

Were problem behaviors exhibited in the session you just viewed? Yes/No.
If so, please rate the intensity of the behavior you saw on the scale below.

Definitions and Examples of Levels of Problem Behaviors

Problem behaviors involve (a) aggression, (b) whining/tantrums, (c) noncompliance, (d) property destruction, or (e) self-injury.

"0" No Problems

"1" Mild Problems
The intensity of these behaviors would not cause serious injury to the individuals or those around them. These behaviors would cause only minor disruption of ongoing activities.
Examples include (a) moving as if to slap someone, (b) whining, (c) getting out of seat, and (d) dropping or tossing object. (No self-injurious behavior is considered mild.)

"4" Moderate
The intensity of the behavior might cause some injury to the individual or others and/or some disruption of ongoing activities.
Examples include (a) slapping (wrist motion only), (b) crying, (c) standing on a table, (d) clearing table of objects by knocking them to floor, and (e) hitting head lightly against object or with hand.

"7" Serious
The intensity of the behavior is likely to cause serious injury to the individual or others and/or major disruption of ongoing activities.
Examples include (a) full-arm (over head) hitting, (b) repeated loud yelling or screaming, (c) (noncompliance is not considered serious unless other severe behaviors are occurring), (d) beating objects with hands or other objects hard enough to break them, and (e) self-directed hand-biting in which teeth marks are clearly visible.

Figure 1. Intensity Rating Scale (IRS) used for assessing the intensity of problem behaviors.

Source: Reeve, C. E., & Carr, E. G. (2000). Prevention of severe behavior problems in children with developmental disorders. *Journal of Positive Behavior Interventions*, 2(3), 144-160.