

# Personal Health Notes for: Julia Donaldson

## Personal Info

PLACE OF BIRTH:	AGE:	HAIR COLOR:
----	34	----
EYE COLOR:	HEIGHT:	WEIGHT:
----	----	----
RACE:	BLOOD TYPE:	MARITAL STATUS:
----	----	----
NUMBER OF KIDS:	LIVING WILL ON FILE:	BMI (BODY MASS INDEX):
----	----	----

## Contacts



Nothing to show

## Health Habits

SMOKING:	ALCOHOL DRINKING:	EXERCISE:
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ACTIVITIES:		
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## Eating Habits

WATER INTAKE:	BEVERAGE INTAKE:	VEGETABLE INTAKE:
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GRAINS INTAKE:	MEAT INTAKE:	DAIRY INTAKE:
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EATING OUT:

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VITAMINS INTAKE:

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MEAL REPLACEMENT:

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## Medical History



### MEDICAL CONDITIONS



Nothing to show

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### SURGERIES AND PROCEDURES



Nothing to show

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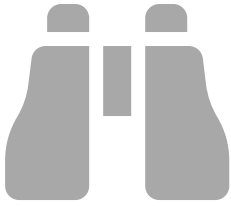
### KNOWN DRUG ALLERGIES



Nothing to show

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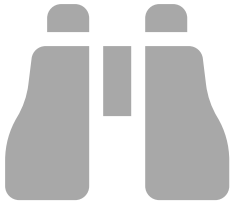
### KNOWN ALLERGIES



Nothing to show

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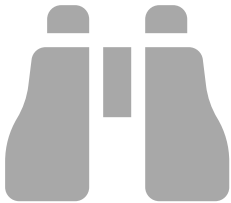
## **PRESCRIPTIONS/MEDICATIONS**



Nothing to show

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## **VITAMINS AND OTC MEDICATIONS**



Nothing to show

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## **IMMUNIZATION SUMMARY**



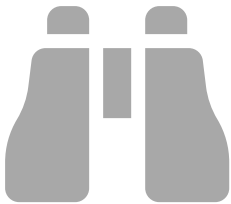
Nothing to show

CLINICS, HOSPITALS, PHYSICIANS & PHARMACY



Nothing to show

FAMILY MEMBERS



Nothing to show