

Steps of Behavioral Skills Training

1. Provide a rationale for the target skill being trained.
2. Vocally describe the steps of the target skill.
3. Written protocol is provided prior to the start of the session.
4. Demonstrate the skill being taught with the client (at least 5 trials).
5. Watch the BT/RBT implement the same skill with the client immediately following the demonstration.
6. Observe and record BT/RBT correct vs. incorrect performance of the target skill.
7. Provide specific feedback to the BT/RBT in nonpunitive format during the session.
8. Repeat steps 5, 6, and 7 until BT/RBT correctly performs the target skill.