
Art

Art: Level 1

2 times/week 20 min * GRADE(S): 1+

Skills Focus: Students learn “to see correctly, to set down truthfully and freely the facts seen, and to store the mind with definite mental images for future reference” (Glass 13). Draw using large arm movements- differentiating between writing and drawing skills. Be introduced to silhouettes and observational drawing. Begin understanding the medium of soft pastels. Foundational concepts in painting such as proper brush etiquette, drawing with a brush through simple brush forms, and controlling watercolor. Students will also learn basic color theory such as color mixing. Skills covered are foundational to all preceding visual art skills.

- ∞ If students are in Grade 5 and below and have not had formal art lessons, they should begin with Level 1. However, those with prior art knowledge can take the Level 1-3 fast-track lessons and then continue with Level 4.

↔ Picture Study

1 time/week 10 min * (Grades 1-3) GRADE(S): 1-12
1 time/week 15 min * (Grades 4-6)
1 time/week 20 min * (Grades 7-8)
1 time/week 20 min *or_ (Grades 9-12)

Students study art from 1800-1900 through pieces by Edward Bannister, Vincent van Gogh, and Lilius Trotter. The lesson plans include discussion prompts that tie the artwork to what is being learned in Art Instruction, and other books and resources help students further their relationship with the art studied and consider how art intersects with the large questions of life.

- ∞ There is one set of lesson plans for students in all grades, which makes this an ideal course to study in a multi-age setting. All lessons begin the same, but extensions increase the length and sophistication of the content.

Bible

Bible: Grade 1

GRADE(S): 1

Bible Stories

4 times/week 20 min * GRADE(S): 1

This course uses Bible stories to introduce children to the beauty and flow of Scripture.

- ❖ Those who wish to combine first graders and older students should choose either this course or any of the Bible courses for grades 2–6. Older students who are unfamiliar with Bible stories may wish to read these stories independently.

↔ Church History: Grades 1-3

1 time/week 20 min *  | GRADE(S): 1-3

Each year in elementary grades, students read biographies of influential people from church history. This course features the stories of Christians from Alveary's modern history rotation for the year (1800–1900). The selections in these grades are chosen for their accessibility for younger students to learn about the lives and ministries of great men and women of faith.

- ❖ Those who wish to combine students in Grades 1–3 with older students should choose either this course or the Church History for grades 4–6.

English

Language Study: Grade 1

GRADE(S): 1

Reading Level 1

5 times/week 15 min *  | GRADE(S): 1

Lessons will include more phonological awareness (knowledge of sounds) and phonics (knowledge of the letters that represent those sounds). While Charlotte Mason didn't use these terms, her methods of teaching reading using alphabet and word-making activities align well with these important skills. A large body of research from the past 50 years tells us that focused phonics instruction is important for all children in the early elementary grades. The additional instruction will be blended into the current lessons from the Free and Treadwell Readers. Lessons also incorporate copywork, dictation, and etymology.

- ❖ Students who can already read may use the stories for reading practice, but focus mainly on the spelling and grammar elements, including copywork and dictation.

Prerequisite: Students should recognize upper- and lower-case letters and know most of their sounds prior to starting this course.

Penmanship & Copywork: Grade 1

5 times/week 10 min *  | GRADE(S): 1

Copy letters and words and write them from dictation.

Recitation: Grades 1-2

5 times/week 10 min *  | GRADE(S): 1-2

Each term, recite from memory or read beautifully 1 hymn, 1 Old Testament passage, 1 New Testament passage, 1 Psalm, and 1 poem.

Geography

Geography: Grade 1

2 times/week 15 min * GRADE(S):1

Discover the earth's continents, the changing seasons, latitude and longitude, map-making, and topographical features. Use a globe, wall maps, and models to explore the concept of place by taking an in-depth look at "home" in North America. Students make models and maps of places that are important to them such as their room, home, and yard.

- ∞ All students in Grade 1 should take this course. Students in Grades 2–3 who have never studied geography may also benefit, though they could likely work at a faster pace.

History

History: Grade 1 (U.S.)

1 time/week 10 min * GRADE(S):1

Get to know the diverse people who inhabited North America before Columbus arrived. Learn how they used what was available around them for food, shelter, clothing, and protection. Observe their customs and hear their stories.

History: Grade 1 (Canada)

1 time/week 10 min * GRADE(S):1

Get to know the diverse people who inhabited North America before the European explorers arrived. Learn how they used what was available around them for food, shelter, clothing, and protection. Observe their customs, hear their stories, and discover how they pass on their traditional knowledge today.

Life Skills

Sloyd: Intro

1 time/week 15 min * GRADE(S):1+

Complete assigned models for term, focusing on craftsmanship. Learn basic cutting and paper-folding techniques without the need to measure.

NOTE: There is no book for this course.

- ∞ All Grade 1 students should begin with this course.

Sewing: Level 1

1 time/week 20 min * GRADE(S):1–3

Learn basic sewing skills. Then choose at least two projects per term. Make gifts.

- ∞ Beginners complete Lessons 1–12, which teach basic skills needed for projects.

Literature

Literature: Grade 1

GRADE(S):1

Fairy Tales

1 time/week 15 min * GRADE(S):1

As students begin their adventures with books, we stir their imaginations with fairy tales from around the world.

- ∞ Suitable for hungry kindergarteners as well.

Tall Tales/ Fables

1 time/week 15 min * GRADE(S):1

Along with fairy tales from around the world, this course introduces students to Aesop's famous fables and classic American or Canadian tall tales.

- ∞ Easily combined with hungry Kindergarteners or Grade 2 students.

↔ Community Read Alouds: Grades 1-12

1 time/week 20 min+ GRADE(S):1-5

This is meant to be a read-aloud for all ages to enjoy together in the afternoon at least 1 time a week. We encourage you to choose a book that is specific to your region. However, we will offer some suggestions in the Grades 1-3 Literature lessons and Grades 4+ Citizenship lessons.

Poetry: Grades 1-4

5 times/week 5 min * GRADE(S):1-4

Students learn to love the sounds and sight of words through daily poetry reading covering a wide variety of poems. They also enjoy short picture book biographies and accessible poems corresponding to the historical time period as relevant, and lesson plans occasionally point out interesting poetic features.

Math

Mathematics: Grade 1

GRADE(S):1

Math Lessons: Grade 1

5 times/week 20 min * GRADE(S):1

Discover mathematical concepts using manipulatives. Learn strategies and build agility through mental math. RightStart A Primary Skill Focus: Number Sense, Addition and Subtraction, Place Value

- OO** All students should take the placement test on the RightStart website (rightstartmath.com). Some students may be able to skip RightStart A.

↔ Math Games: Grades 1-8

3 times/week 15 min+ | GRADE(S): 1-8

Practice and learn math facts through games.

Modern Language

Lower French: Grades 1-6

3 times/week 20 min * (Grades 1-3) | GRADE(S): 1-6

5 times/week 20 min * (Grades 4-6)

Study the target language for conversation and literacy. Through picture study and the simplified fairy tales, students learn vocabulary, create sentences, and answer questions in the target language. Videos that teach the vocabulary using gestures are included in the lessons. Audio files for pronunciation help are provided as well.

- OO** Three lessons each week are shared between Grades 1-6, but students in Grades 4-6 add two additional grammar lessons. This course is on a six-year rotation of lessons, so it is suitable for students who took Lower French last year or students just starting their studies.

Lower Spanish: Grades 1-6

3 times/week 20 min * (Grades 1-3) | GRADE(S): 1-6

5 times/week 20 min * (Grades 4-6)

Alveary Modern Language Lessons are designed to mirror the way children acquire their first language, using methods like gestures, picture recognition, songs, repeated phrases, and storytelling to create meaningful connections and context. These foundational approaches are seamlessly adapted to teach school-age children a second language.

The lessons are designed to be open-and-go with optional video/audio file support. They do not require any background in the target language for the parent/teacher or students. They only take about 15-20 min a day and can be easily adjusted to meet a variety of grade ranges from 1st to 6th grades.

- OO** Three lessons each week are shared between Grades 1-6, but students in Grades 4-6 add two additional extension day lessons. This course is on a six-year rotation of lessons, so it is suitable for students who took Lower Spanish last year or students just starting their studies.

Students in grade 4+ who feel anxious about speaking a new language may benefit from taking a year without the added extension days. This approach allows them to build confidence and comfort before focusing on speaking and writing.

Music

Music: Intro

GRADE(S): 1+

-  Music: Intro shares Folk Songs and Hymns & Spirituals with Grades 2–12. In Grades 2–12, all music lessons except sol-fa are shared between them, making them ideal lessons for multi-age groups.

Music Appreciation

1 time/week 10 min *  GRADE(S): 1

This course aims to foster a love of music. Students begin by learning about and listening to common orchestral instruments. Then they spend the rest of the course with a few famous pieces of music that serve as a fun introduction for students with no prior exposure to classical music.

-  Suitable for Grades 1–3 if combining.

↔ Hymns & Spirituals

1 time/week 10 min *  GRADE(S): 1–12

Students sing hymns and spirituals to build their faith and appreciation of God's work across time. Hymns and spirituals are connected to the historical time period as appropriate.

↔ Folk Songs

1 time/week 10 min *  GRADE(S): 1–12

Students sing folk songs connected to the time period (1800–1900).

Sol-fa: Musical Games

1 time/week 10 min *  GRADE(S): 1

Students play musical games to notice rhythm and melody.

-  Suitable for Grades 1–3 if combining

↔ Afternoon Listening

1 time/week 10 min _  GRADE(S): 1–12

Physical Education

PE: Grades 1–3

GRADE(S): 1–3

Playground Songs & Rhymes

1 time/week 20 min *  GRADE(S): 1–3

Develop hand-eye coordination while playing with words and rhythm using ball-bouncing, passing, and clapping games.

Jump Rope

1 time/week 20 min * | GRADE(S): 1-3

Using jump-rope games, students work on hand-eye coordination while playing with words and rhythm.

Free Play

2 times/week 20 min * or | GRADE(S): 1-3

↔ Folk Dancing

1 time/week 20 min * | GRADE(S): 1-6

Learn basic steps for individual, couple, and/or group dances using traditional folk songs.

Science

Science: Grade 1

GRADE(S): 1

In Level 1, learners are developing familiarity and friendship with Creation through the most accessible Things, simple text, and basic concepts.

- ❖ For first-grade students or those still growing their attention span or interest in books. If combining grades is desirable, it is recommended that the combined grades begin at the appropriate level and move forward together.

General Science: Grade 1

1 time/week 15 min * | GRADE(S): 1

Students explore habitats primarily through practical observation and 'meet' some less familiar creatures from those habitats, such as bats, spiders, and seeds, through picture books. Coordinating afternoon activities are provided in Outdoor Work.

Natural History: Grade 1

1 time/week 10 min * | GRADE(S): 1

Students learn to observe a variety of creatures through their Nature Reader, including insects, birds, plants, and spiders. Coordinating afternoon activities are provided in Outdoor Work.

Nature Notebook: Grade 1

1 time/week 10 min+ | GRADE(S): 1

Students spend time at least once each week recording their observations. Prompts that coordinate with curricular content can be found in Outdoor Work, if desired. This digital resource is provided with all science lessons.

- ❖ Learners may be combined and share prompts or follow their own interest. Support through varied media, scribing observations, or notebooking in tandem.

↔ Nature Walks & Scouting: Grades 1-8

1 time/week 30 min+ GRADE(S): 1-8

Students spend time once each week on a longer excursion. Prompts can be found in Outdoor Work, if desired. This digital resource is provided with all science lessons.

- ∞ Learners may be combined and share prompts or follow the plan of their local scouting troop or natural history club. Support accessibility and sensory development as appropriate.