

Barrier Identification Planning Checklist

Please review the following items to determine if your learner is experiencing any of the following barriers.

Skill Deficits

- ☐ Communication barriers (expressive/receptive language)
- ☐ Self-regulation/emotional control deficits
- ☐ Executive functioning challenges
- ☐ Prerequisite skill gaps
- ☐ Generalization difficulties
- ☐ Prompt dependency

Environmental Barriers

- ☐ Physical environment limitations
- ☐ Sensory sensitivities/overstimulation
- ☐ Inconsistent expectations across settings
- ☐ Limited access to reinforcement
- ☐ Competing contingencies
- ☐ Schedule/routine disruptions

Instructional Barriers

- ☐ Task difficulty mismatched to current abilities
- ☐ Ineffective instructional methods
- ☐ Inadequate reinforcement systems
- ☐ Poor stimulus control
- ☐ Response effort too high

- ☐ Limited opportunities for practice

Social Barriers

- ☐ Peer modeling limitations
- ☐ Social reinforcement deficits
- ☐ Limited social acceptance/inclusion
- ☐ Social anxiety/avoidance