

$$j \text{ --- } \boxed{P^T} \text{ --- } i \quad := \quad \left(i \text{ --- } \boxed{P} \text{ --- } j \right)^T$$

$$= \quad j \text{ --- } \boxed{\mathcal{D}} \text{ --- } i$$

$$= \quad \begin{array}{c} j \\ \text{---} \end{array} \quad \boxed{P} \quad \begin{array}{c} \text{---} \\ i \end{array}$$

$$= \quad \begin{array}{c} \text{---} \\ i \end{array} \quad \boxed{P} \quad \begin{array}{c} j \\ \text{---} \end{array}$$