

Barrier Identification Planning Checklist

Please review the following items to determine if your learner is experiencing any of the following barriers.

Skill Deficits

- Communication barriers (expressive/receptive language)
- Self-regulation/emotional control deficits
- Executive functioning challenges
- Prerequisite skill gaps
- Generalization difficulties
- Prompt dependency

Environmental Barriers

- Physical environment limitations
- Sensory sensitivities/overstimulation
- Inconsistent expectations across settings
- Limited access to reinforcement
- Competing contingencies
- Schedule/routine disruptions

Instructional Barriers

- Task difficulty mismatched to current abilities
- Ineffective instructional methods
- Inadequate reinforcement systems
- Poor stimulus control
- Response effort too high

- Limited opportunities for practice

Social Barriers

- Peer modeling limitations
- Social reinforcement deficits
- Limited social acceptance/inclusion
- Social anxiety/avoidance