation of possible OSA.

MEDICATIONS

Patient self administered medications include: N/A.

SLEEP STUDY TECHNIQUE

A multi-channel overnight portable sleep study was performed. The channels recorded were: nasal and oral airflow, thoracic and abdominal respiratory movement, and oxygen saturation with a pulse oximetry. Snoring and body position were also monitored.

TECHNICIAN COMMENTS

Comments added by Technician: N/A

Comments added by Scorer: N/A

RECORDING SUMMARY

The study was initiated at 10:28:58 PM and terminated at 4:48:40 AM. The total recorded time was 377.7 minutes. Time in bed was 375.5 minutes.

RESPIRATORY PARAMETERS

There were a total of apneacount apneas (9 obstructive, 0 mixed, 0 central) and 46 hypopneas. The apnea/hypopnea Index (AHI) was 8.9 events/hour. The central sleep apnea index was 0 events/hour. Respiratory disturbances were associated with oxygen desaturation down to a nadir of 69%. The mean oxygen saturation during the study was 92%. The cumulative time under or = 88% oxygen saturation was 18.5 minutes.

CARDIAC DATA

Mean heart rate during sleep was 58.1 bpm.

IMPRESSIONS

- Mild Obstructive Sleep apnea(OSA). The apnea/hypopnea Index (AHI) was 8.9 events/hour.

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D.O.B - 08/25/1978



- Severe Oxygen Desaturation

DIAGNOSIS

- Obstructive Sleep Apnea (G47.33)
- Nocturnal Hypoxemia (G47.36)

RECOMMENDATIONS

- Therapeutic CPAP titration to determine optimal pressure required to alleviate sleep disordered breathing.
- Avoid alcohol, sedatives and other CNS depressants that may worsen sleep apnea and disrupt normal sleep architecture.
- Sleep hygiene should be reviewed to assess factors that may improve sleep quality.
- Weight management and regular exercise should be initiated or continued.

[Electronically signed] 08/21/2022 08:20 PM

Paul Evangelisti MD
Paul Andrew Evangelisti, MD
NPI: 1982625745

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04/25/2025 12:17PM (GMT-05:00)

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Prisma Health Pulmonology - Sumter
115 N Sumter St Suite 315
SUMTER SC 29150
Phone: 803-774-9787
Fax: 803-774-9781


Patient: Rebecca Hardin	MRN: 976457669
2045 LLOYD DR	DOB: 8/25/1976
SUMTER SC 29154-9233	SSN: xxx-xx-9971
Phone: 803-607-6918	Sex: F
Vitals:	
04/24/25 1505	
Weight 136 kg (300 lb)	
.	

INSURANCE	PAYOR	PLAN	GROUP #	SUBSCRIBER ID
Primary:	AMBETTER EXCHANGE-ALL STATES CONTRACTED	412101		U7131533302

Order: CPAP (Order ID: 708800219)
Diagnosis: Obstructive sleep apnea (G47.33)
Quantity:
Dispense: **1 each**
Refill: **0**
Order Date: Apr 24, 2025

Replacement Autoset CPAP- Aerocare

Machine: ResMed S10
CPAP HCPCS Code: E0601
Pressure: Other (specify in cmH2O) (auto CPAP 4-20cmh2o)
Order Purpose: New machine order
Sig: During Sleep
Length of Need: 99
Ramp: Patient Preference
EPR: Patient Preference
Heated Humidifier: Yes
Heated Humidifier HCPCS Code: E0562


Dispense As Written

Substitution Permitted:

Electronically Signed: Kelly, Amy Diane, NP
NPI: 1578173555 DEA: MK6112560 Apr 24, 2025 3:48 PM