**Data of MARG Project at Rajgangpur, Odisha**

Total number of School children: 804.

Data with complete entries: 791

Total number of Males: 457.

Total number of Females: 329

|  |  |  |
| --- | --- | --- |
| **Variable** | **Number** | **Mean & S.D** |
| Age ( yrs) | 793 | 13.10± 2.46 |
| Height (cms) | 791 | 153.05± 13.53 |
| Weight (Kgs) | 791 | 43.06±12.77 |
| BMI (Kg/m2) | 791 | 18.12 ± 3.79 |
| Waist circumference (cms) |  |  |

**Family history of diseases**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Disease** | **Father**  **n %** | | **Mother**  **n %** | | **Both**  **N %** | |
| Obesity | 20 | 52.6 | 13 | 34.2 |  |  |
| Diabetes |  |  |  |  |  |  |
| Heart disease |  |  |  |  |  |  |
| High B.P |  |  |  |  |  |  |
| stroke |  |  |  |  |  |  |

**Categorization based on age groups.**

|  |  |  |  |
| --- | --- | --- | --- |
| **Age group** | **N** | **Males** | **Females** |
| Less than 10 years | 117 | 63 | 54 |
| Between 11 and 14 years | 296 | 181 | 115 |
| Above 14 years | 213 | 121 | 92 |

**Anthropometry in males based on age groups**

|  |  |  |  |
| --- | --- | --- | --- |
| **Age group** | **N** | **BMI (Kg/m2)** | **Waist circumference (cms)** |
| Less than 10 years | 78 | 16.85± 4.02 | 62.48 ± 10.88 |
| Between 11 and 14 years | 230 | 17.58± 3.14 | 64.49± 12.17 |
| Above 14 years | 145 | 19.41± 4.53 | 68.31± 18.16 |

**Anthropometry in females based on age groups**

|  |  |  |  |
| --- | --- | --- | --- |
| **Age group** | **N** | **BMI(Kg/m2)** | **Waist circumference (cms)** |
| Less than 10 years | 75 | 16.00± 2.42 | 62.10± 7.74 |
| Between 11 and 14 years | 140 | 18.69± 3.81 | 63.39±10.14 |
| Above 14 years | 114 | 19.32± 3.49 | 66.29± 15.83 |
|  |  |  |  |

**Snacking pattern in Children aged less than 10 years**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Snack item** | **Almost daily** | **Once/ twice in two weeks** | **Once a month or occasionally** | **Never** |
| **Chips / patties** | **N = 151** |  |  |  |
| ***Namkeens*** | **N = 120** | N = 24 |  |  |
| **Burger or *Pizza*** | **N= 65** | N= 83 |  |  |
| ***Manchurian*** | **N= 127** | N= 27 |  |  |
| **Noodles/ *Chowmein*** | **N=136** | N=27 |  |  |
| ***Momos*** | **N =51** | N= 94 |  |  |
| **Fresh Juices from shops** | **N = 116** | N= 25 |  |  |
| **Carbonated drinks** |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |